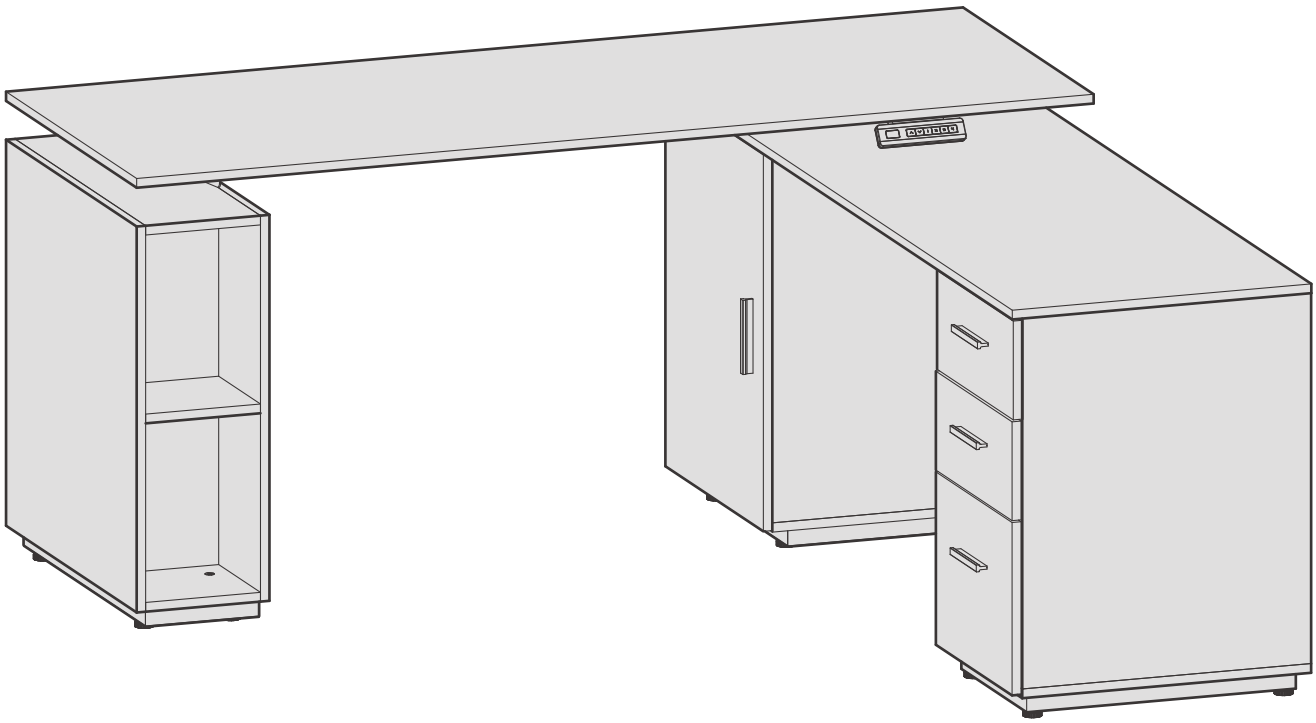
USER MANUAL



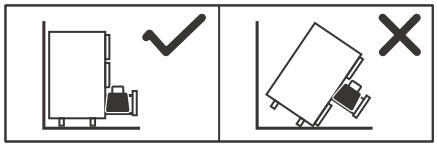
Scan QR code for installation video

support@yfs.life

yfs.life/aaf

English









CAUTION

- Before you begin: Lay out all parts on a clean surface to check if the tags and numbers are correct.
- Don't screw tightly before all the screws are put into the corresponding holes.
- Please use the screws correctly. Otherwise, you might damage the tabletop.

WARNING

Keep away from fire.

This product is only for indoor use.

Serious or fatal crushing injuries can occur from furniture tip-over.

ALWAYS secure this furniture to the wall using tip-over restraints.

To further reduce the risk of serious injury and death from tip-overs:

- Place heaviest items in the lower drawer.
- Do not set TVs or other heavy objects on top of this product.
- Never let children climb or hang on drawers, doors, desks, or shelves.

Customer Service

30-Day Easy Returns

If your purchase isn't the right fit, you can return it within the 30-day return window.

Reliable Warranty

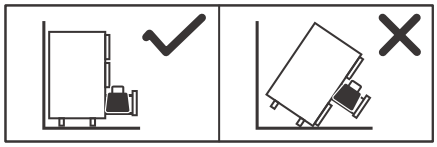
2-Year Warranty for Motor & Electronics
5-Year Warranty for Desk Frame & Structural Components

24x7h Support

Simple email us at **support@yfs.life**.
Our support team typically responds within **24x7 hours**.

Deutsch









VORSICHT

- Bevor Sie beginnen: Breiten Sie alle Teile auf einer sauberen Oberfläche aus, um zu überprüfen, ob alle Kennzeichnungen und Nummern übereinstimmen.
- Ziehen Sie die Schrauben erst fest an, wenn alle Schrauben in den entsprechenden Bohrungen positioniert sind.
- Bitte verwenden Sie die Schrauben vorschriftsmäßig. Andernfalls kann die Tischplatte beschädigt werden.

WARNUNG

Von offenem Feuer fernhalten.

Dieses Produkt ist ausschließlich für den Innenbereich geeignet.

Beim Umkippen von Möbeln können schwere oder tödliche Quetschverletzungen auftreten.

Befestigen Sie dieses Möbelstück IMMER mit einem Kippschutz an der Wand.

Um das Risiko schwerer oder tödlicher Verletzungen durch Umkippen weiter zu verringern :

- Schwerste Gegenstände in die untere Schublade legen.
- Stellen Sie keine Fernseher oder andere schwere Gegenstände auf dieses Produkt.
- Lassen Sie Kinder niemals auf Schubladen, Türen, Schreibtische oder Regale klettern oder sich daran festhalten.

Kundenservice

30 Tage unkomplizierte Rückgabe

ISollte das Produkt nicht Ihren Vorstellungen entsprechen, können Sie es innerhalb der 30-tägigen Frist zurückgeben.

Zuverlässige Garantie

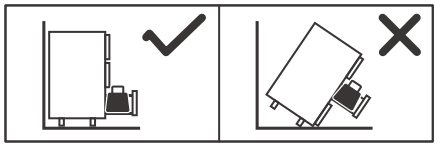
2 Jahre Garantie auf Motor und Elektronik
5 Jahre Garantie auf Schreibtischgestell und Strukturbauteile

24x7h Support

Schreiben Sie uns einfach eine E-Mail an: **support@yfs.life**.
Unser Support-Team antwortet in der Regel innerhalb von **24x7 Stunden**.

Français









ATTENTION

- Avant de commencer : disposez toutes les pièces sur une surface propre pour vérifier que les étiquettes et les numéros sont corrects.
- Ne serrez pas complètement les vis avant de les avoir toutes insérées dans les trous correspondants.
- Veuillez utiliser les vis correctement. Dans le cas contraire, vous risquez d'endommager le plateau de table.

AVERTISSEMENT

Tenir éloigné de toute source d'ignition.

Ce produit est conçu uniquement pour un usage en intérieur.

Le basculement du meuble peut provoquer des blessures graves, voire mortelles, par écrasement.

Fixez TOUJOURS ce meuble au mur à l'aide des dispositifs de retenue anti-basculement.

Pour réduire davantage le risque de blessures graves ou mortelles par basculement :

- Placez les objets les plus lourds dans le tiroir inférieur.
- Ne posez pas de téléviseurs ou d'autres objets lourds sur ce meuble.
- Ne laissez jamais les enfants grimper ou se suspendre aux tiroirs, portes, plateaux de bureaux ou étagères.

Service Client

30

Retours faciles sous 30 jours

Si votre achat ne vous convient pas, vous pouvez le retourner dans le délai de 30 jours.

Garantie

Garantie fiable

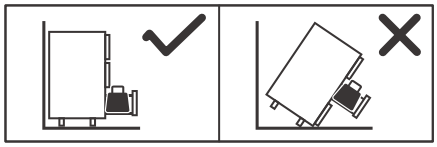
Garantie de 2 ans sur le moteur et les composants électroniques
Garantie de 5 ans sur le châssis du bureau et les éléments structurels

Assistance 24/7

Envoyez-nous simplement un e-mail à : **support@yfs.life**.
Notre équipe d'assistance répond généralement sous **24x7 heures**.

Italiano









ATTENZIONE

- Prima di iniziare: disporre tutti i componenti su una superficie pulita per verificare che etichette e codici siano corretti.
- Non stringere le viti a fondo prima di aver inserito tutte le viti nei fori corrispondenti.
- Utilizzare le viti correttamente. In caso contrario, si potrebbe danneggiare il piano del tavolo.

AVVERTENZA

Tenere lontano da fiamme vive.

Questo prodotto è destinato esclusivamente all'uso interno.

Il ribaltamento dei mobili può provocare lesioni gravi o fatali da schiacciamento.

Fissare SEMPRE questo mobile alla parete utilizzando gli appositi dispositivi antiribaltamento.

Per ridurre ulteriormente il rischio di lesioni gravi o mortali da ribaltamento :

- Posizionare gli oggetti più pesanti nel cassetto inferiore.
- Non posizionare televisori o altri oggetti pesanti sopra questo prodotto.
- Non permettere mai ai bambini di arrampicarsi o aggrapparsi a cassetti, ante, piani o ripiani.

Servizio Clienti

Reso facile entro 30 giorni

Se il prodotto acquistato non fa al caso vostro, è possibile restituirlo entro il periodo di reso di 30 giorni.

Garanzia affidabile

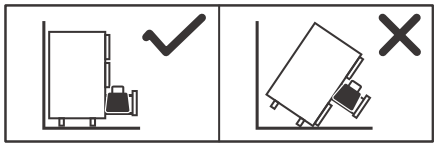
Garanzia di 2 anni per motore e componenti elettronici
Garanzia di 5 anni per telaio e componenti strutturali

Supporto 24/7

Inviaci un'e-mail a: **support@yfs.life**.
Il nostro team di assistenza risponde solitamente entro **24x7 ore**.

Español









PRECAUCIÓN

- Antes de comenzar: distribuya todas las piezas sobre una superficie limpia para comprobar que las etiquetas y números sean correctos.
- No apriete los tornillos firmemente hasta que todos hayan sido colocados en sus correspondientes orificios.

Utilice los tornillos correctamente. De lo contrario, podría dañar el tablero de la mesa.

ADVERTENCIA

Mantener alejado del fuego.

Este producto está destinado únicamente para uso en interiores.

El vuelco del mueble puede provocar lesiones graves o mortales por aplastamiento.

Fije SIEMPRE este mueble a la pared utilizando dispositivos de sujeción antivuelco.

Para reducir aún más el riesgo de lesiones graves o muerte por vuelco :

- Coloque los objetos más pesados en el cajón inferior.
- No coloque televisores ni otros objetos pesados encima de este producto.
- Nunca permita que los niños se suban o cuelguen de cajones, puertas, escritorios o estantes.

Servicio de Atención al Cliente

30

Devoluciones fáciles en 30 días

Si su compra no se adapta a sus necesidades, puede devolverla dentro del plazo de devolución de 30 días.

Garantía

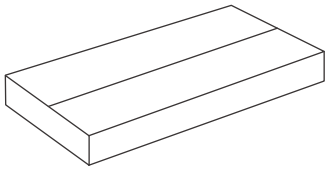
Garantía fiable

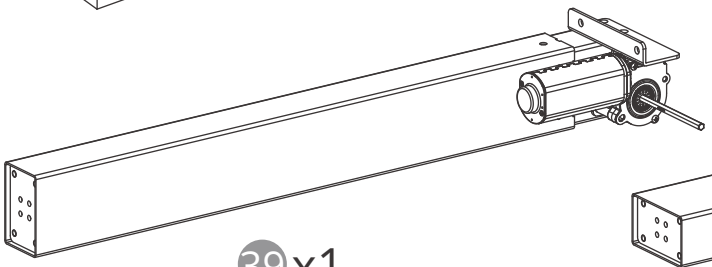
Garantía de 2 años para el motor y componentes electrónicos
Garantía de 5 años para la estructura del escritorio y componentes estructurales

Soporte 24/7

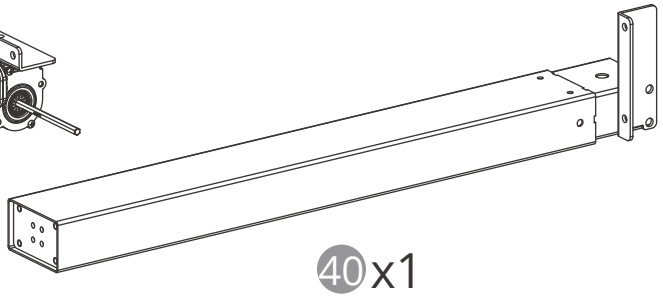
Simplemente envíenos un correo electrónico a: **support@yfs.life**.
Nuestro equipo de soporte suele responder en un plazo de **24x7 horas**.

Package 1

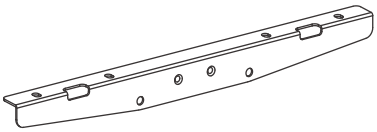




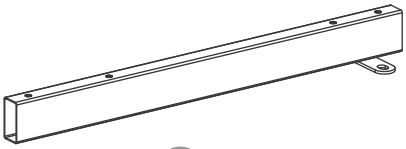
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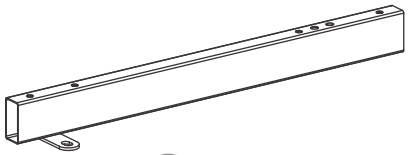
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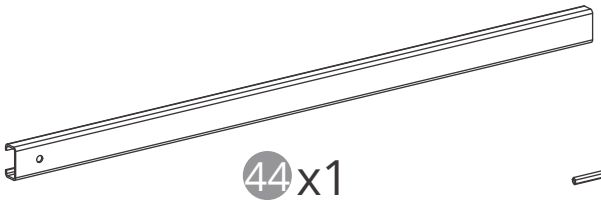
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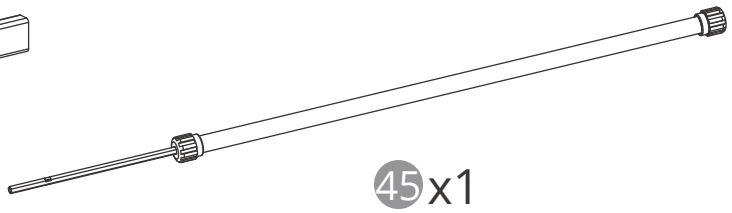
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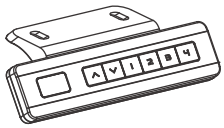
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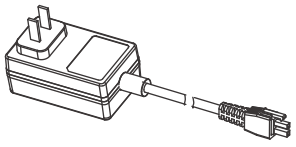
44 x1



45 x1



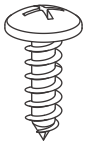
46 x1



47 x1

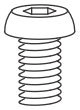


48 x1



S1 x(14+1)

ST5x14



S2 x8

M6x10



S3 x4

M6x10



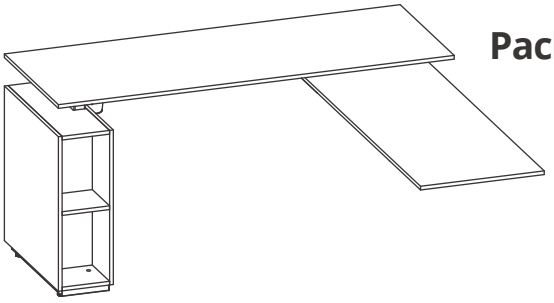
S4 x1

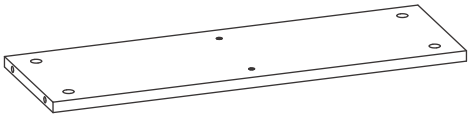
6mm



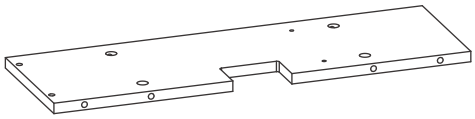
S5 x4

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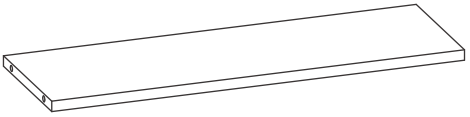




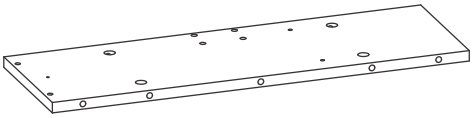
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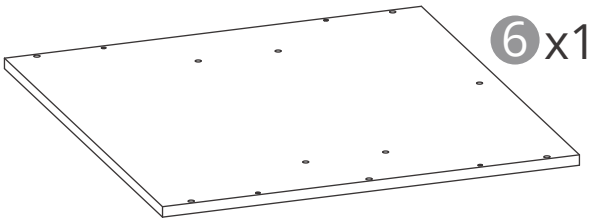
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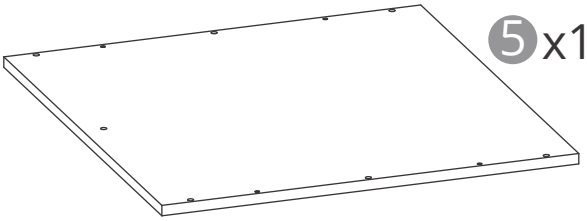
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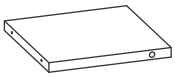
3 x1



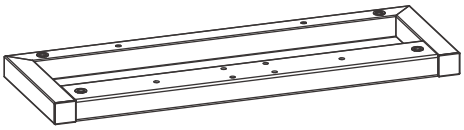
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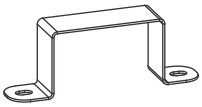
5 x1



7 x1



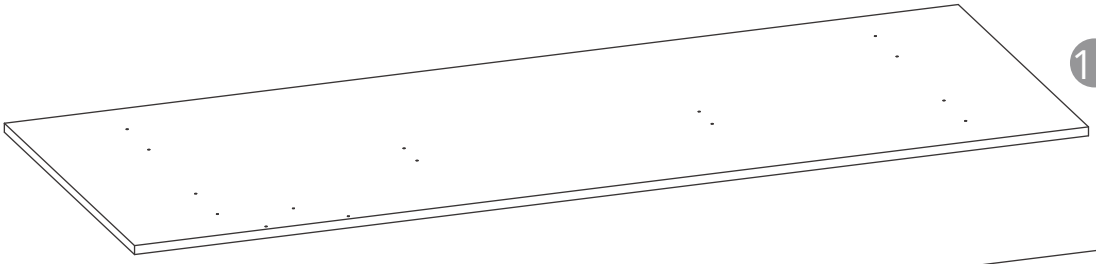
8 x1



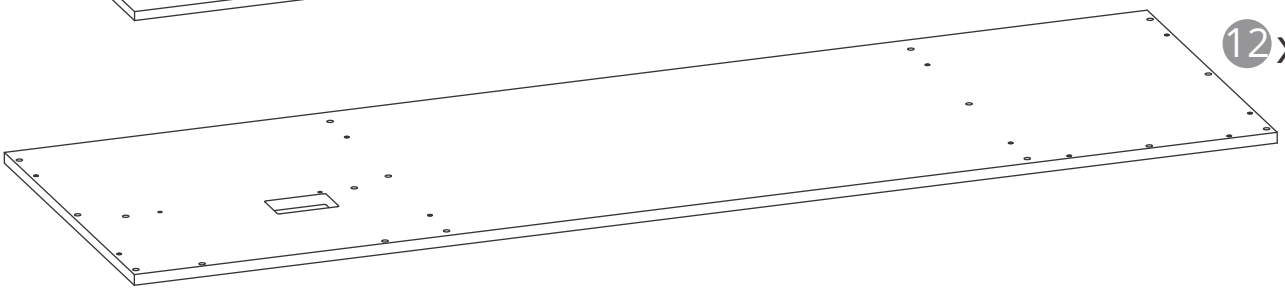
9 x4



10 x3

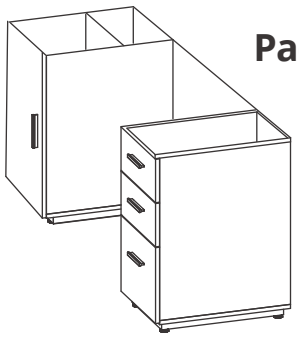


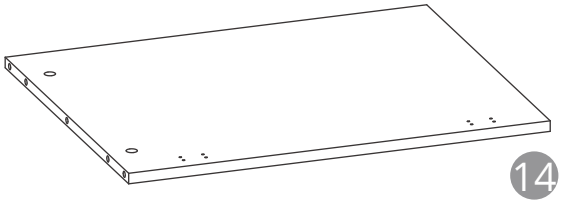
11 x1



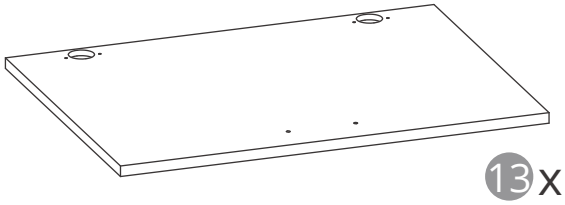
12 x1

Package 3

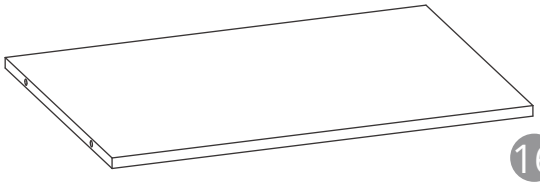




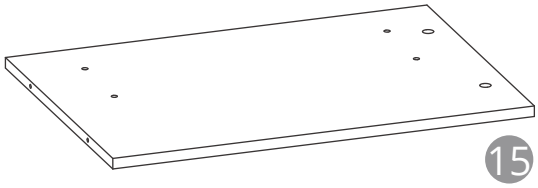
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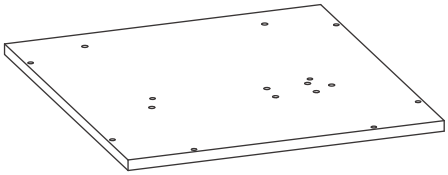
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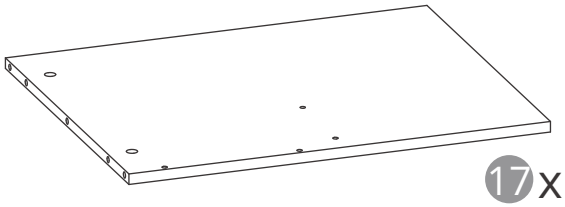
16 x1



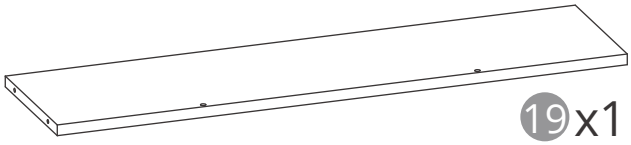
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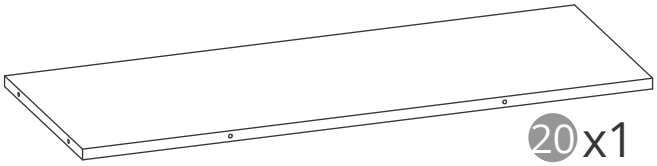
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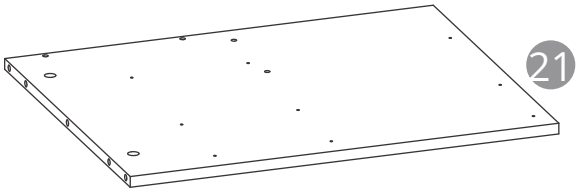
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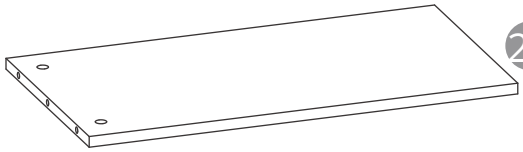
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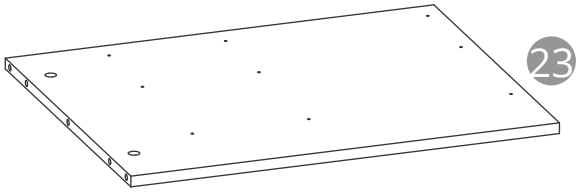
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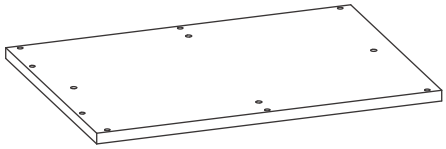
21 x1



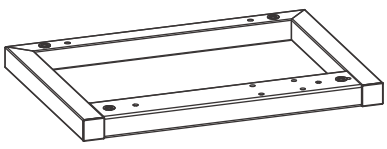
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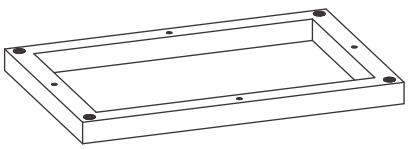
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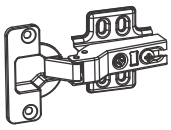
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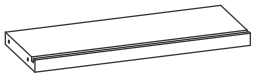
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26 x1



27 x2



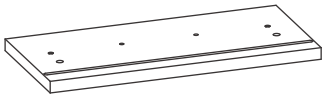
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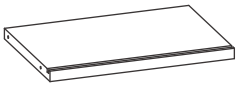
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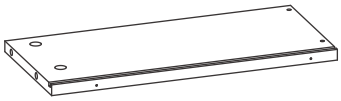
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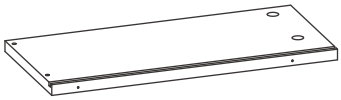
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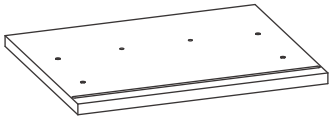
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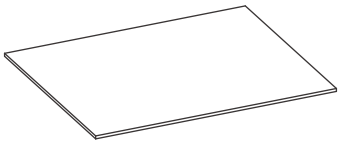
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34 x1



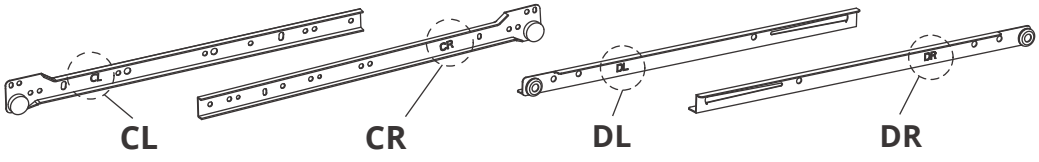
35 x1



36 x3



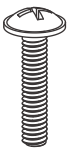
37 x4



38 x3



Ⓐ x(45+1)
ST4x13



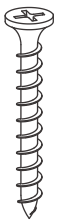
Ⓑ x(8+1)
M4x20



Ⓒ x(32+1)
Ø15x11.5



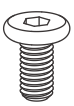
Ⓓ x(32+1)
Ø7x35



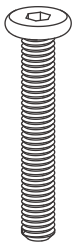
Ⓔ x(14+1)
ST4x35



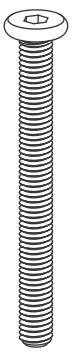
Ⓕ x(28+1)
ST7x50



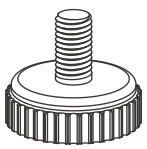
Ⓖ x(8+1)
M6x12



Ⓗ x12
M6x40



Ⓘ x8
M6x60



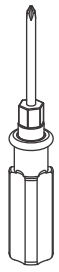
Ⓙ x12
M8x15



Ⓚ x36
Ø8x30

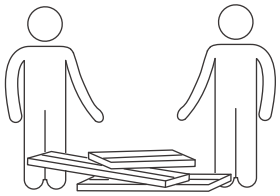
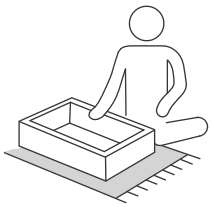
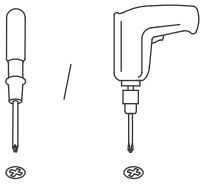
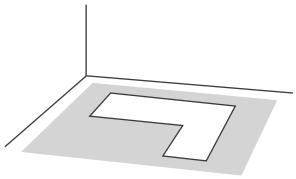


Ⓛ x1
4mm

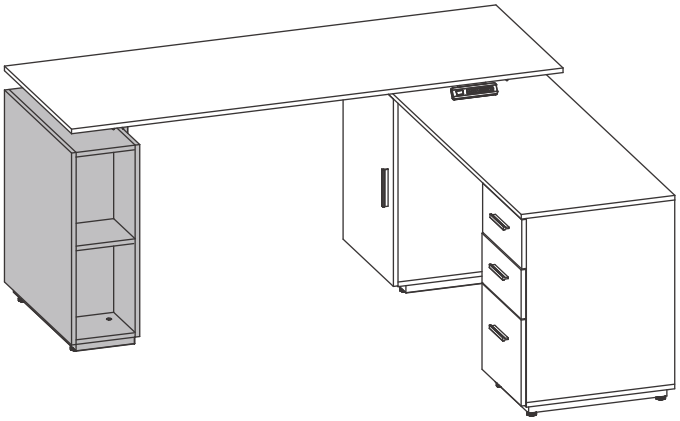


Ⓜ x1
160mm

Pre-Installation Preparation

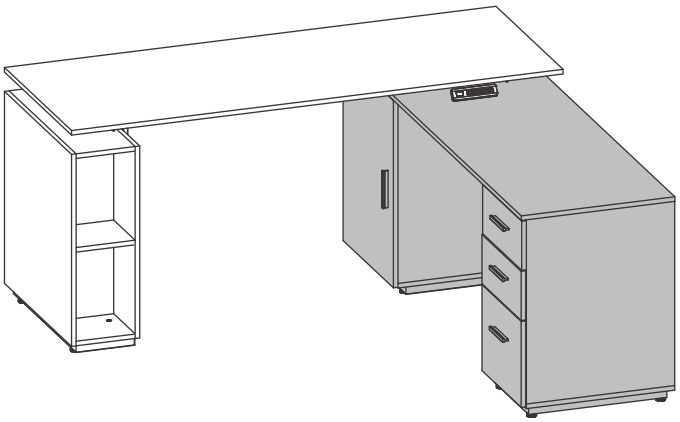
 Complete through collaboration.	 Assemble on a clean, flat, and protective surface.	 Drill required (not provided).	 Allow an assembly area at least twice the desktop size.

PART A



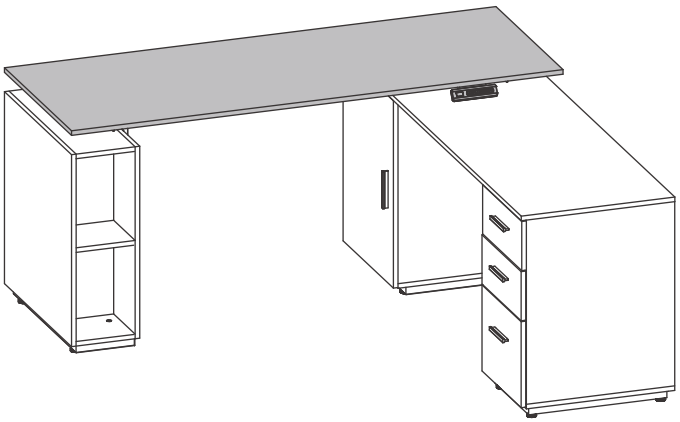
Page **11-23**

PART B



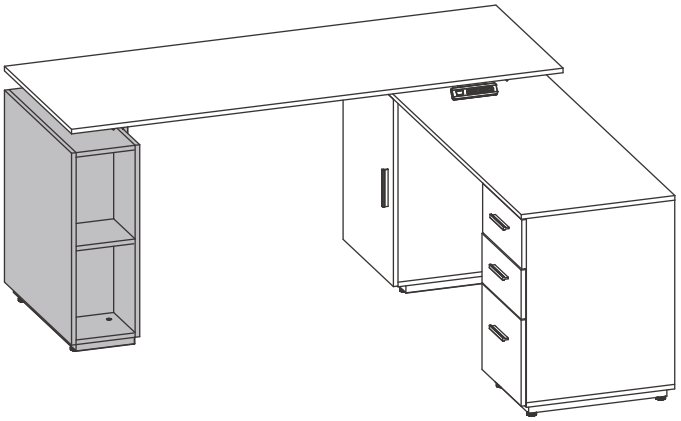
Page **24-52**

PART C



Page **53-63**

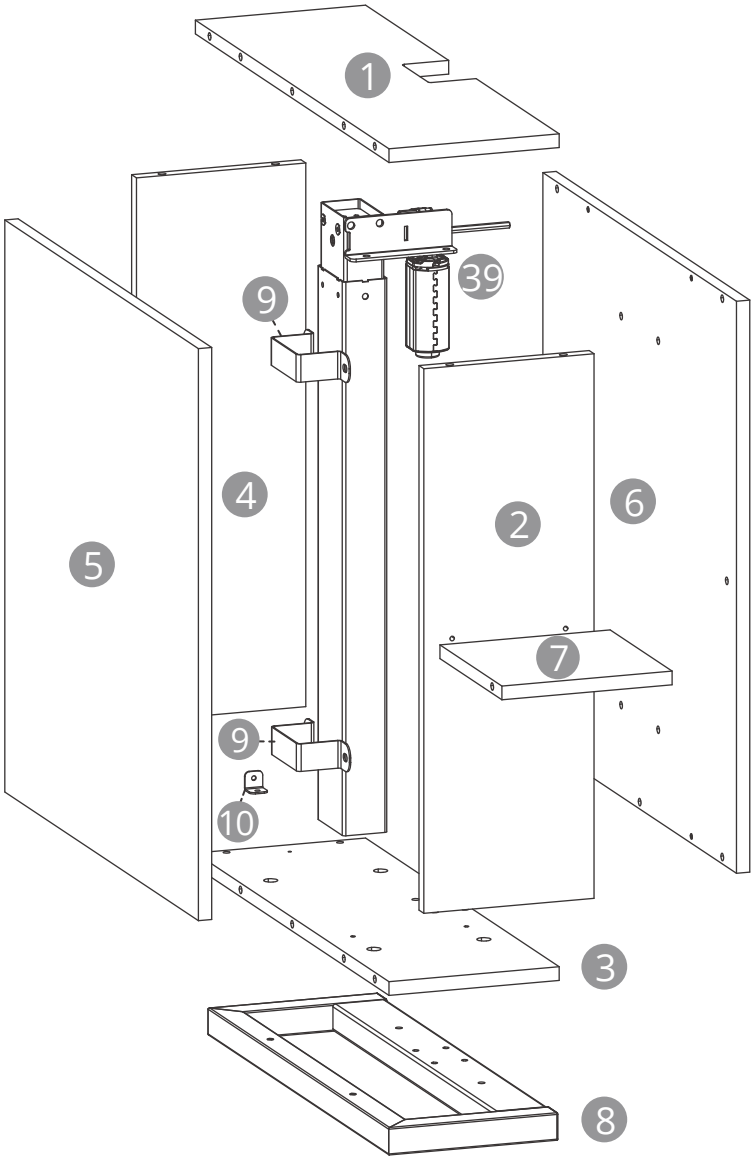
PART A



TEAM LIFT

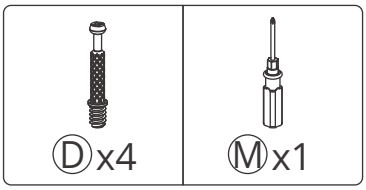
Page **11-23**

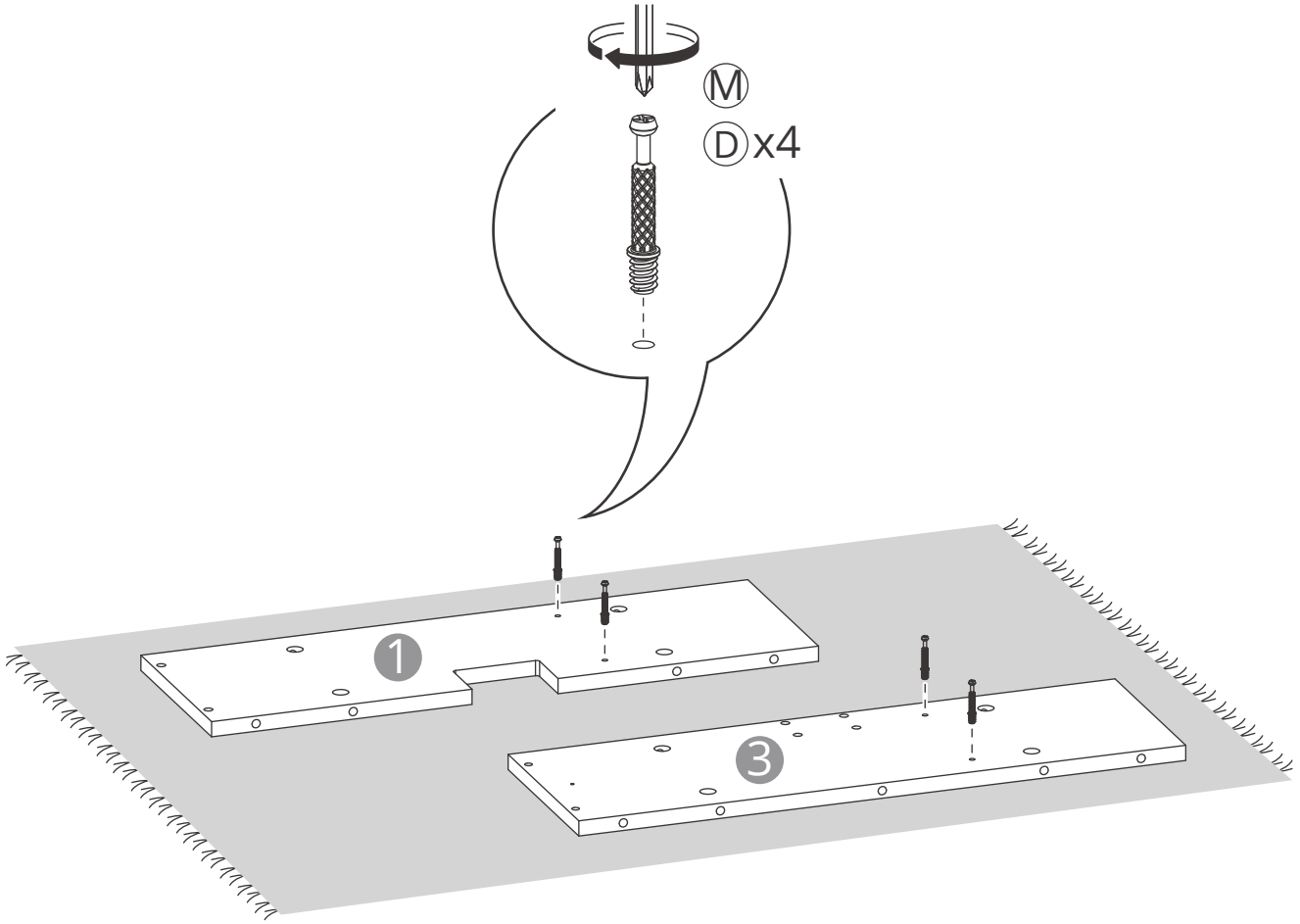
EXPLODED VIEW DIAGRAM



1

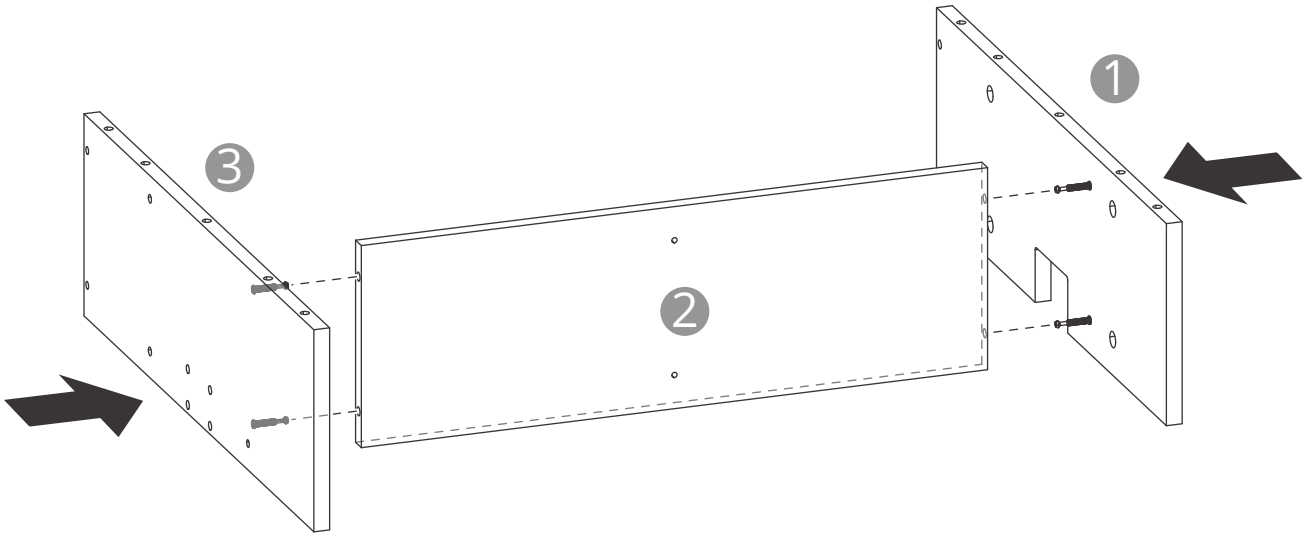
Note: Desktop panel screws: **5-8 N·m**.
Drive screws perpendicular to the surface for a flat top and seamless panel alignment.

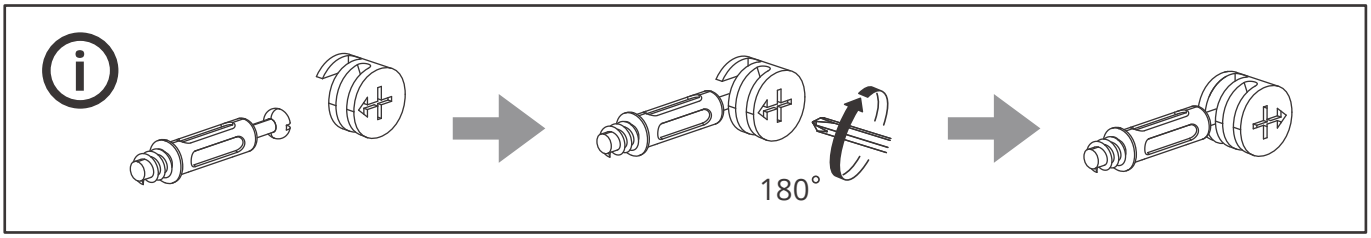




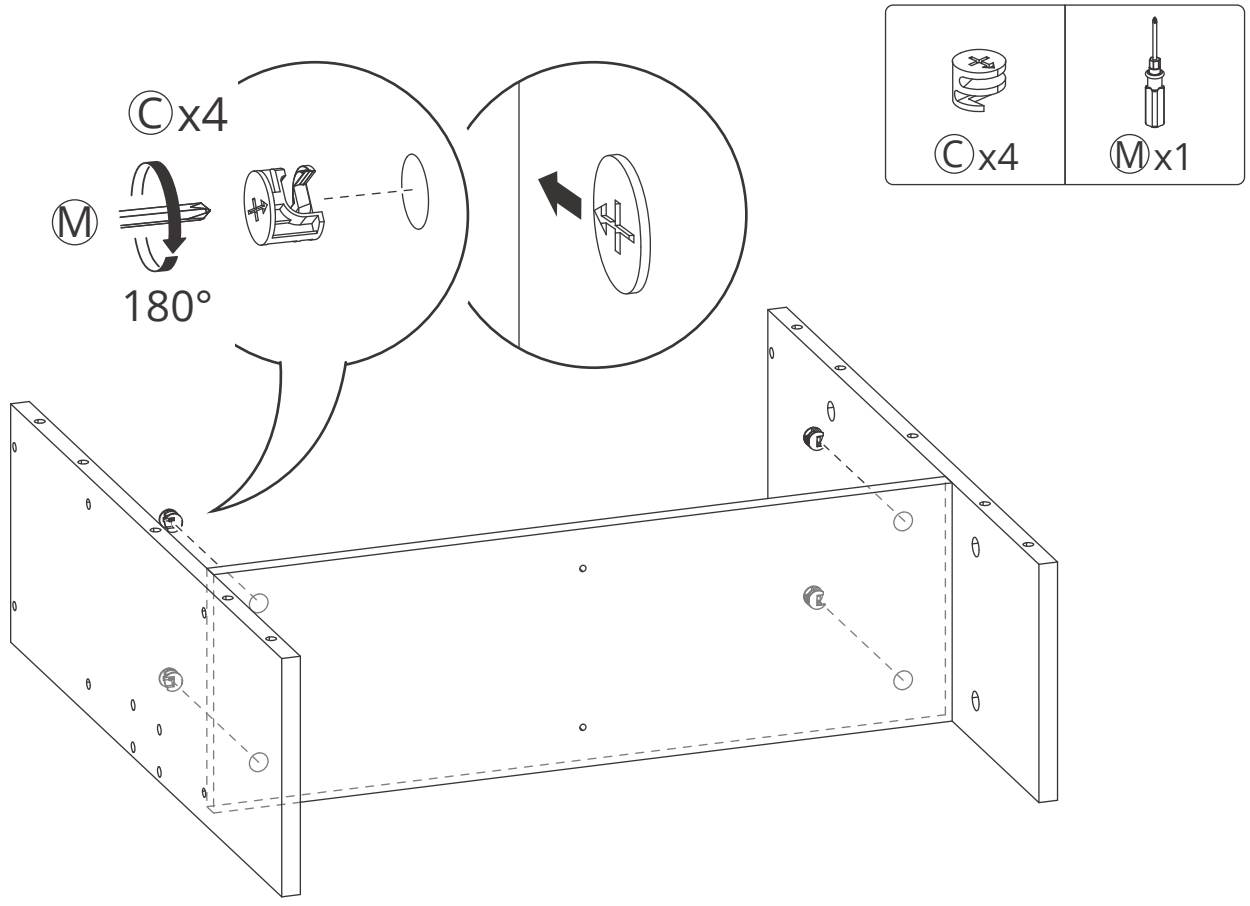
2

Note: Desktop panel screws: **5-8 N·m**.
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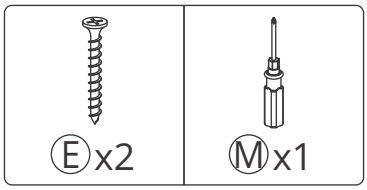


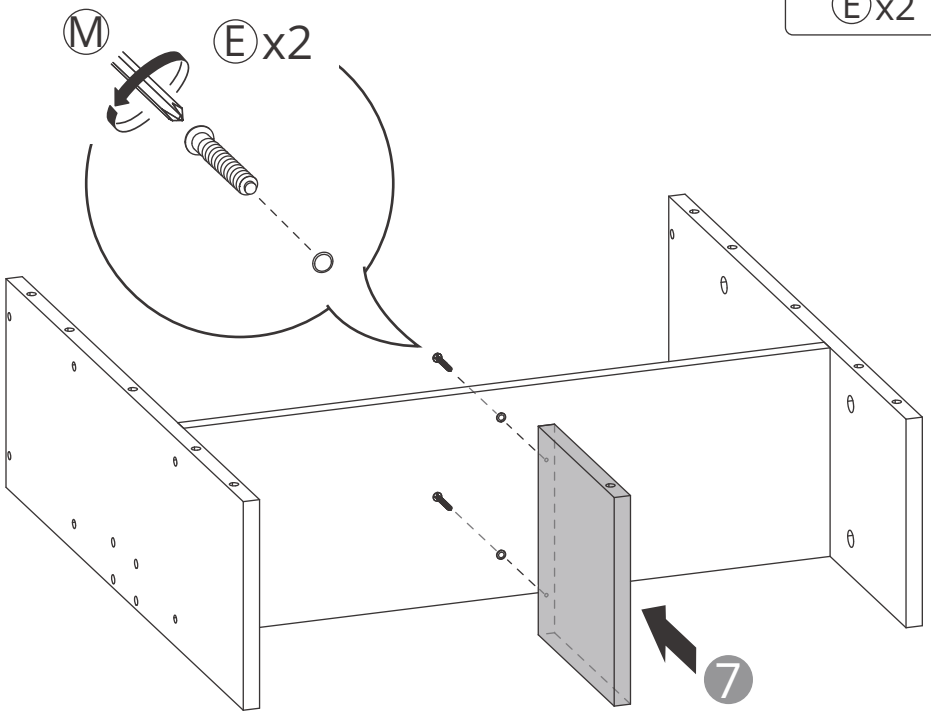
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4

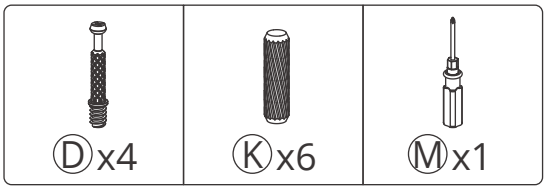
Note: Desktop panel screws: **5-8 N·m**. Drive screws perpendicular to the surface for a flat top and seamless panel alignment.

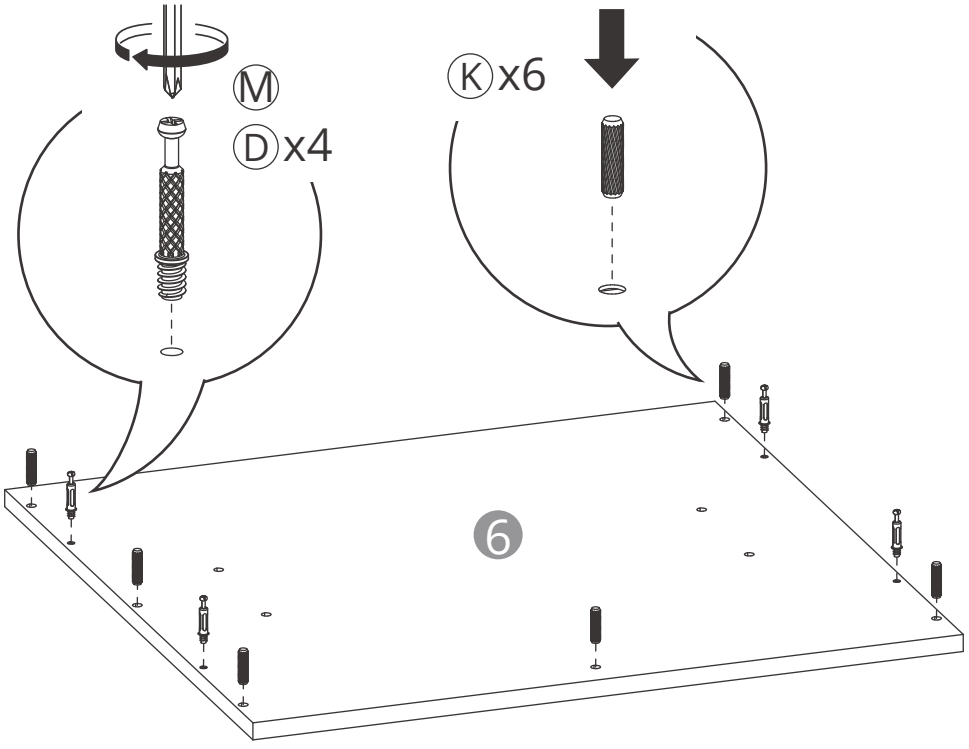




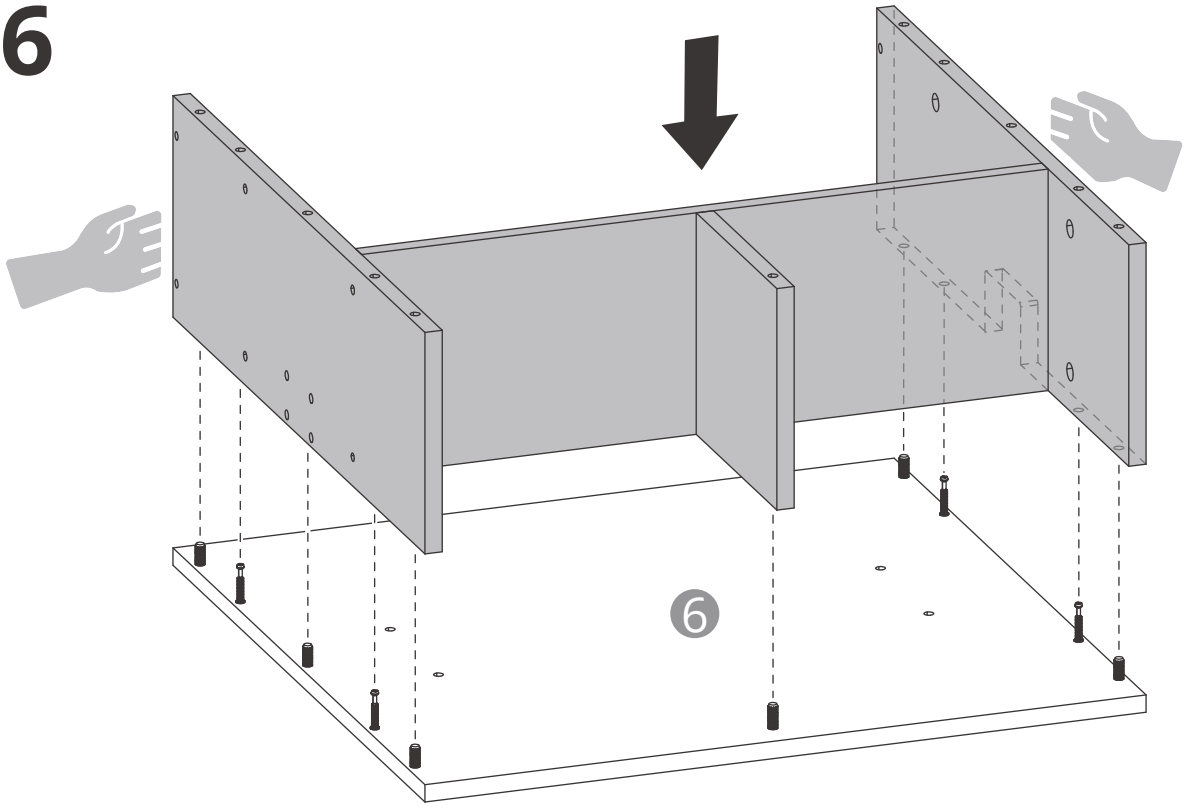
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Note: Desktop panel screws: **5-8 N·m**.
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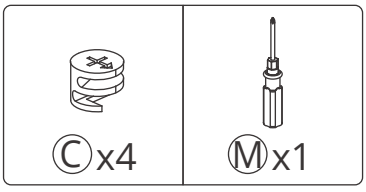


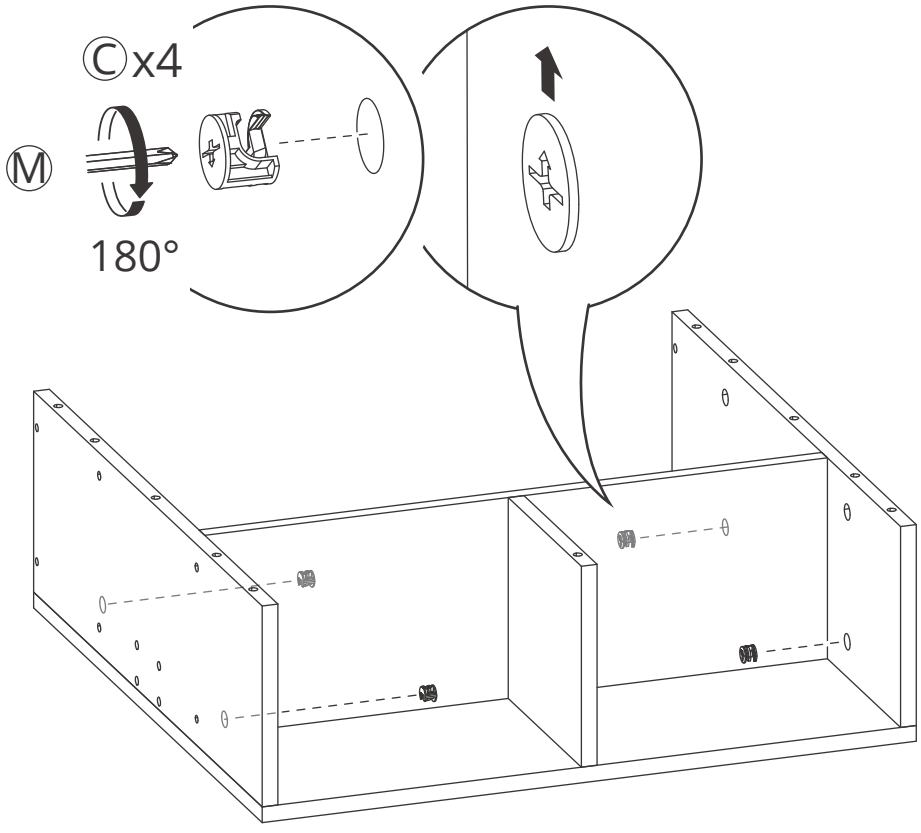
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7

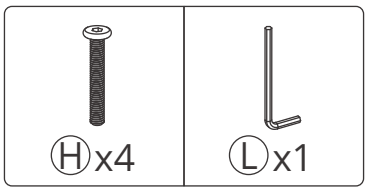
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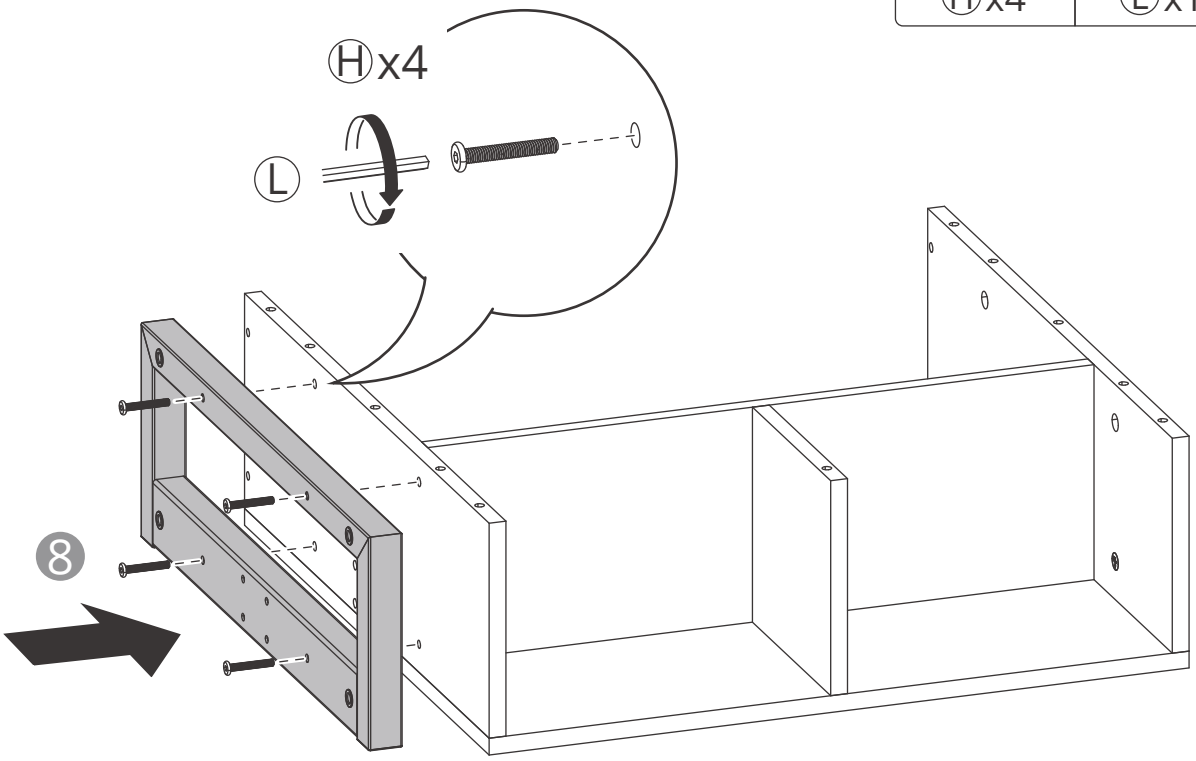




8

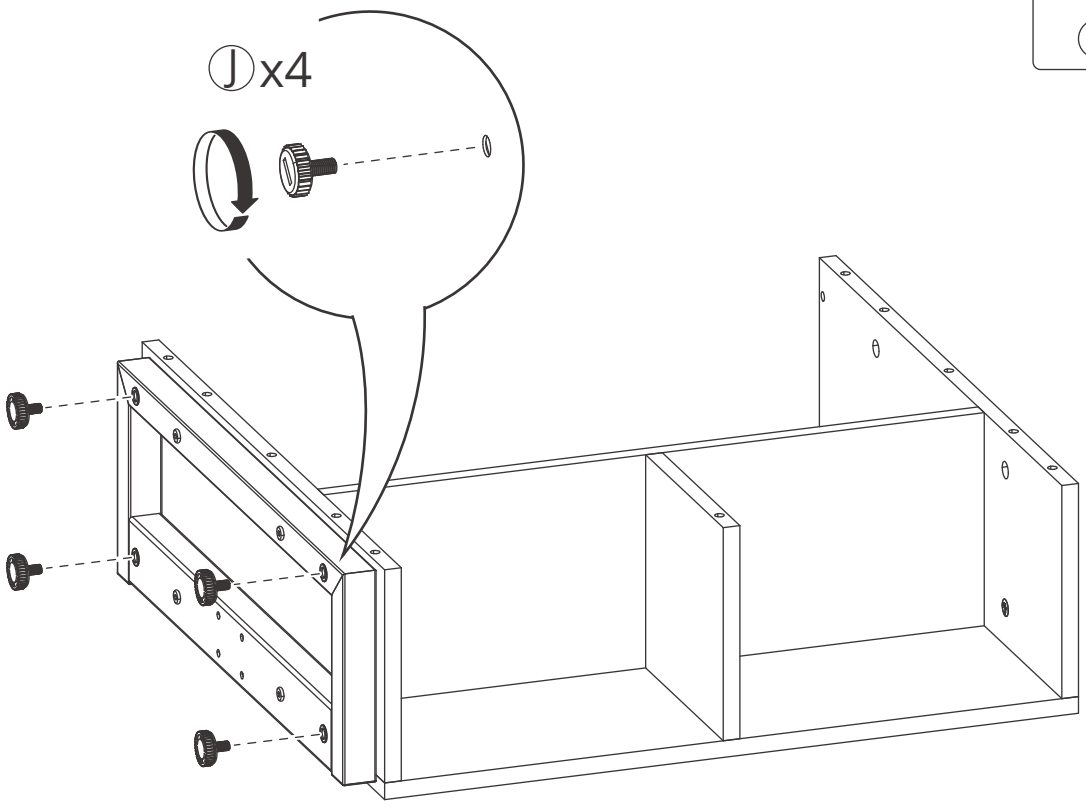
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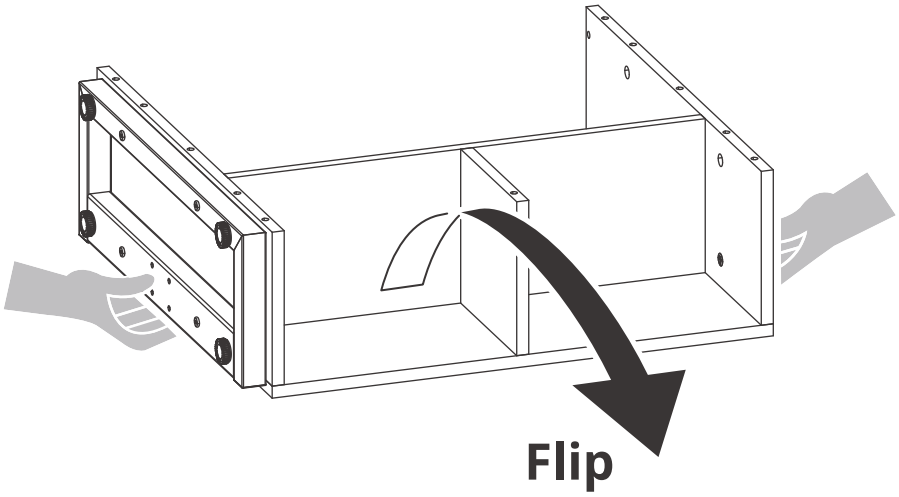


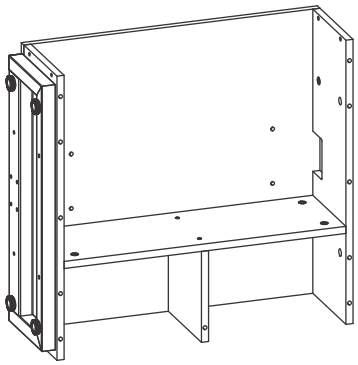
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10

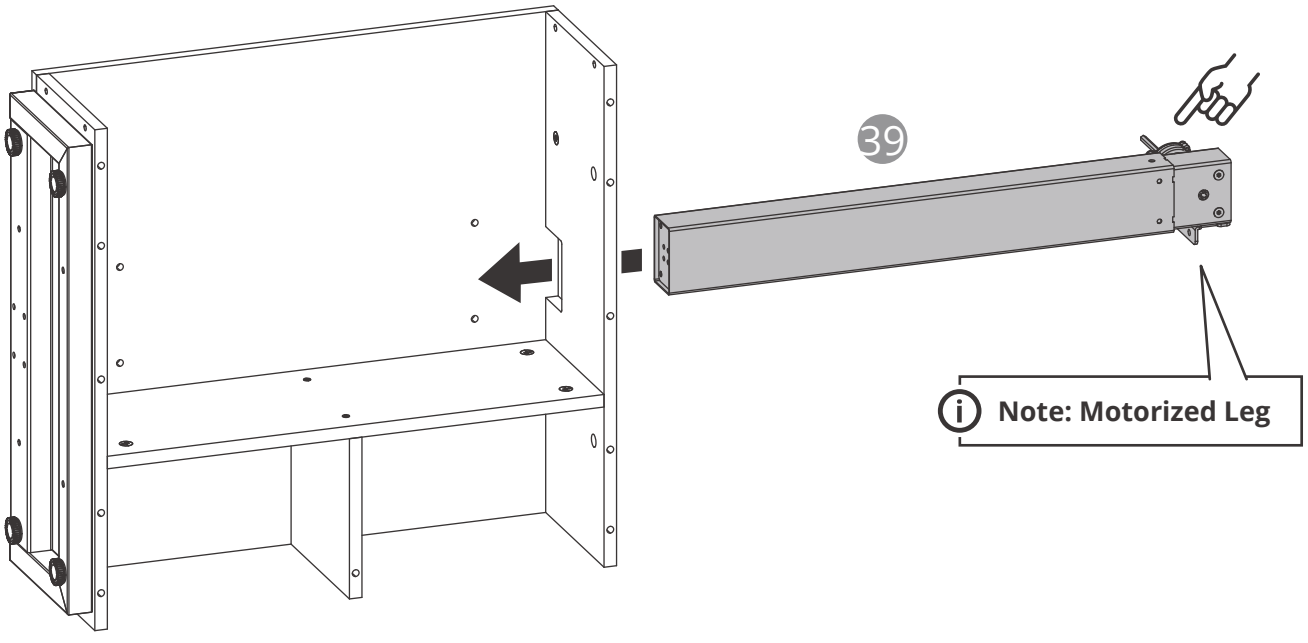




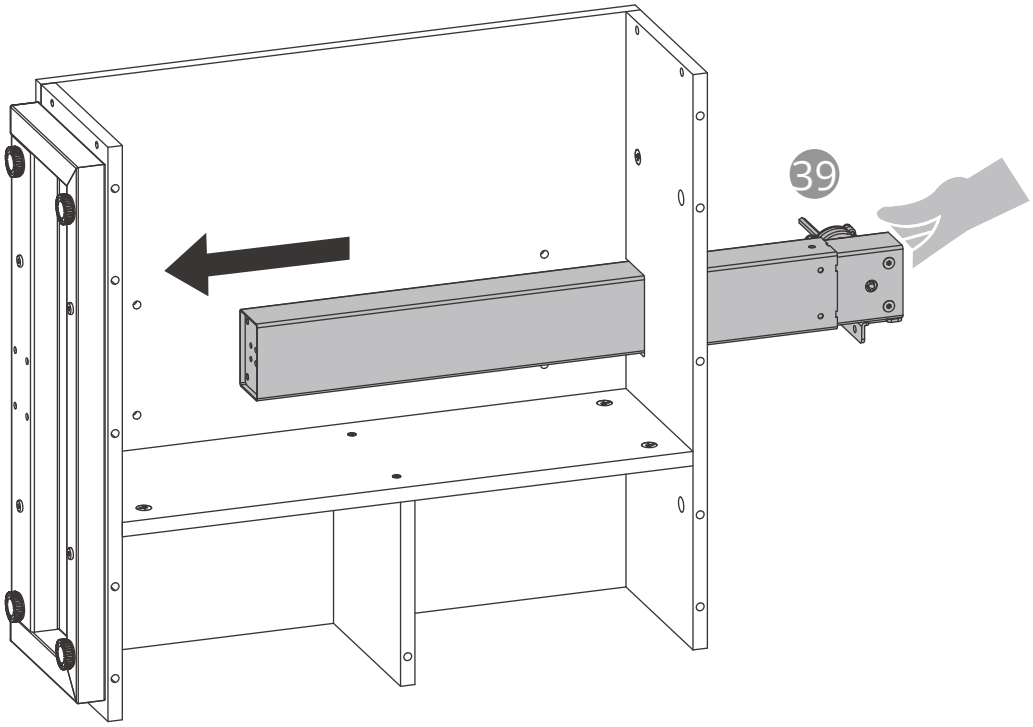
TEAM LIFT

We recommend two people assist with flipping to prevent crossbar deformation.

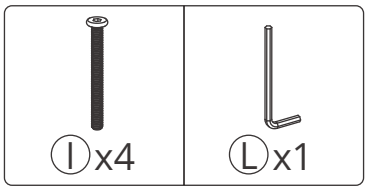
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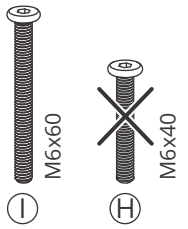
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13

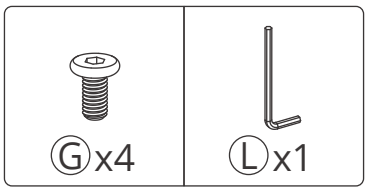


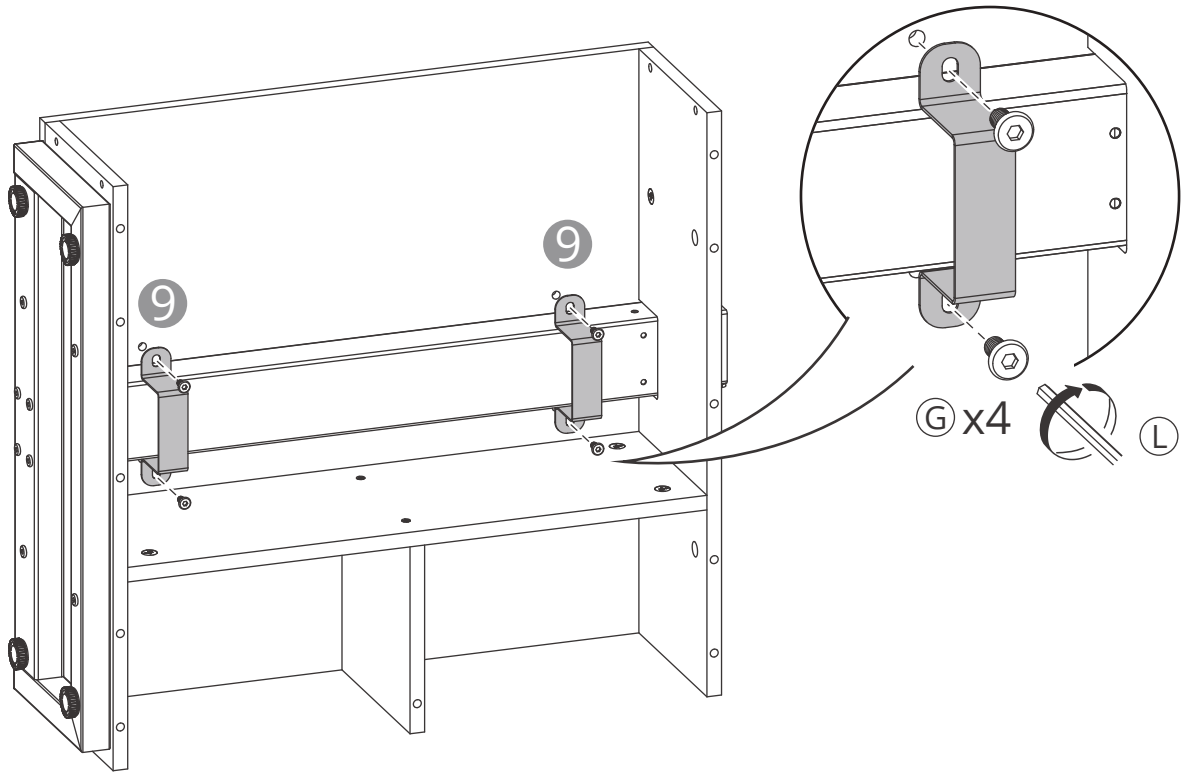
Note:
Board and frames are installed with a long No. Ⓘ screw, and the table board cannot be tightened if you use No. Ⓗ screws!



14

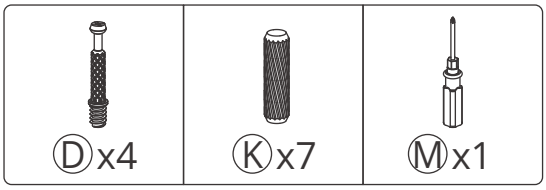
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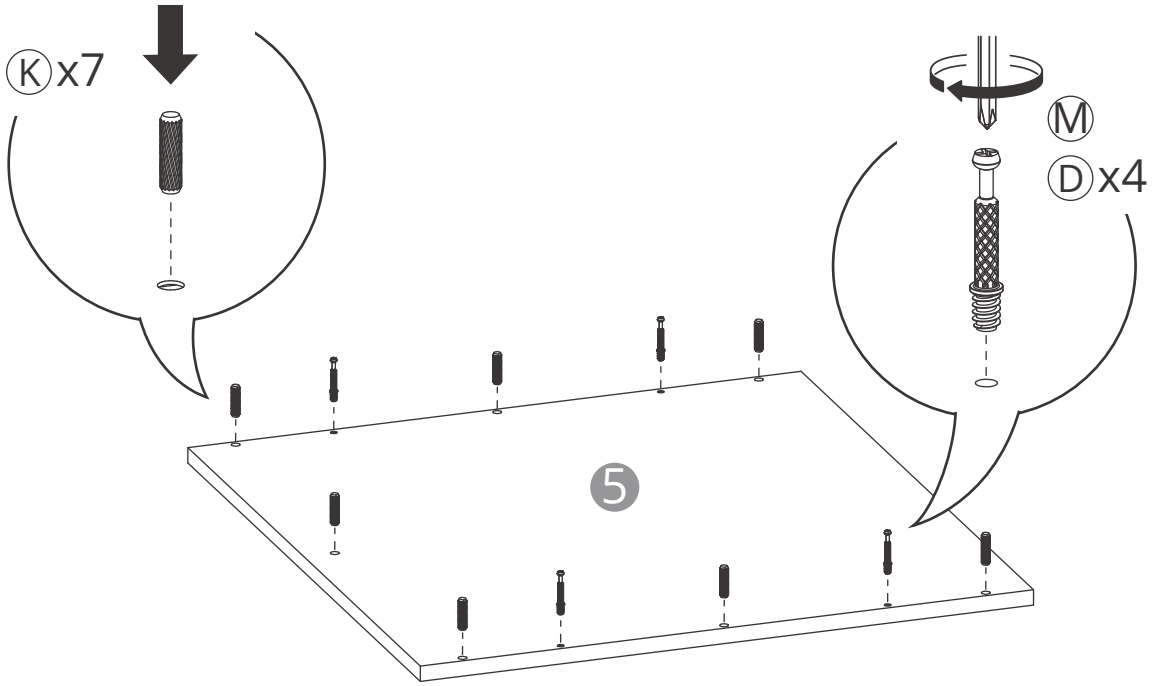




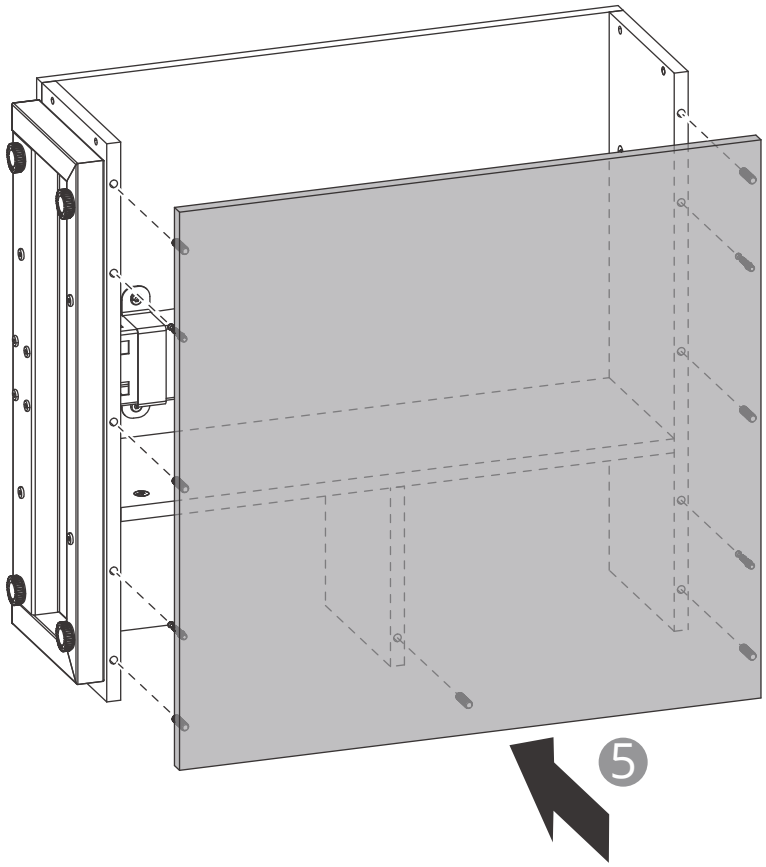
15

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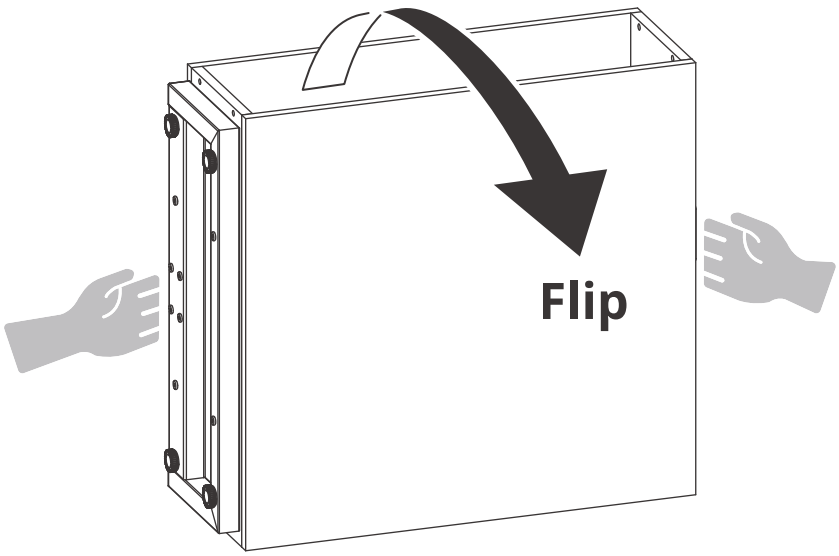




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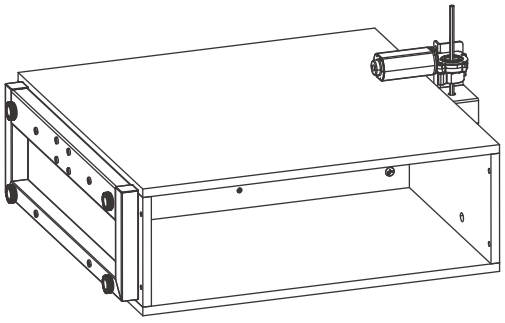


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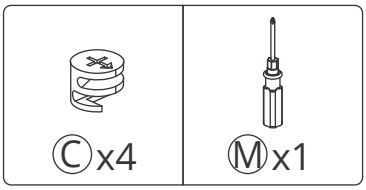
TEAM LIFT

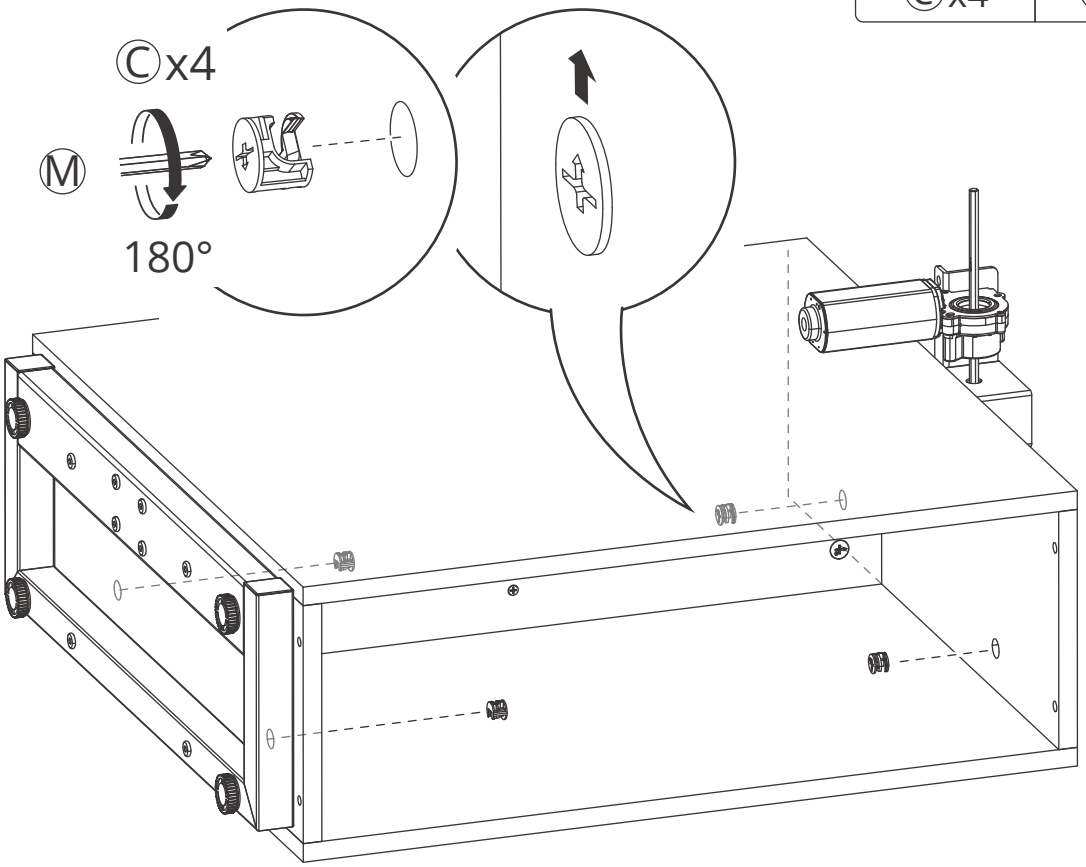
We recommend two people assist with flipping to prevent crossbar deformation.



18

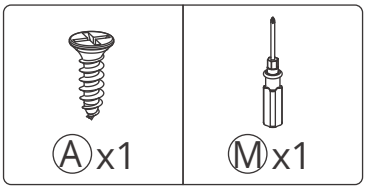
Note: Desktop panel screws: **5-8 N·m**.
Drive screws perpendicular to the surface for a flat top and seamless panel alignment.

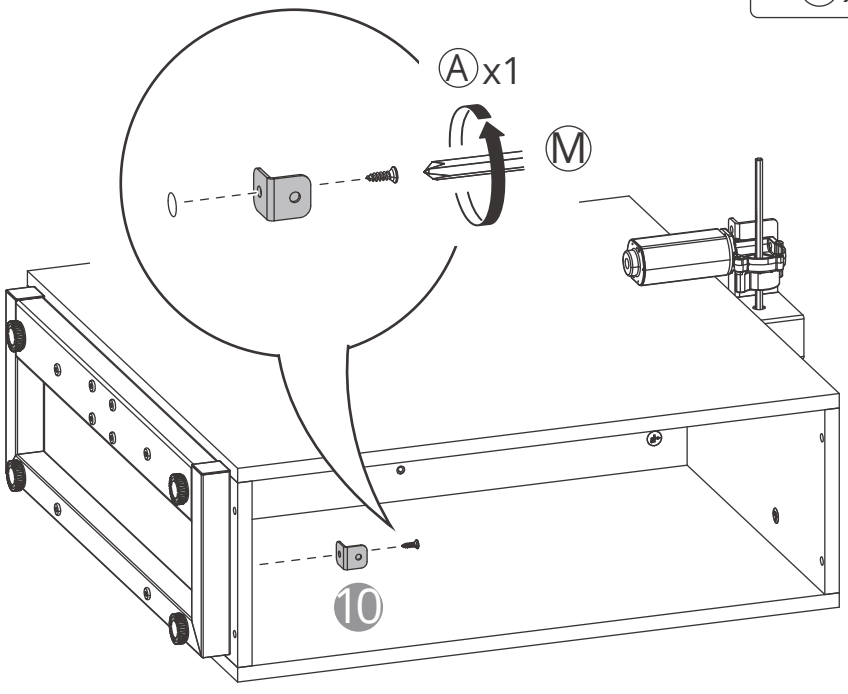




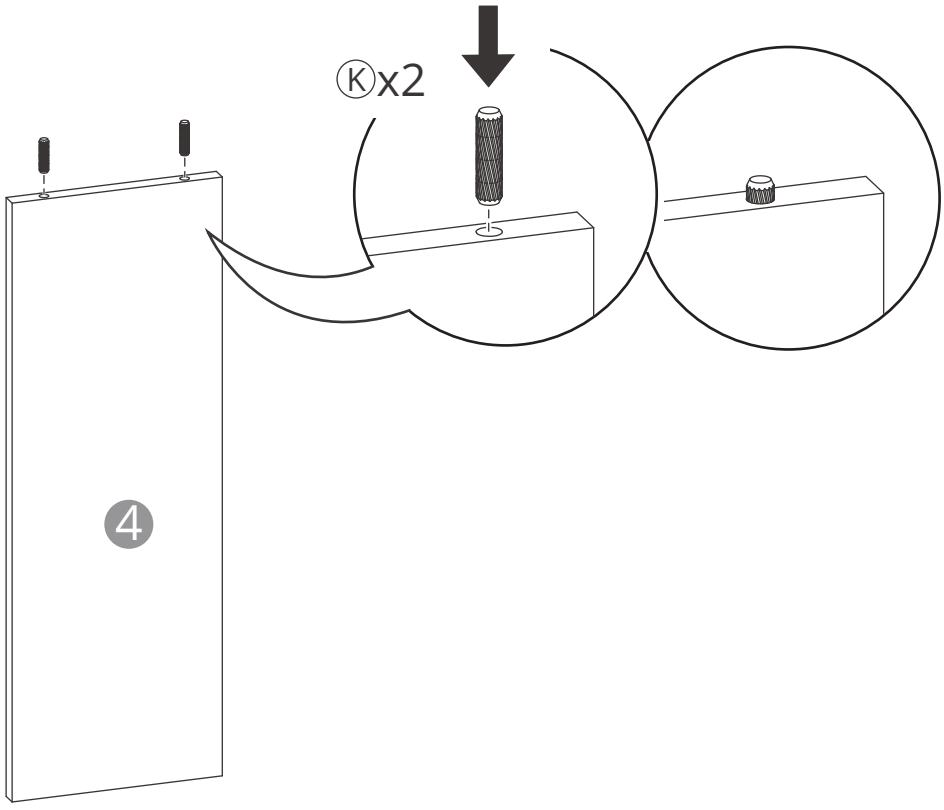
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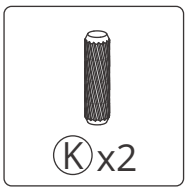
Note: Desktop panel screws: **5-8 N·m**.
Drive screws perpendicular to the surface for a flat top and seamless panel alignment.



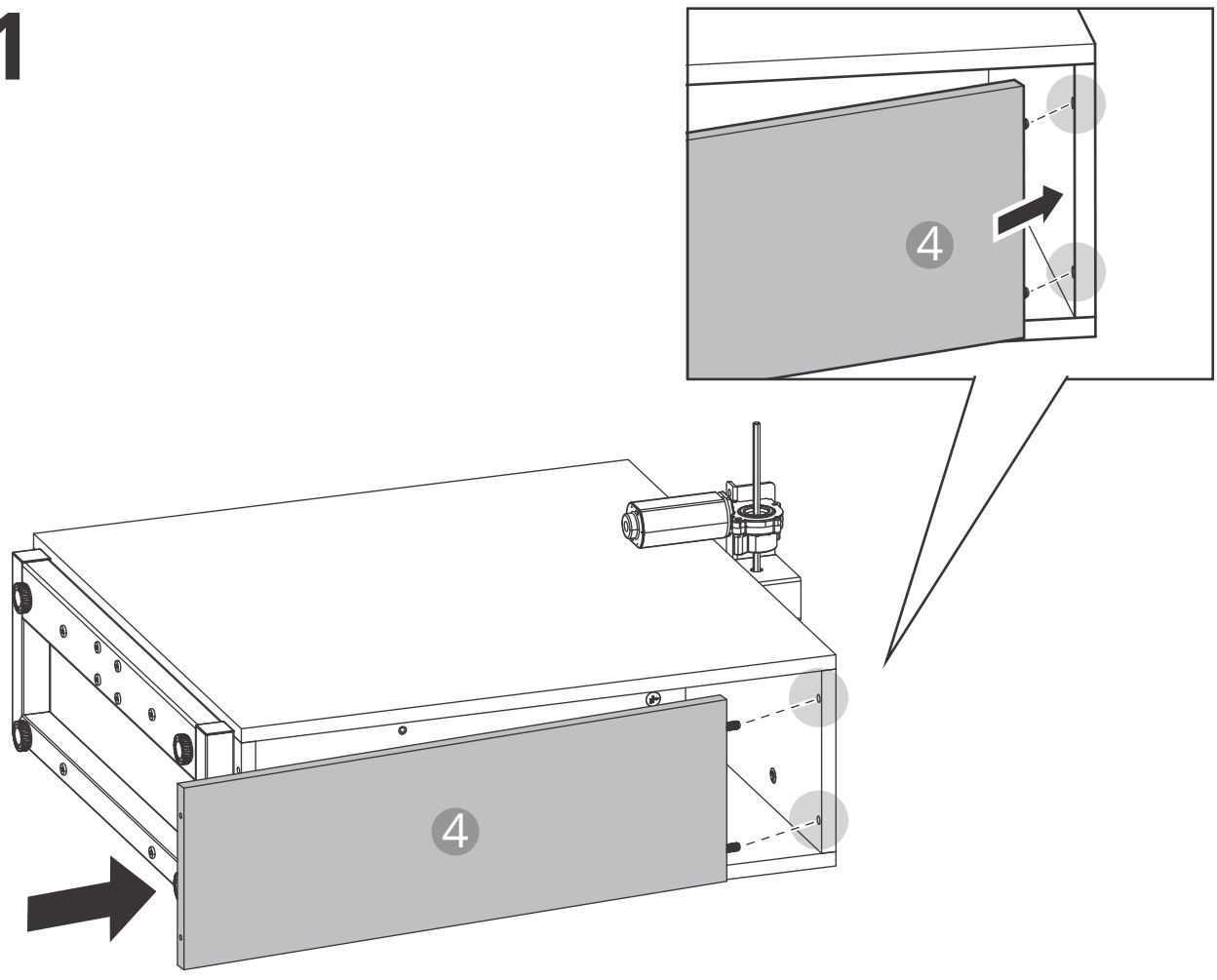


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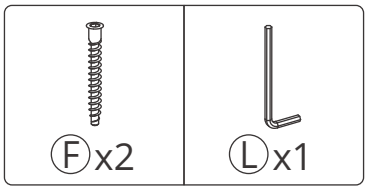


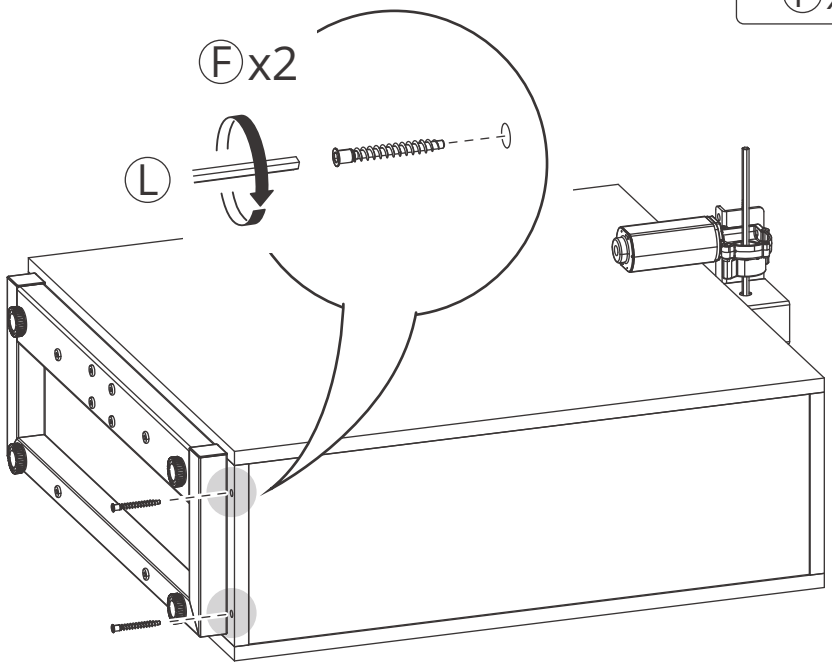
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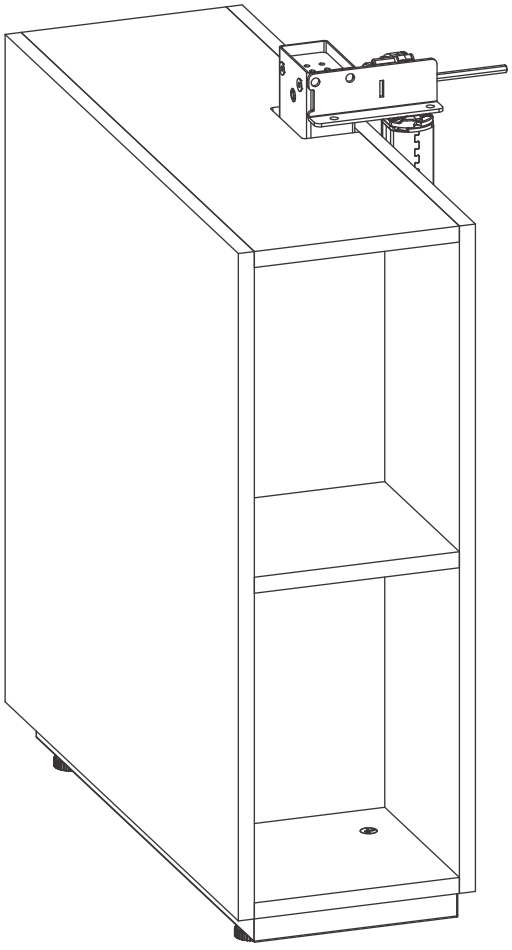
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Note: Desktop panel screws: **5-8 N·m**. Drive screws perpendicular to the surface for a flat top and seamless panel alignment.

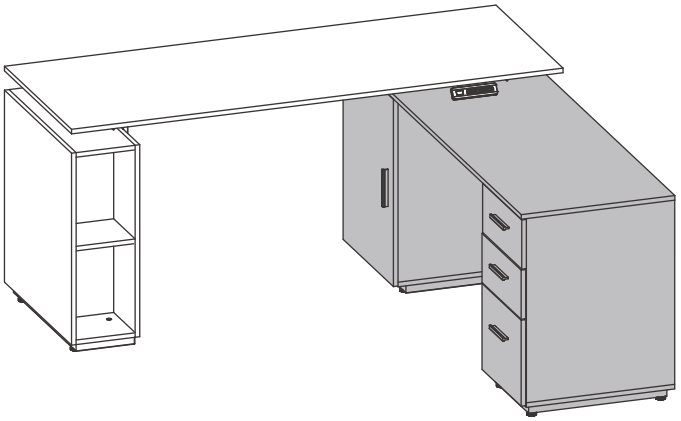




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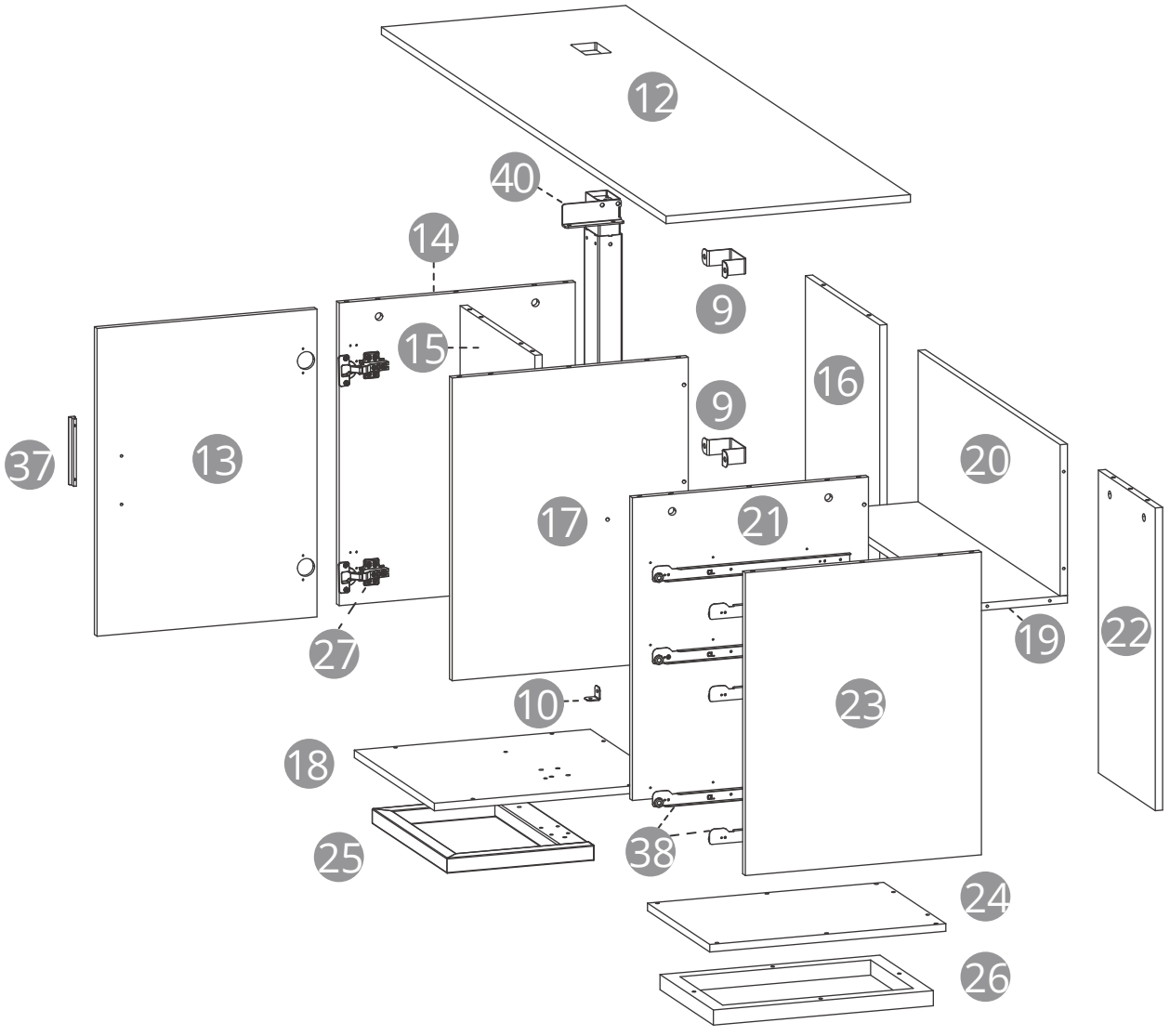
PART B



TEAM LIFT

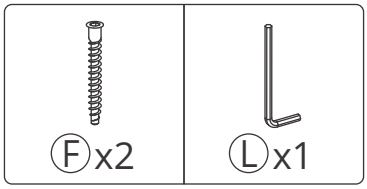
Page **24-52**

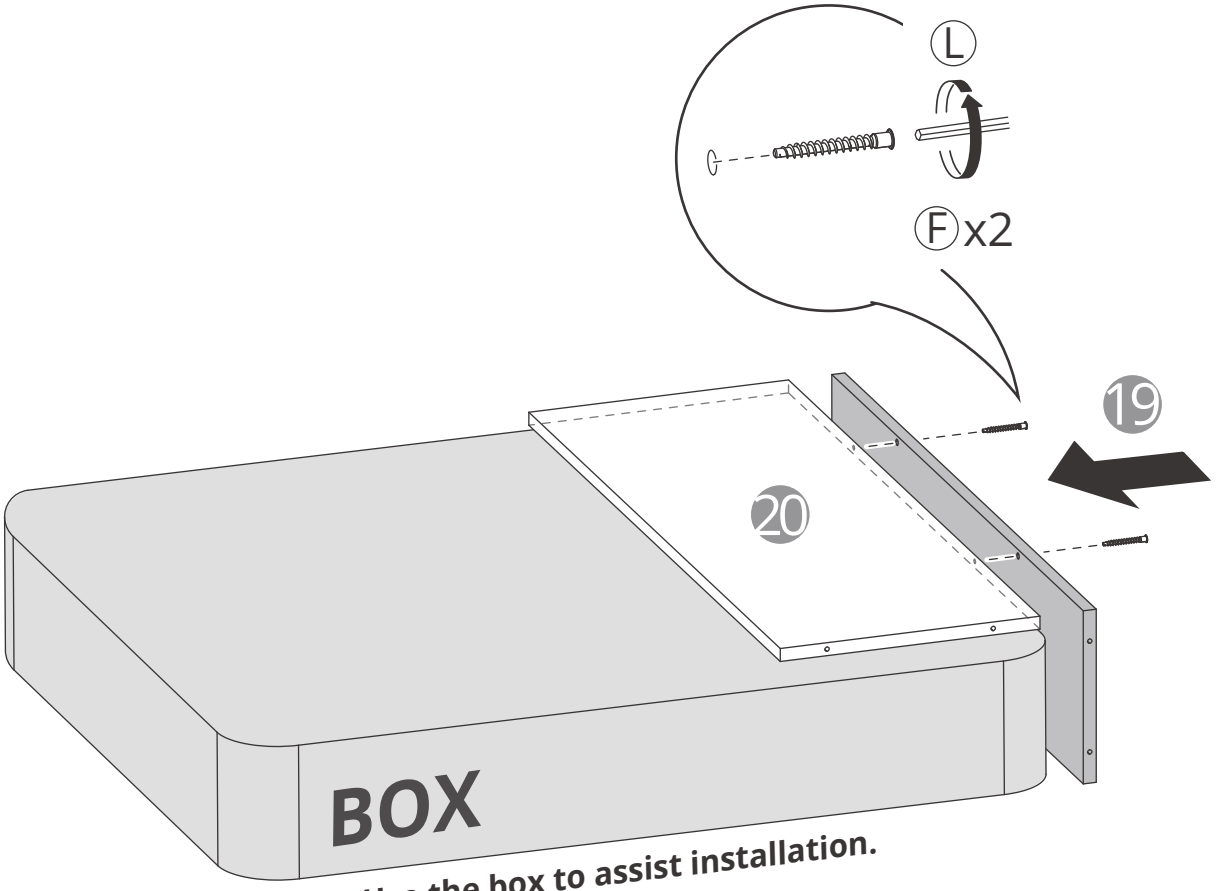
EXPLODED VIEW DIAGRAM



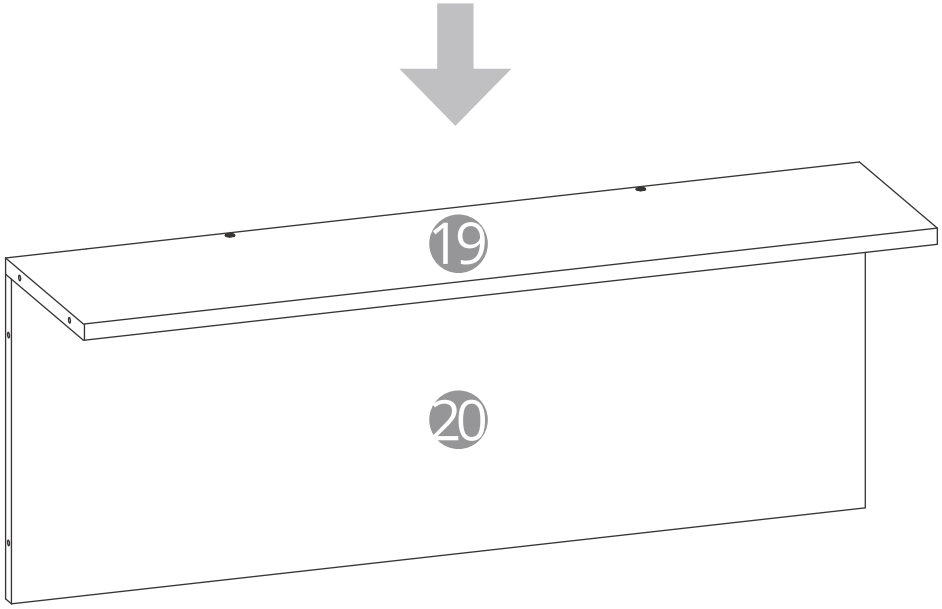
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Note: Desktop panel screws: **5-8 N·m**. Drive screws perpendicular to the surface for a flat top and seamless panel alignment.



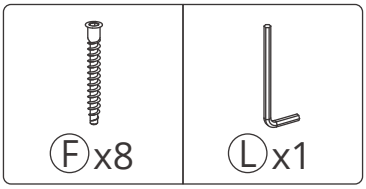


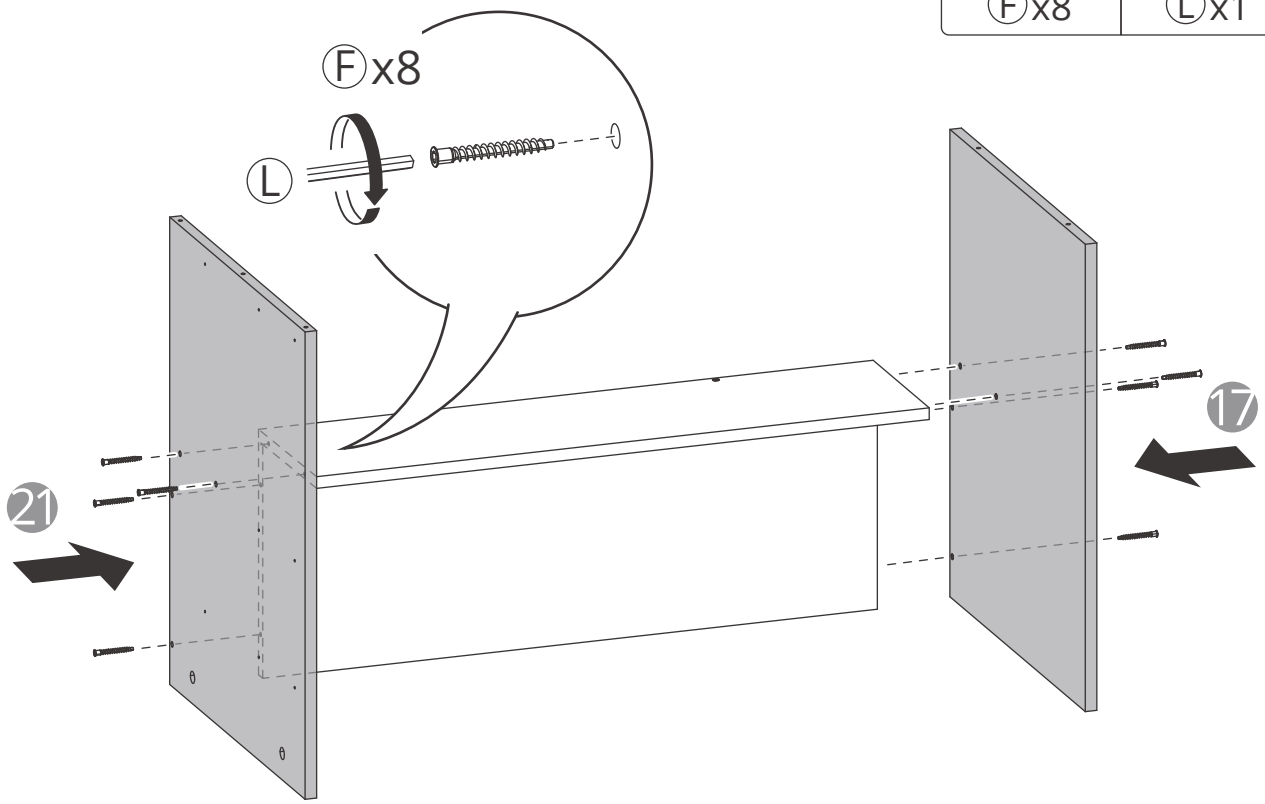
Tip: Use the box to assist installation.



2

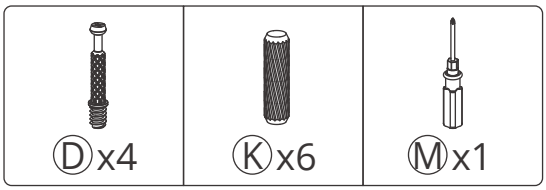
Note: Desktop panel screws: **5-8 N·m**. Drive screws perpendicular to the surface for a flat top and seamless panel alignment.

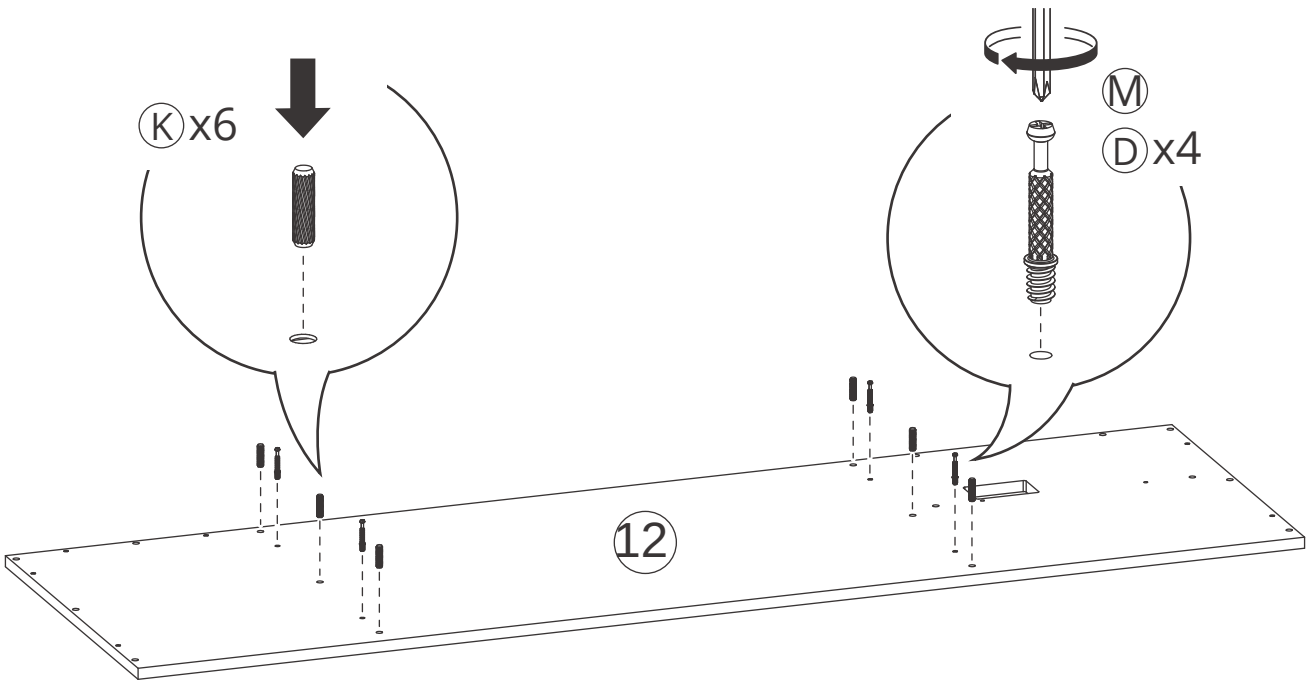




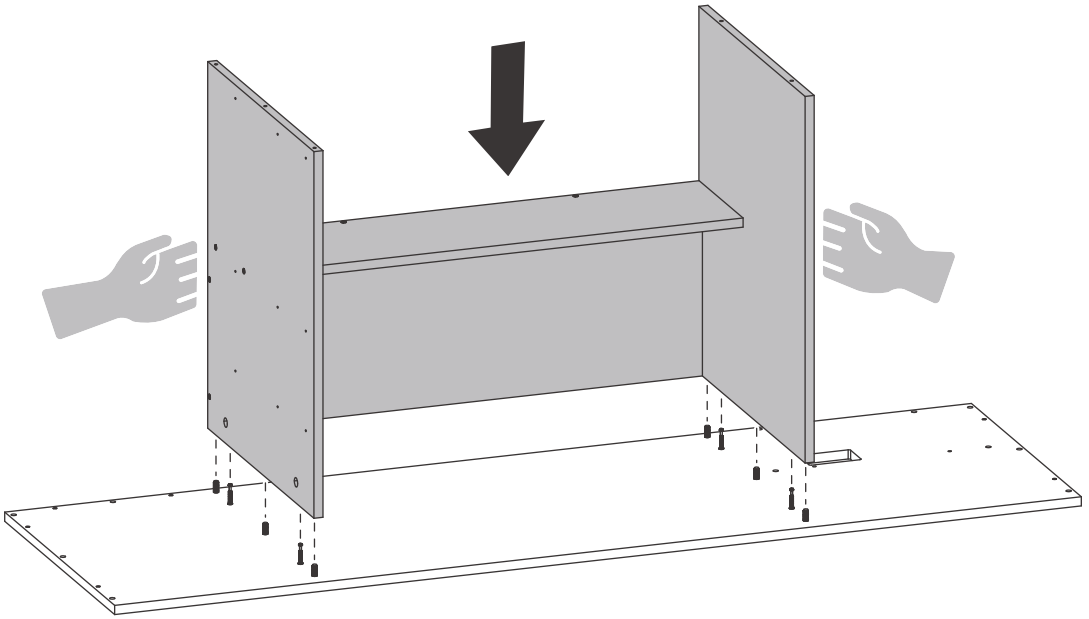
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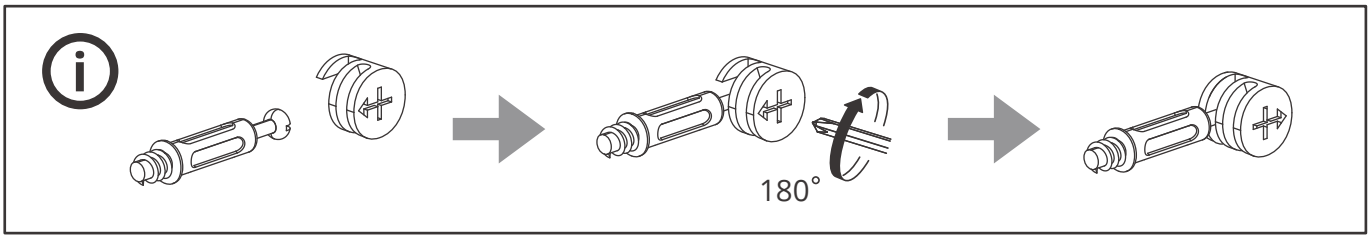
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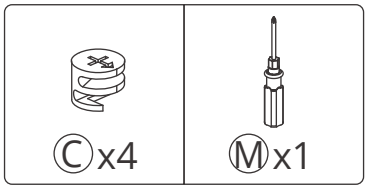


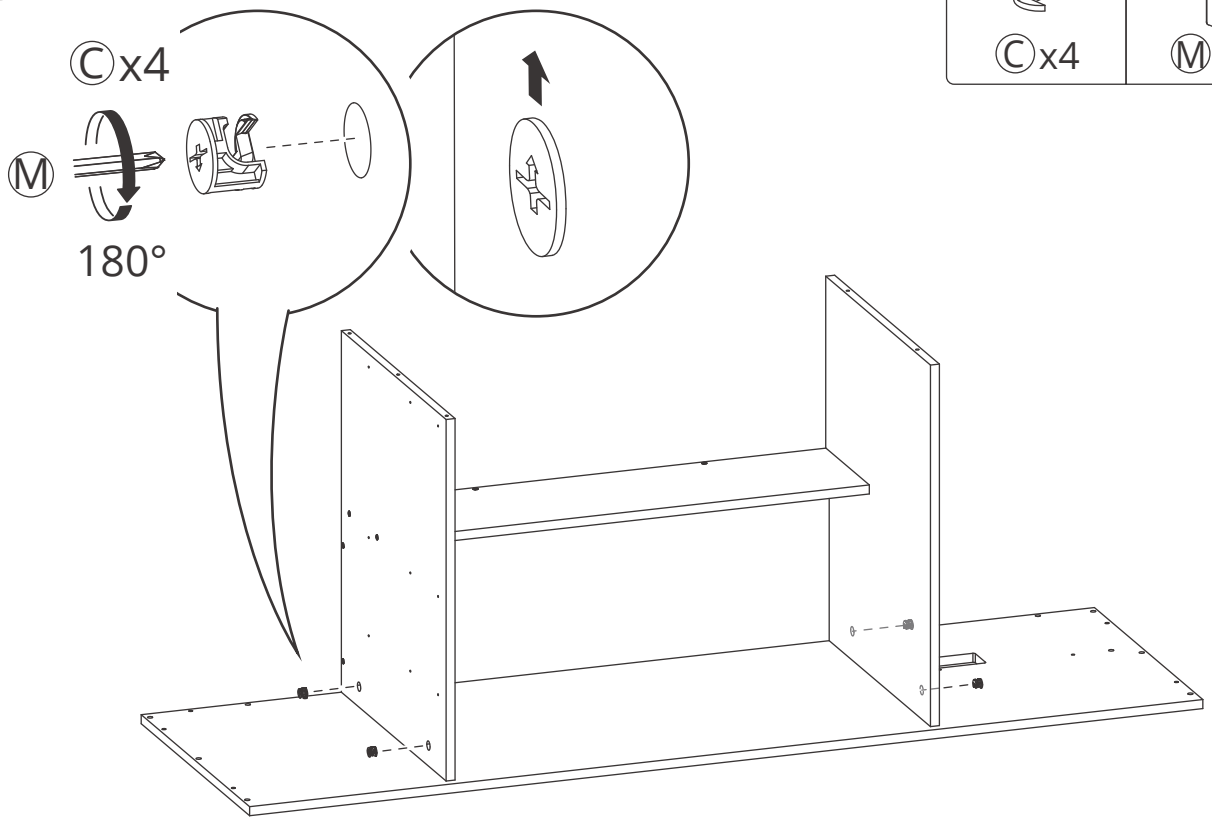
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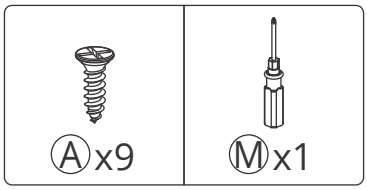
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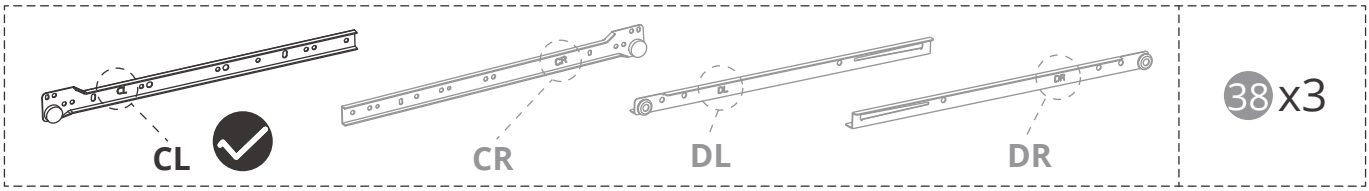


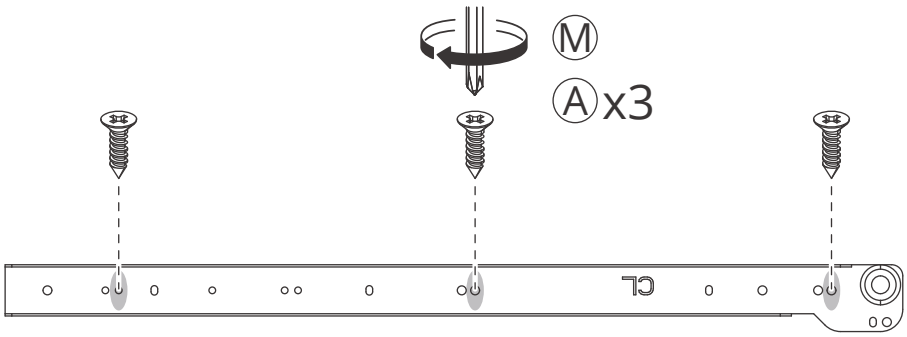


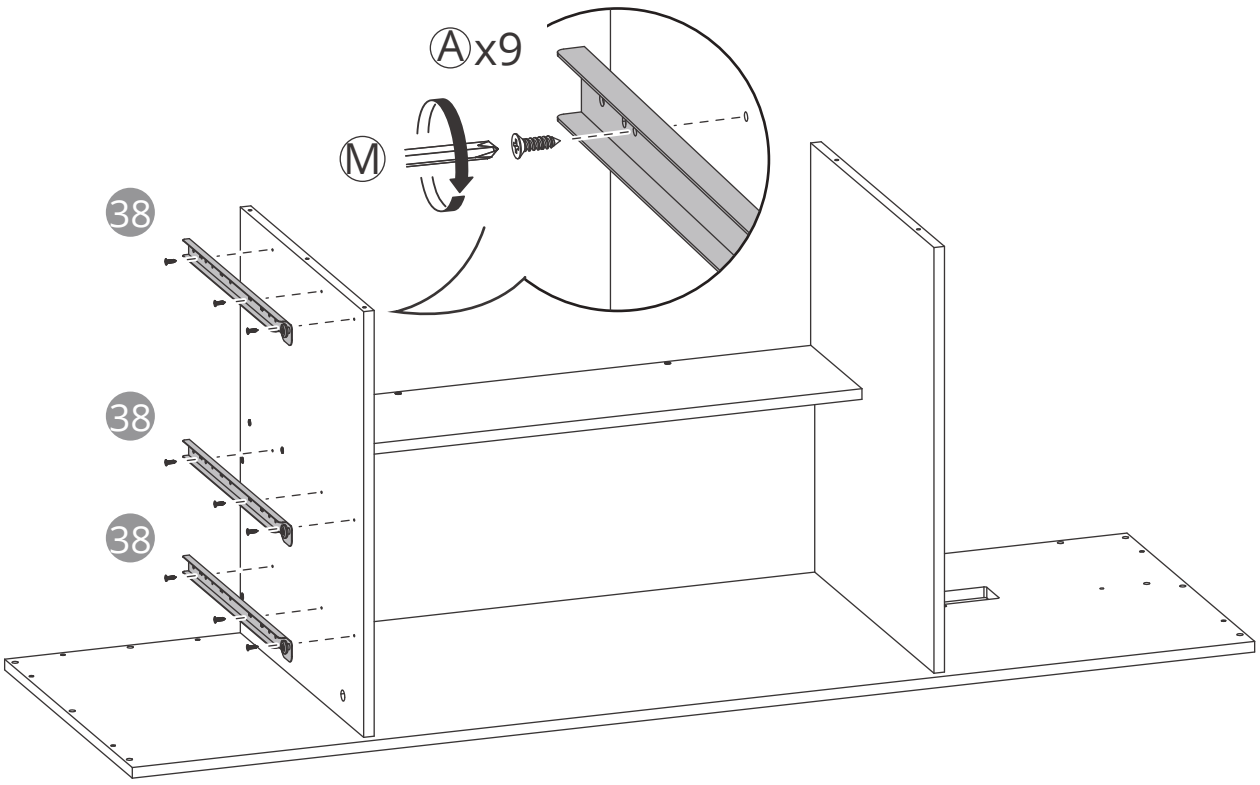
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Note: Desktop panel screws: **5-8 N·m**. Drive screws perpendicular to the surface for a flat top and seamless panel alignment.



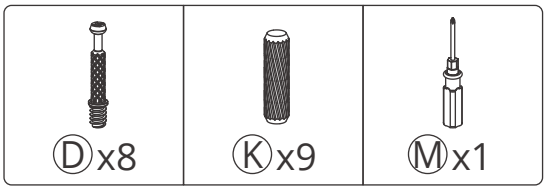


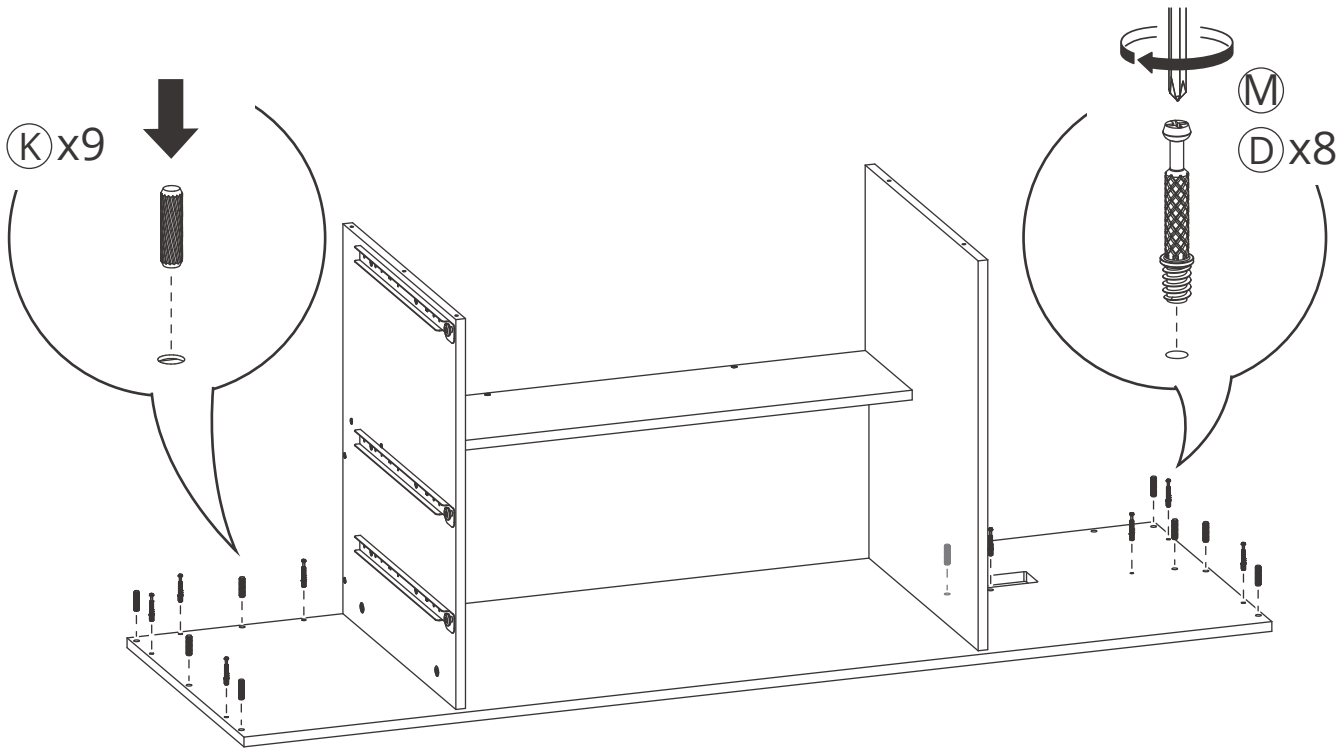




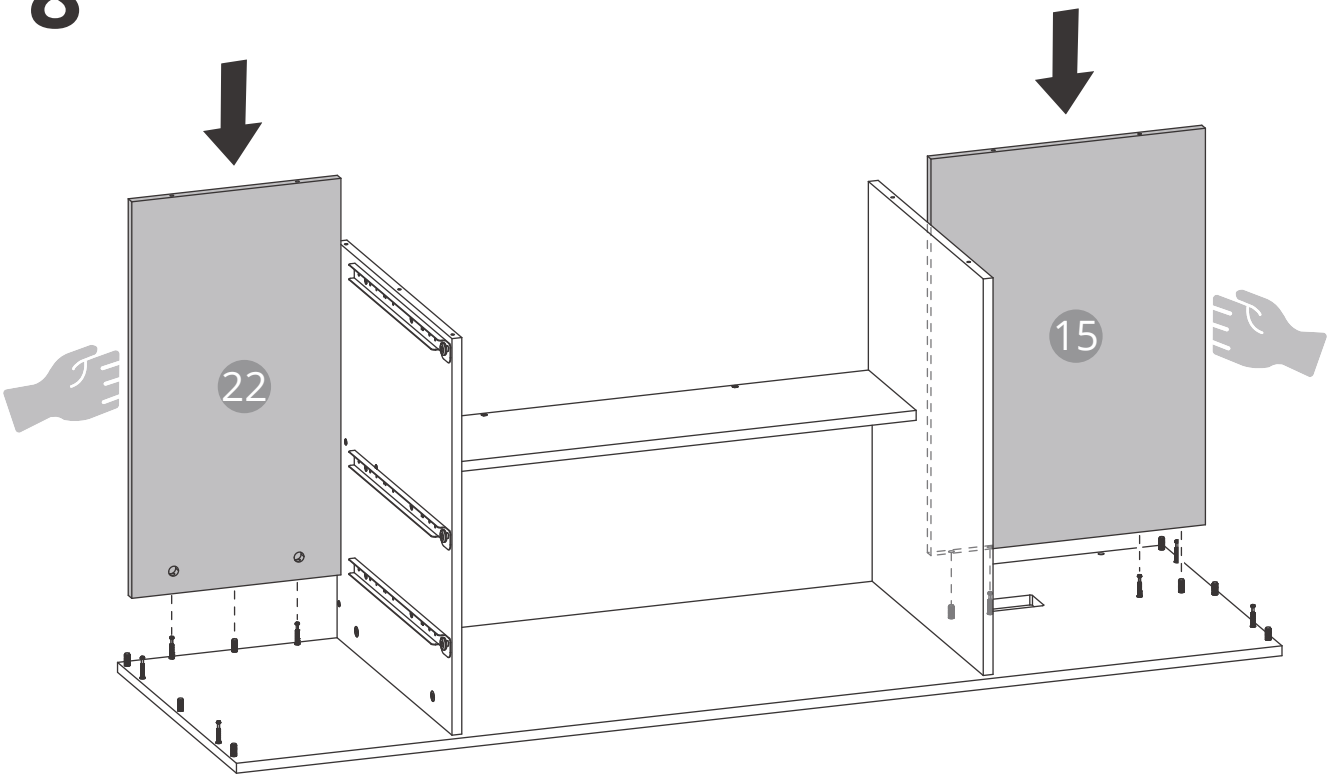
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Note: Desktop panel screws: **5-8 N·m**.
Drive screws perpendicular to the surface for a flat top and seamless panel alignment.

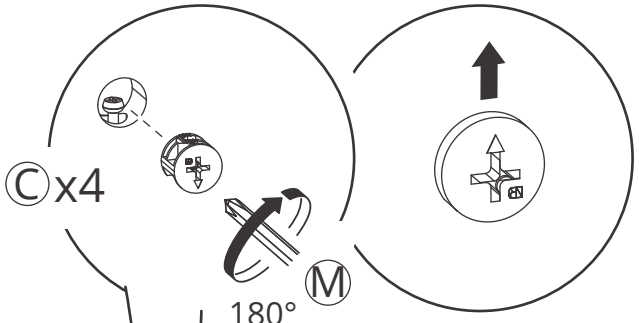


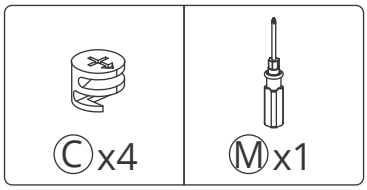


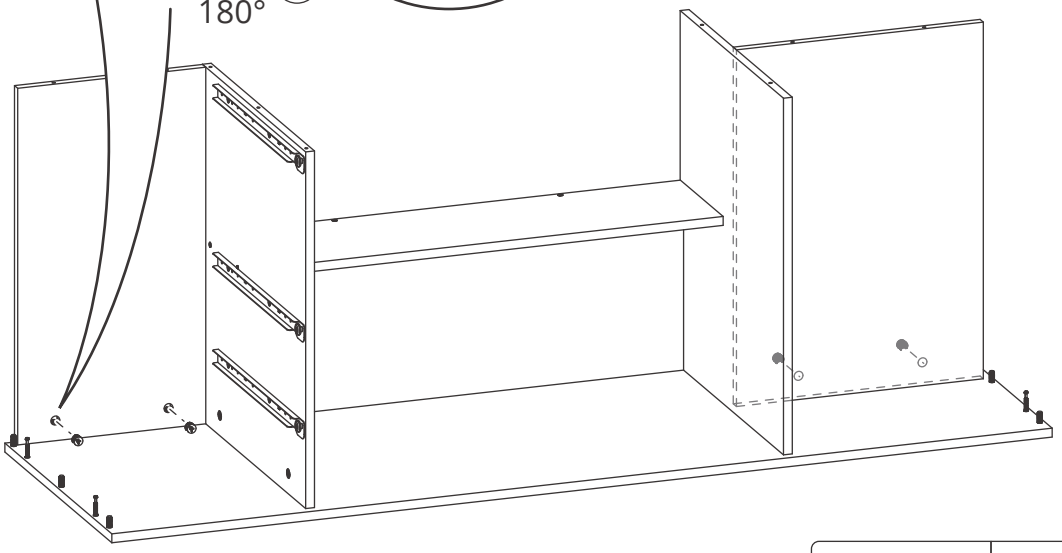
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9

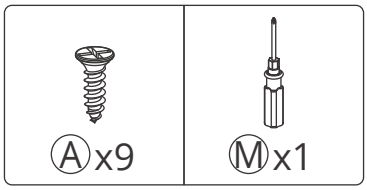


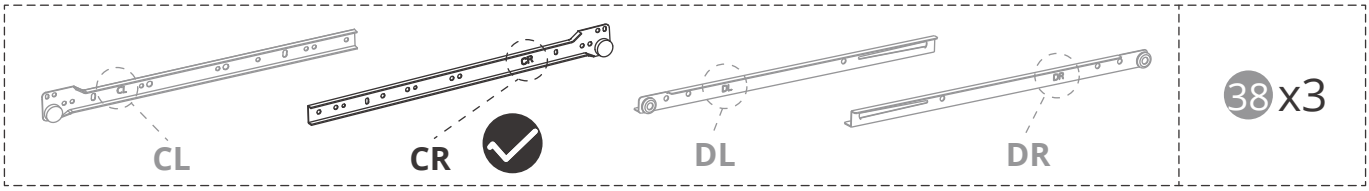


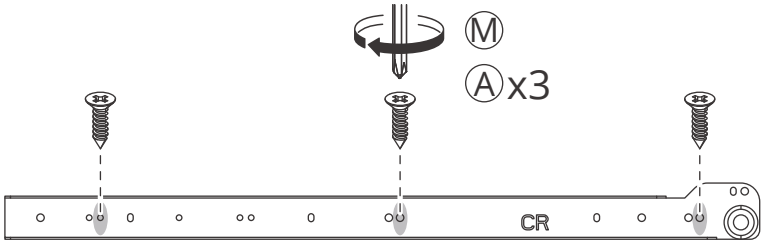


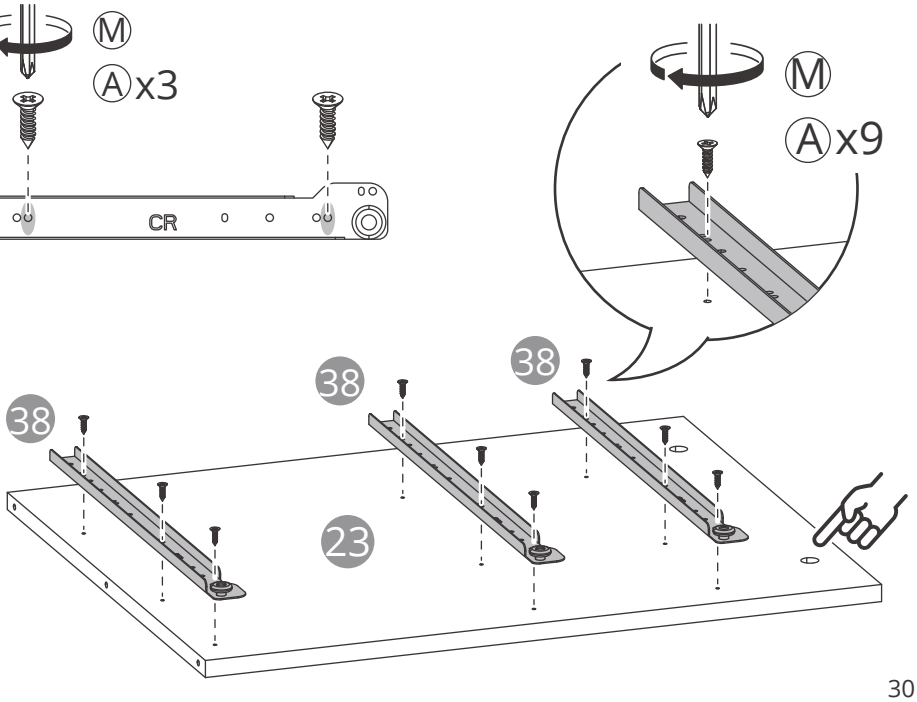
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Note: Desktop panel screws: **5-8 N·m**. Drive screws perpendicular to the surface for a flat top and seamless panel alignment.

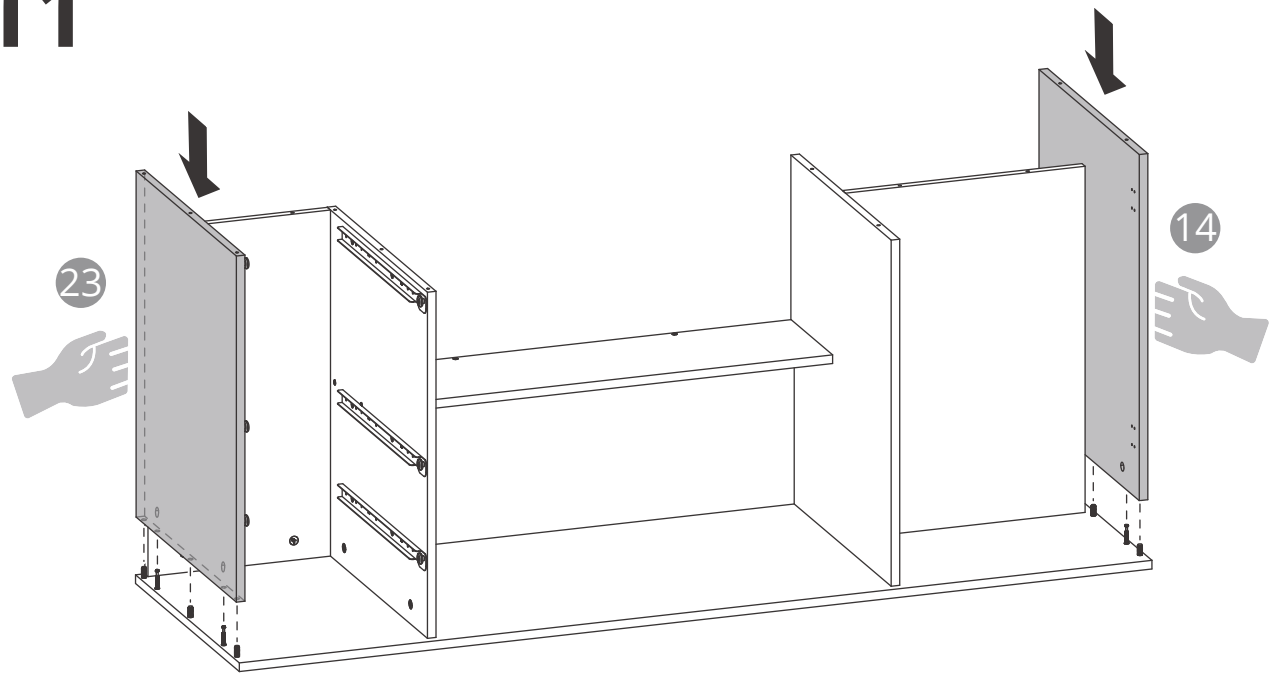




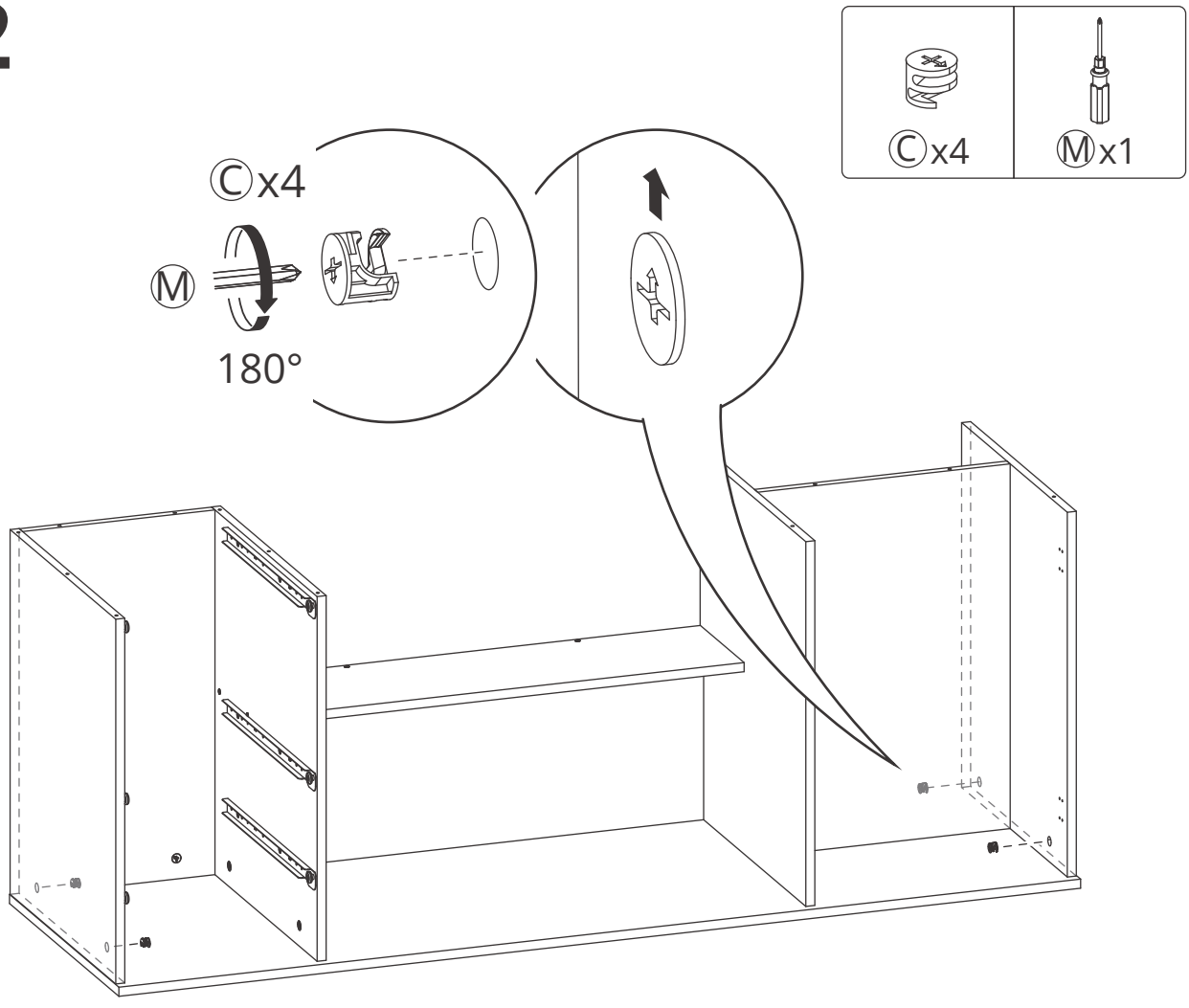




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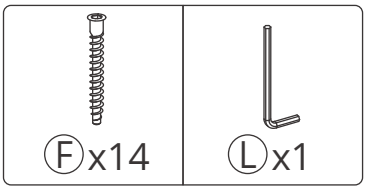


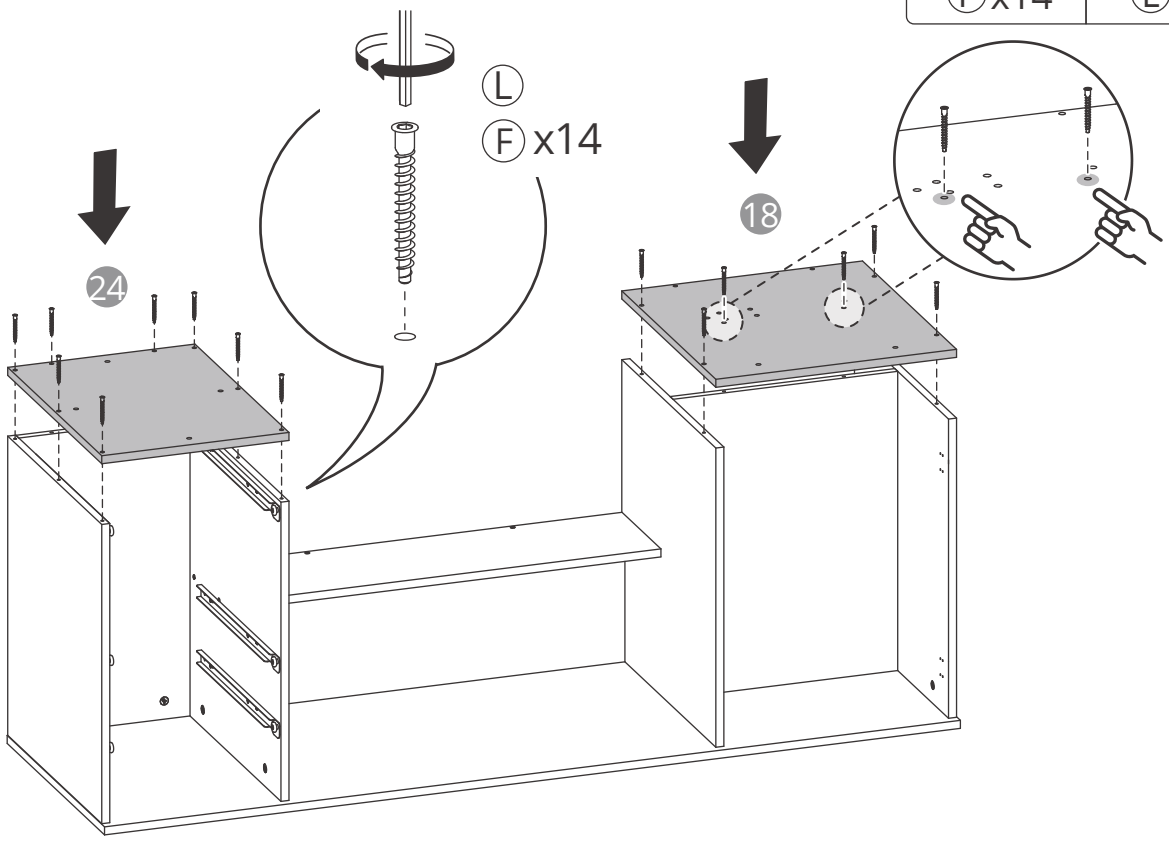
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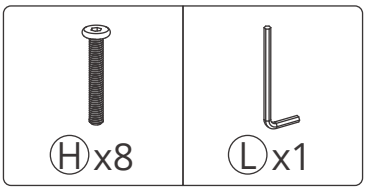
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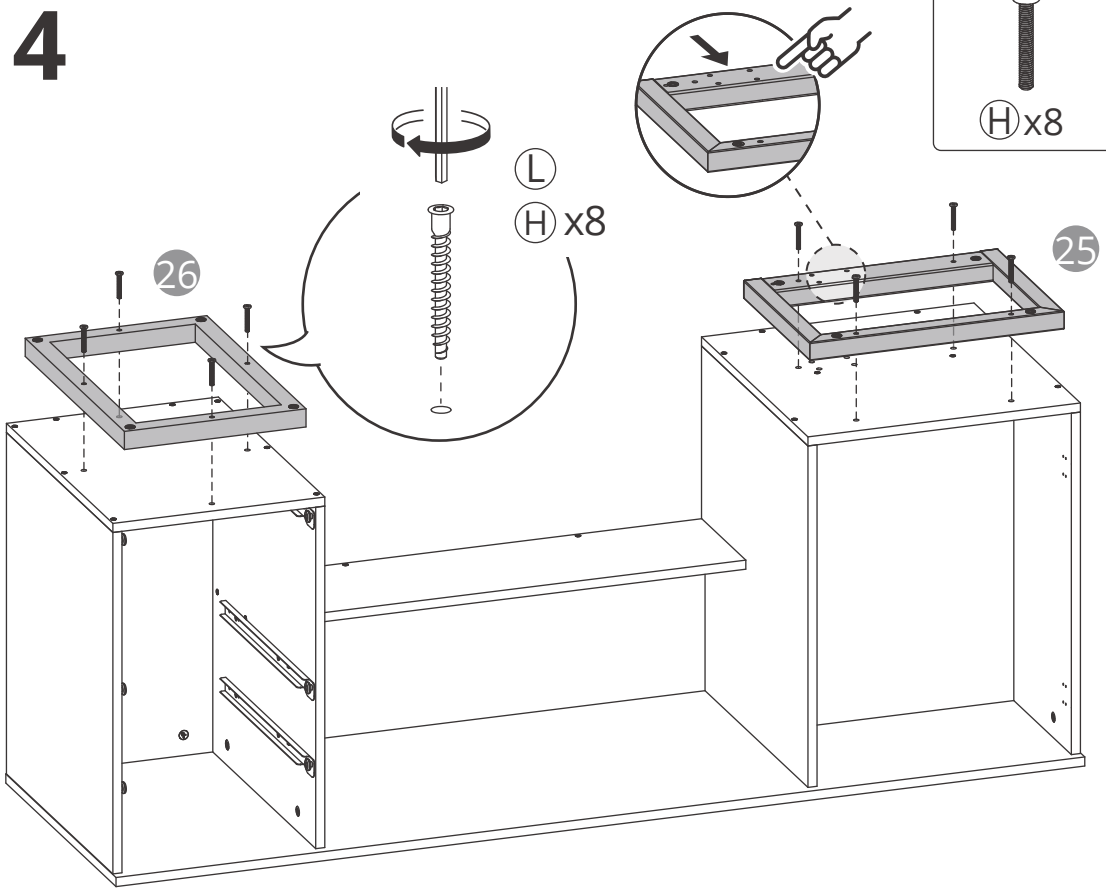
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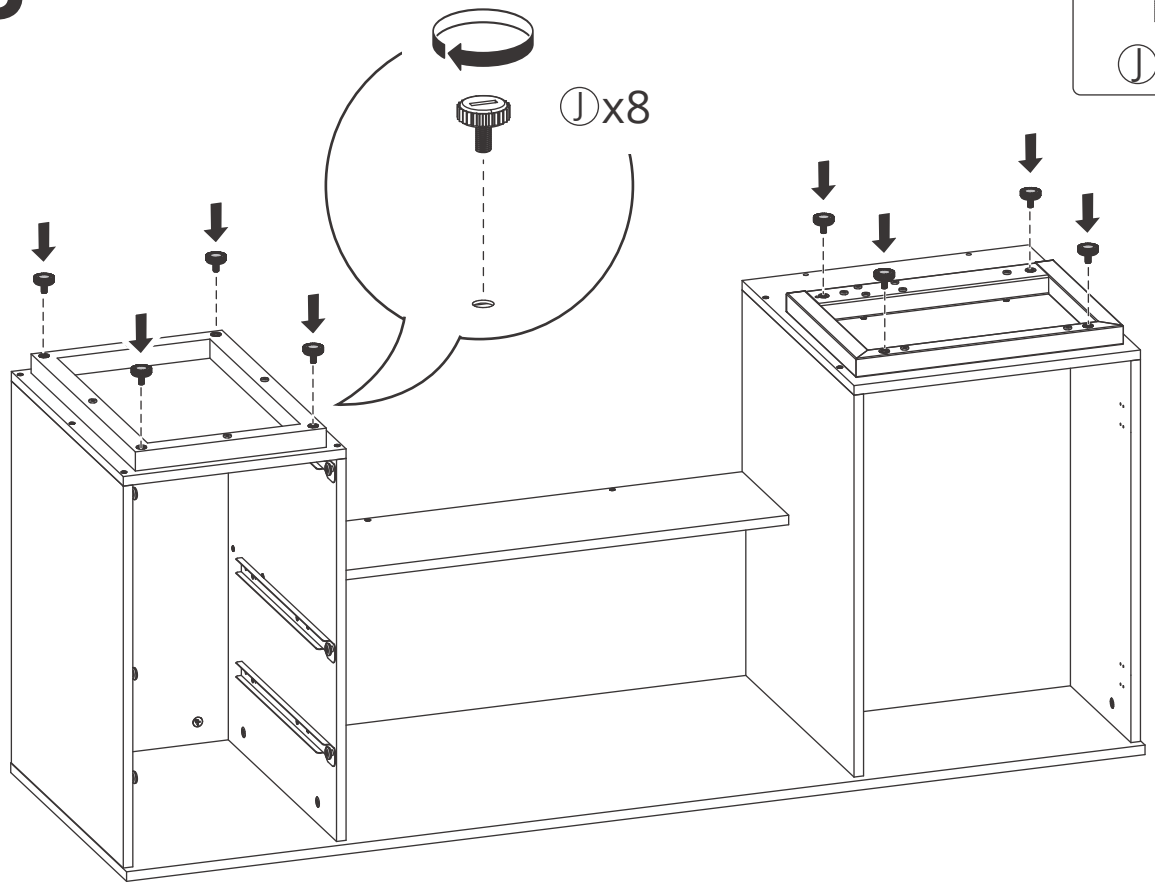
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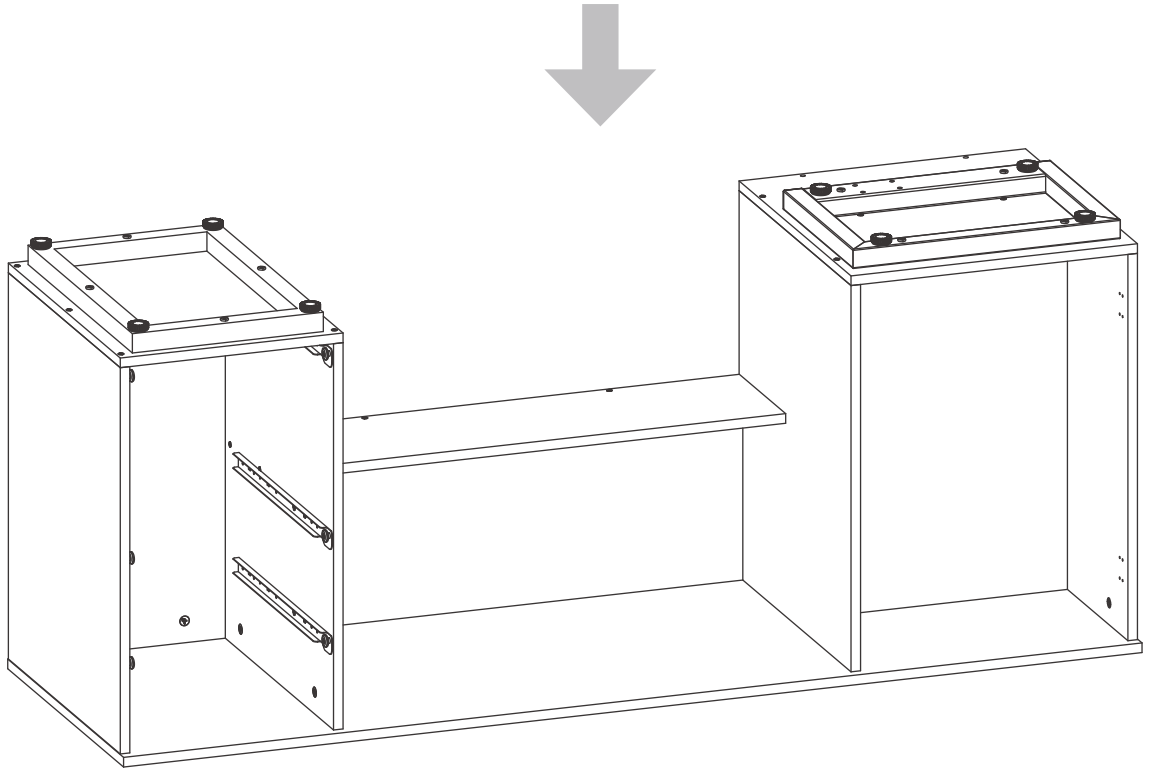




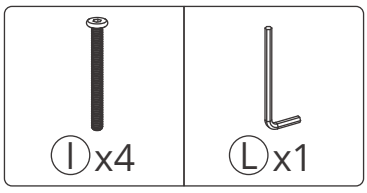
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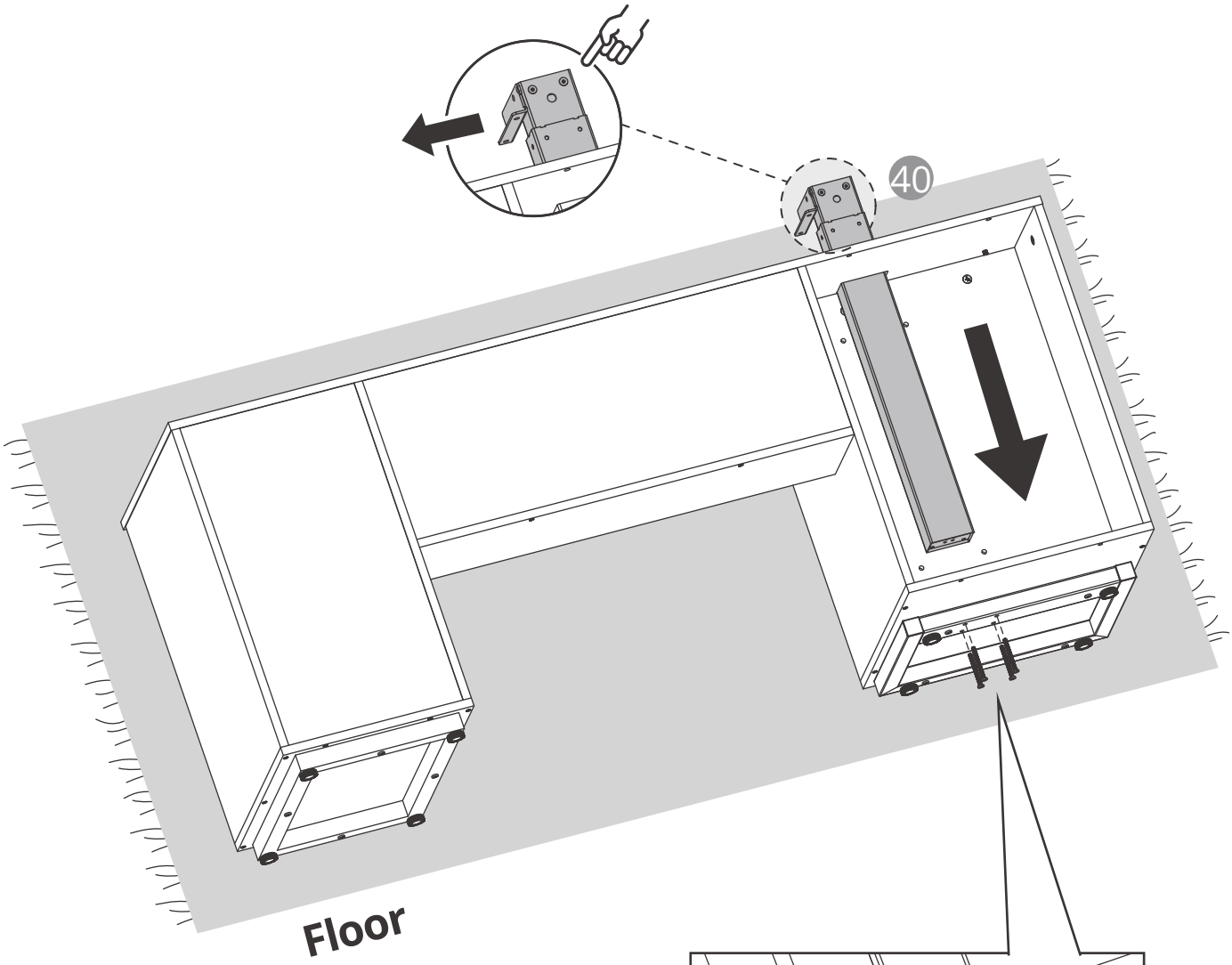




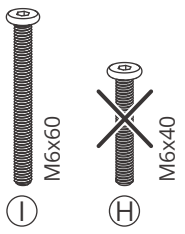


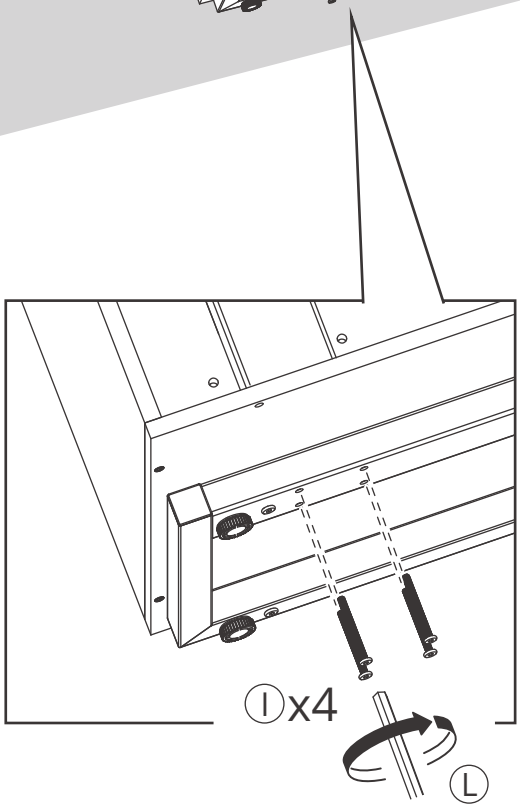
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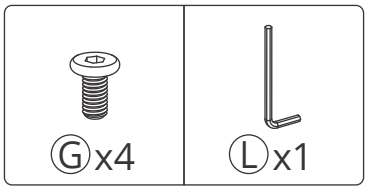
Note:
Board and frames are installed with a long No. Ⓘ screw, and the table board cannot be tightened if you use No. Ⓗ screws!

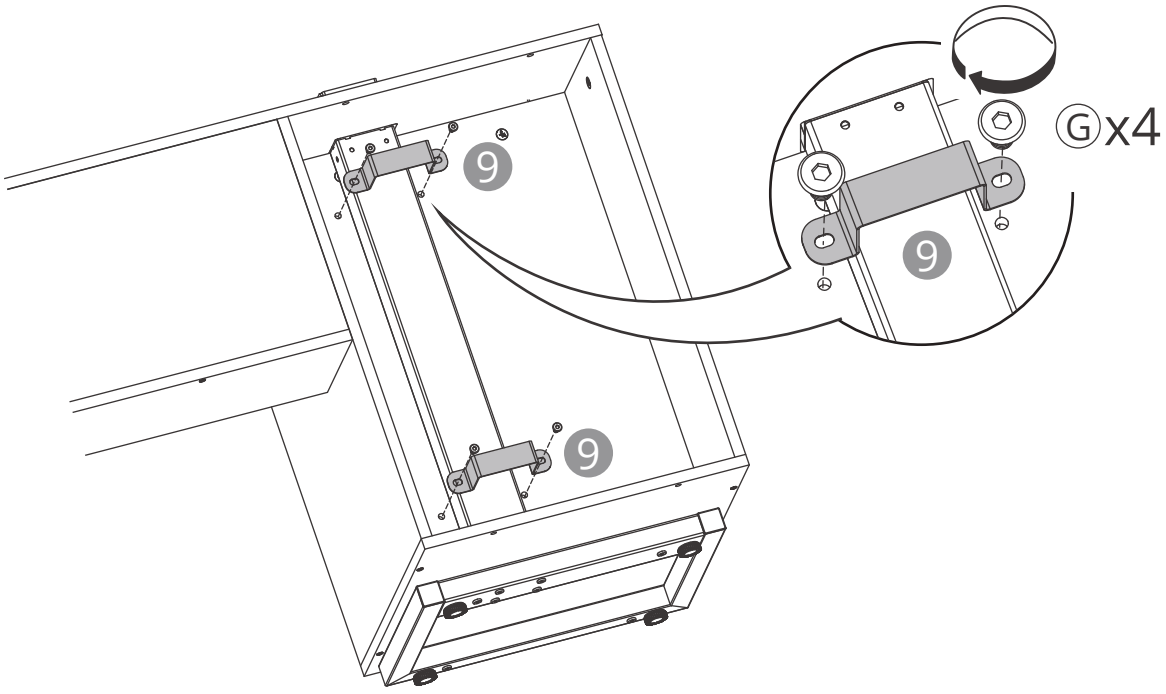




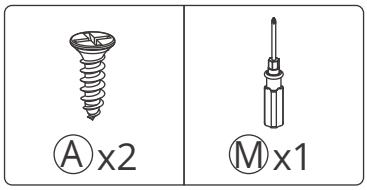
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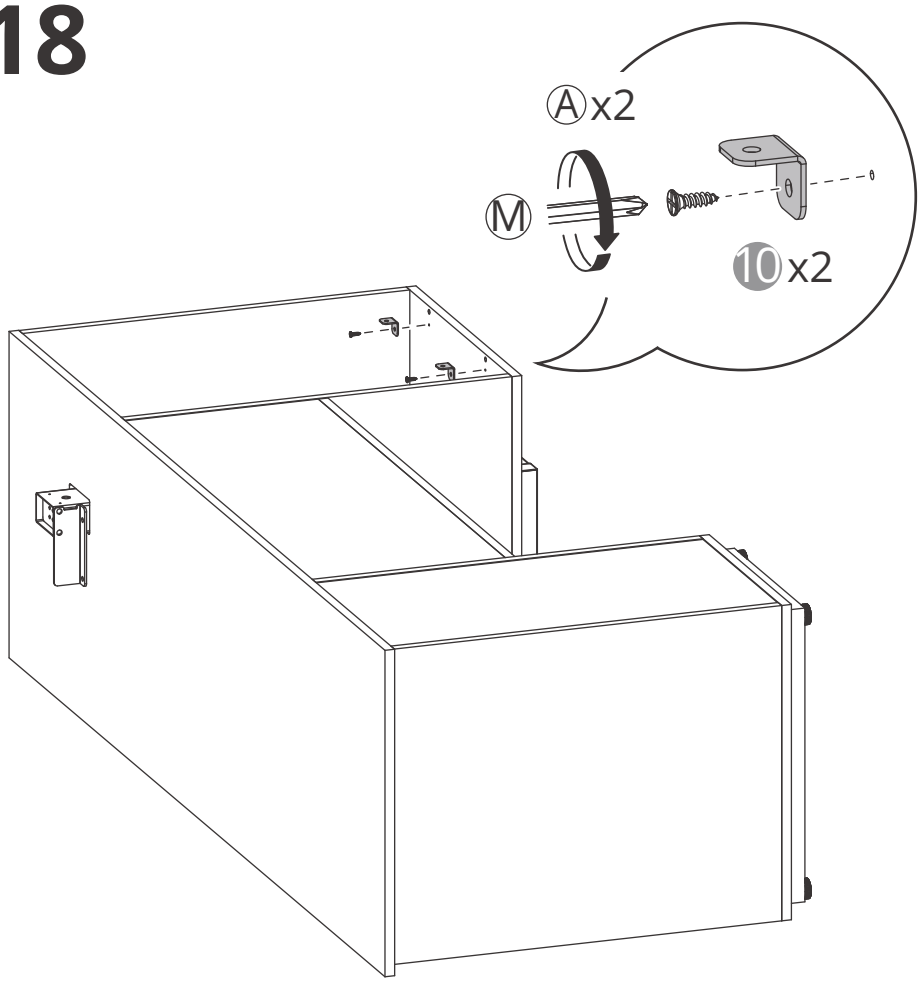
Note: Desktop panel screws: **5-8 N·m**. Drive screws perpendicular to the surface for a flat top and seamless panel alignment.



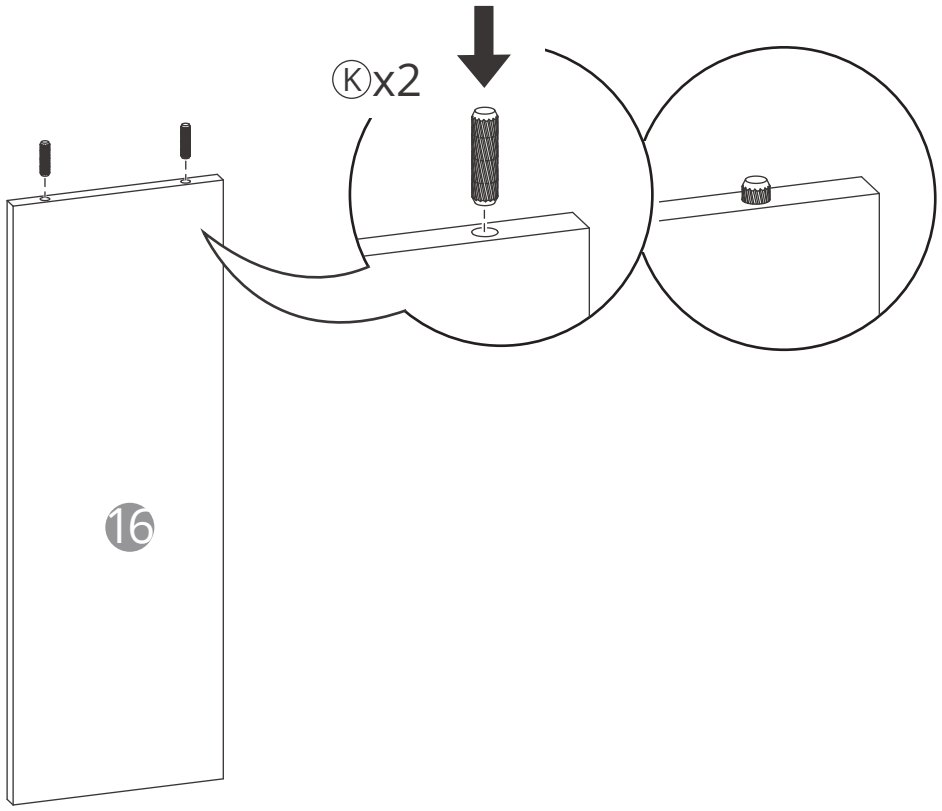


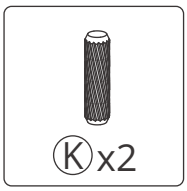
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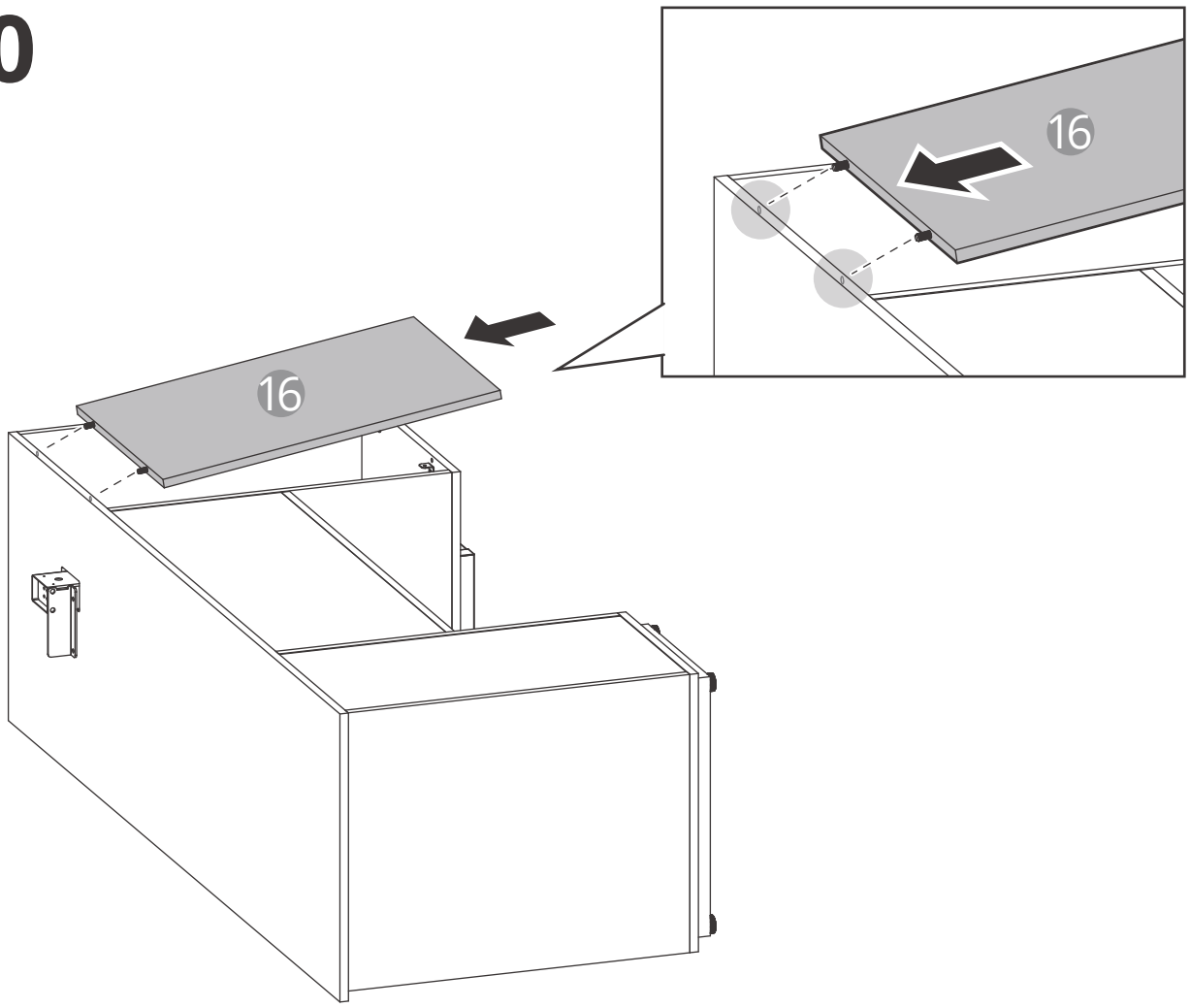


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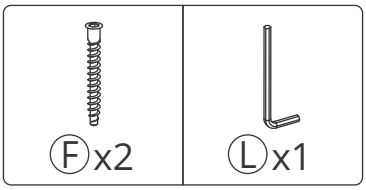


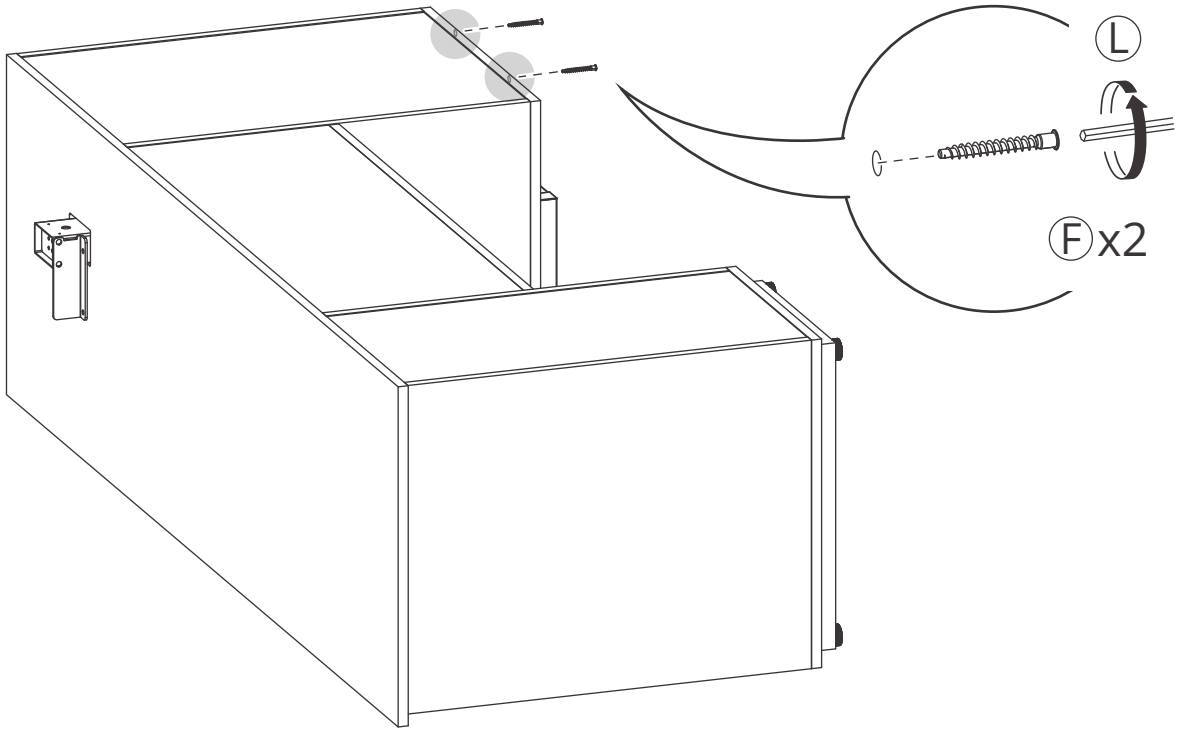
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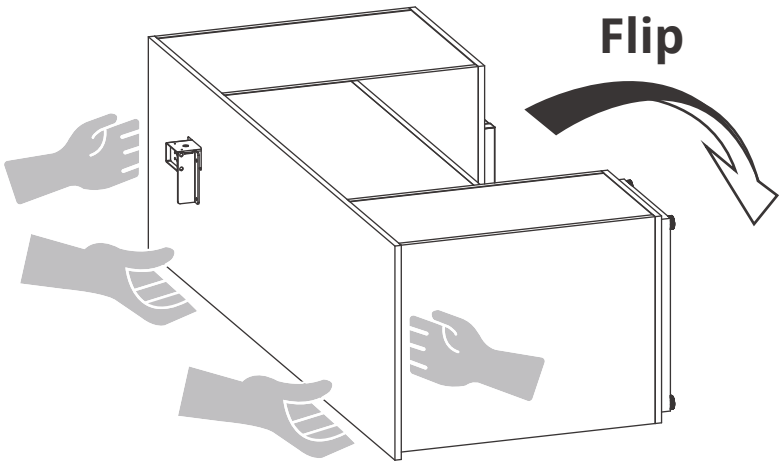
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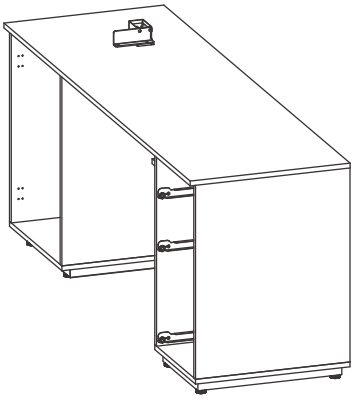
Note: Desktop panel screws: **5-8 N·m**. Drive screws perpendicular to the surface for a flat top and seamless panel alignment.





22



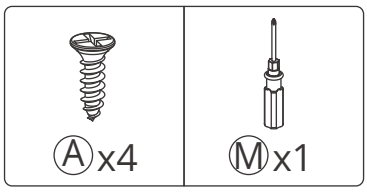


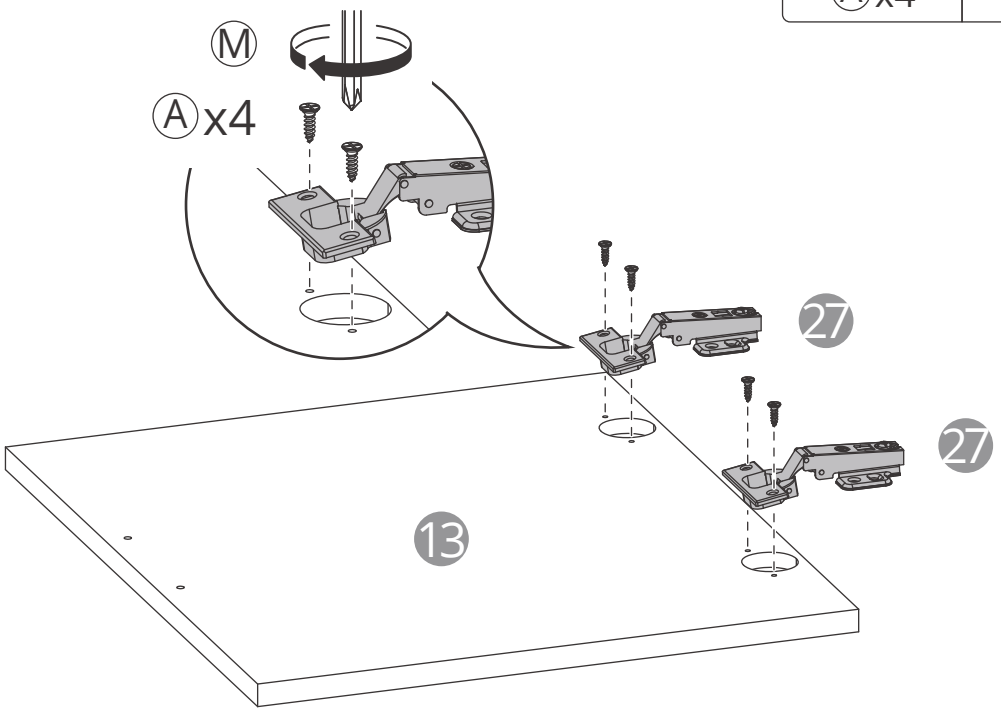
TEAM LIFT

We recommend two people assist with flipping to prevent crossbar deformation.

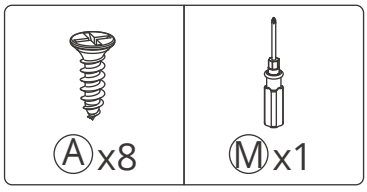
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Note: Desktop panel screws: **5-8 N·m**.
Drive screws perpendicular to the surface for a flat top and seamless panel alignment.



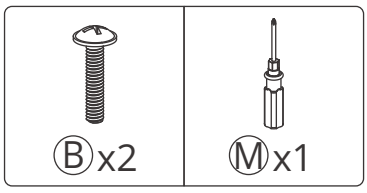


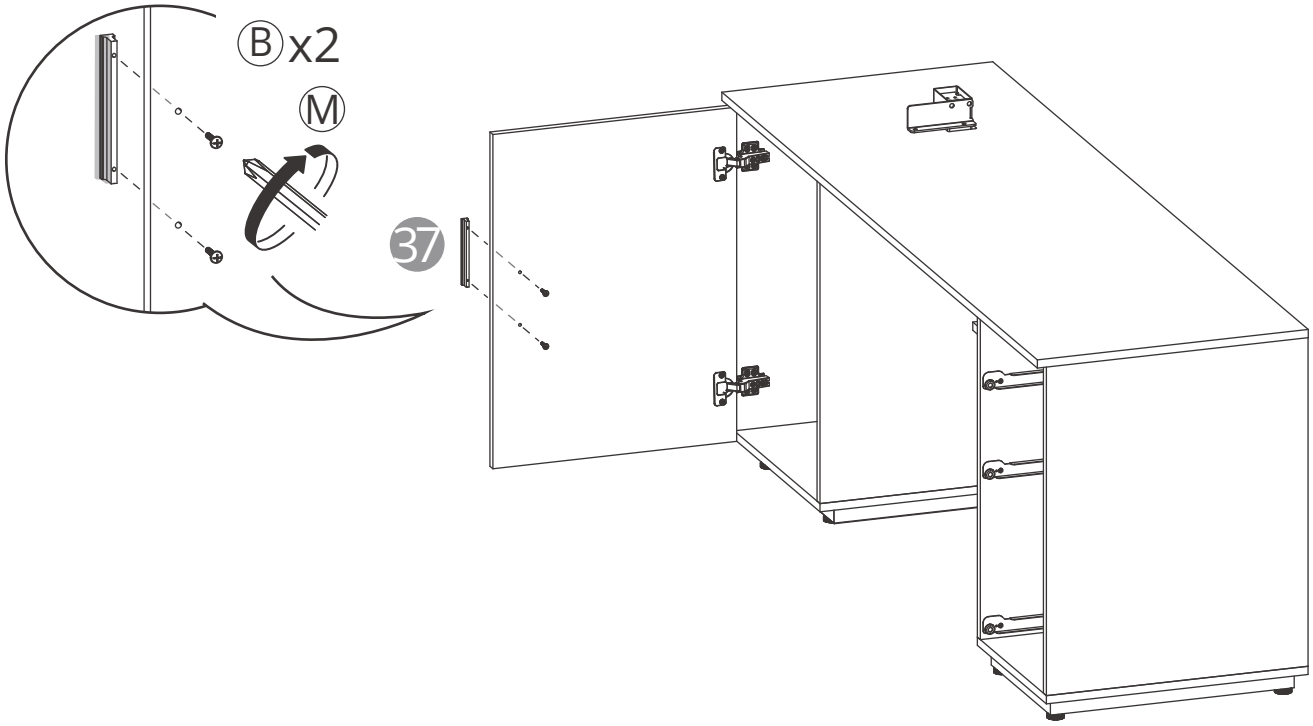
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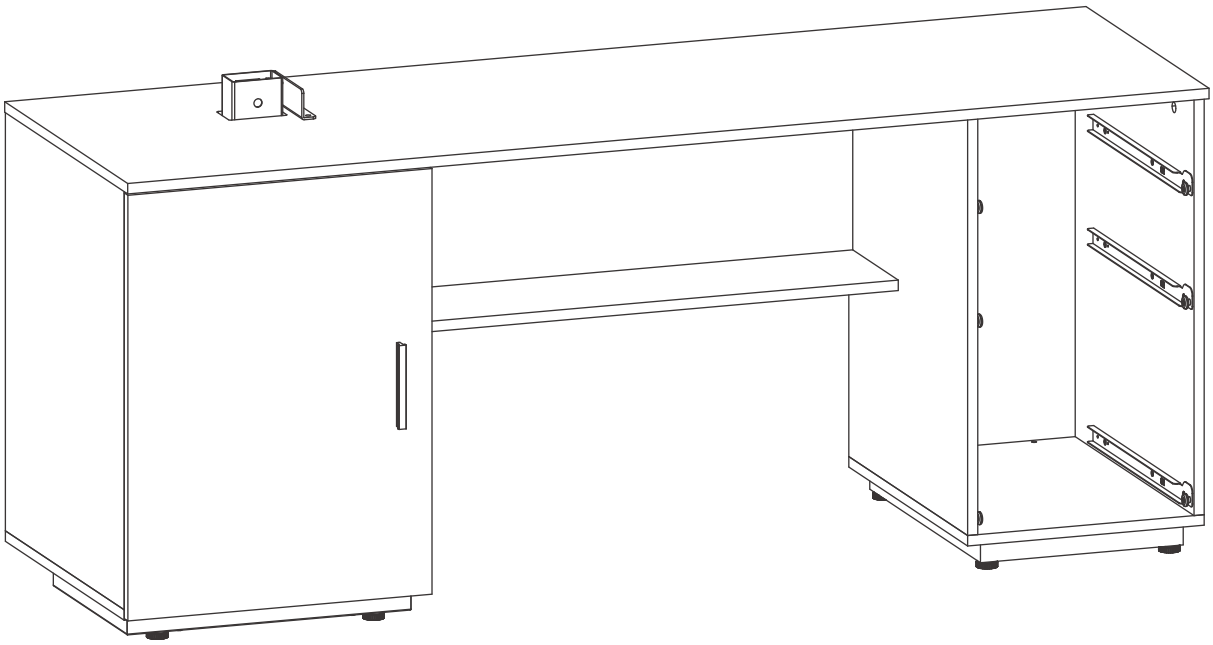
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Note: Desktop panel screws: **5-8 N·m**. Drive screws perpendicular to the surface for a flat top and seamless panel alignment.

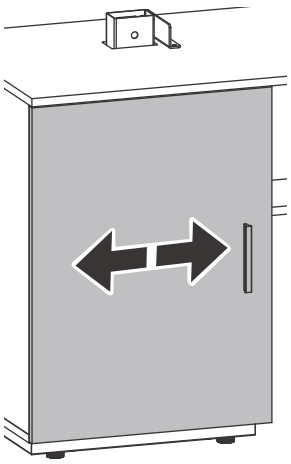


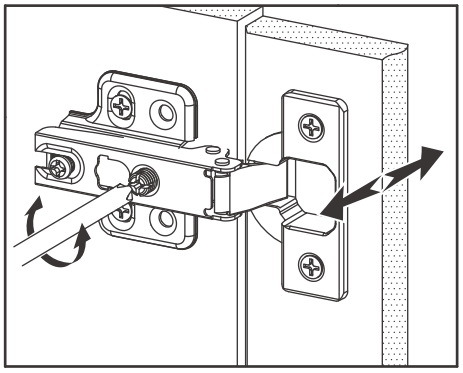


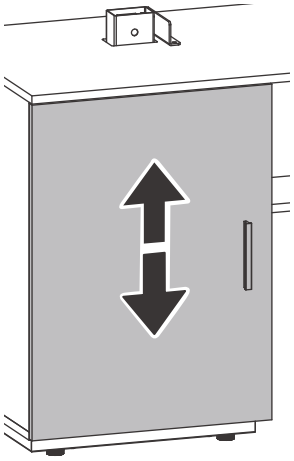
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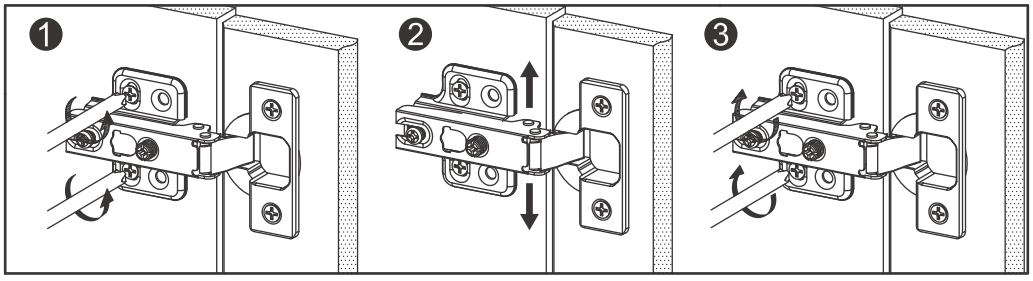


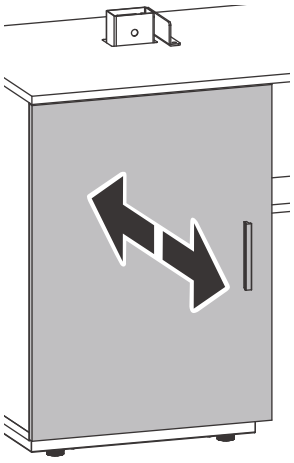
The adjustment methods for door hinges.

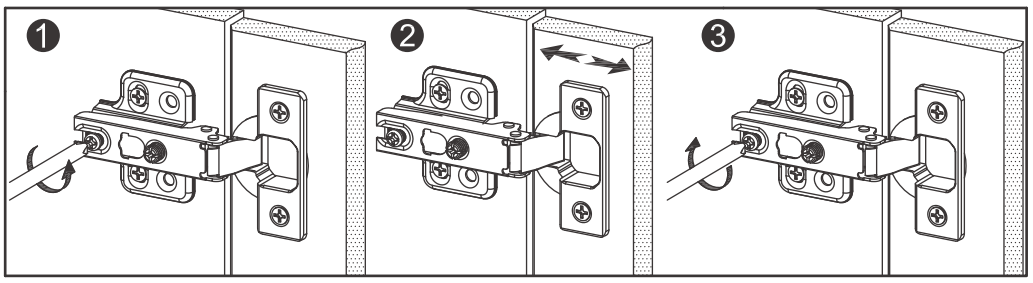


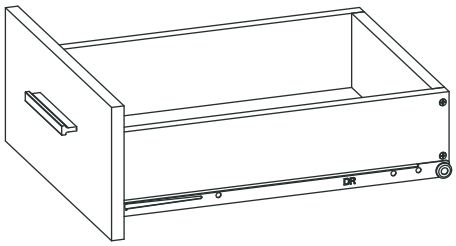




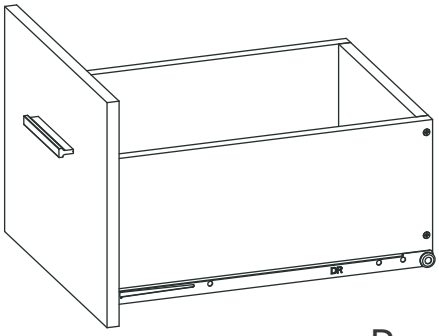






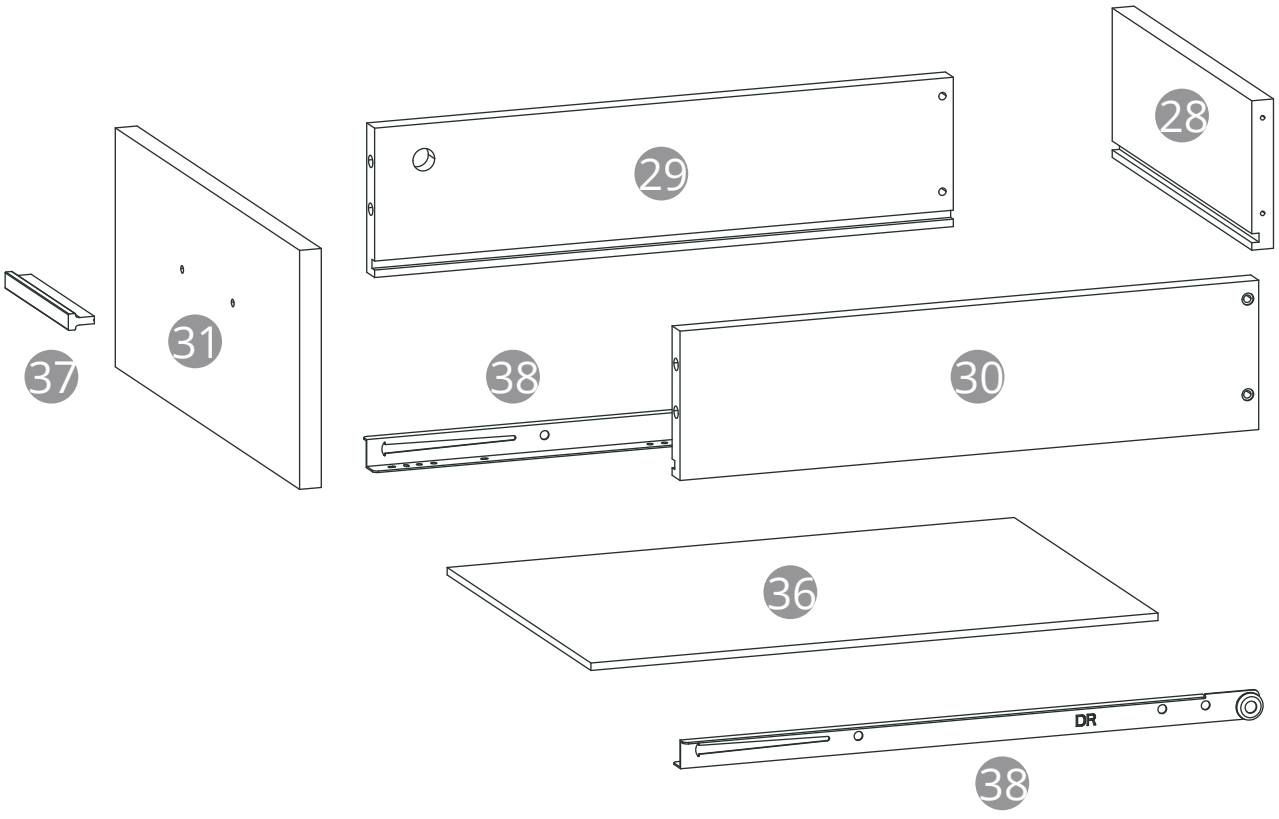


x2



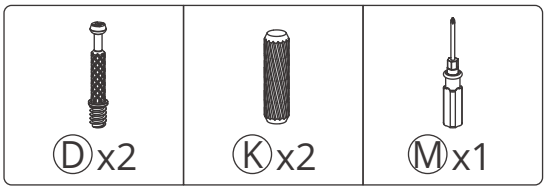
Page **47**

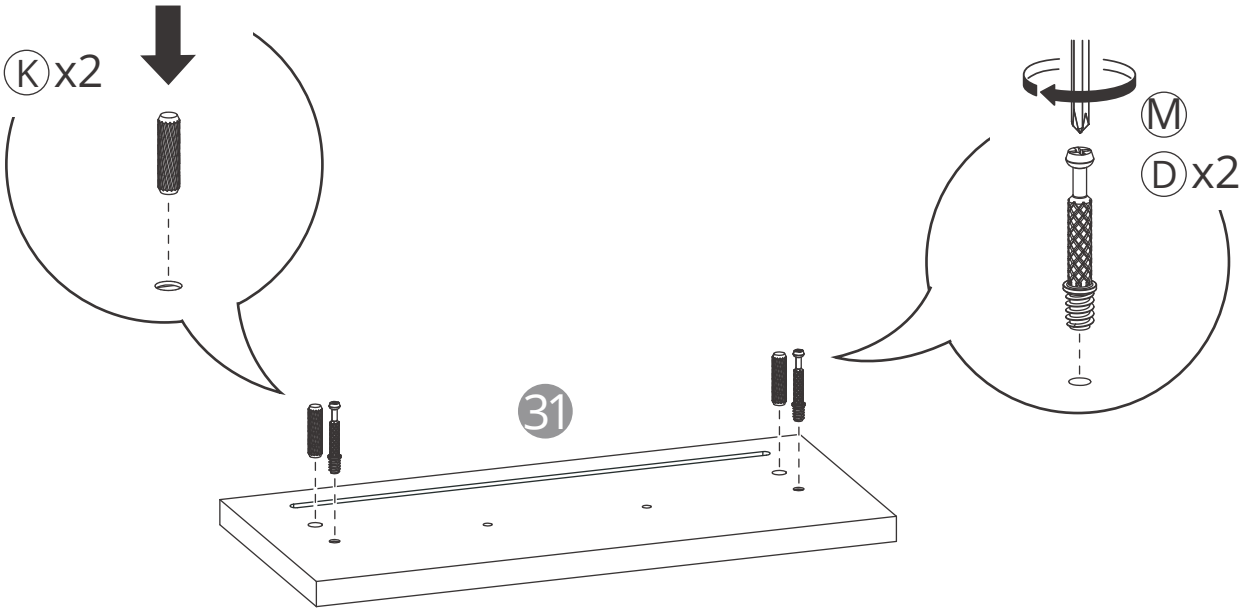
EXPLODED VIEW DIAGRAM



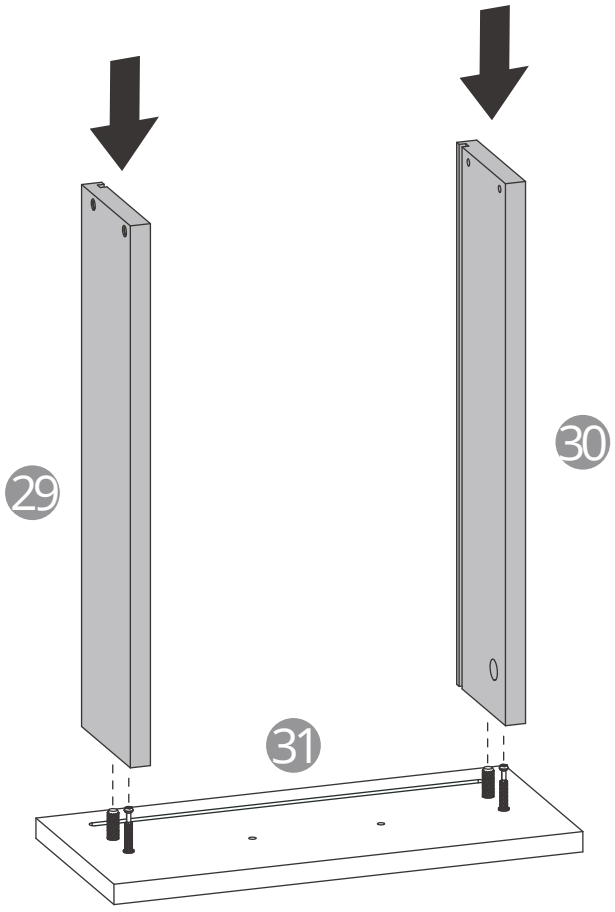
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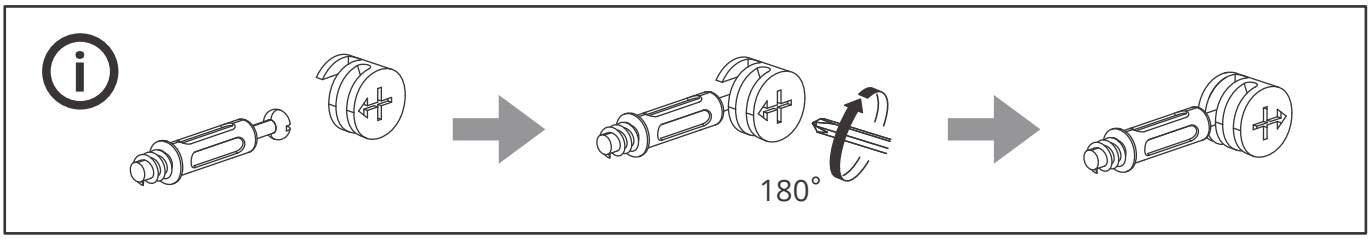
Note: Desktop panel screws: **5-8 N·m**. Drive screws perpendicular to the surface for a flat top and seamless panel alignment.



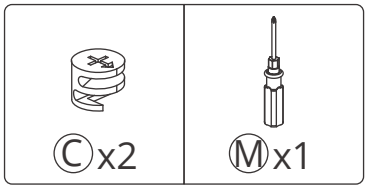


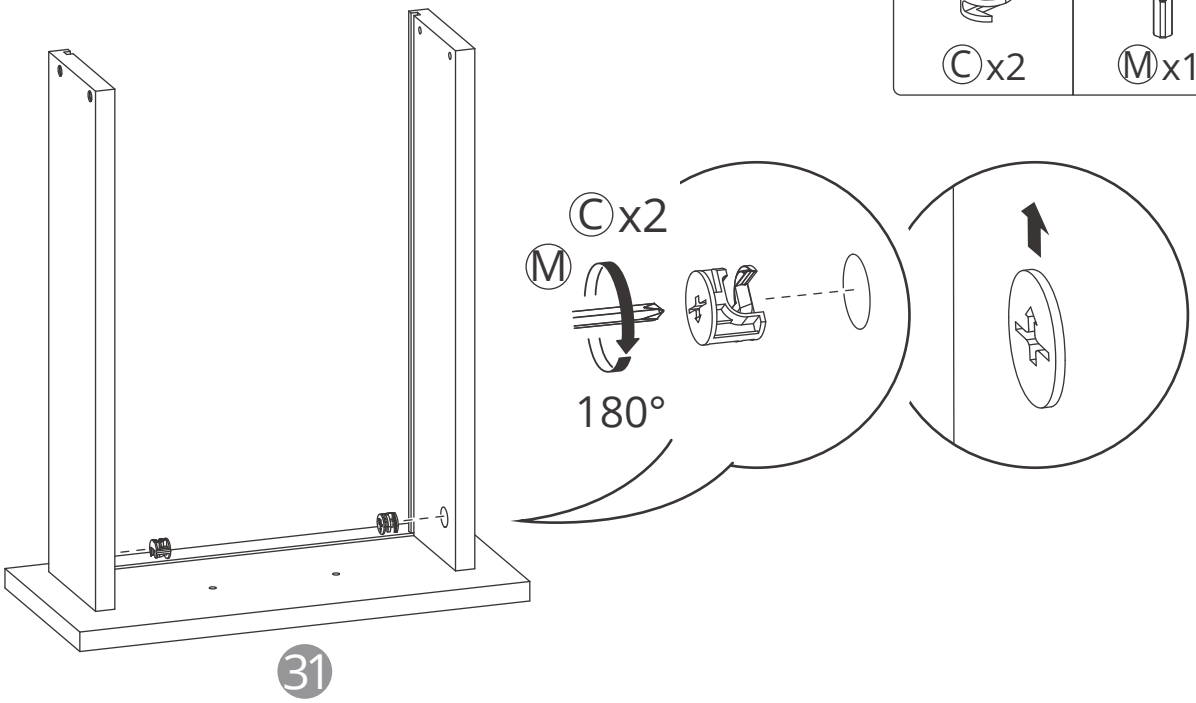
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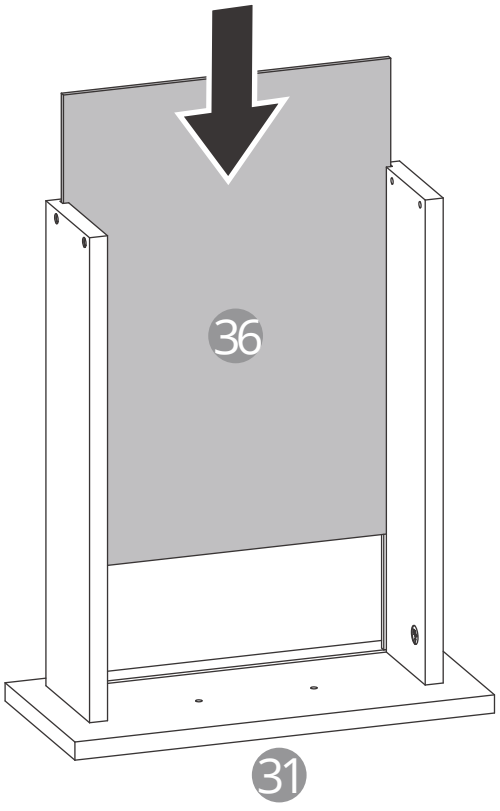


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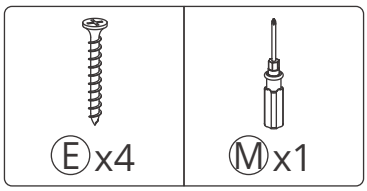


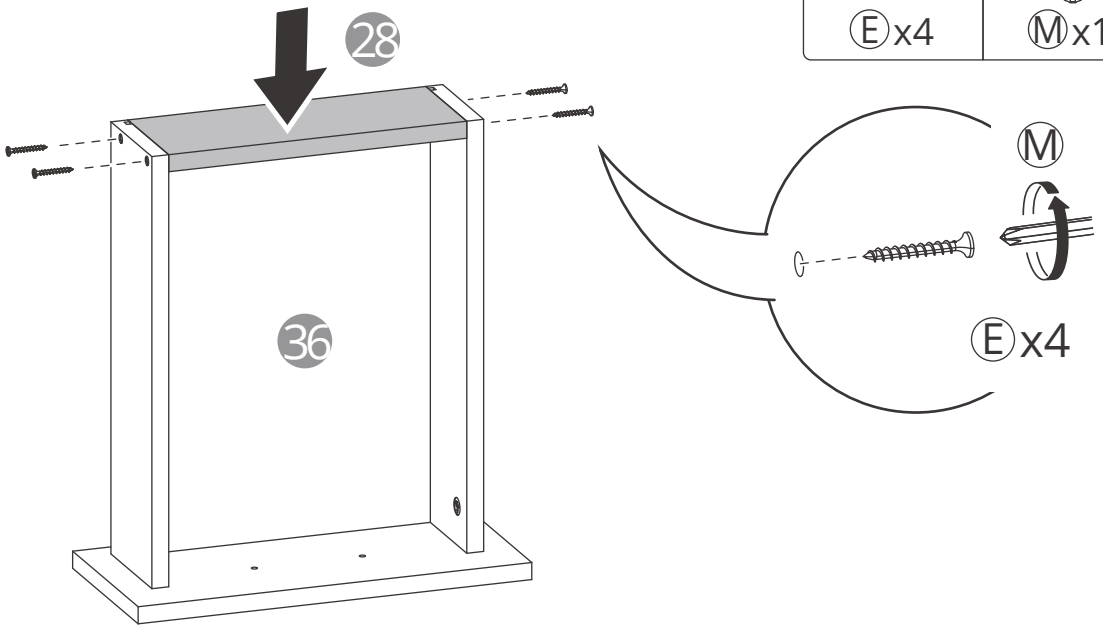
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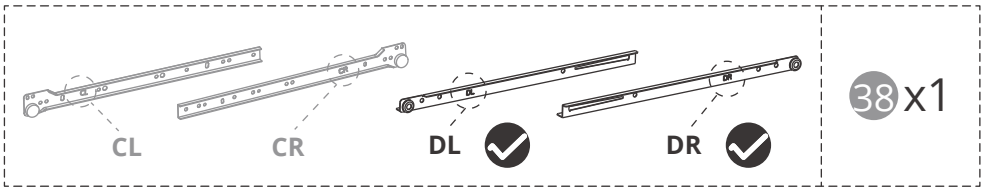


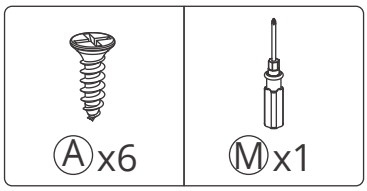
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Note: Desktop panel screws: **5-8 N·m**. Drive screws perpendicular to the surface for a flat top and seamless panel alignment.

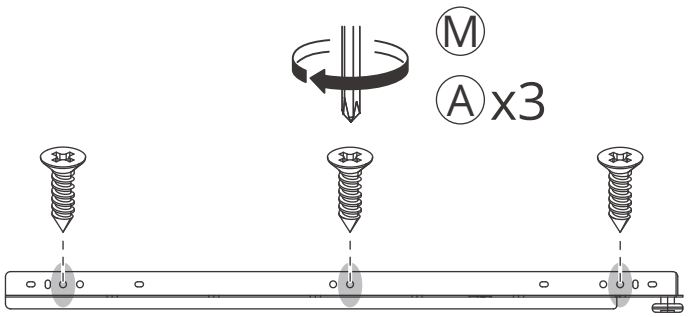


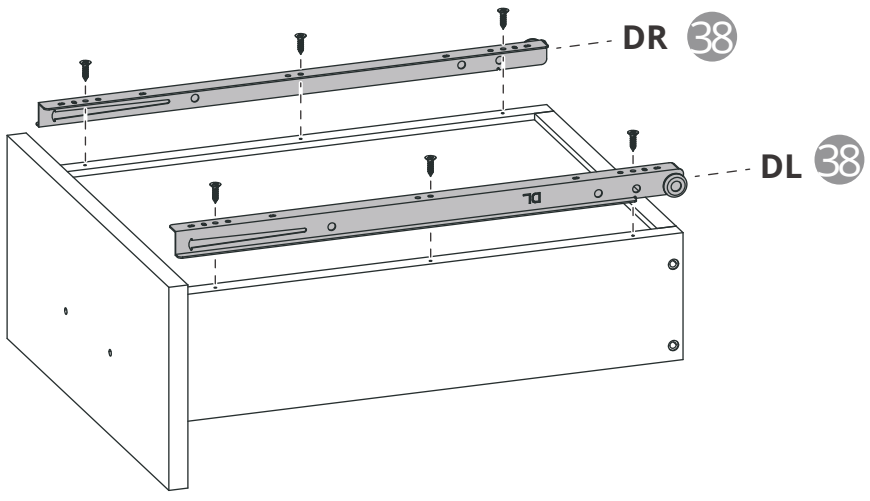




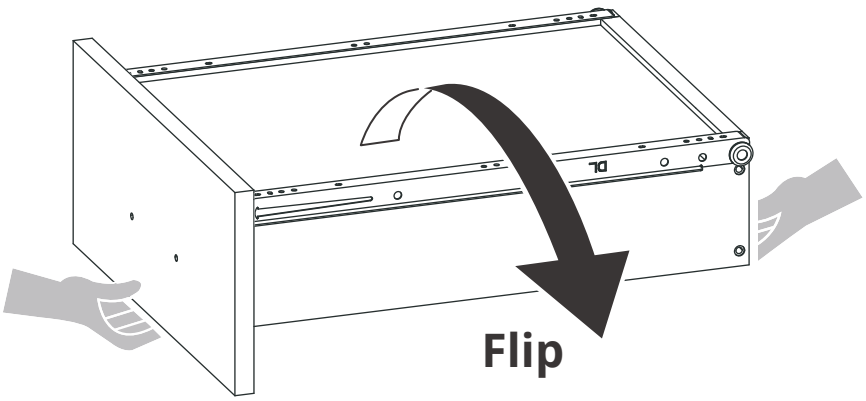


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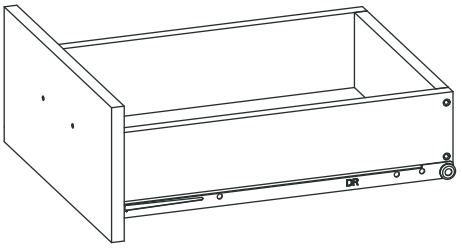


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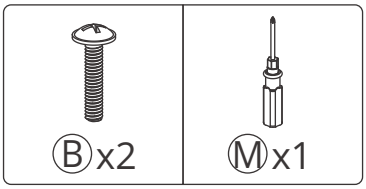
TEAM LIFT

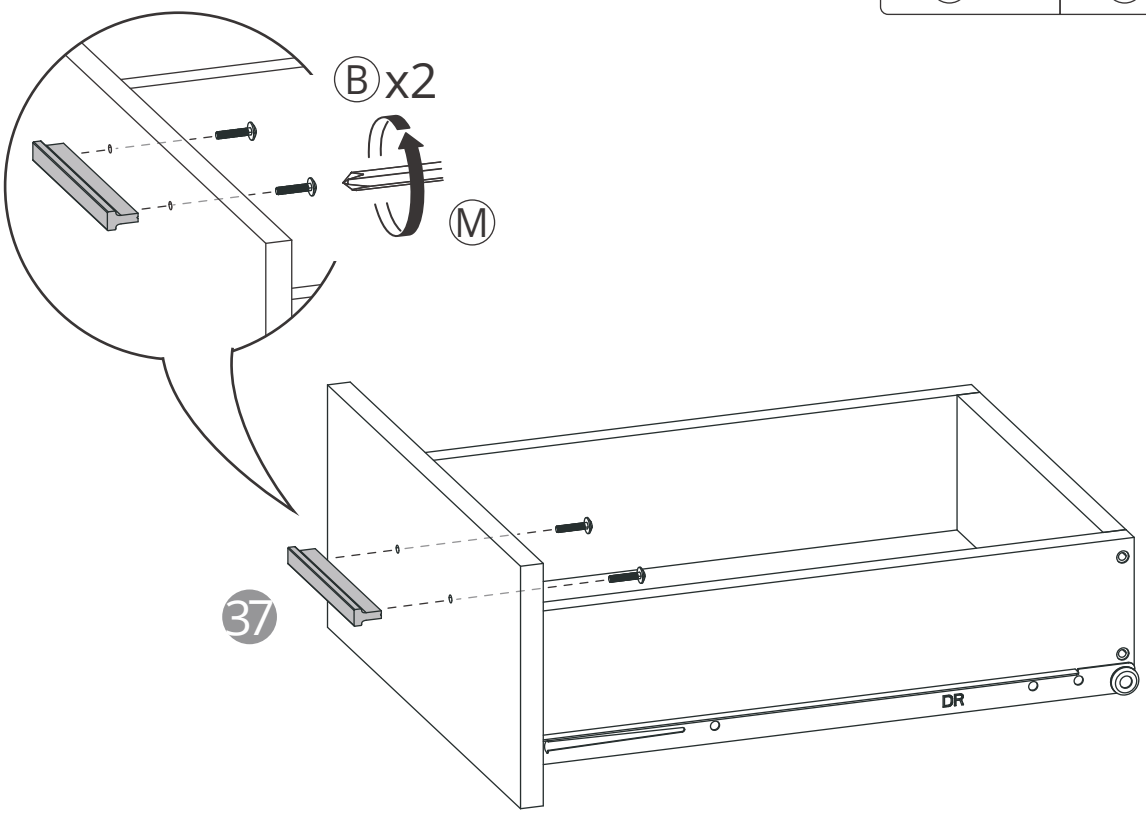
We recommend two people assist with flipping to prevent crossbar deformation.



34

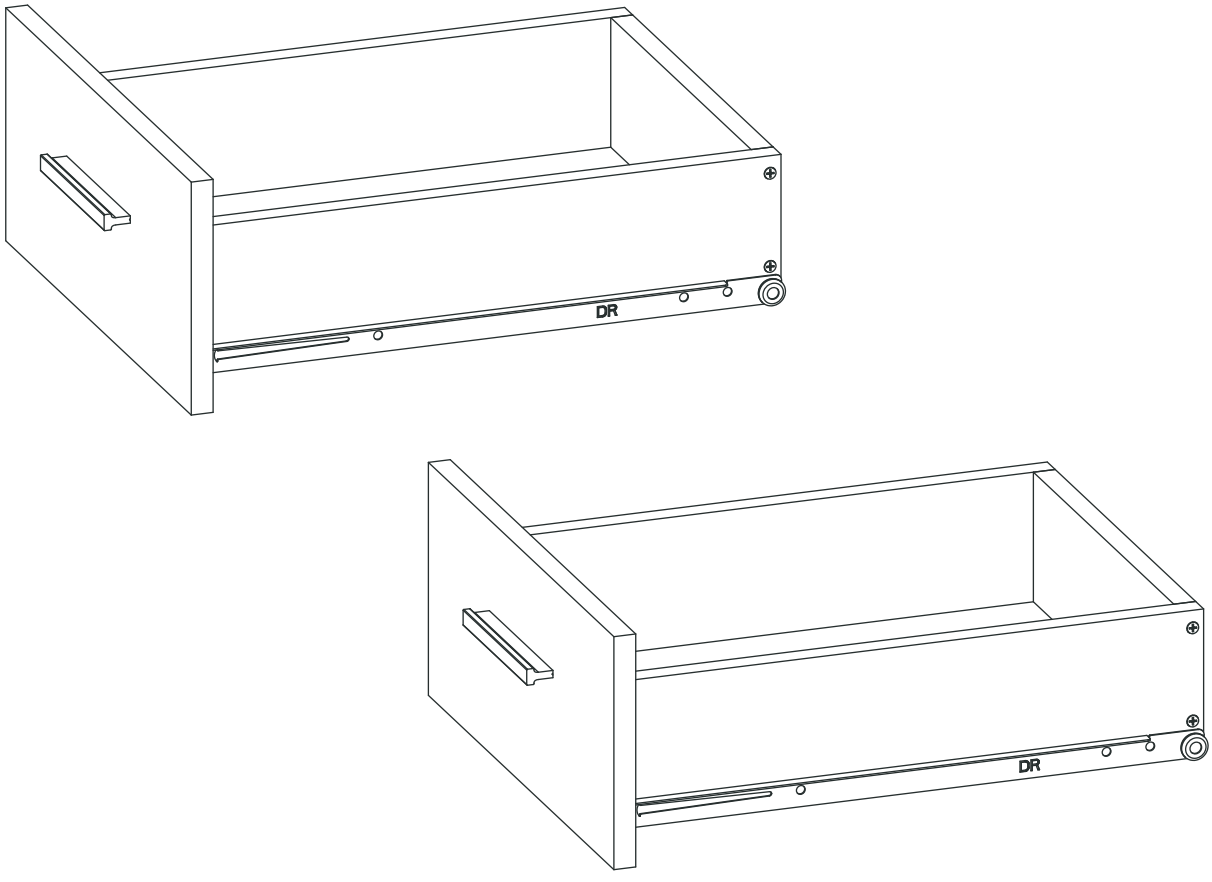
Note: Desktop panel screws: **5-8 N·m**. Drive screws perpendicular to the surface for a flat top and seamless panel alignment.

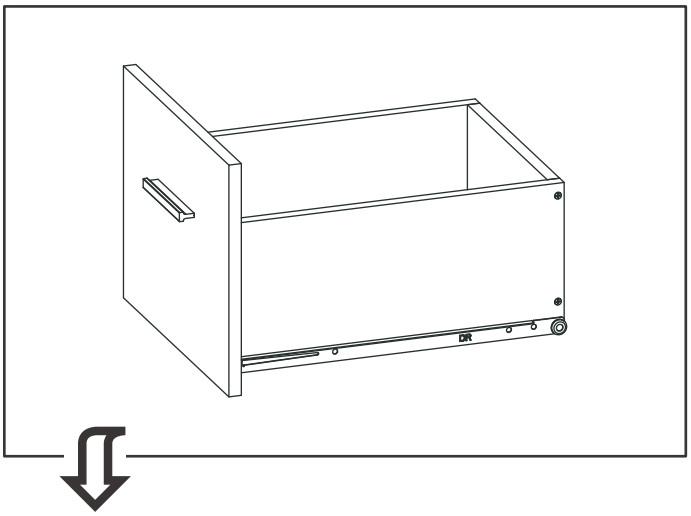




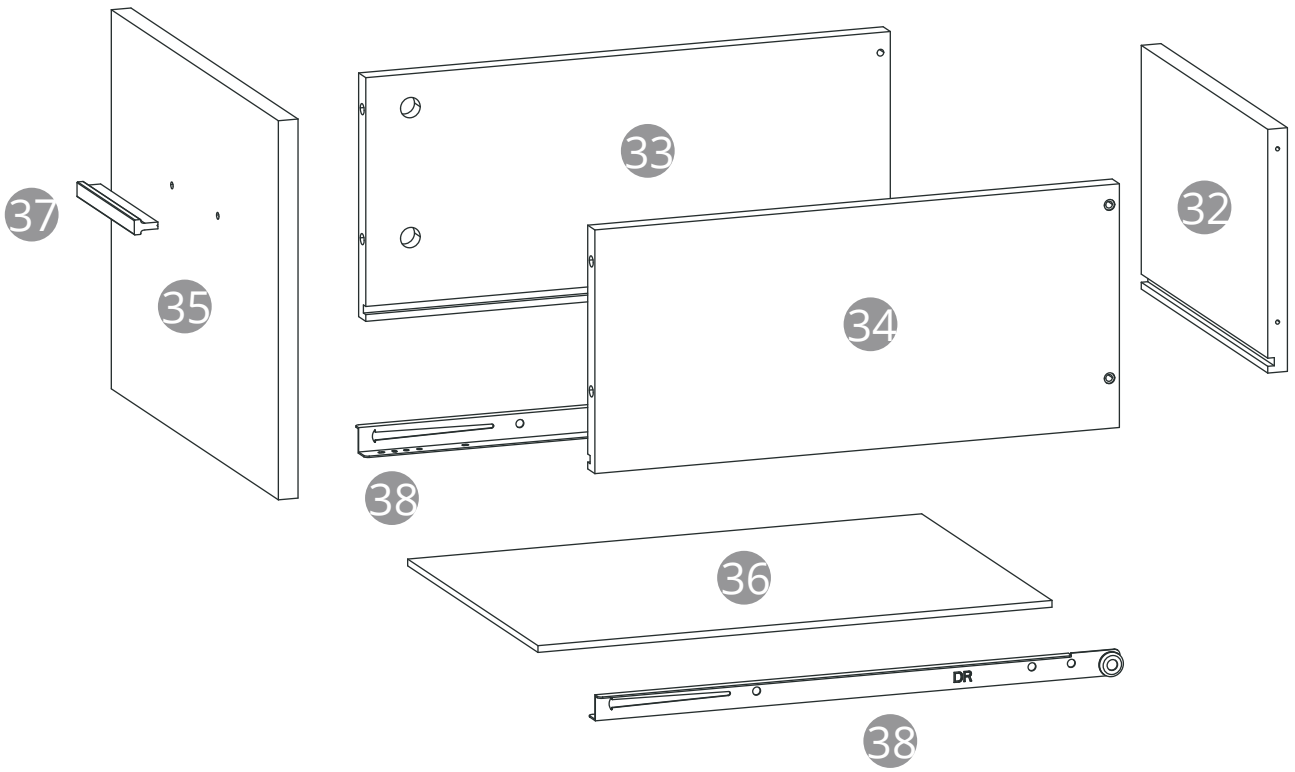
35

Please repeat steps **27–34**; you will then have the two identical drawers that are required.



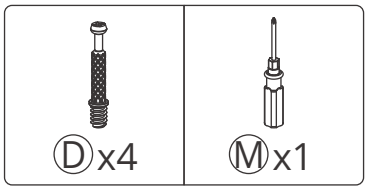


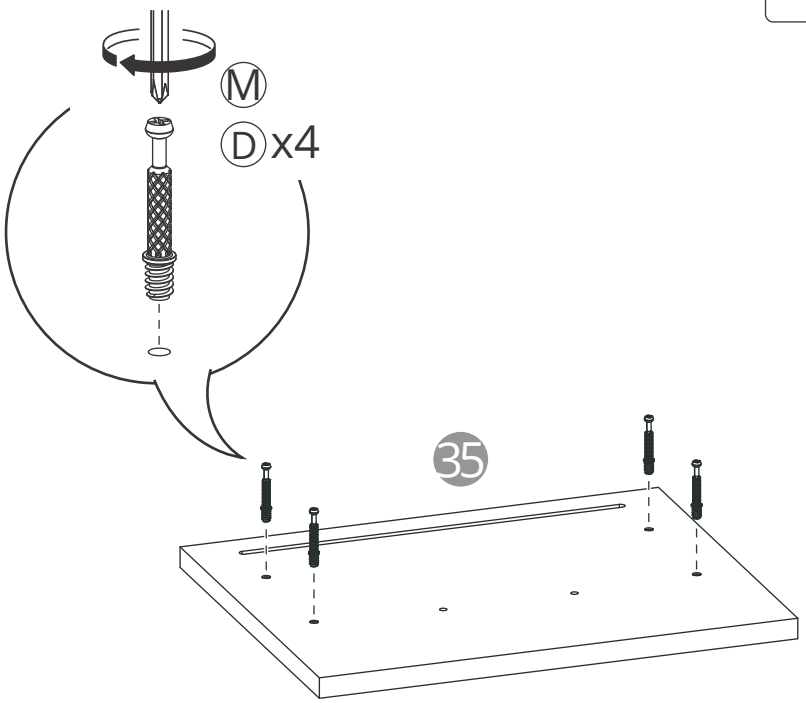
EXPLODED VIEW DIAGRAM



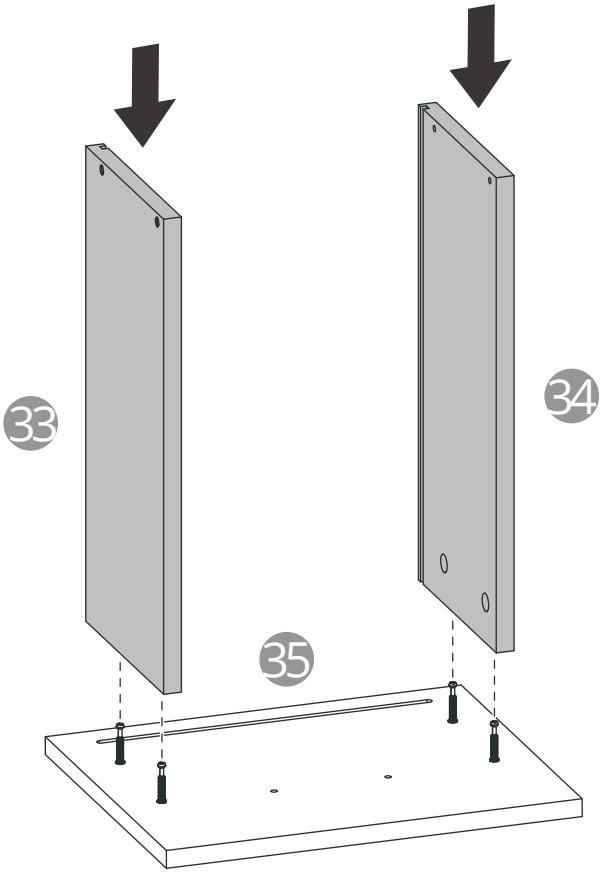
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Note: Desktop panel screws: **5-8 N·m**. Drive screws perpendicular to the surface for a flat top and seamless panel alignment.

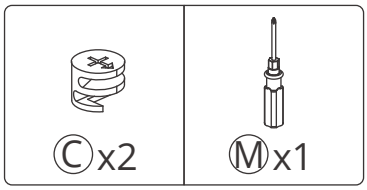


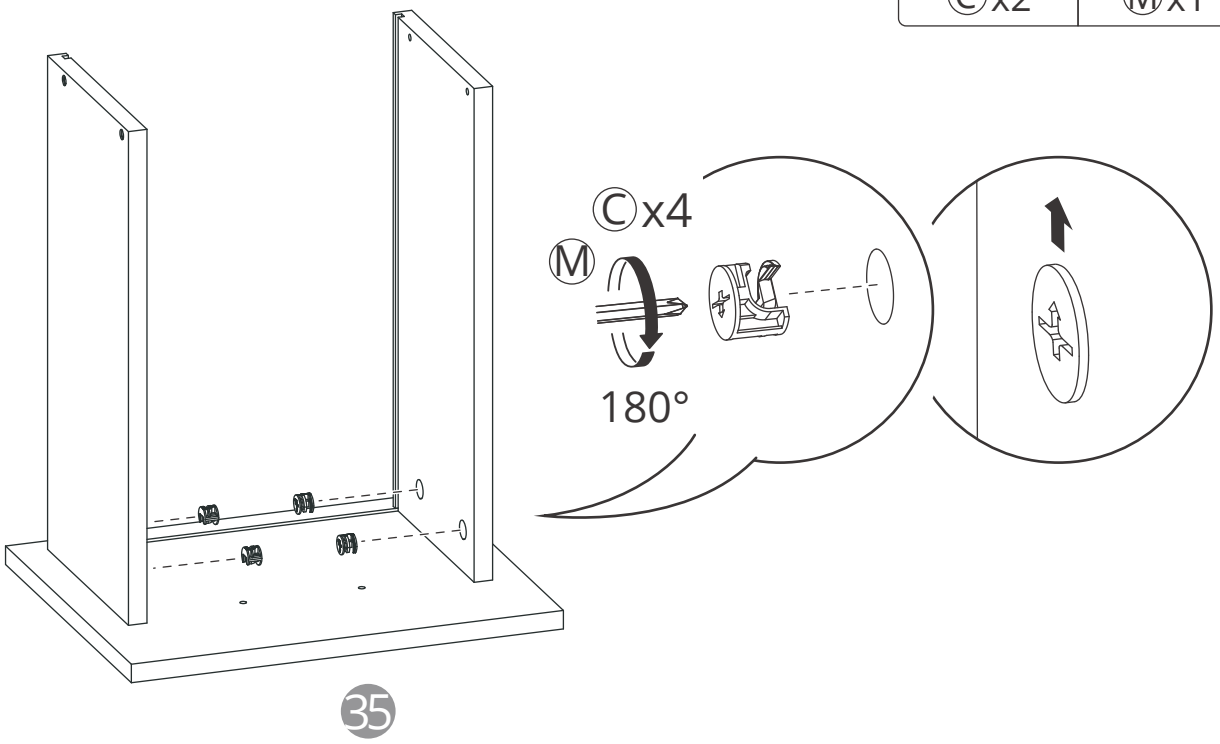


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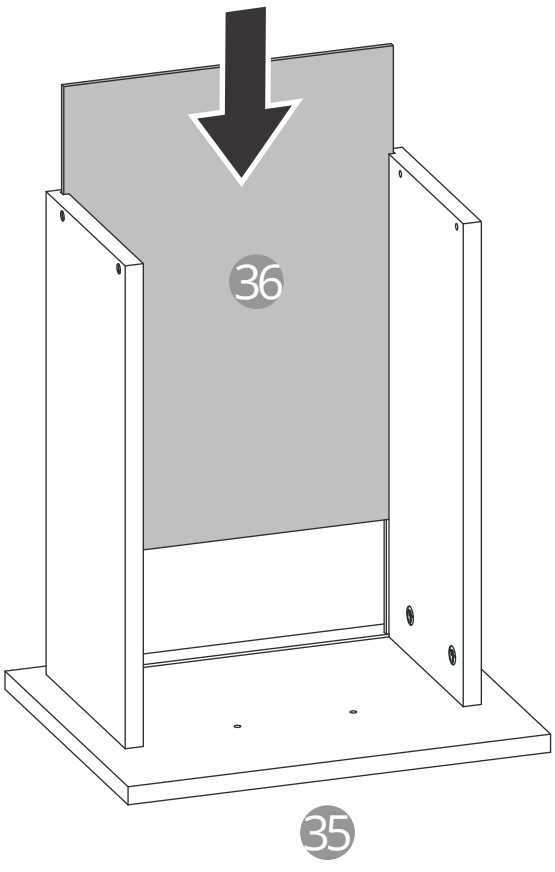


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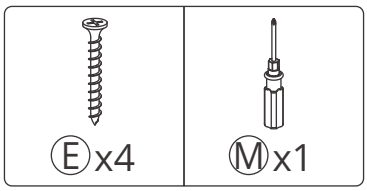


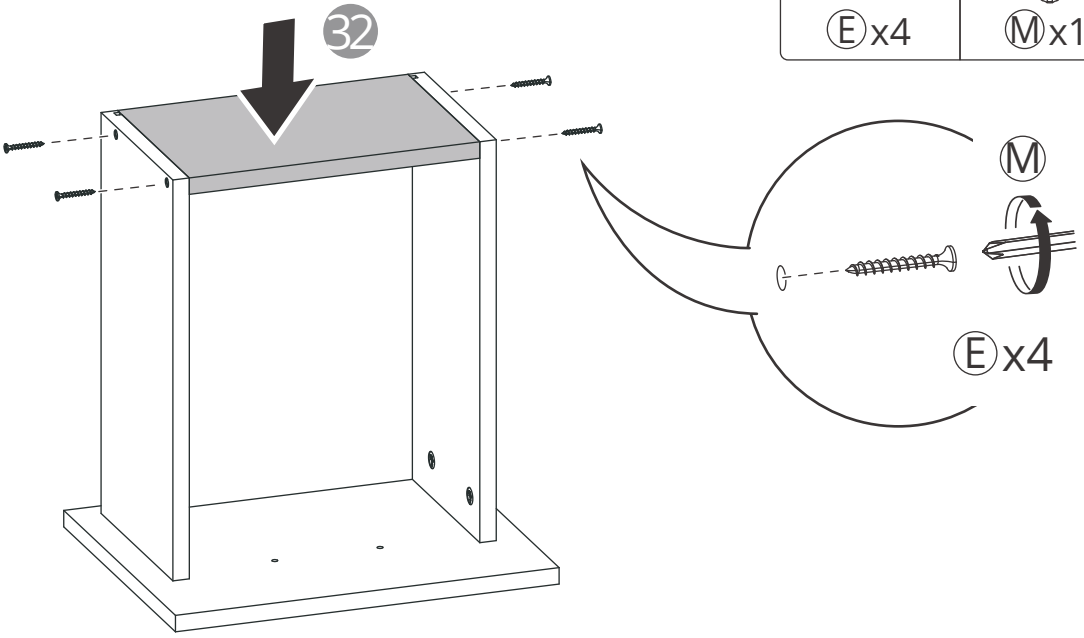
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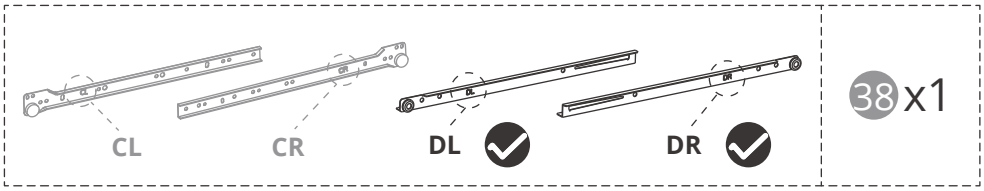


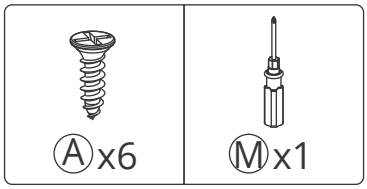
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Note: Desktop panel screws: **5-8 N·m**. Drive screws perpendicular to the surface for a flat top and seamless panel alignment.

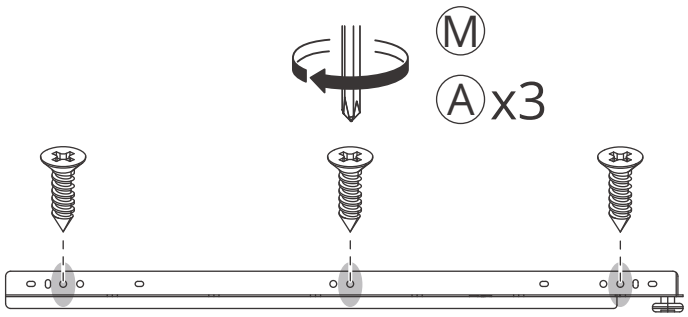


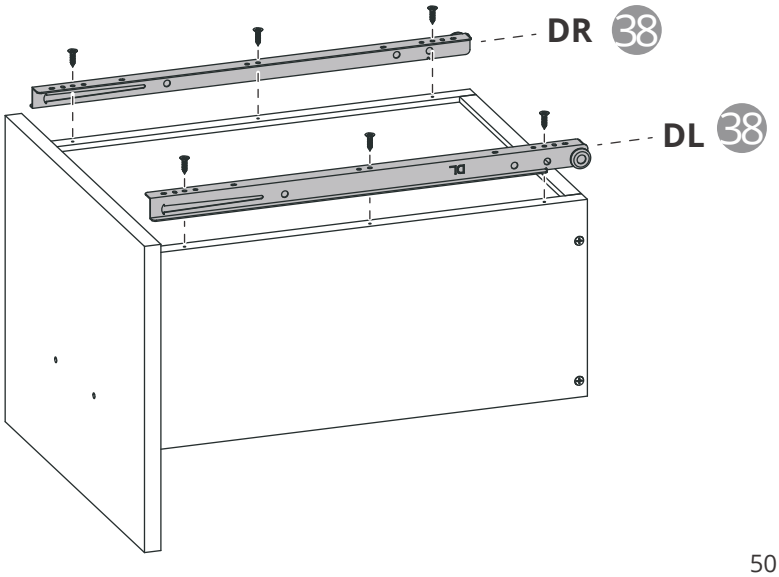




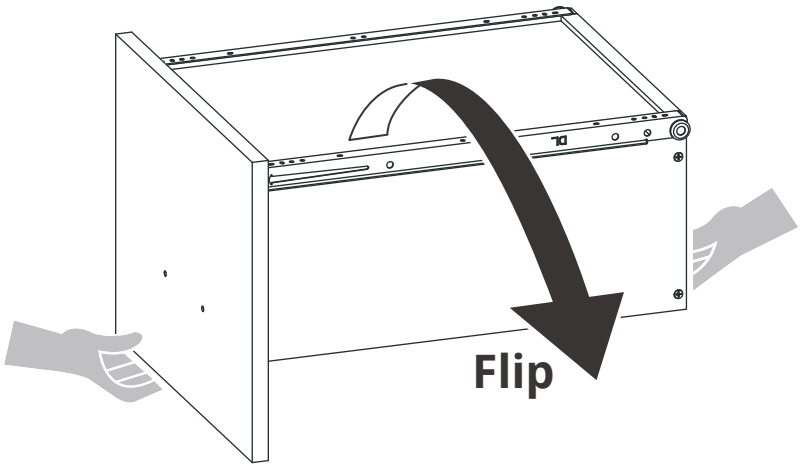


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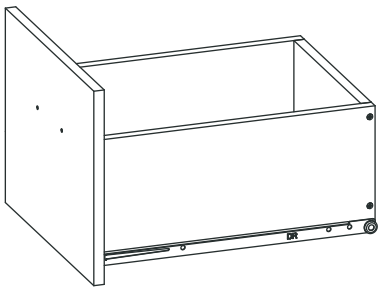


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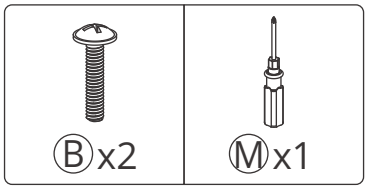
TEAM LIFT

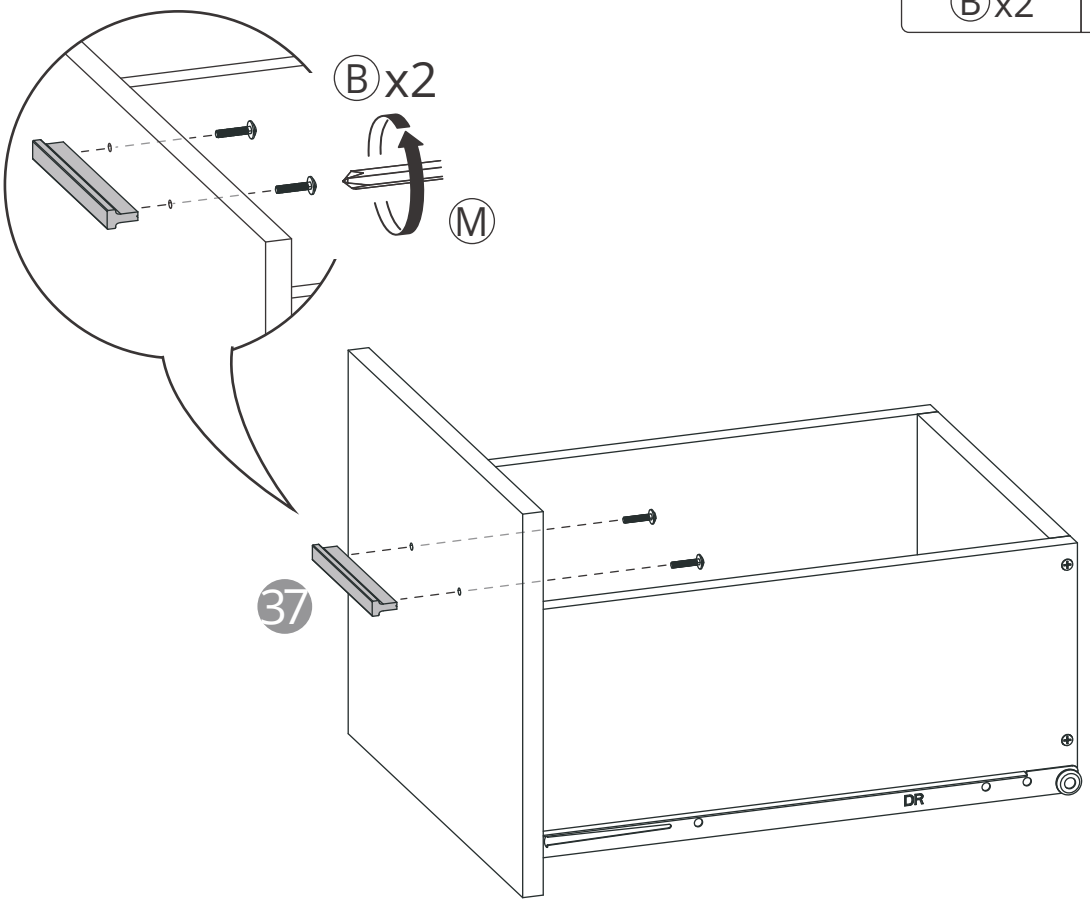
We recommend two people assist with flipping to prevent crossbar deformation.



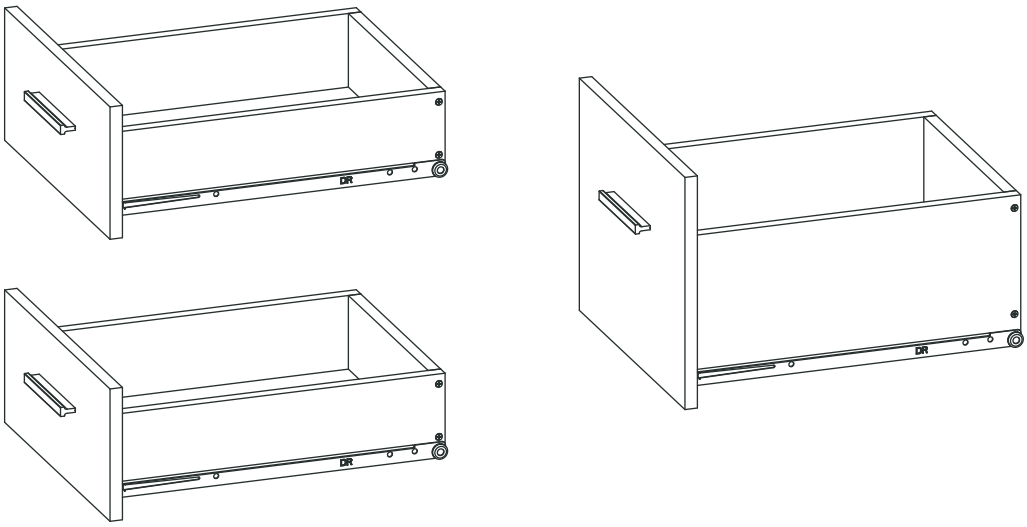
43

Note: Desktop panel screws: **5-8 N·m**. Drive screws perpendicular to the surface for a flat top and seamless panel alignment.





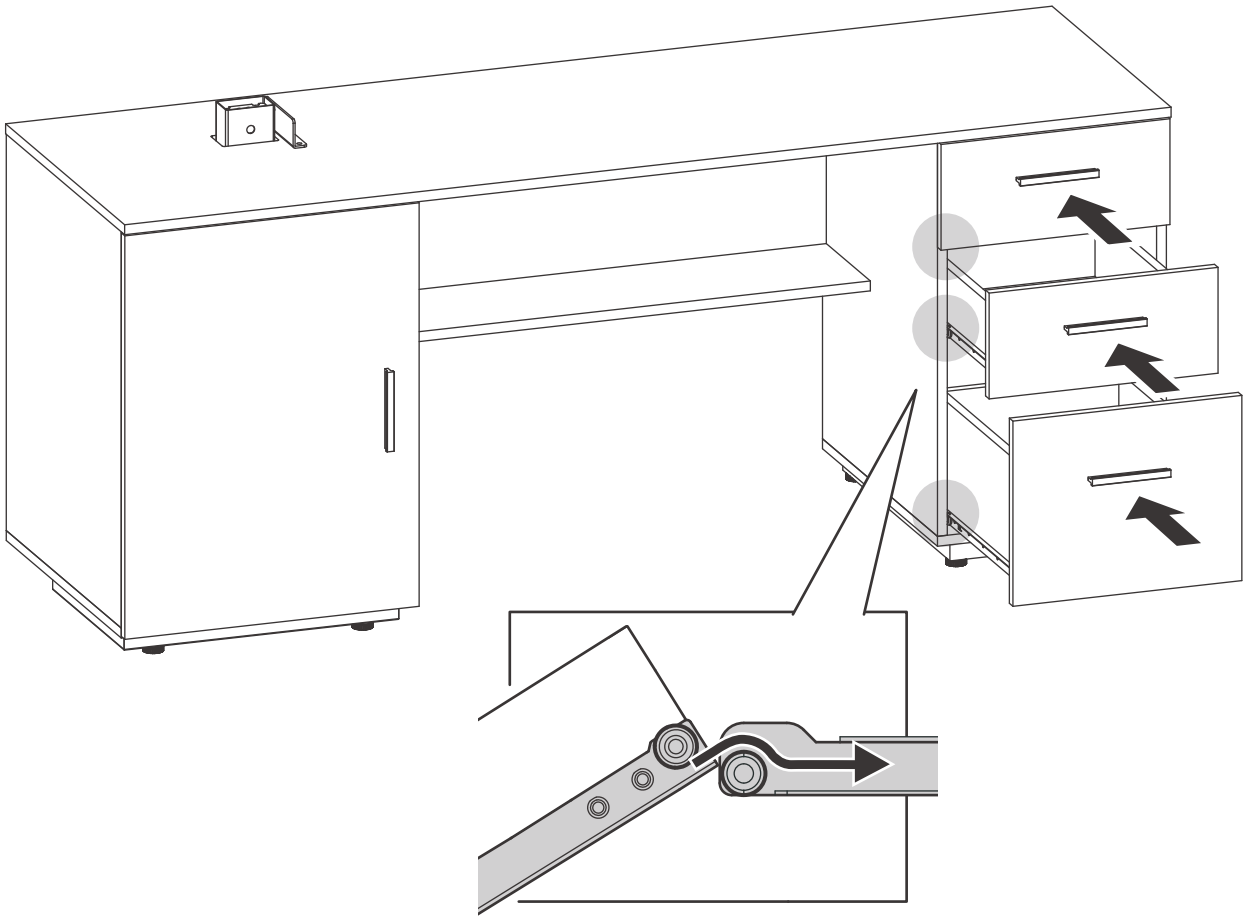
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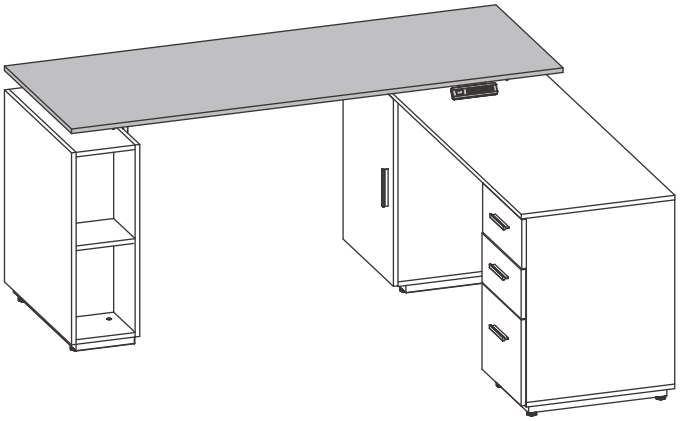
45

Drawer Installation

1. Align the slide rails on the drawer with the rails on the cabinet sides.
2. Once both sides are properly aligned,gently push the drawer into the cabinet.
3. If you encounter significant resistance, do not force the drawer in.
   Check that both rails are correctly aligned before pushing the drawer in again.



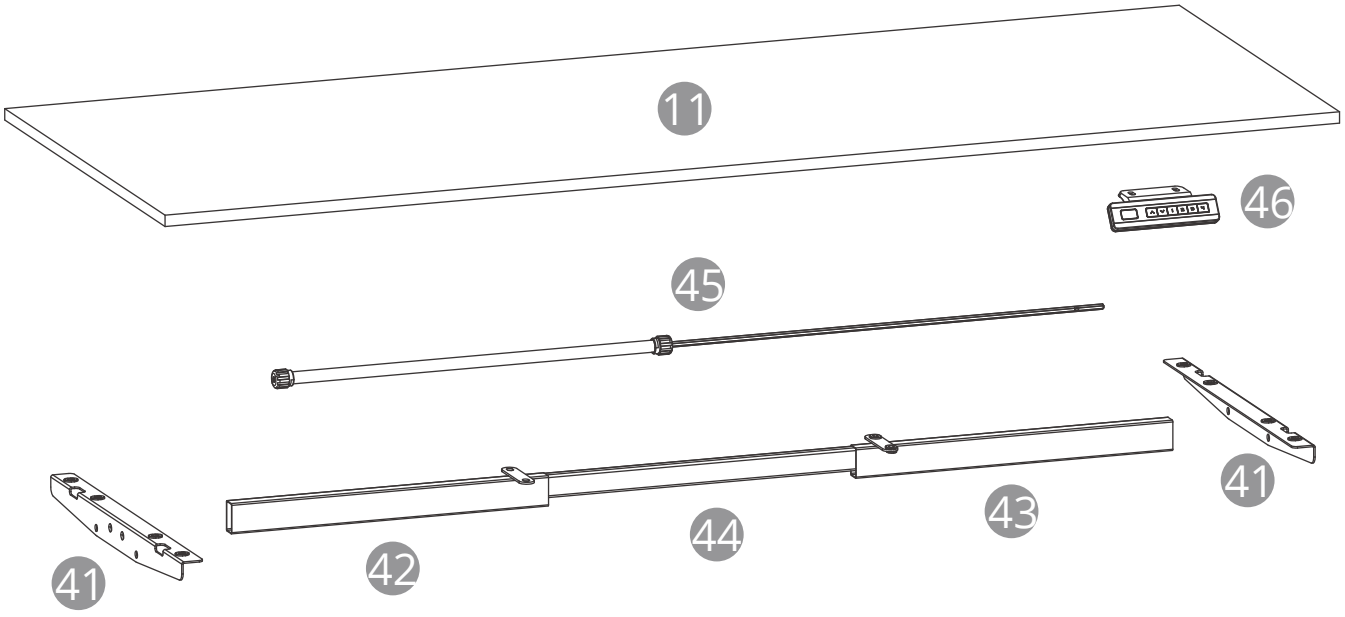
PART C



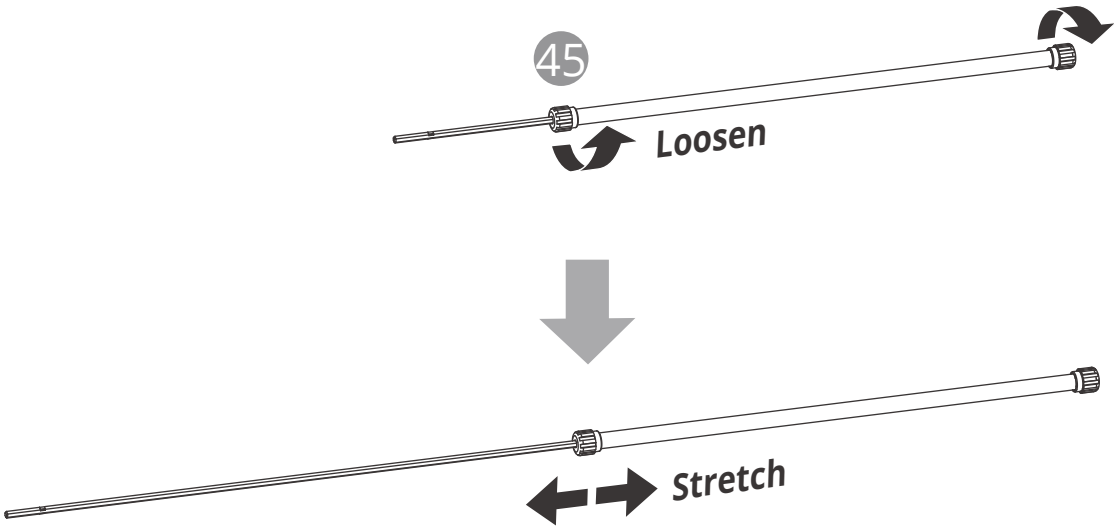
TEAM LIFT

Page **53-63**

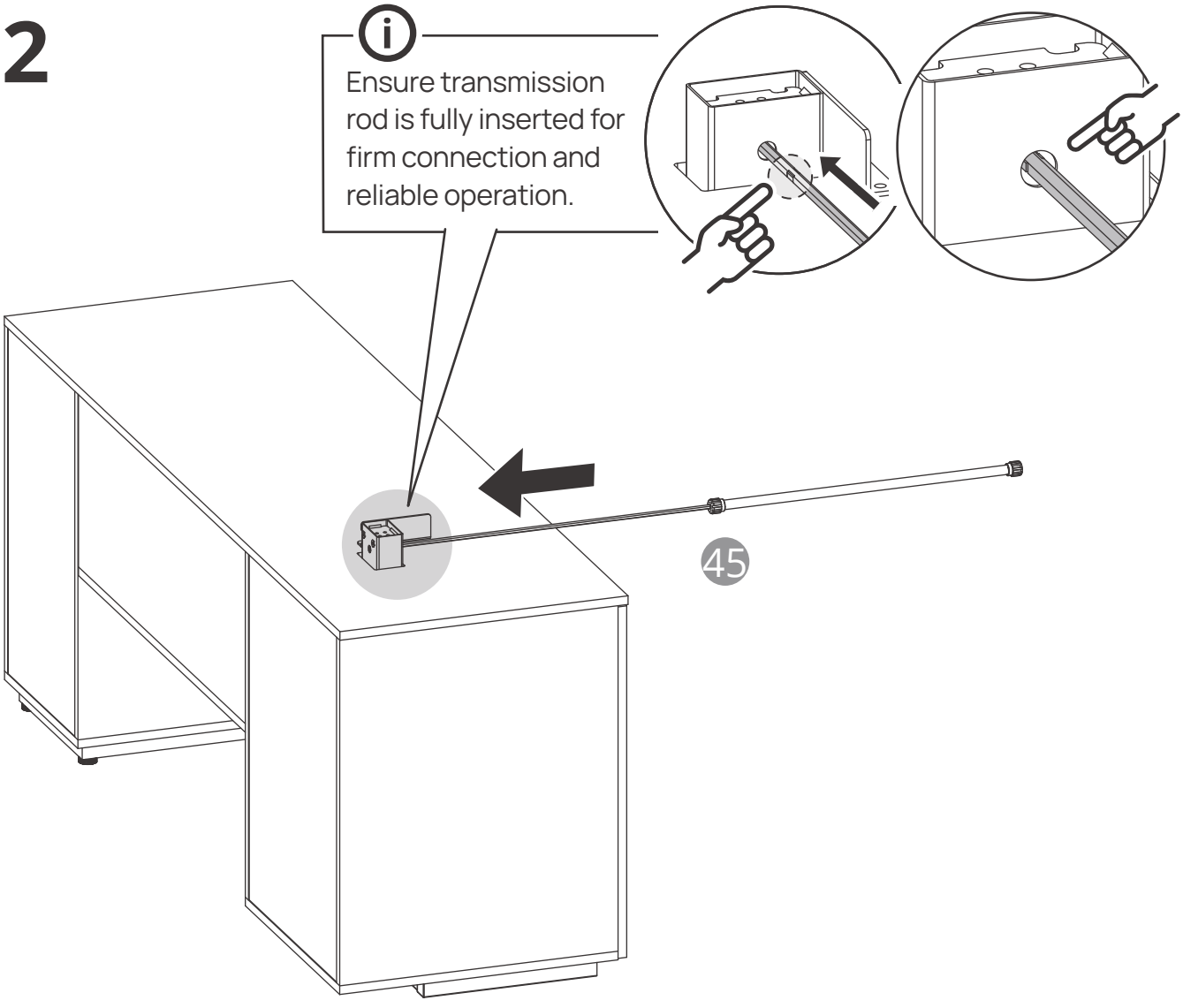
EXPLODED VIEW DIAGRAM



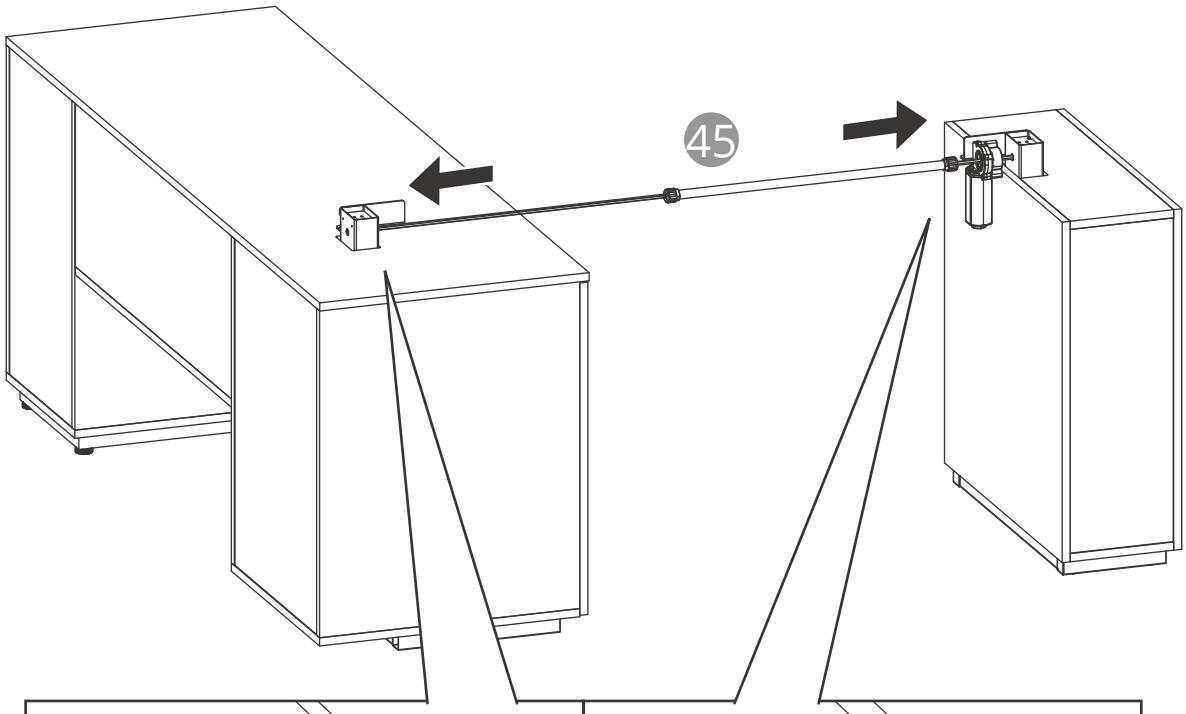
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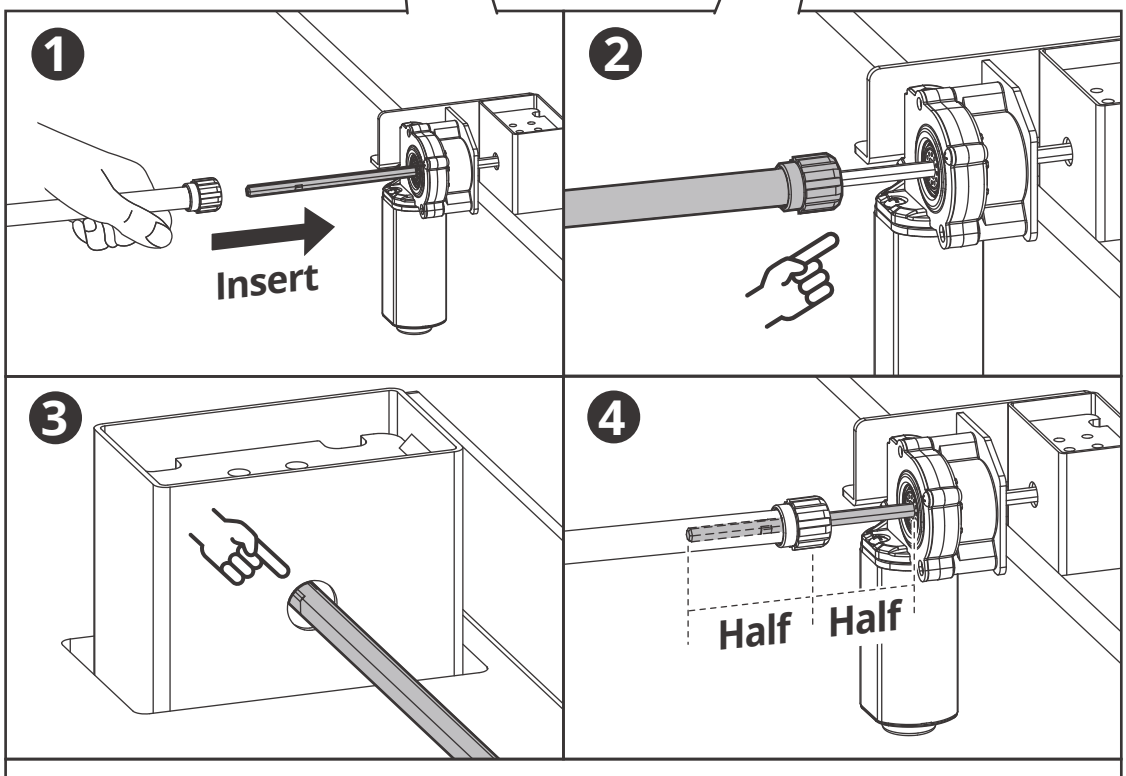

45
Loosen
Stretch

2

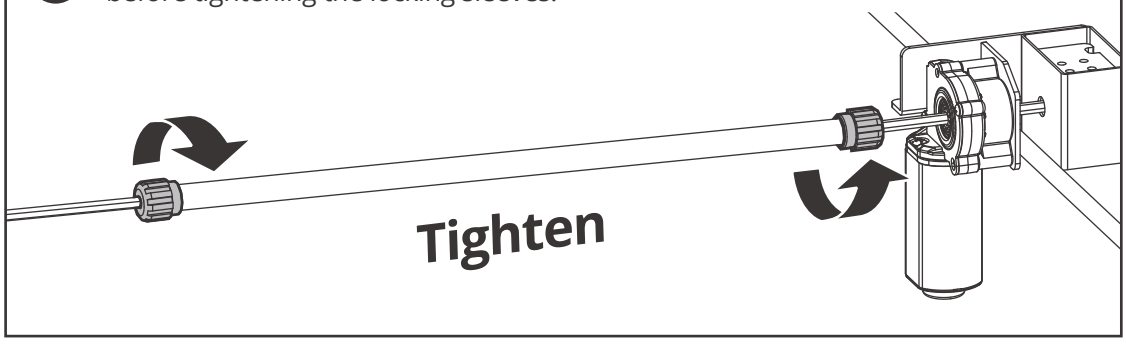

Ensure transmission rod is fully inserted for firm connection and reliable operation.
45

3



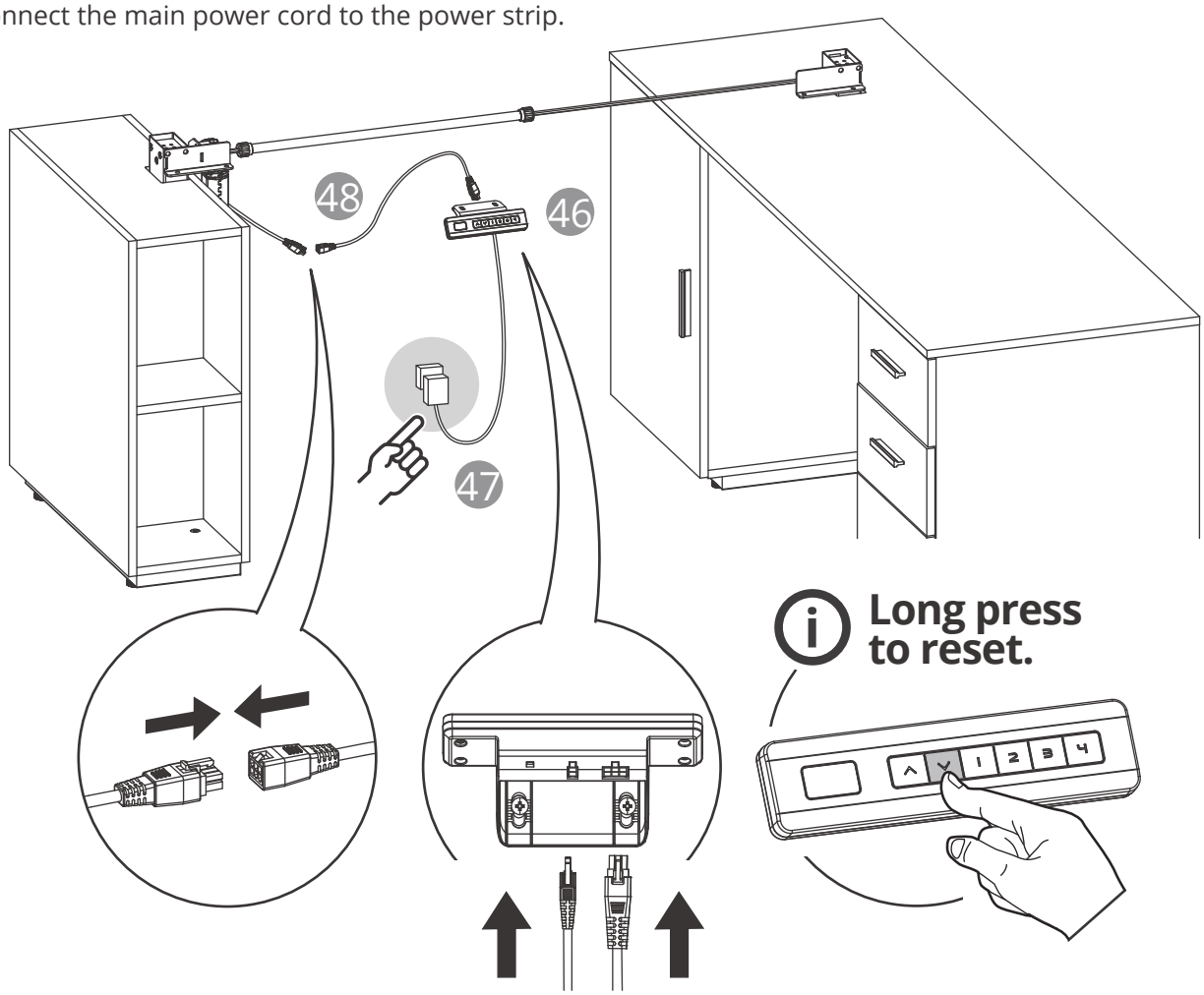


5 Ensure both ends of the sync rod are correctly positioned and fully engaged before tightening the locking sleeves.

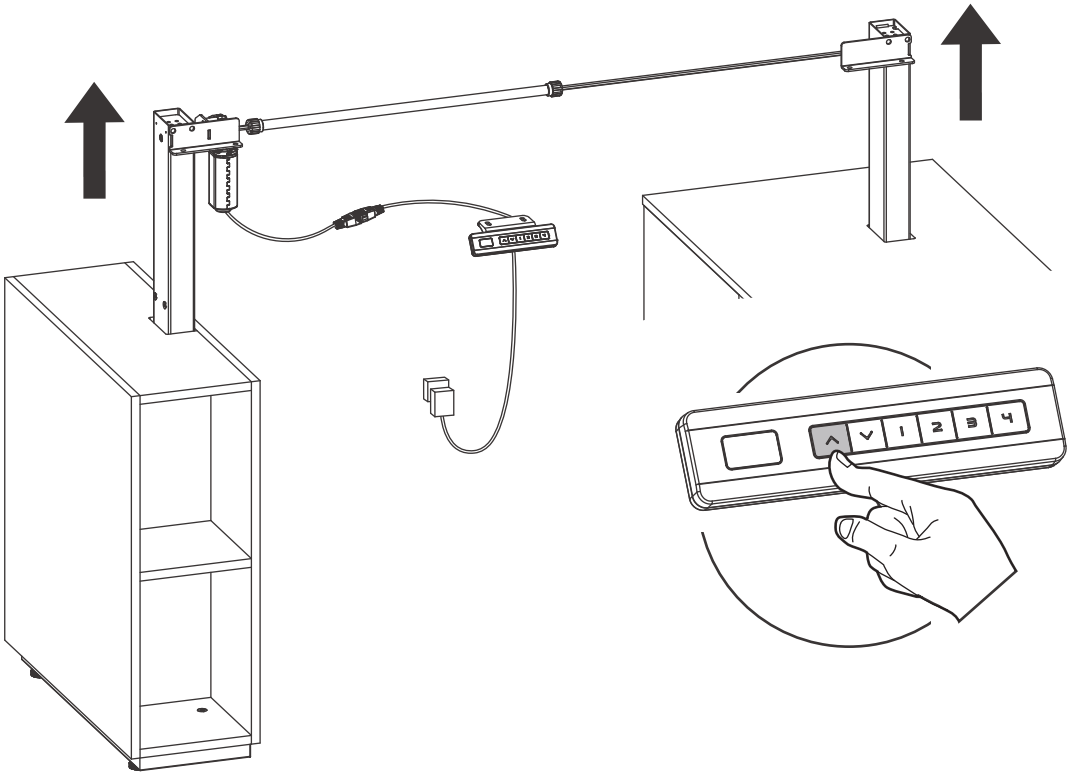


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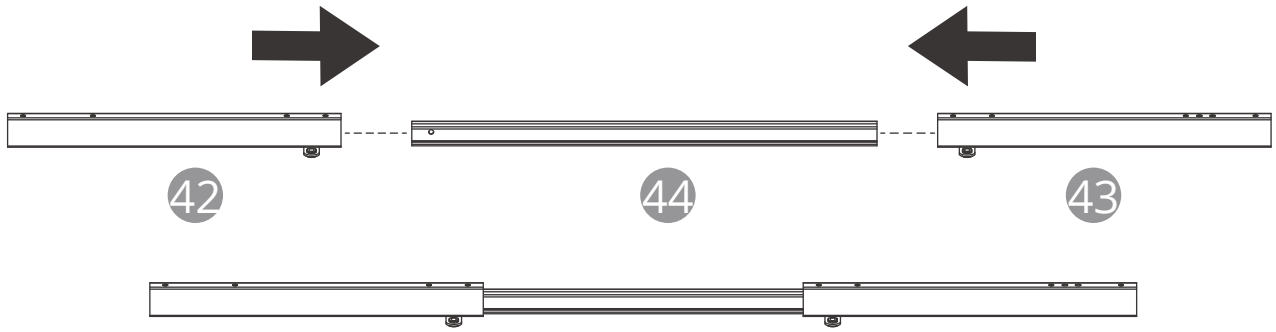
Connect the main power cord to the power strip.



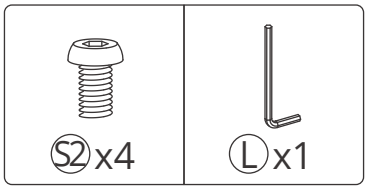
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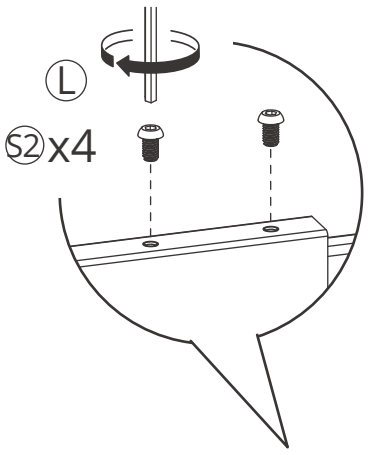


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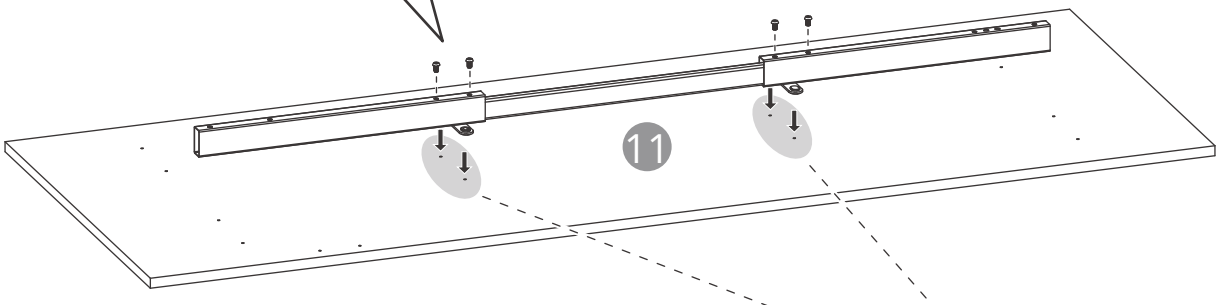


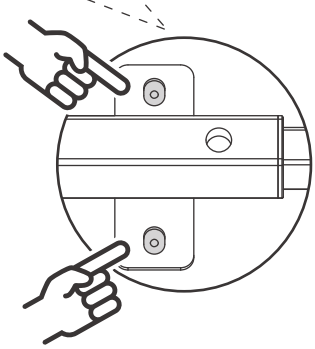
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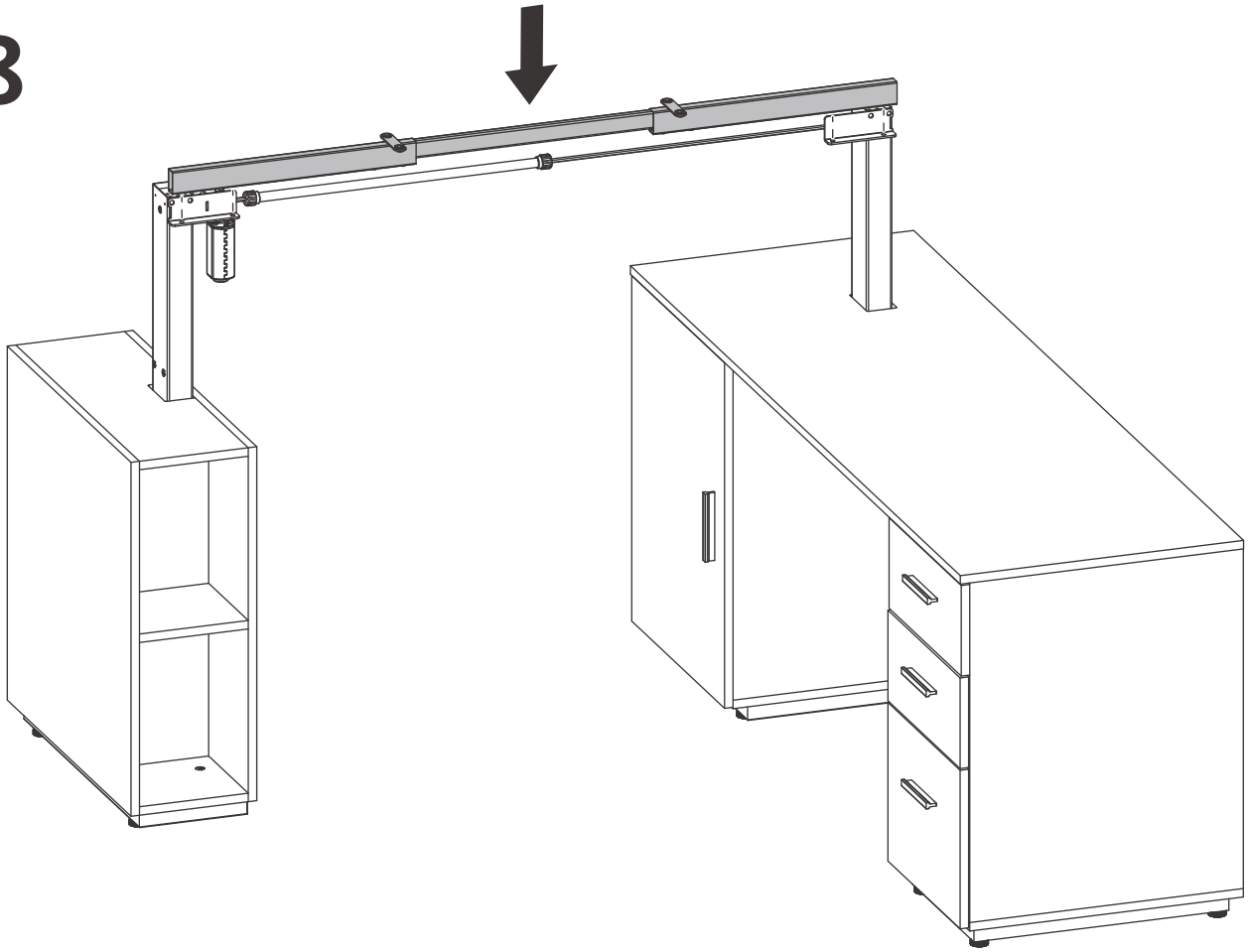
Note: Align and tighten the screws for the crossbeam.



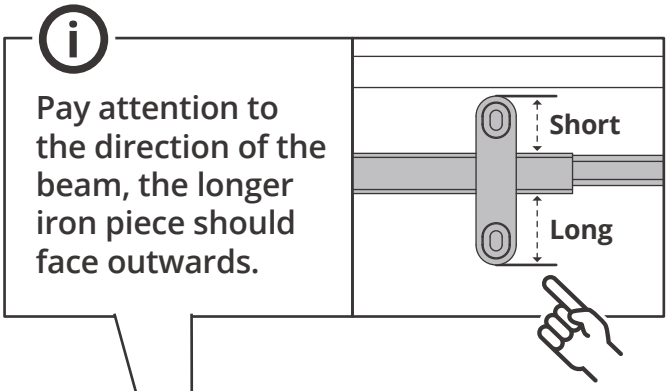


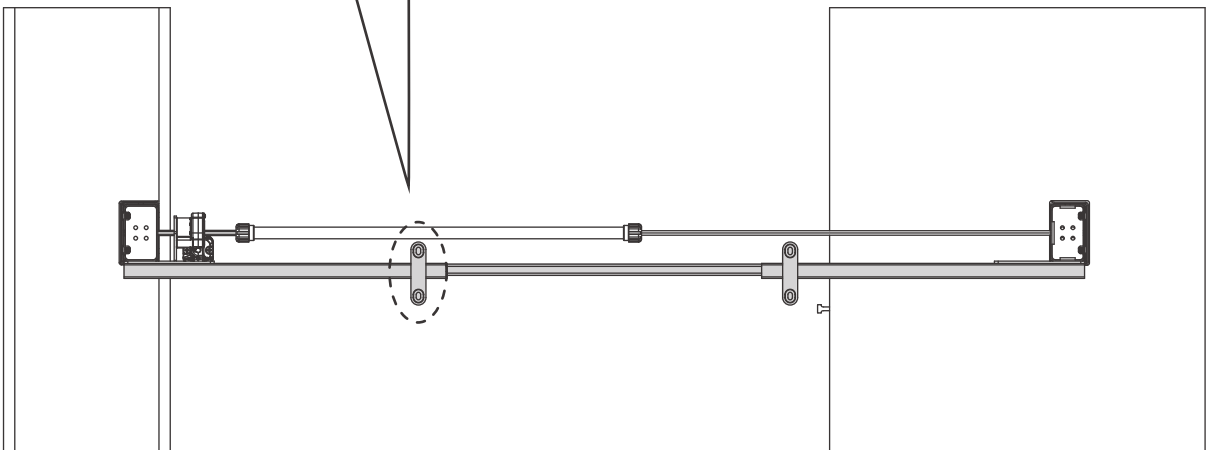
Please stretch and align the crossbeam with pre-drilled holes underneath the desktop, and tighten the 4 set screws on crossbeam.

8

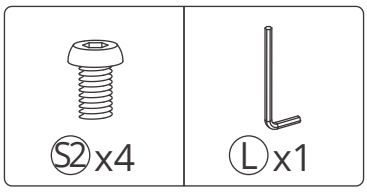


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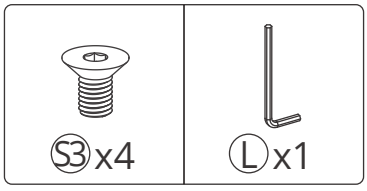

Pay attention to the direction of the beam, the longer iron piece should face outwards.
Short
Long

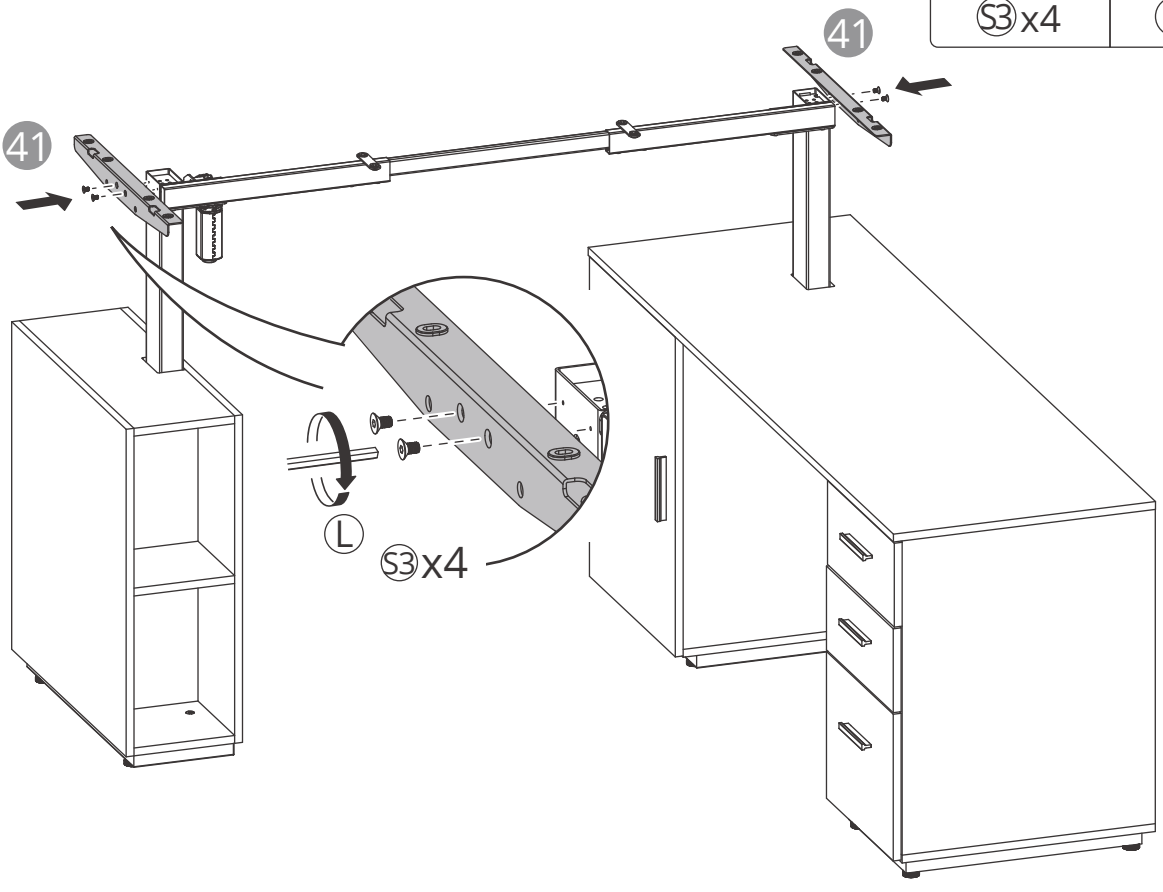


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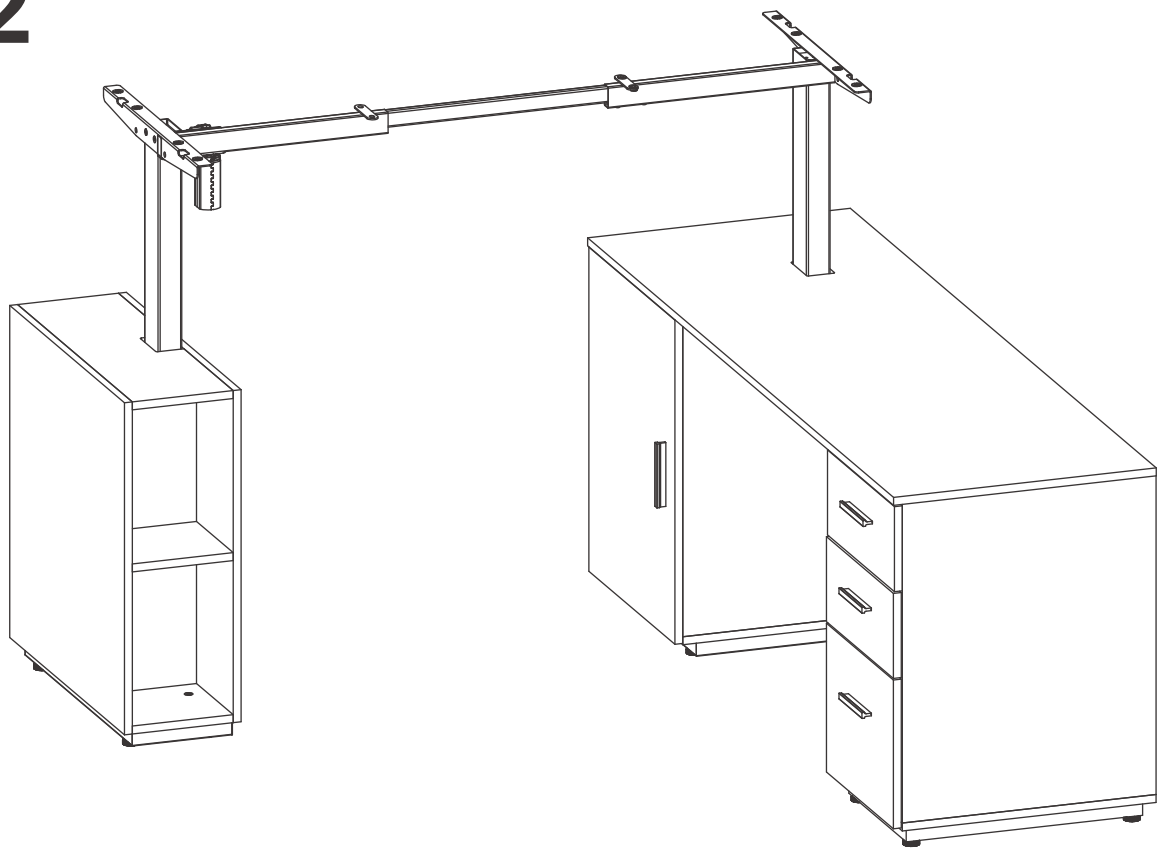


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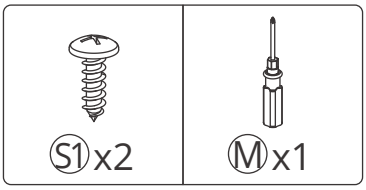


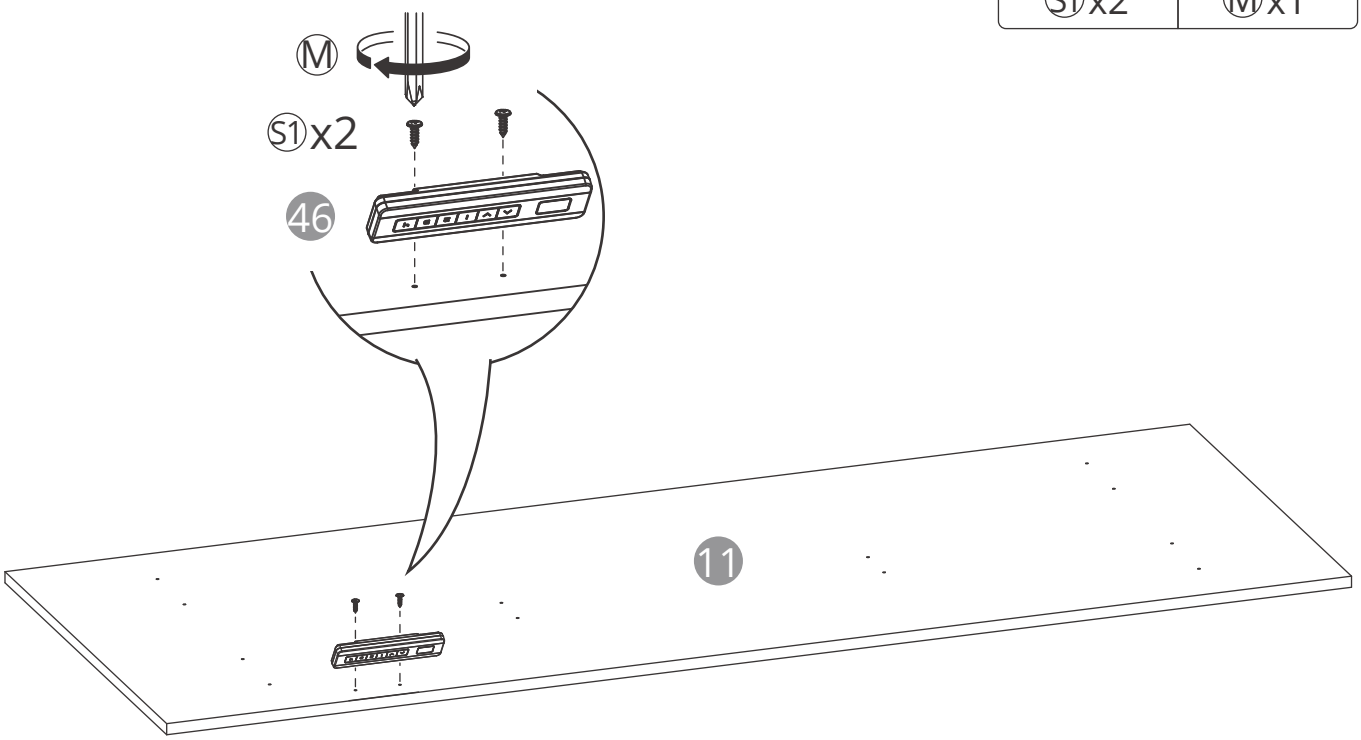
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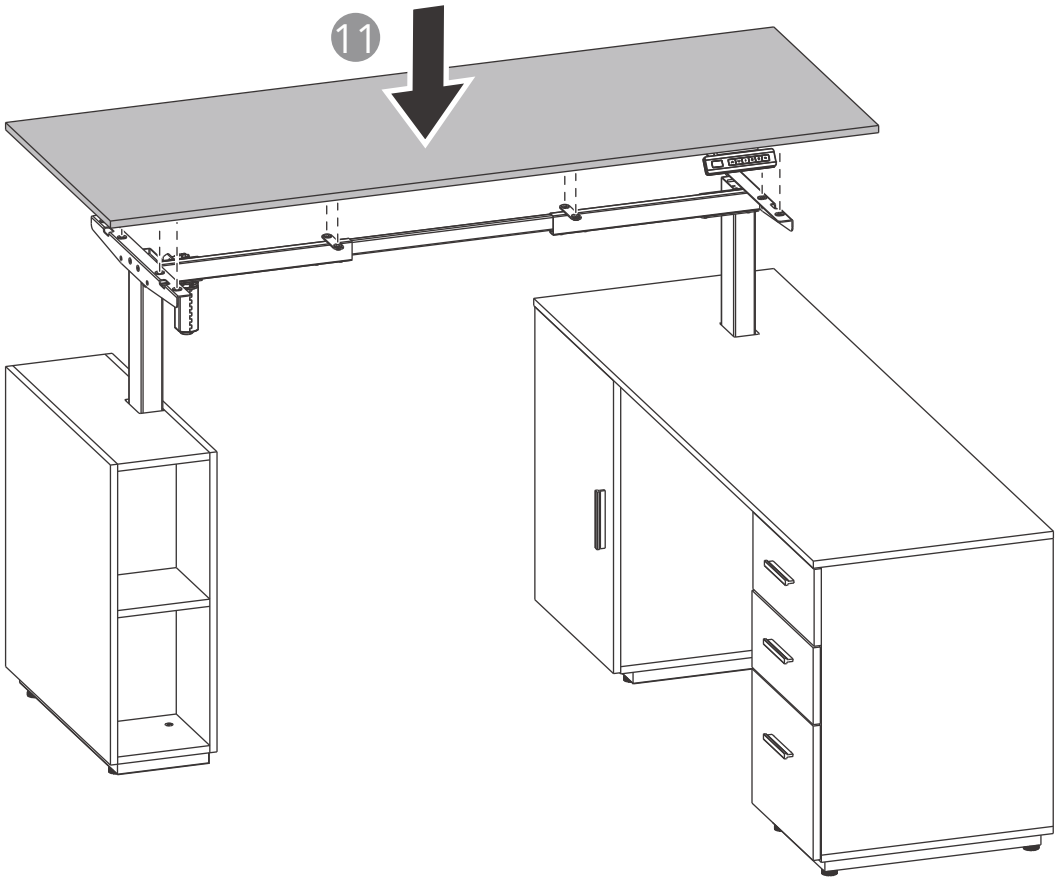
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Note: Desktop panel screws: **5-8 N·m**. Drive screws perpendicular to the surface for a flat top and seamless panel alignment.



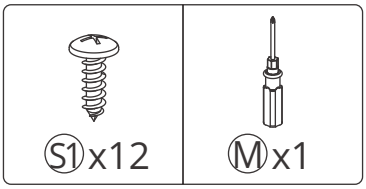


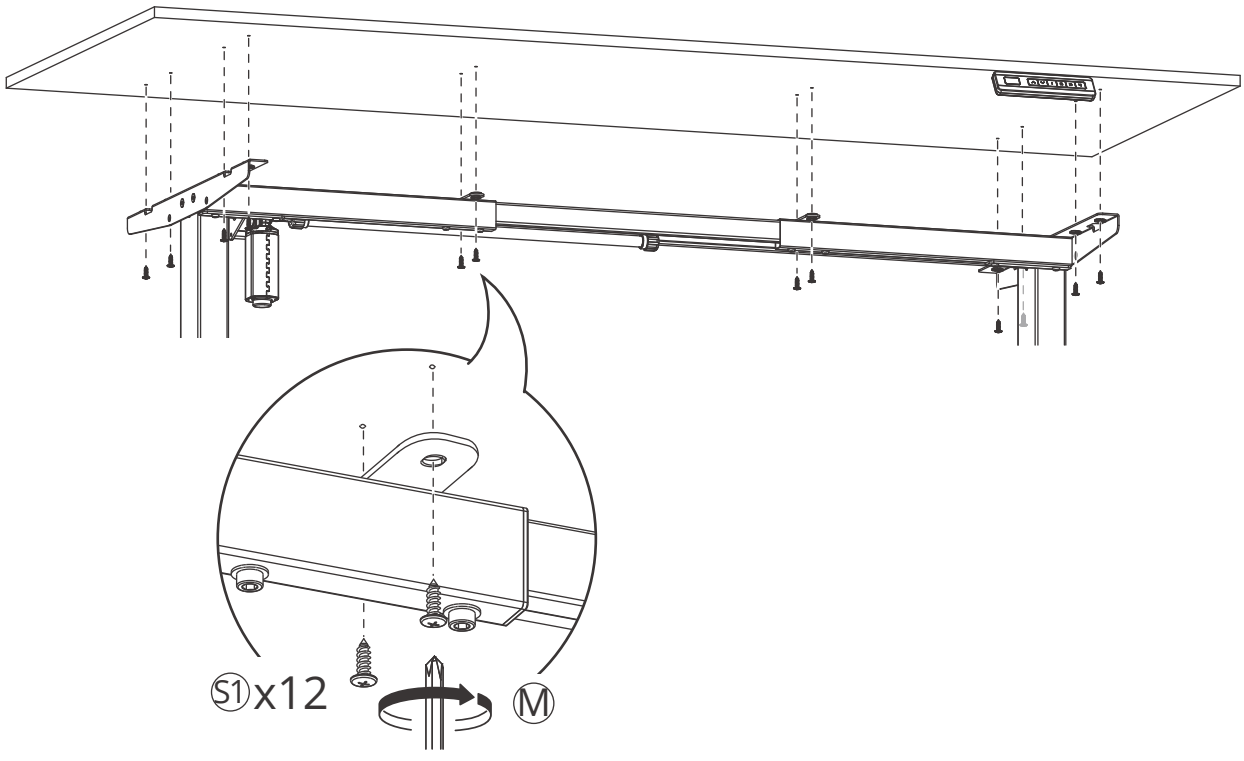
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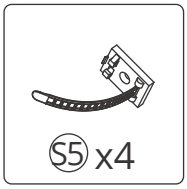
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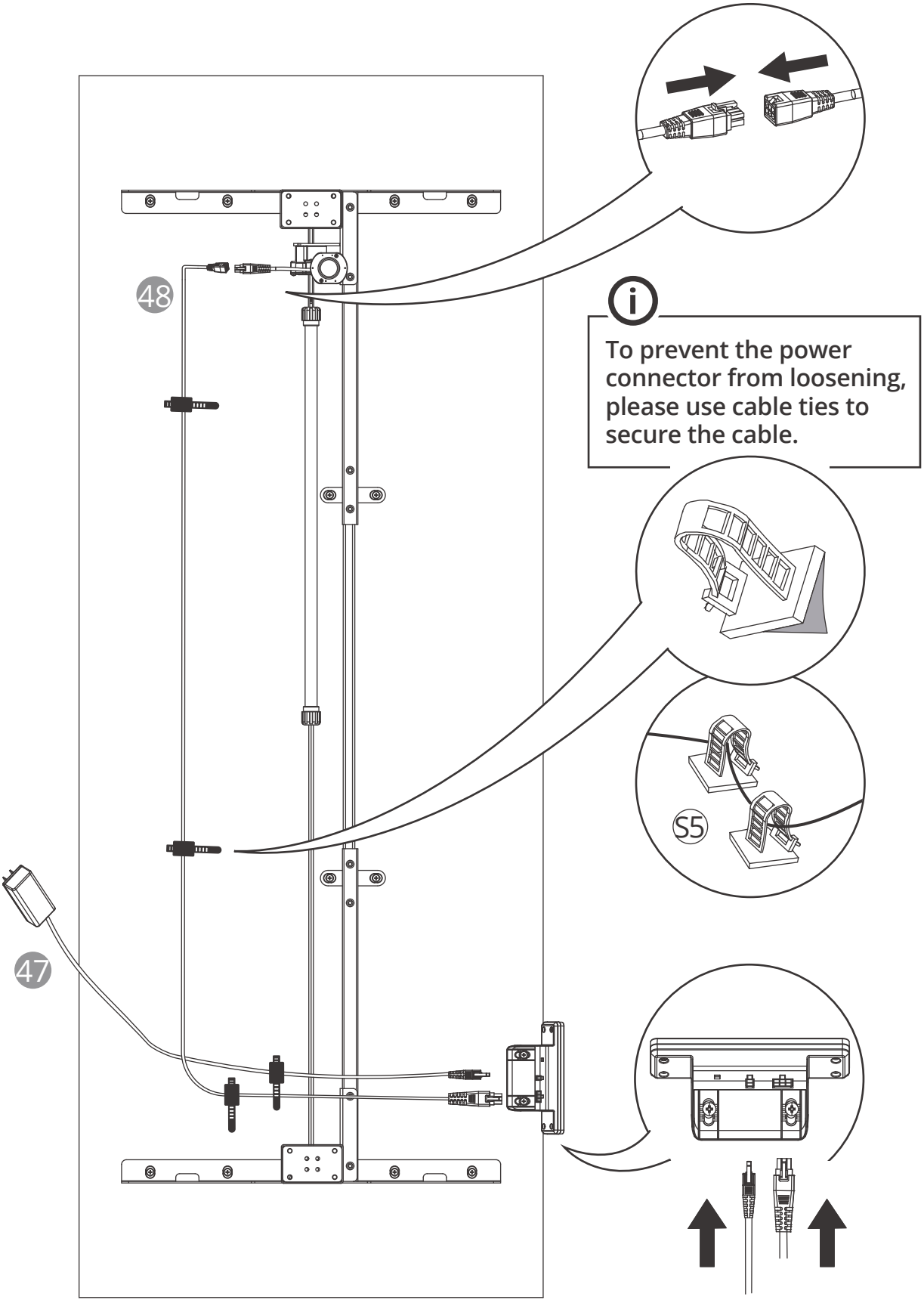
Note: Desktop panel screws: **5-8 N·m**. Drive screws perpendicular to the surface for a flat top and seamless panel alignment.





16



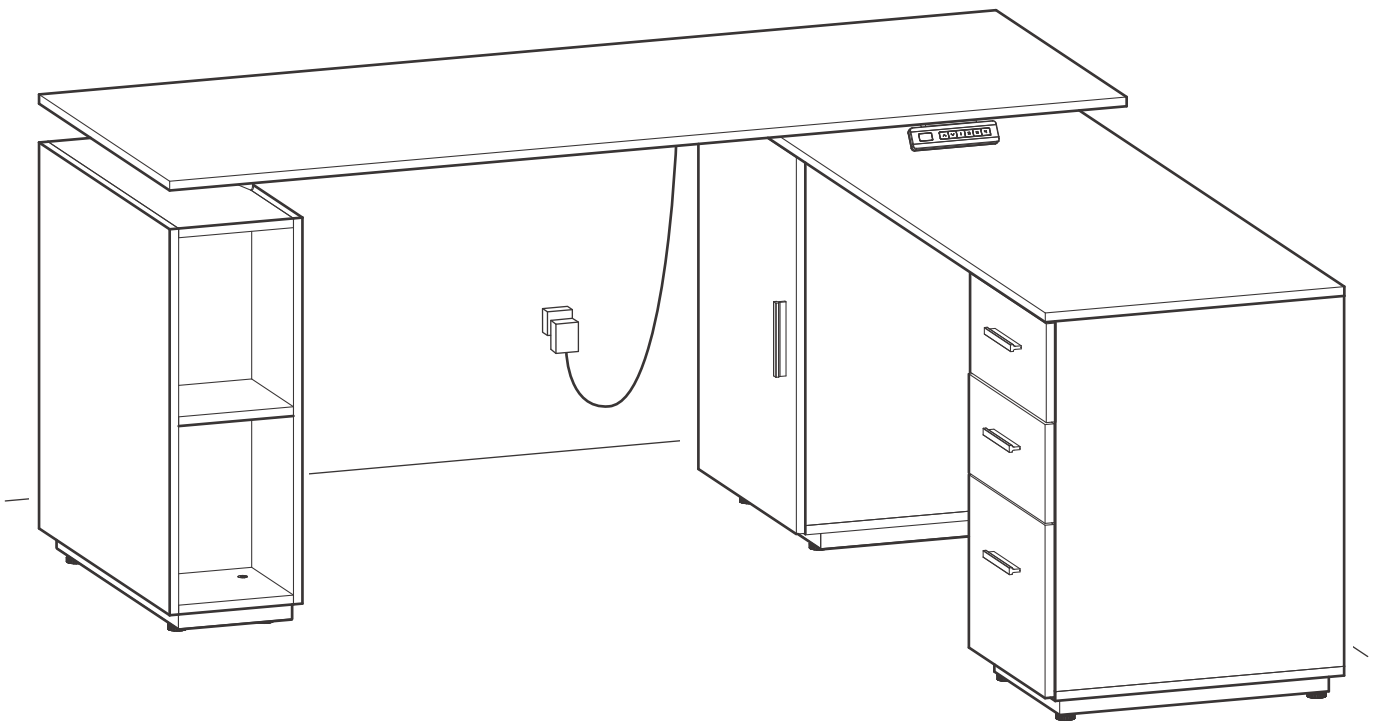


To prevent the power connector from loosening, please use cable ties to secure the cable.

17 Connect the main power cord to the power strip.



You're amazing!
The installation is now complete.
Enjoy your Standing Desk!



HANDSET INSTRUCTIONS



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English

Keypad User Guide



Height Adjustment

Press and hold the ∧ or ∨ button to adjust the height.



Memory Heights

1. Briefly press the memory button 1 / 2 / 3 / 4 . The desk will automatically move to the corresponding preset height.

2. Default memory key heights: Key 1: 28.3 in (72/73 cm), Key 2: 35.4 in (89/90 cm), Key 3: 41.3 in (104/105 cm), Key 4: 46.4 in (117/118 cm).



Memory Height Setting

Press and hold the ∧ or ∨ button to adjust the desk to the desired height. Press and hold the 1 / 2 / 3 / 4 button for 3 seconds until the numbers on the display start flashing, indicating that the current height has been successfully saved.



Child Lock

1. Lock: Simultaneously press and hold the 1 and 2 buttons for 3 seconds. When the display shows LOC , the desk is locked and cannot be adjusted.

2. Unlock: Simultaneously press and hold the 1 and 2 buttons for 3 seconds. When the display changes from LOC to showing the desk height, the child lock is released.



Reset

1. Press and hold ∨ to lower the desktop to its lowest achievable position, then release.

2. Press and hold ∨ for 5 seconds until RST appears, then release.

3. Press and hold ∨ again: The desktop will lower further and rebound, and the current height will be displayed. Release the button to complete the reset.

Frequently Asked Questions (FAQ)

One-Sided Desk Lifting	**Possible Cause** The sync rod is not installed correctly. **Solution** Check if the sync rod is fully inserted into the leg column. If not, lower the desk to its lowest position and reinstall the sync rod referring to the leg installation sticker or the instruction manual. If the above steps do not solve the problem, please take a video of the issue and contact after-sales support at support@yfs.life.

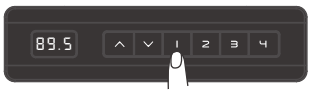
Handset Malfunction or No Response	**Possible Causes** 1. Power is not connected correctly. 2. Controller has poor contact or is malfunctioning. 3. Fuse is blown or the power module is faulty. **Solution** Disconnect all cable connections and reconnect them. Check if all cables are connected correctly and tightly. Make sure the power plug is inserted into the power outlet. If the above steps do not solve the problem, please take a video of the issue and contact after-sales support at support@yfs.life.
Desk Tilting or Unbalanced	**Possible Causes** 1. Improper installation causing imbalance. 2. One column or footpad is not level. **Solution** 1. Review the installation steps to ensure each column is correctly installed and the desk is level. 2. Adjust the footpad height to level the desk. 3. If unresolved, record a video of the issue and contact customer support at support@yfs.life.
Unusual Noise or Irregular Movement During Height Adjustment	**Possible Causes** 1. The desktop load exceeds the recommended limit (not more than 80 kg / 176 lbs). 2. Loose connections in the desk—especially near the sync rod. 3. The motor may be faulty. **Solution** 1. Check if the items on the desktop exceed the weight limit and reduce the load if necessary. 2. Inspect and tighten all screws and connectors to secure the desk structure. 3. If the issue persists after these steps, record a video of the problem and contact customer support at support@yfs.life.
Handset displays "RST," "E07," or "E08"	**Possible Cause** Poor connection of the motor cable. **Solution** Verify that all cable connections are correct and secure, and then perform a reset. If the problem persists, please take a video of the issue and contact after-sales support at support@yfs.life.
Handset displays "HOT"	**Possible Cause** The desk has entered overheat protection mode. **Solution** Wait 20 minutes before operating the desk. If the problem persists, please take a video of the issue and contact after-sales support at support@yfs.life.
If issue not resolved, please record a video of the problem and contact support@yfs.life	

Deutsch



Höhenverstellung

Drücken und halten Sie die ∧ oder ∨ Taste, um die Schreibtischhöhe einzustellen.



Speicherhöhenbedienung

1.Drücken Sie kurz die Speichertaste 1 / 2 / 3 / 4 . Der Schreibtisch fährt automatisch auf die entsprechende voreingestellte Höhe.

2.Standardhöhen der Speichertasten: Taste 1: 72/73 cm, Taste 2: 89/90 cm, Taste 3: 104/105 cm, Taste 4: 117/118 cm.



Speicherhöheneinstellung

Drücken und halten Sie die ∧ oder ∨ Taste, um den Schreibtisch auf die gewünschte Höhe einzustellen. Drücken und halten Sie die 1 / 2 / 3 / 4 Taste 3 Sekunden lang, bis die Zahlen auf dem Display zu blinken beginnen, was bedeutet, dass die aktuelle Höhe erfolgreich gespeichert wurde.



Kindersicherung

1. Sperren: Drücken und halten Sie gleichzeitig die Tasten 1 und 2 für 3 Sekunden. Wenn das Display LOC anzeigt, ist der Schreibtisch gesperrt und kann nicht verstellt werden.

2. Entsperren: Drücken und halten Sie gleichzeitig die Tasten 1 und 2 für 3 Sekunden. Wenn das Display von LOC zu der Anzeige der Schreibtischhöhe wechselt, ist die Kindersicherung aufgehoben.



Zurücksetzen

1. Drücken und halten Sie ∨ , um die Tischplatte in ihre niedrigste erreichbare Position zu senken, und lassen Sie dann los.

2. Drücken und halten Sie ∨ 5 Sekunden lang, bis RST angezeigt wird, und lassen Sie dann los.

3. Drücken und halten Sie ∨ erneut: Die Tischplatte senkt sich weiter ab und springt zurück, und die aktuelle Höhe wird angezeigt. Lassen Sie die Taste los, um den Reset abzuschließen.

Häufig gestellte Fragen (FAQ)

Einseitige Tischhöhen-verstellung	**Mögliche Ursache:** Die Synchronisationsstange ist nicht richtig installiert. **Lösung:** Prüfen Sie, ob die Synchronisationsstange vollständig in die Beinsäule eingeführt ist. Wenn nicht, senken Sie den Schreibtisch in seine niedrigste Position und installieren Sie die Synchronisationsstange neu, indem Sie sich auf den Aufkleber an der Beininstallation oder die Bedienungsanleitung beziehen. Wenn die obigen Schritte das Problem nicht lösen, machen Sie bitte ein Video des Problems und kontaktieren Sie den After-Sales-Support unter support@yfs.life.

Hörer funktioniert nicht oder reagiert nicht	**Mögliche Ursachen:** 1. Die Stromversorgung ist nicht richtig angeschlossen. 2. Der Controller hat schlechten Kontakt oder ist defekt. 3. Die Sicherung ist durchgebrannt oder das Netzteilmodul ist defekt. **Lösung:** Trennen Sie alle Kabelverbindungen und verbinden Sie sie wieder. Prüfen Sie, ob alle Kabelschnittstellen richtig und fest verbunden sind. Stellen Sie sicher, dass der Netzstecker in die Steckdose eingesteckt ist. Wenn die obigen Schritte das Problem nicht lösen, machen Sie bitte ein Video des Problems und kontaktieren Sie den After-Sales-Support unter support@yfs.life.
Der Schreibtisch ist schief oder unausgeglichen	**Mögliche Ursachen:** 1. Eine fehlerhafte Montage führt zu einem Ungleichgewicht. 2. Ein Tischbein oder eine Fußplatte befindet sich nicht auf derselben Ebene. **Lösung:** 1. Überprüfen Sie die Montageschritte, um sicherzustellen, dass jedes Bein korrekt installiert ist und der Schreibtisch waagerecht steht. 2. Passen Sie die Höhe der Fußplatten an, um den Schreibtisch auszurichten. 3. Falls das Problem nicht behoben wird, nehmen Sie ein Video der Störung auf und kontaktieren Sie den Kundendienst unter support@yfs.life.
Ungewöhnliche Geräusche oder ruckartige Bewegungen während der Höhenverstellung	**Mögliche Ursachen:** 1. Die Belastung des Desktops überschreitet das empfohlene Limit (nicht mehr als 80 kg). 2. Einige Verbindungen, insbesondere in der Nähe des Sync-Rods, sind locker. 3. Der Motor ist möglicherweise defekt. **Lösung:** 1. Überprüfen Sie, ob die auf dem Desktop platzierten Gegenstände das Gewichtslimit überschreiten, und reduzieren Sie gegebenenfalls die Last. 2. Ziehen Sie alle Schrauben und Verbindungen nach, um die Stabilität der Struktur zu gewährleisten. 3. Wenn das Problem nach diesen Schritten weiterhin besteht, nehmen Sie ein Video der Störung auf und kontaktieren Sie den Kundendienst unter support@yfs.life.
Das Handset zeigt "RST", "E07" oder "E08" an	**Mögliche Ursache:** Schlechter Kontakt des Motorkabels. **Lösung:** Überprüfen Sie, ob alle Kabelverbindungen korrekt und sicher sind, und führen Sie dann einen Reset durch. Wenn das Problem weiterhin besteht, machen Sie bitte ein Video des Problems und kontaktieren Sie den After-Sales-Support unter support@yfs.life.
Das Handset zeigt "HOT" an	**Mögliche Ursache:** Der Schreibtisch ist in den Überhitzungsschutzmodus eingetreten. **Lösung:** Warten Sie 20 Minuten, bevor Sie den Schreibtisch bedienen. Wenn das Problem weiterhin besteht, machen Sie bitte ein Video des Problems und kontaktieren Sie den After-Sales-Support unter support@yfs.life.

Wenn das Problem weiterhin besteht, machen Sie bitte ein Video des Problems und kontaktieren Sie den After-Sales-Support unter support@yfs.life

Français



Réglage de la hauteur

Appuyez et maintenez enfoncé le bouton ∧ ou ∨ pour régler la hauteur du bureau.



Fonctionnement de la hauteur mémorisée

1.Appuyez brièvement sur le bouton de mémoire 1 / 2 / 3 / 4 . Le bureau se déplacera automatiquement à la hauteur préréglée correspondante.

2.Hauteurs par défaut des touches de mémoire: Touche 1 : 72/73 cm, Touche 2: 89/90 cm, Touche 3: 104/105 cm, Touche 4: 117/118 cm.



Réglage de la hauteur mémorisée

Appuyez et maintenez enfoncé le bouton ∧ ou ∨ pour régler le bureau à la hauteur souhaitée. Appuyez et maintenez enfoncé le bouton 1 / 2 / 3 / 4 pendant 3 secondes jusqu'à ce que les chiffres sur l'écran commencent à clignoter, indiquant que la hauteur actuelle a été enregistrée avec succès.



Verrouillage enfant

1. Verrouillage: Appuyez et maintenez enfoncés simultanément les boutons 1 et 2 pendant 3 secondes. Lorsque l'écran affiche LOC , le bureau est verrouillé et ne peut pas être réglé.

2. Déverrouillage: Appuyez et maintenez enfoncés simultanément les boutons 1 et 2 pendant 3 secondes. Lorsque l'écran passe de LOC à l'affichage de la hauteur du bureau, le verrouillage enfant est désactivé.



Réinitialisation

1. Appuyez et maintenez ∨ pour abaisser le plateau à sa position la plus basse atteignable, puis relâchez.

2. Appuyez et maintenez ∨ pendant 5 secondes jusqu'à ce que RST apparaisse, puis relâchez.

3. Appuyez et maintenez ∨ à nouveau : le plateau s'abaissera davantage et remontera, et la hauteur actuelle s'affichera. Relâchez le bouton pour terminer la réinitialisation.

Questions Fréquemment Posées (FAQ)

Levage unilatéral du bureau	**Cause Possible:** La tige de synchronisation n'est pas installée correctement. **Solution:** Vérifiez si la tige de synchronisation est complètement insérée dans la colonne de la jambe. Si ce n'est pas le cas, abaissez le bureau à sa position la plus basse et réinstallez la tige de synchronisation en vous référant à l'autocollant d'installation de la jambe ou au manuel d'instructions. Si les étapes ci-dessus ne résolvent pas le problème, veuillez faire une vidéo du problème et contacter le support après-vente à support@yfs.life.

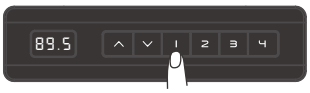
Le combiné ne fonctionne pas ou ne répond pas	**Causes Possibles:** 1. L'alimentation n'est pas connectée correctement. 2. Le contrôleur a un mauvais contact ou est défectueux. 3. Le fusible est grillé ou le module d'alimentation est défectueux. **Solution:** Déconnectez toutes les connexions de câble et reconnectez-les. Vérifiez si toutes les interfaces de câble sont connectées correctement et fermement. Assurez-vous que la fiche d'alimentation est insérée dans la prise de courant. Si les étapes ci-dessus ne résolvent pas le problème, veuillez faire une vidéo du problème et contacter le support après-vente à support@yfs.life.
Le bureau est incliné ou déséquilibré	**Causes possibles:** 1. Une installation incorrecte entraîne un déséquilibre. 2. Un des pieds ou patins n'est pas aligné au même niveau. **Solution:** 1. Revoyez les étapes d'installation pour vous assurer que chaque pied est correctement fixé et que le bureau est de niveau. 2. Ajustez la hauteur des patins pour rétablir l'équilibre du bureau. 3. Si le problème n'est pas résolu, enregistrez une vidéo du dysfonctionnement et contactez le service client à support@yfs.life.
Bruits inhabituels ou fonctionnement irrégulier lors du réglage de la hauteur	**Causes possibles:** 1. La charge sur le desktop dépasse la limite recommandée (ne pas excéder 80 kg). 2. Certaines connexions du bureau, notamment près de la tige de synchronisation, sont desserrées. 3. Le moteur peut être défectueux. **Solution:** 1. Vérifiez si les objets sur le desktop dépassent le poids recommandé et réduisez la charge si nécessaire. 2. Vérifiez et resserrez toutes les vis et connexions pour assurer la stabilité de la structure du bureau. 3. Si le problème persiste, enregistrez une vidéo du dysfonctionnement et contactez le service client à support@yfs.life.
Le combiné affiche "RST", "E07" ou "E08"	**Cause Possible:** Mauvais contact du câble du moteur. **Solution:** Vérifiez que toutes les connexions de câble sont correctes et sécurisées, puis effectuez une réinitialisation. Si le problème persiste, veuillez faire une vidéo du problème et contacter le support après-vente à support@yfs.life.
Le combiné affiche "HOT"	**Cause Possible:** Le bureau est entré en mode de protection contre la surchauffe. **Solution:** Attendez 20 minutes avant d'utiliser le bureau. Si le problème persiste, veuillez faire une vidéo du problème et contacter le support après-vente à support@yfs.life.
Si le problème persiste, veuillez faire une vidéo du problème et contacter le support après-vente à support@yfs.life	

Español



Ajuste de altura

Mantenga presionado el botón ∧ o ∨ para ajustar la altura del escritorio.



Funcionamiento de altura de memoria

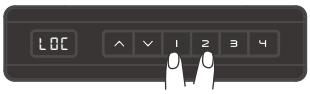
1.Presione brevemente el botón de memoria 1 / 2 / 3 / 4 . El escritorio se moverá automáticamente a la altura preestablecida correspondiente.

2.Alturas predeterminadas de las teclas de memoria: Tecla 1 : 72/73 cm, Tecla 2 : 89/90 cm, Tecla 3 : 104/105 cm, Tecla 4 : 117/118 cm.



Configuración de altura de memoria

Mantenga presionado el botón ∧ o ∨ para ajustar el escritorio a la altura deseada. Mantenga presionado el botón 1 / 2 / 3 / 4 durante 3 segundos hasta que los números en la pantalla comiencen a parpadear, indicando que la altura actual se ha guardado correctamente.



Bloqueo infantil

1. Bloqueo: Mantenga presionados simultáneamente los botones 1 y 2 durante 3 segundos. Cuando la pantalla muestra LOC , el escritorio está bloqueado y no se puede ajustar.

2. Desbloqueo: Mantenga presionados simultáneamente los botones 1 y 2 durante 3 segundos. Cuando la pantalla cambia de LOC a mostrar la altura del escritorio, el bloqueo infantil se desactiva.



Restablecimiento

1. Mantenga presionado ∨ para bajar el tablero a su posición más baja alcanzable, luego suelte.

2. Mantenga presionado ∨ durante 5 segundos hasta que aparezca RST , luego suelte.

3. Mantenga presionado ∨ nuevamente: el tablero bajará aún más y rebotará, y se mostrará la altura actual. Suelte el botón para completar el restablecimiento.

Preguntas Frecuentes (FAQ)

Elevación unilateral del escritorio	**Posible Causa:** La varilla de sincronización no está instalada correctamente. **Solución:** Verifique si la varilla de sincronización está completamente insertada en la columna de la pata. Si no, baje el escritorio a su posición más baja y vuelva a instalar la varilla de sincronización consultando la etiqueta de instalación de la pata o el manual de instrucciones. Si los pasos anteriores no resuelven el problema, haga un video del problema y póngase en contacto con el soporte posventa en support@yfs.life.

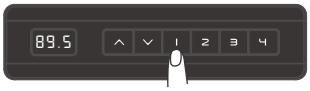
El teléfono no funciona o no responde	**Posibles Causas:** 1. La alimentación no está conectada correctamente. 2. El controlador tiene mal contacto o no funciona correctamente. 3. El fusible está fundido o el módulo de alimentación está defectuoso. **Solución:** Desconecte todas las conexiones de cables y vuelva a conectarlas. Verifique si todas las interfaces de cables están conectadas correcta y firmemente. Asegúrese de que el enchufe de alimentación esté insertado en la toma de corriente. Si los pasos anteriores no resuelven el problema, haga un video del problema y póngase en contacto con el soporte posventa en support@yfs.life.
El escritorio está inclinado o desequilibrado	**Posibles causas:** 1. Una instalación incorrecta que causa desequilibrio. 2. Una de las patas o almohadillas no está al mismo nivel. **Solución:** 1. Revise los pasos de instalación para asegurarse de que cada pata esté instalada correctamente y el escritorio esté nivelado. 2. Ajuste la altura de las almohadillas para restablecer el equilibrio. 3. Si el problema persiste, grabe un video del fallo y contacte al servicio de atención al cliente en support@yfs.life.
Ruidos inusuales o movimiento irregular durante el ajuste de altura	**Posibles causas:** 1. La carga sobre el desktop supera el límite recomendado (no más de 80 kg). 2. Algunas conexiones del escritorio, especialmente cerca de la barra de sincronización, están flojas. 3. El motor puede estar defectuoso. **Solución:** 1. Verifique si los objetos sobre el desktop exceden el límite de peso y reduzca la carga si es necesario. 2. Revise y apriete todos los tornillos y conectores para asegurar la estabilidad de la estructura. 3. Si el problema persiste, grabe un video del fallo y contacte al servicio de atención al cliente en support@yfs.life.
El teléfono muestra "RST", "E07" o "E08"	**Posible Causa:** Mala conexión del cable del motor. **Solución:** Verifique que todas las conexiones de cables sean correctas y seguras, luego realice un restablecimiento. Si el problema persiste, haga un video del problema y póngase en contacto con el soporte posventa en support@yfs.life.
El teléfono muestra "HOT"	**Posible Causa:** El escritorio ha entrado en modo de protección contra sobrecalentamiento. **Solución:** Espere 20 minutos antes de operar el escritorio. Si el problema persiste, haga un video del problema y póngase en contacto con el soporte posventa en support@yfs.life.
Si el problema persiste, haga un video del problema y póngase en contacto con el soporte posventa en support@yfs.life	

Italiano



Regolazione dell'altezza

Tenere premuto il pulsante ∧ o ∨ per regolare l'altezza della scrivania.



Funzionamento dell'altezza memorizzata

1.Premere brevemente il pulsante di memoria 1 / 2 / 3 / 4 . La scrivania si sposterà automaticamente all'altezza preimpostata corrispondente.

2.Altezze predefinite dei tasti di memoria:Tasto 1:72/73 cm, Tasto 2:89/90 cm, Tasto 3: 104/105 cm, Tasto 4: 117/118 cm.



Impostazione dell'altezza memorizzata

Tenere premuto il pulsante ∧ o ∨ per regolare la scrivania all'altezza desiderata. Tenere premuto il pulsante 1 / 2 / 3 / 4 per 3 secondi finché i numeri sul display non iniziano a lampeggiare, indicando che l'altezza corrente è stata salvata correttamente.



Blocco bambini

1. Blocco: Premere e tenere premuti contemporaneamente i pulsanti 1 e 2 per 3 secondi. Quando il display mostra LOC, la scrivania è bloccata e non può essere regolata.

2. Sblocco: Premere e tenere premuti contemporaneamente i pulsanti 1 e 2 per 3 secondi. Quando il display cambia da LOC a mostrare l'altezza della scrivania, il blocco bambini viene rilasciato.



Ripristino

1. Tenere premuto ∨ per abbassare il desktop alla sua posizione più bassa raggiungibile, quindi rilasciare.

2. Tenere premuto ∨ per 5 secondi finché non appare RST, quindi rilasciare.

3. Tenere premuto ∨ di nuovo: il desktop si abbasserà ulteriormente e rimbalzerà, e verrà visualizzata l'altezza corrente. Rilasciare il pulsante per completare il reset.

Domande Frequenti (FAQ)

Sollevamento unilaterale della scrivania	**Causa Possibile:** L'asta di sincronizzazione non è installata correttamente. **Soluzione:** Verificare se l'asta di sincronizzazione è completamente inserita nella colonna della gamba. In caso contrario, abbassare la scrivania nella sua posizione più bassa e reinstallare l'asta di sincronizzazione facendo riferimento all'adesivo di installazione della gamba o al manuale di istruzioni. Se i passaggi precedenti non risolvono il problema, si prega di fare un video del problema e contattare l'assistenza post-vendita all'indirizzo support@yfs.life.

Telecomando non funziona o non risponde	**Cause Possibili:** 1. L'alimentazione non è collegata correttamente. 2. Il controller ha scarso contatto o non funziona correttamente. 3. Il fusibile è bruciato o il modulo di alimentazione è difettoso. **Soluzione:** Scollegare tutti i collegamenti dei cavi e ricollegarli. Verificare se tutte le interfacce dei cavi sono collegate correttamente e saldamente. Assicurarsi che la spina di alimentazione sia inserita nella presa di corrente. Se i passaggi precedenti non risolvono il problema, si prega di fare un video del problema e contattare l'assistenza post-vendita all'indirizzo support@yfs.life.
Il tavolo risulta inclinato o sbilanciato	**Possibili cause:** 1. Un'installazione errata che causa squilibrio. 2. Una delle gambe o dei piedini non è allineata correttamente. **Soluzione:** 1. Verificare i passaggi di installazione per assicurarsi che ogni gamba sia montata correttamente e che il tavolo sia livellato. 2. Regolare l'altezza dei piedini per riportare il desktop in posizione orizzontale. 3. Se il problema persiste, registrare un video del malfunzionamento e contattare l'assistenza clienti a support@yfs.life.
Rumori insoliti o movimento irregolare durante l'alzata del tavolo	**Possibili cause:** 1. Il carico sul desktop supera il limite consigliato (non oltre 80 kg). 2. Alcune connessioni del tavolo sono allentate, in particolare vicino alla barra di sincronizzazione. 3. Il motore potrebbe essere difettoso. **Soluzione:** 1. Verificare se gli oggetti sul desktop superano il limite di peso e ridurre il carico se necessario. 2. Controllare e stringere tutte le viti e i connettori per garantire la stabilità della struttura. 3. Se il problema persiste, registrare un video del malfunzionamento e contattare l'assistenza clienti a support@yfs.life.
Il telecomando visualizza "RST", "E07" o "E08"	**Causa Possibile:** Scarso contatto del cavo del motore. **Soluzione:** Verificare che tutti i collegamenti dei cavi siano corretti e sicuri, quindi eseguire un ripristino. Se il problema persiste, si prega di fare un video del problema e contattare l'assistenza post-vendita all'indirizzo support@yfs.life.
Il telecomando visualizza "HOT"	**Causa Possibile:** La scrivania è entrata in modalità di protezione dal surriscaldamento. **Soluzione:** Attendere 20 minuti prima di utilizzare la scrivania. Se il problema persiste, si prega di fare un video del problema e contattare l'assistenza post-vendita all'indirizzo support@yfs.life.
Se il problema persiste, si prega di fare un video del problema e contattare l'assistenza post-vendita all'indirizzo support@yfs.life	

Looking for help?

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support @yfs.life

For assembly assistance,You can send us emails.



V1 Please keep this manual for after-sales use.