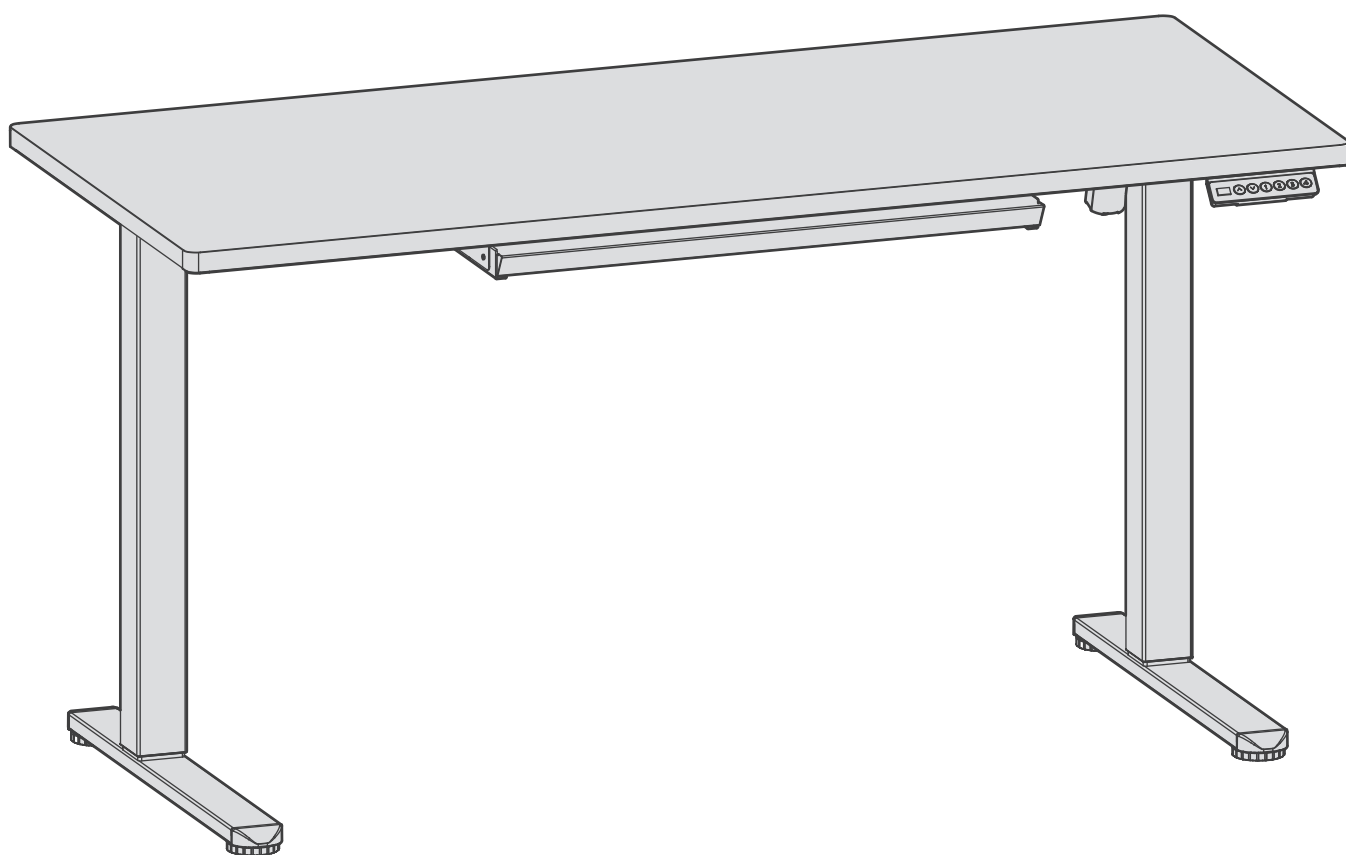


ASSEMBLY INSTRUCTIONS



▶ Scan QR code for
installation video



For assembly assistance,
✉ support@yfs.life 🌐 yfs.life/sde0194-jz1



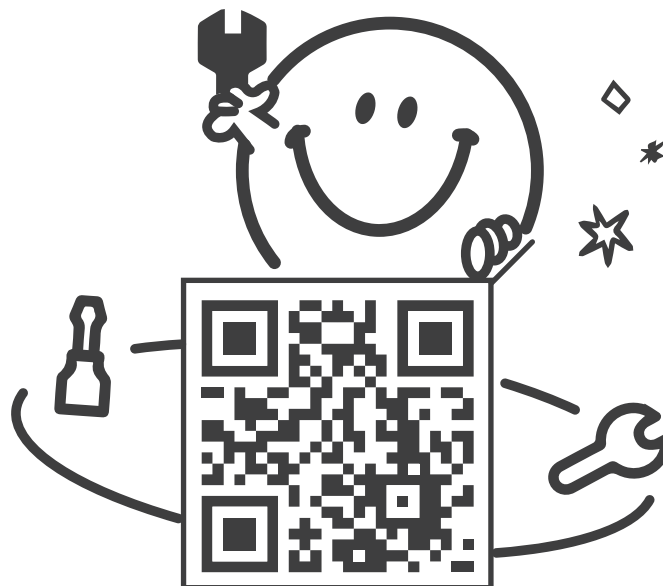
Caution

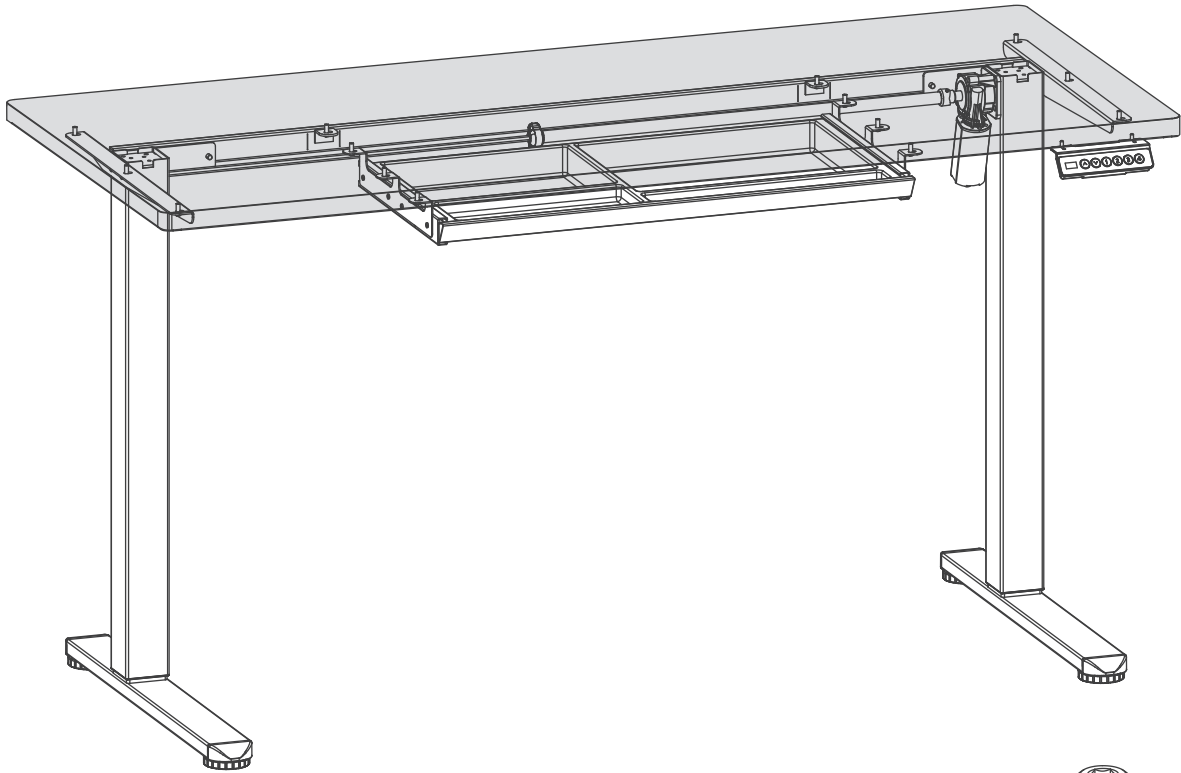
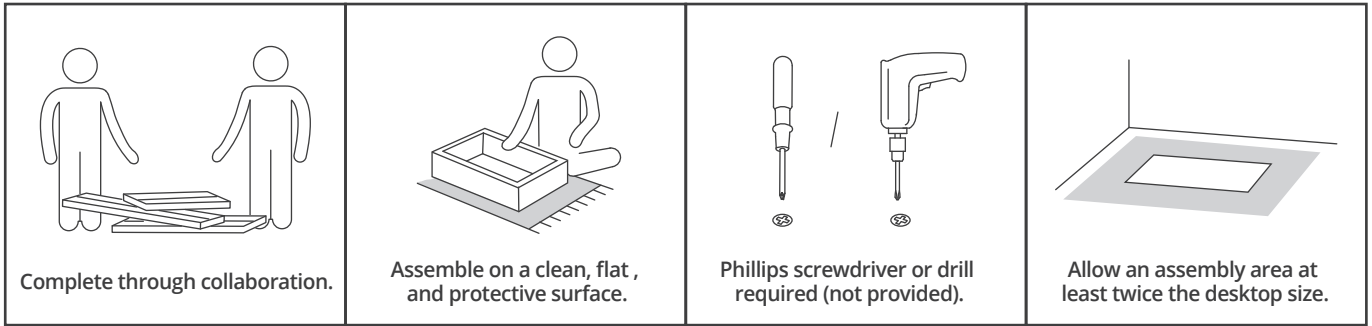
- Keep children and animals away from the desk during use. Ensure the desktop is not touching any walls.
- Remove obstacles taller than 20"/51cm from underneath the desk.
- Operate only in a working environment temperature of 32°F-104°F/0°C-40°C.
- Keep product away from corrosive gases, liquids and dusty objects.
- Keep hands, feet and other body parts in a safe position during operation. Anti-collision is not automatically enabled during all resets.
- The company does not bear any warranty or liability for damage and human injury caused by any abnormal or un-intended operation of the equipment.
- It is necessary to perform a manual reset after the initial installation or power cycling the equipment.

Assembly Guide



Scan the QR code for installation videos and detailed user instructions.





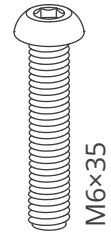
A x2



B x8



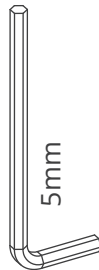
C x6 (48")
x14 (55")



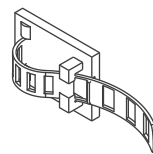
D x8



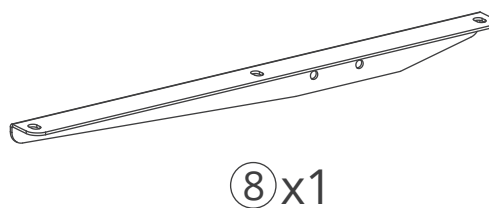
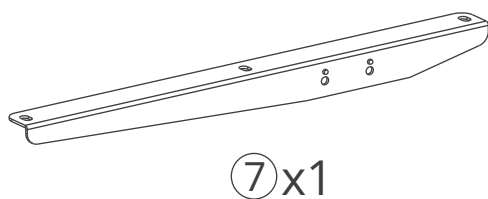
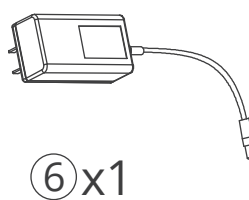
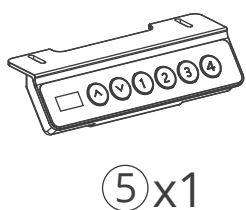
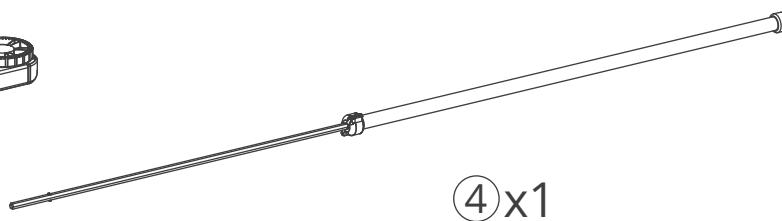
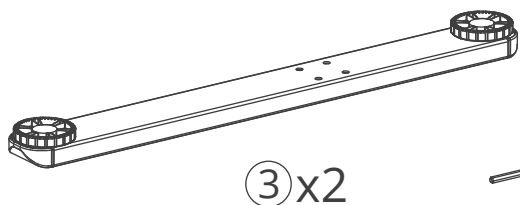
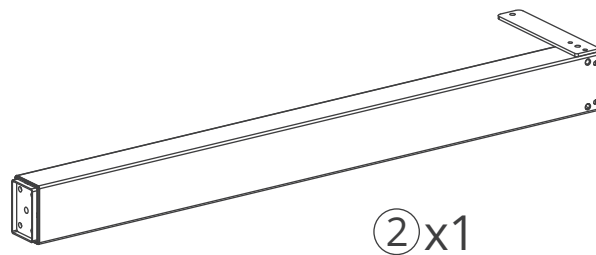
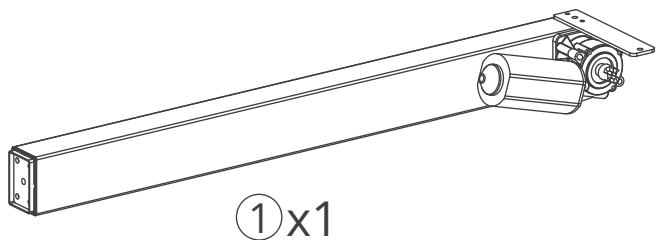
E x1



F x1

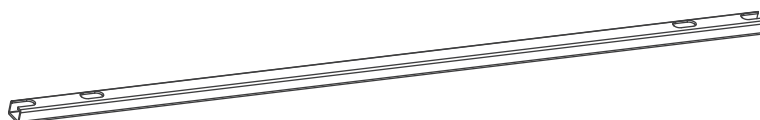


G x2

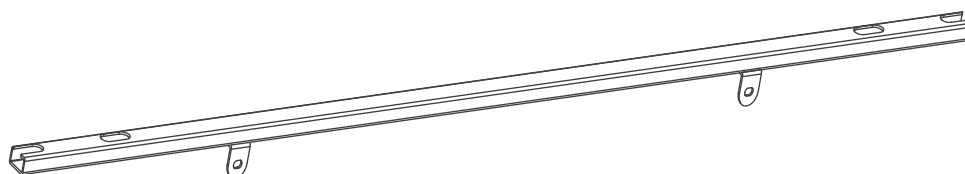


⑨

48"
(1060mm)



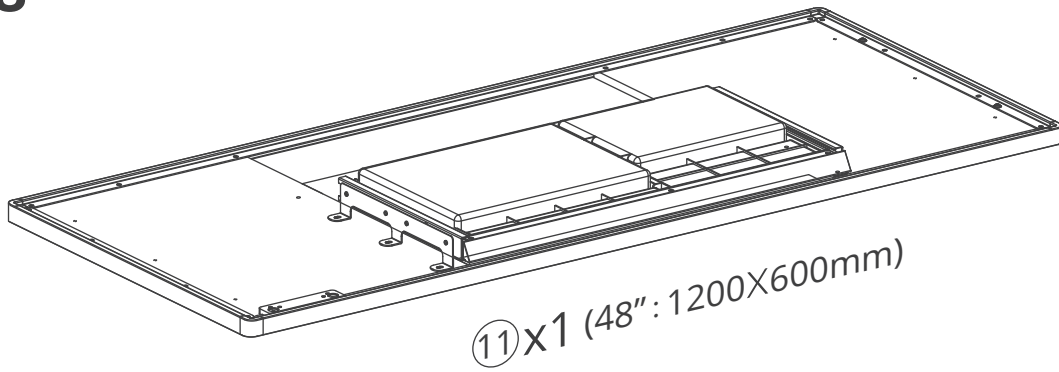
55"
(1260mm)



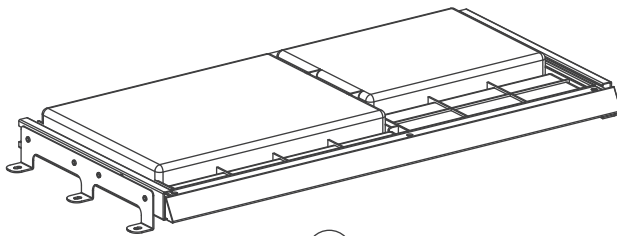


48" Desktop: Drawer is pre-assembled.
55" Desktop: Requires user assembly.

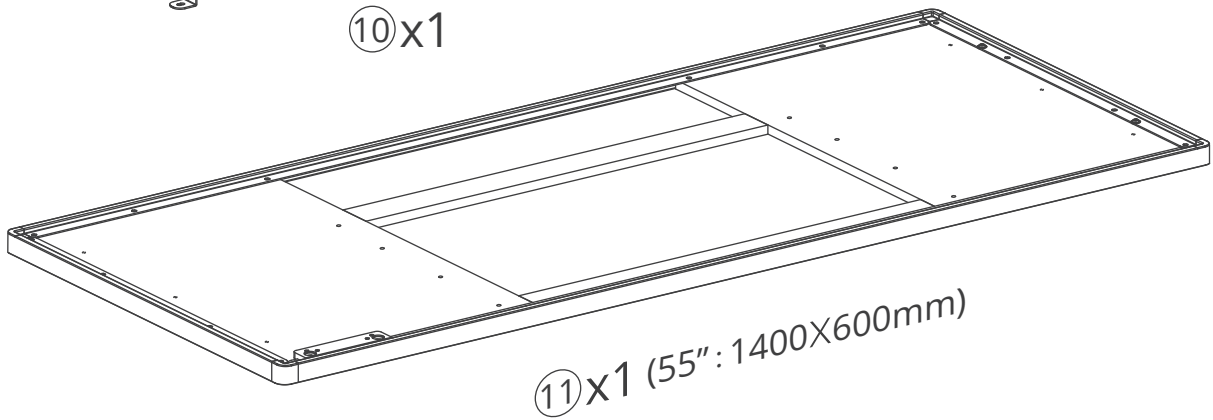
48"



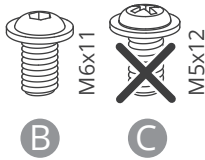
55"



⑩x1



1



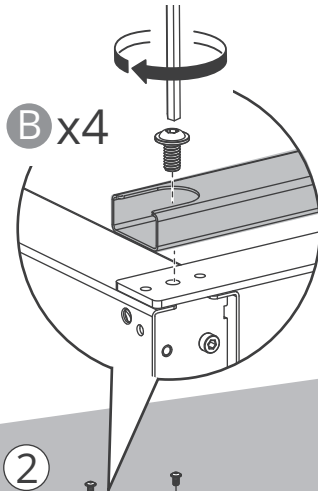
▲ NOTE

Please use the No. **B** screw M6x11, Not No. **C** screw.

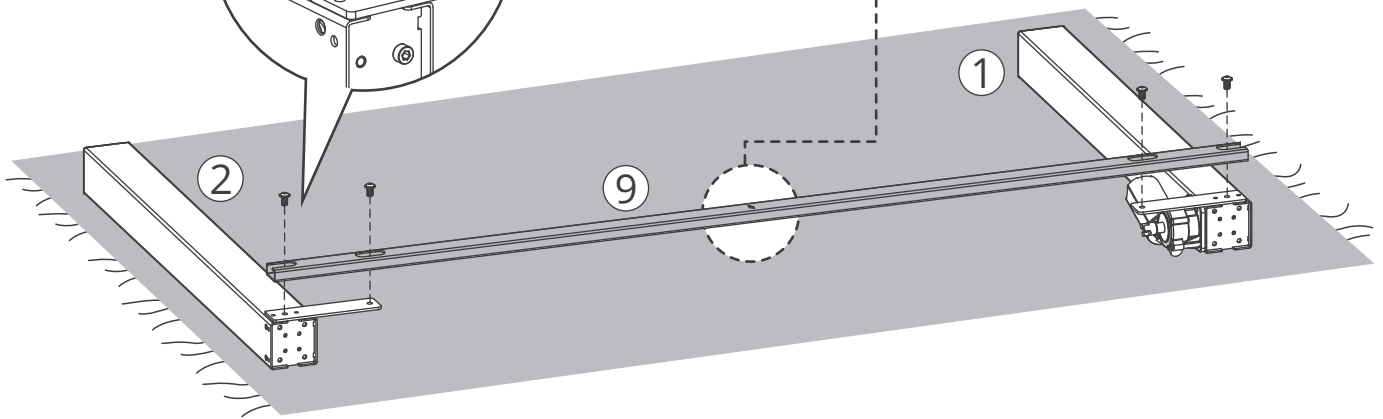
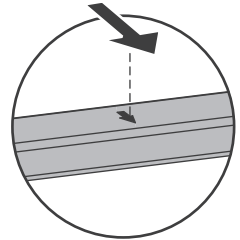
(48" : 1060mm)



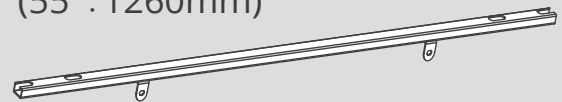
48"



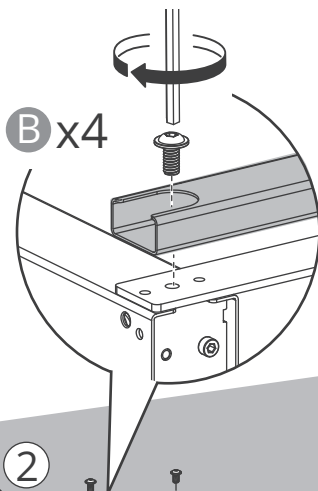
Note: The arrow is facing outward.



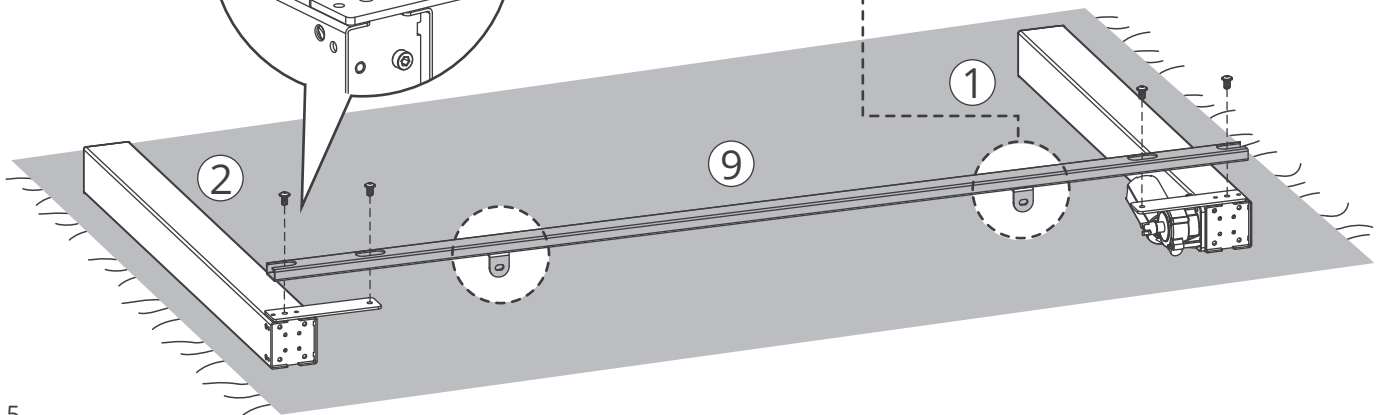
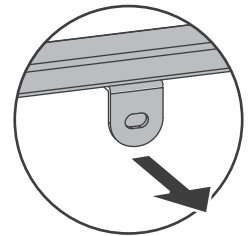
(55" : 1260mm)



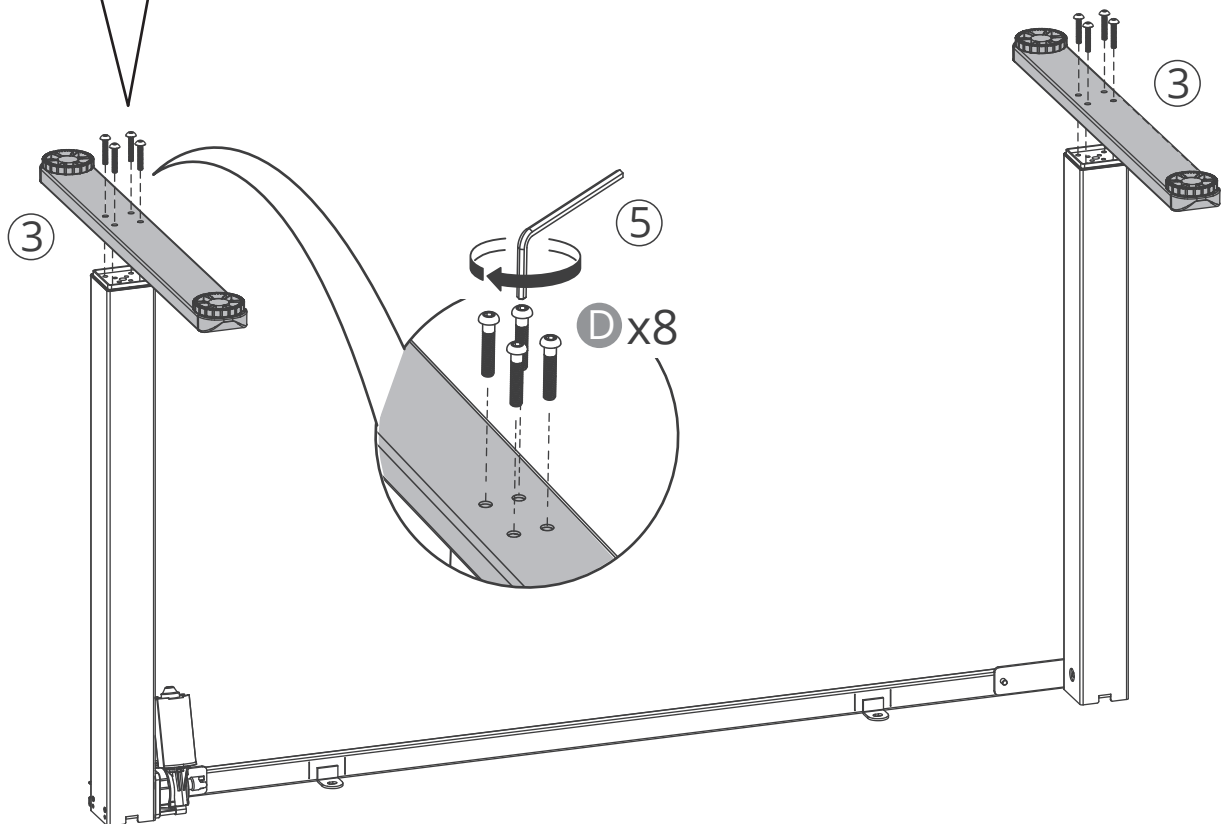
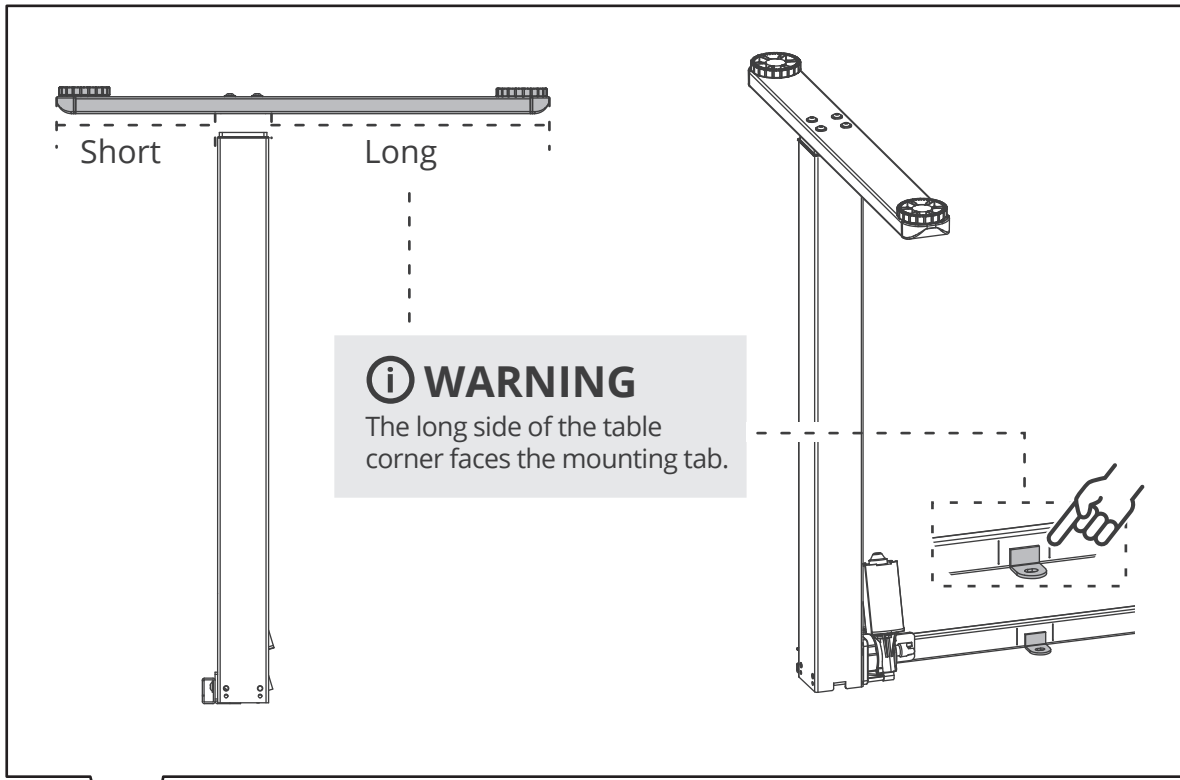
55"



Mounting tabs must face down and towards you.



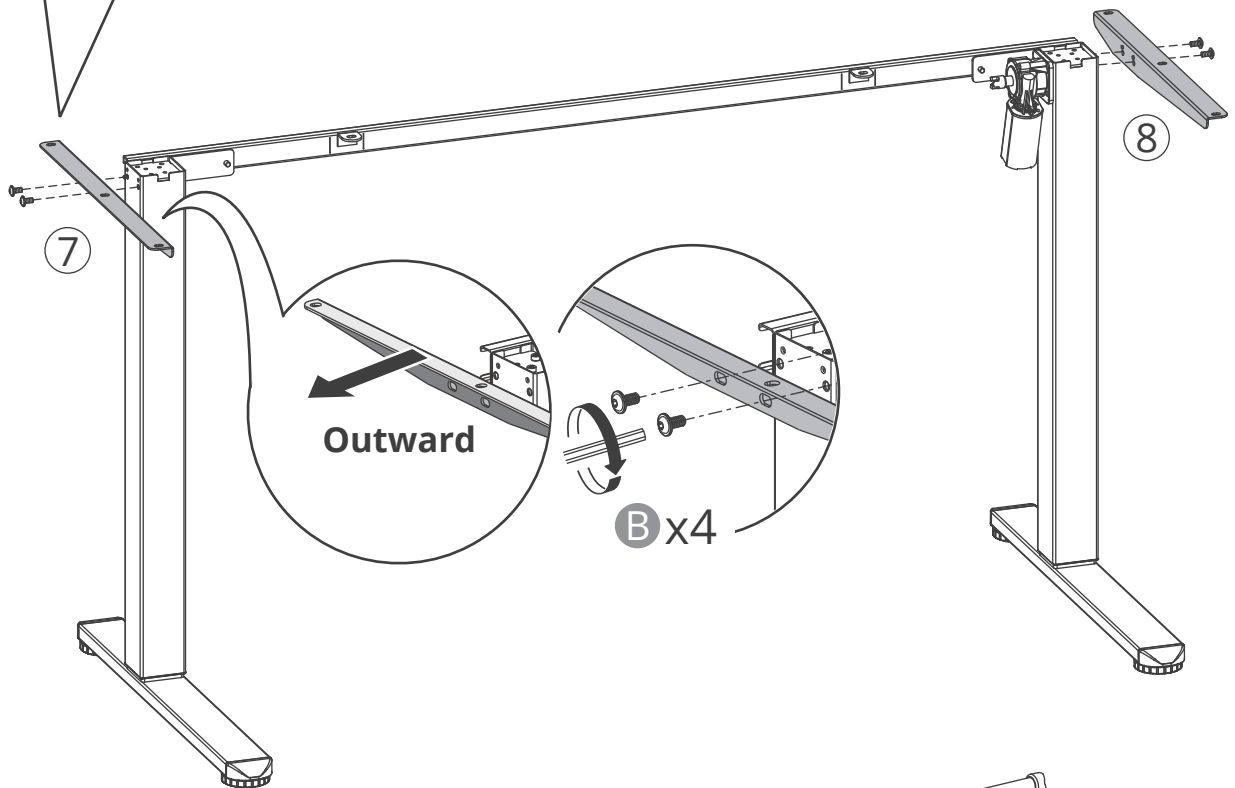
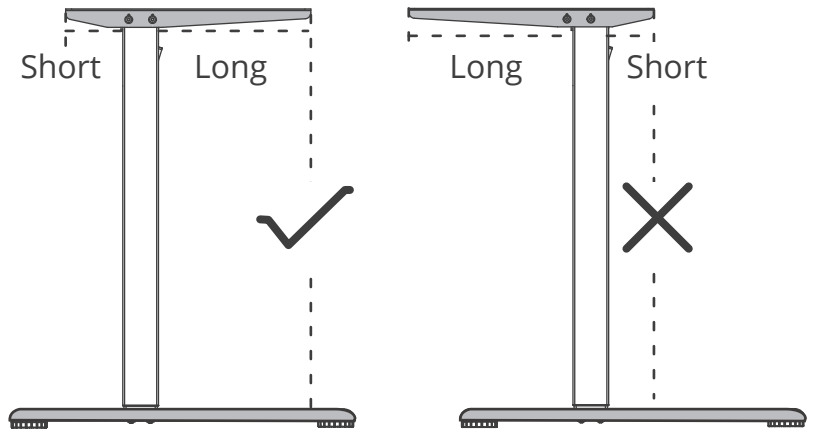
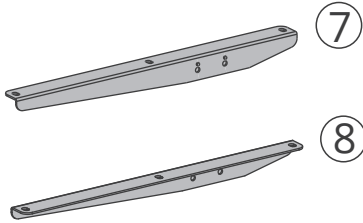
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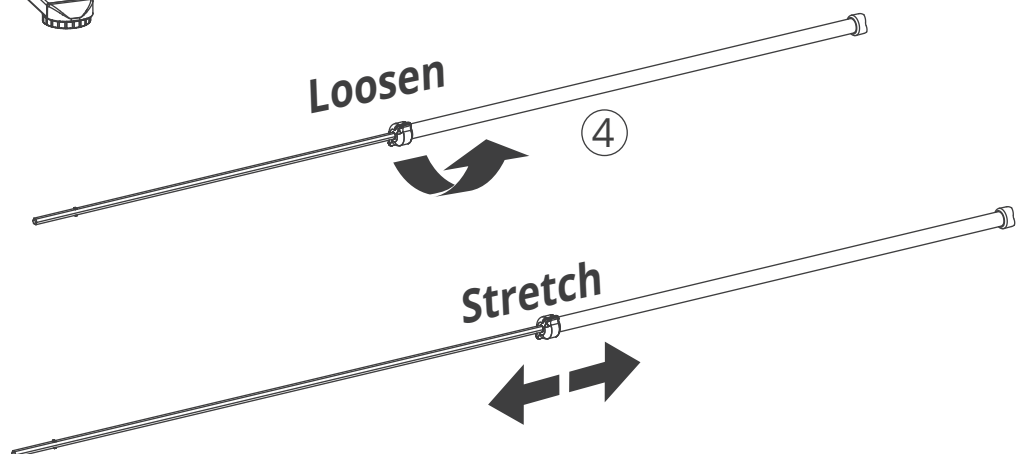
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i NOTE

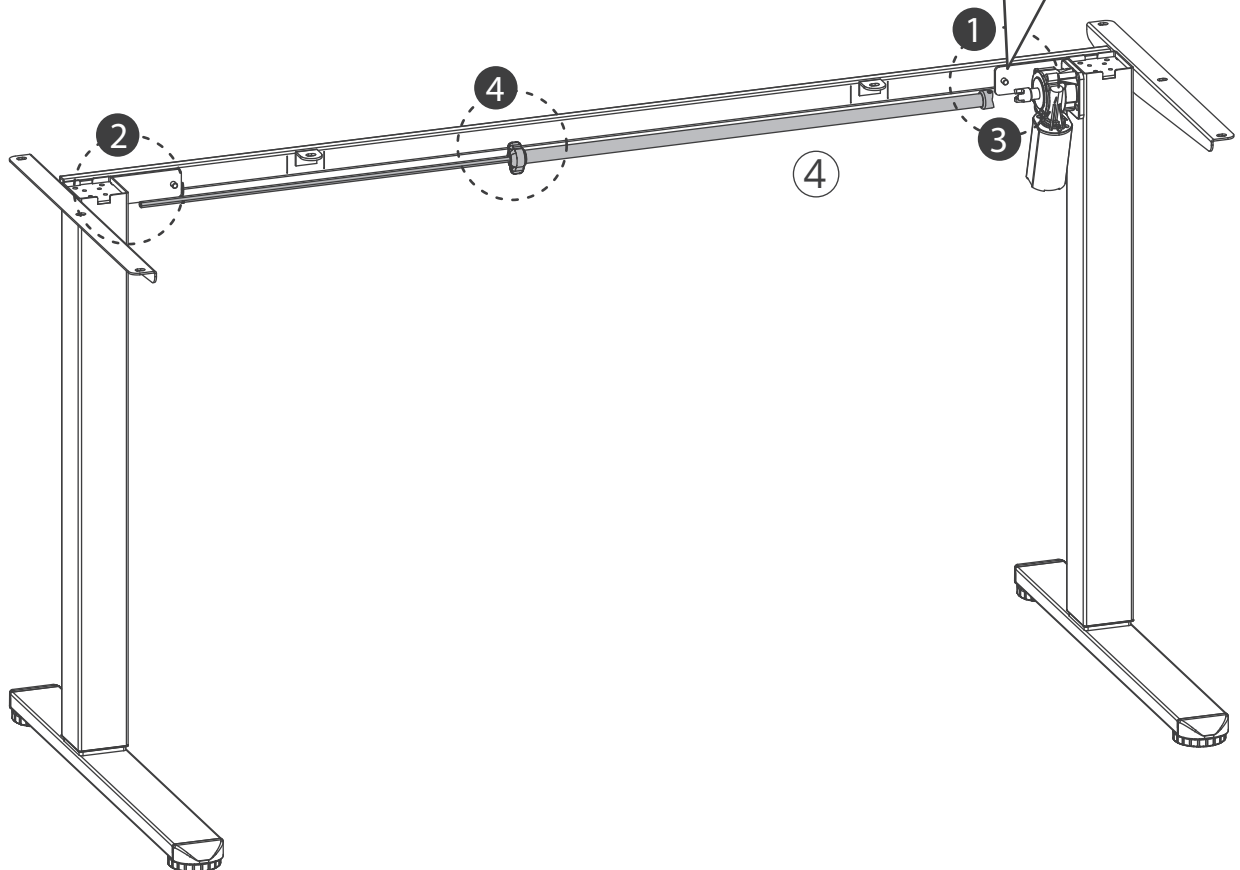
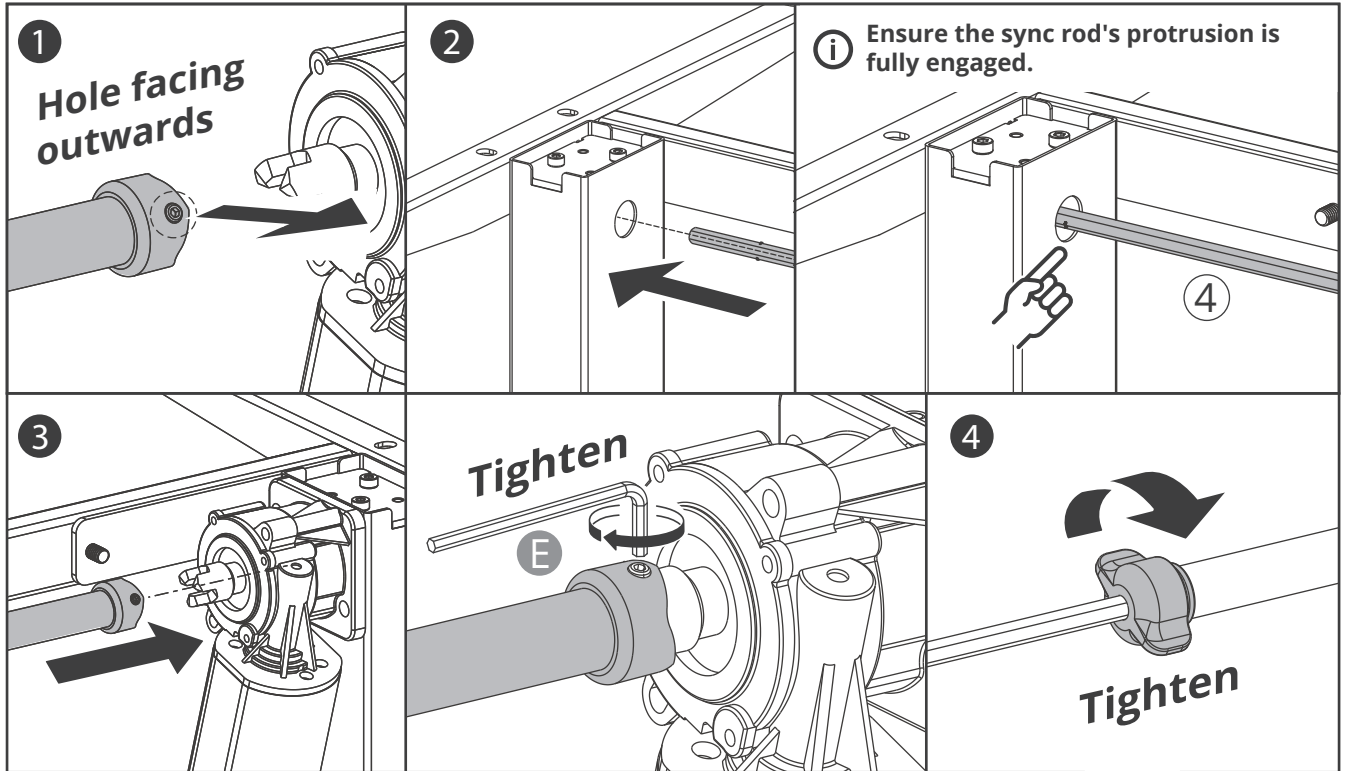
Place the long side of the foot on the same side as the long side of the side bracket.



4



5

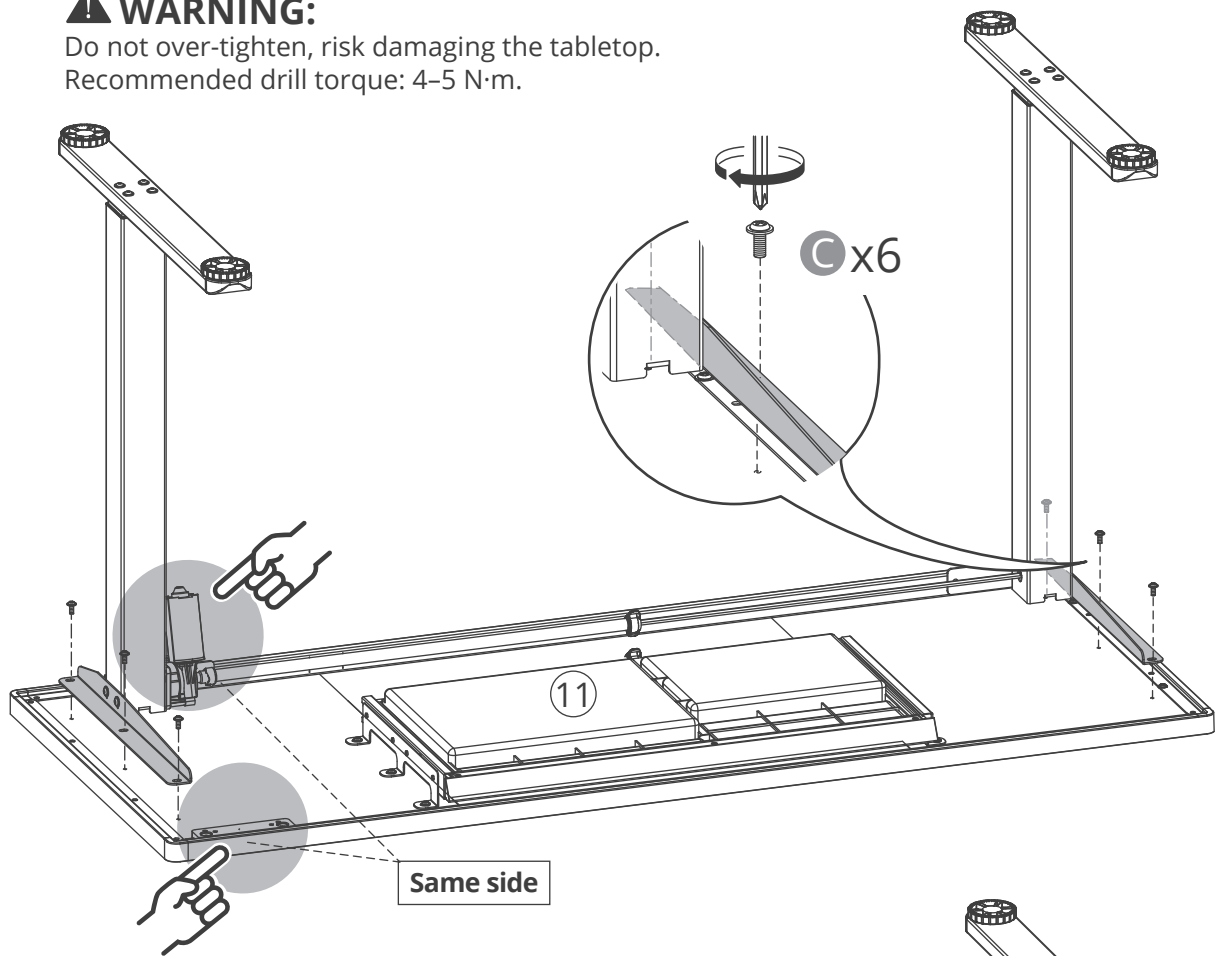


6

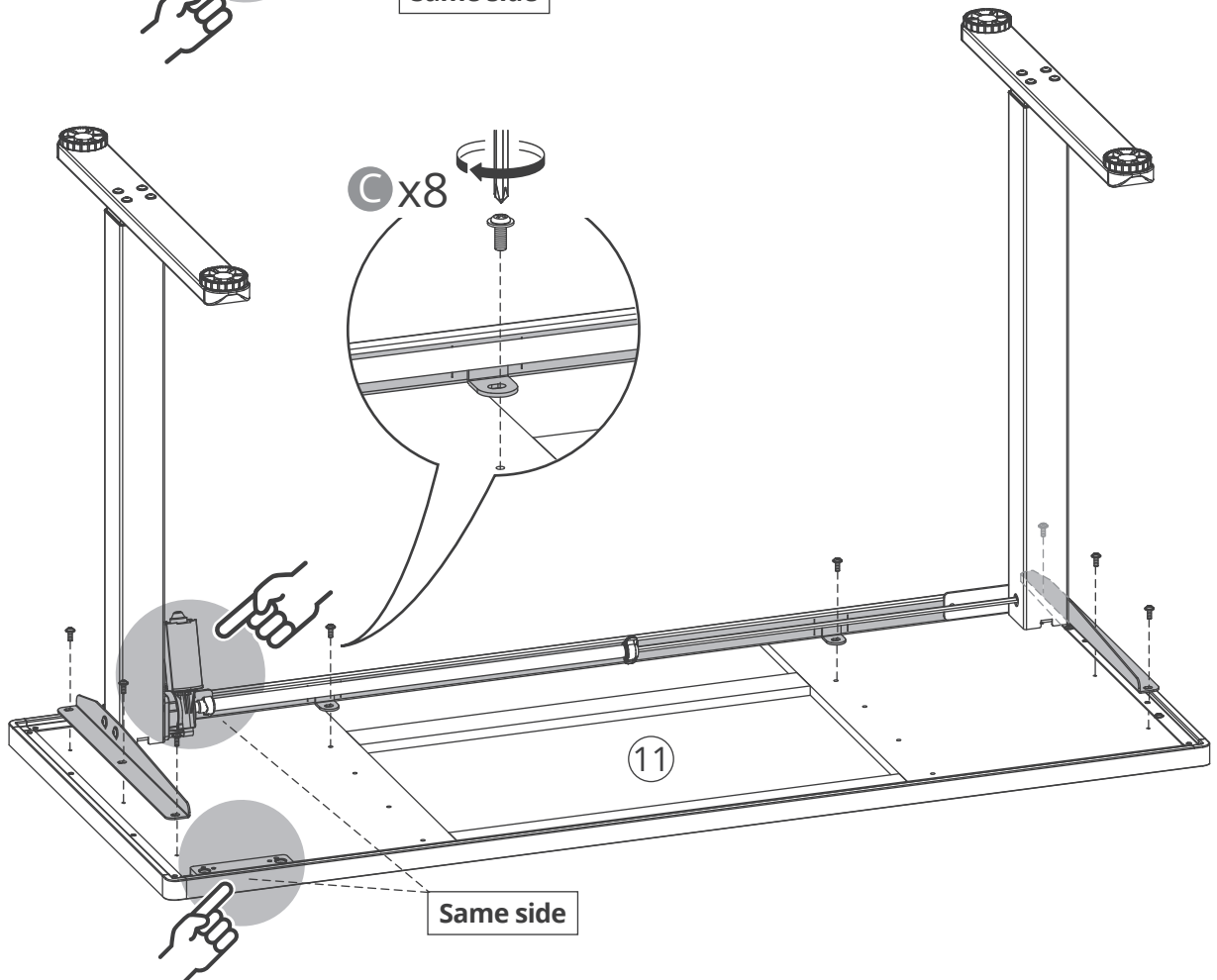
⚠ WARNING:

Do not over-tighten, risk damaging the tabletop.
Recommended drill torque: 4-5 N·m.

48"

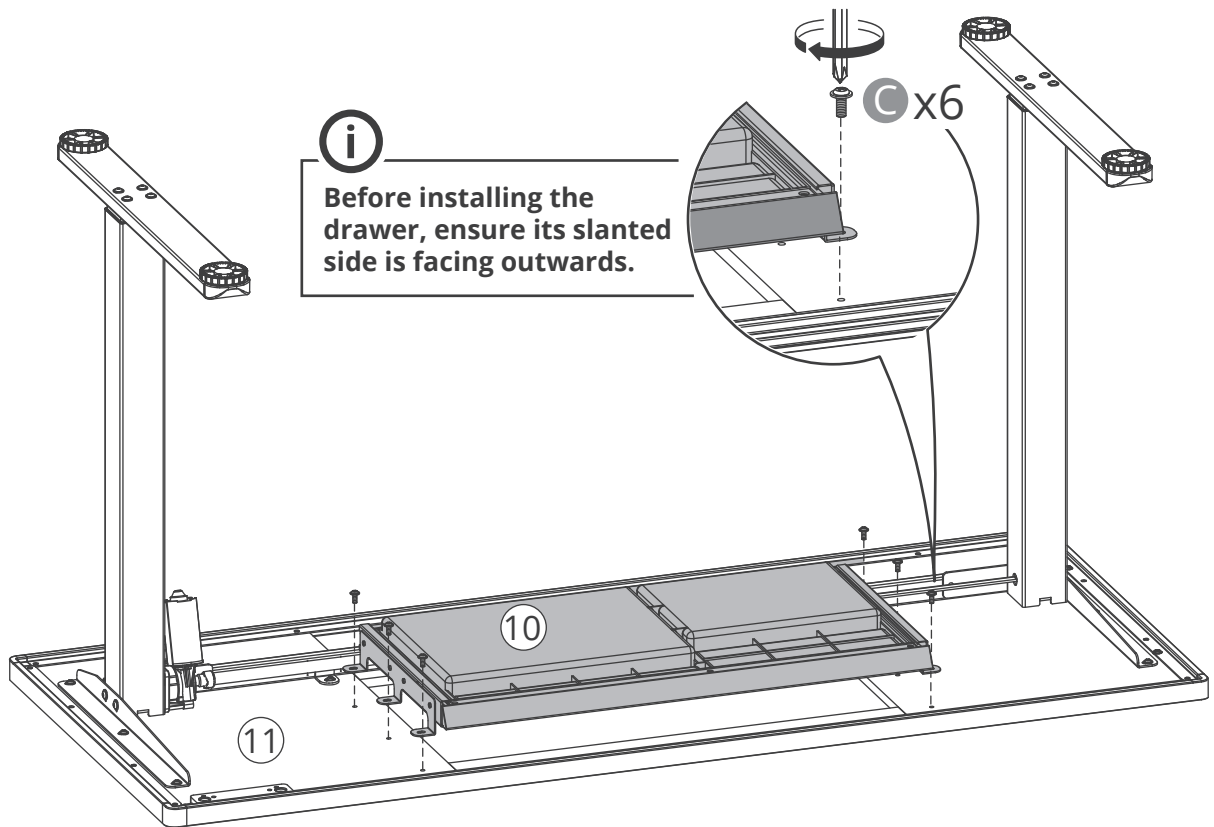


55"

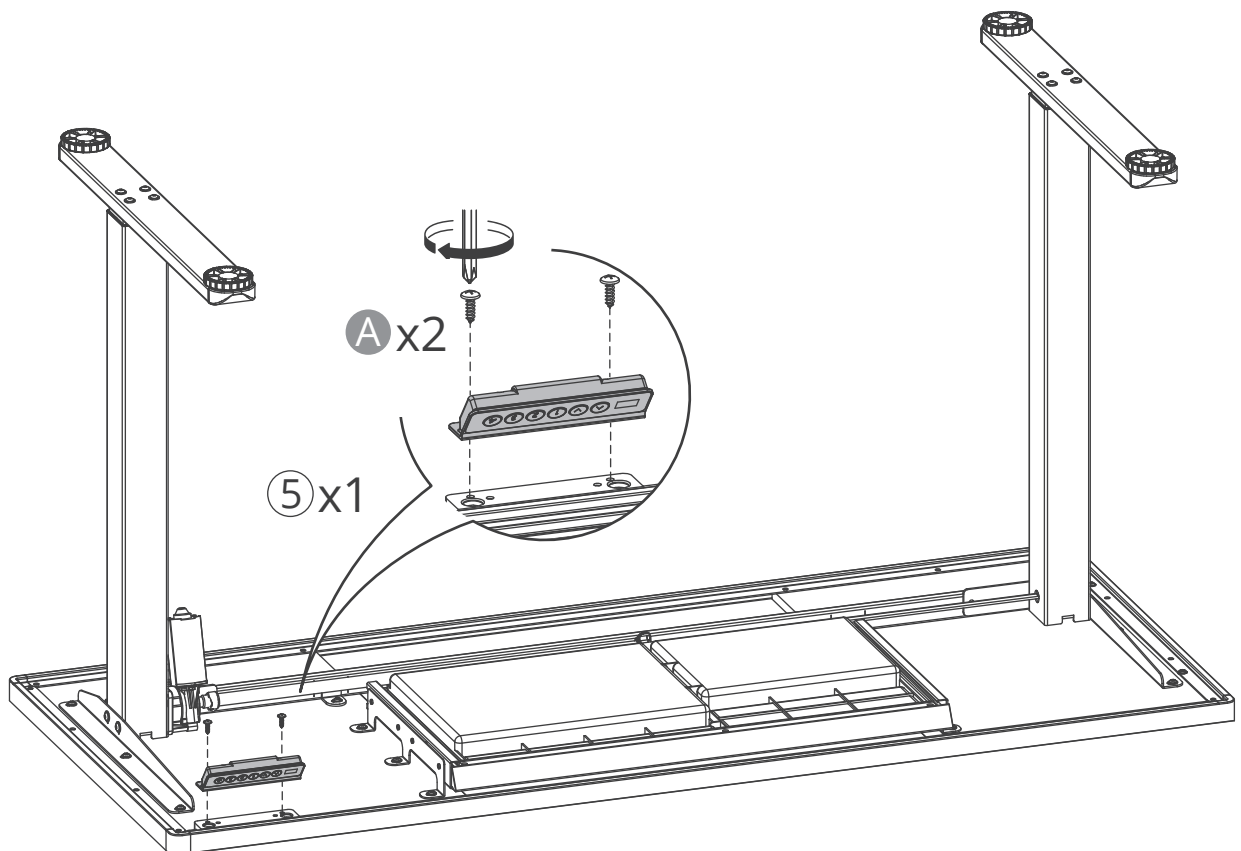


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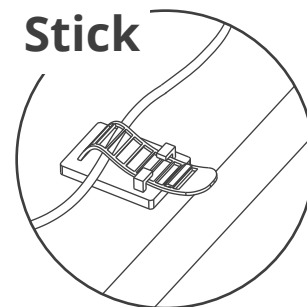
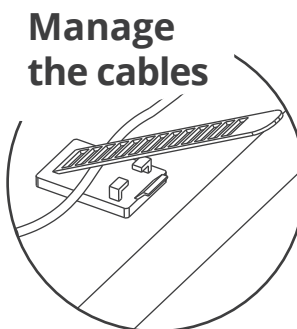
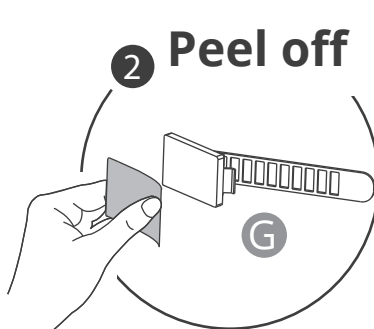
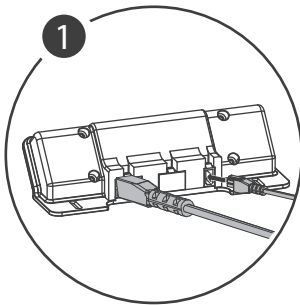
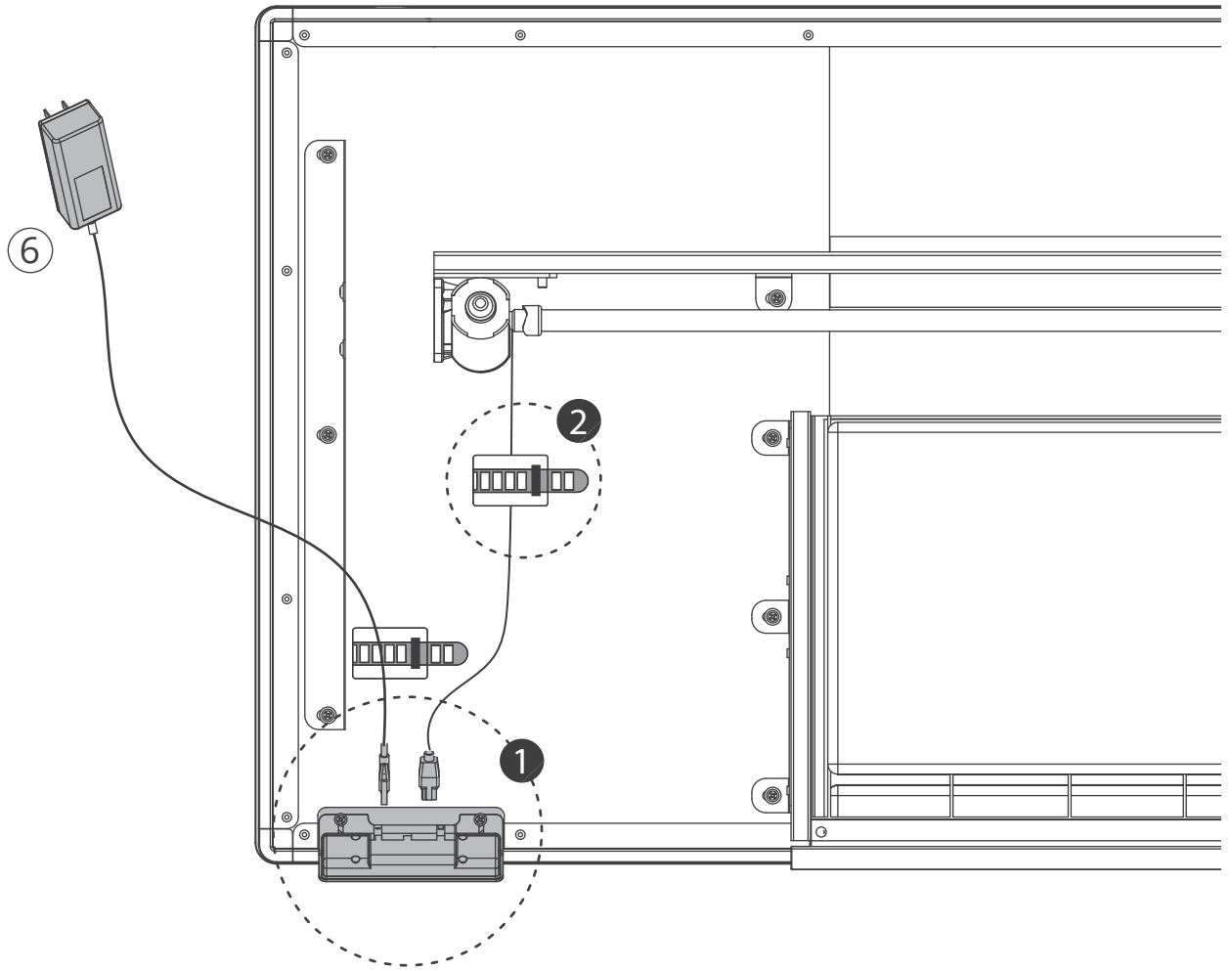
i 48" Desktop: Drawer is pre-assembled.
55" Desktop: Requires user assembly.



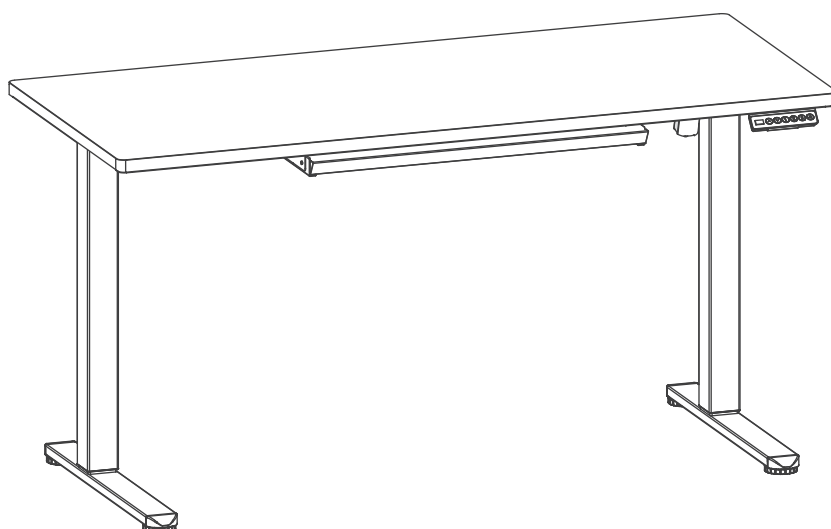
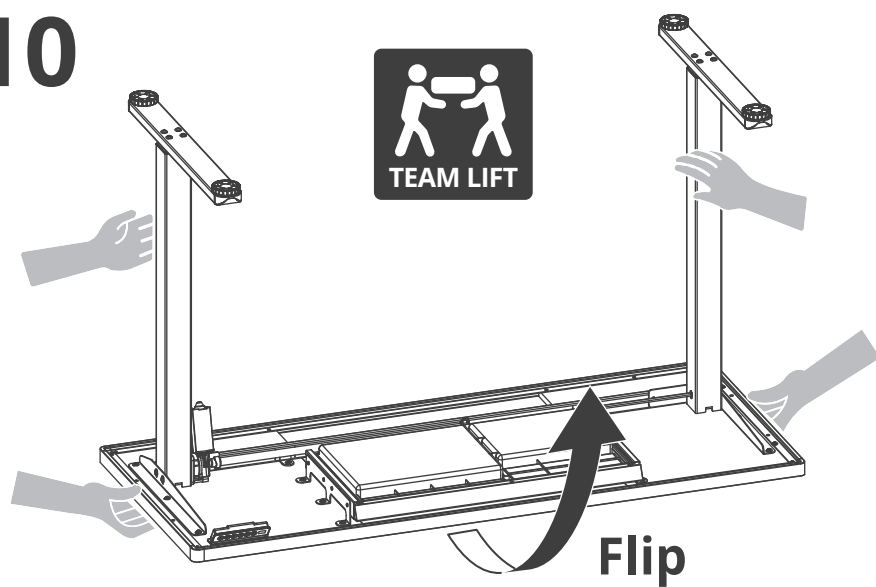
8



9

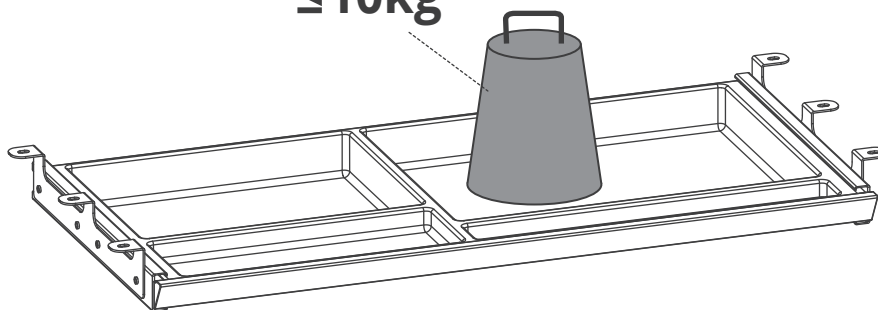


10

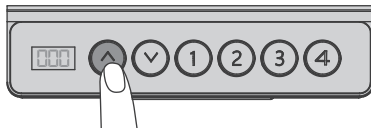


Drawer Load: Do not exceed 10 kg (22 lbs).

$\leq 10\text{kg}$

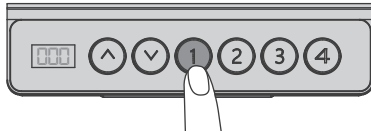


Handset Operation Instructions



Height Adjustment

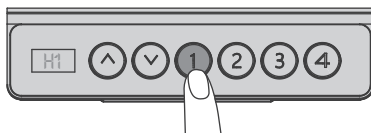
Press and hold the or button to adjust the height.



Memory Function

Briefly press the ①, ②, ③, or ④ memory button to automatically adjust the tabletop to the preset height.

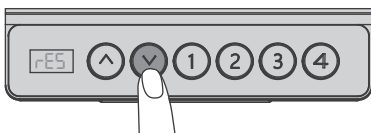
① : 72 cm (28.3 in), ② : 87 cm (34.4 in), ③ : 103 cm (40.4 in), ④ : 118 cm (46.5 in).



Memory Height Setting

Adjust the tabletop to the desired height by pressing and holding the or button.

Then, press and hold the ①, ②, ③, or ④ button until , , , or appears on the display to save the current height to the corresponding memory position.



Reset Function

If the system malfunctions or the display shows , you need to reset the standing desk.

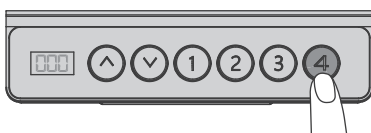
1. Press and hold the button for 5 seconds. The handset will display , indicating that the desk has entered reset mode.

2. The desk will move to its lowest height (28.3 in / 72 cm) and then slightly rebound. The lowest height value will be displayed, confirming the reset is complete.



Waking the Display

Press any button to wake the display. The desk will perform the button's function simultaneously.



Adjusting Settings

Press and hold the ④ for 10 seconds to enter the settings menu (display shows).

Menu Controls

or : Cycle through options.

④ : Select an item or save a setting.

① : Go back one level.

Exit: Menu closes after 12 seconds of inactivity.

Setting	On-Screen Code	How to Adjust	Options
Display Units		Press ④ to edit. Use / to choose, then ④ to save.	(Metric) (Imperial)
Display Brightness		Press ④ to edit. Use / to choose, then ④ to save.	(Low) (Normal) (High)
Collision Sensitivity		Press ④ to edit. Use / to choose, then ④ to save.	(Low) (Normal) (High) (Disabled)

Frequently Asked Questions (FAQ)

<p>One-Sided Desk Lifting</p>	<p>Possible Cause</p> <p>The sync rod may not be properly installed.</p> <p>Solution</p> <ol style="list-style-type: none"> 1. Check that the sync rod is fully inserted into the desk leg. If it isn't, adjust the desktop to a level position and refer to the leg installation sticker or manual to reinstall the sync rod. 2. If the issue persists after these steps, record a video of the problem and contact customer support at support@yfs.life.
<p>Handset Malfunction or No Response</p>	<p>Possible Causes</p> <ol style="list-style-type: none"> 1. The power connection is not secure. 2. The control box may have poor contact or be faulty. 3. A fuse may have blown, or the power module is defective. <p>Solution</p> <ol style="list-style-type: none"> 1. Disconnect all power cables, then reconnect them. Verify that every connection is secure and that the power plug is fully inserted into the outlet. 2. If the problem remains, record a video of the fault and contact customer support at support@yfs.life.
<p>Desk Tilting or Unbalanced</p>	<p>Possible Causes</p> <ol style="list-style-type: none"> 1. Improper installation causing imbalance. 2. One column or footpad is not level. <p>Solution</p> <ol style="list-style-type: none"> 1. Review the installation steps to ensure each column is correctly installed and the desk is level. 2. Adjust the footpad height to level the desk. 3. If unresolved, record a video of the issue and contact customer support at support@yfs.life.
<p>Unusual Noise or Irregular Movement During Height Adjustment</p>	<p>Possible Causes</p> <ol style="list-style-type: none"> 1. The desktop load exceeds the recommended limit (not more than 50 kg / 110 lbs). 2. Loose connections in the desk—especially near the sync rod. 3. The motor may be faulty. <p>Solution</p> <ol style="list-style-type: none"> 1. Check if the items on the desktop exceed the weight limit and reduce the load if necessary. 2. Inspect and tighten all screws and connectors to secure the desk structure. 3. If the issue persists after these steps, record a video of the problem and contact customer support at support@yfs.life.

Error Codes	Possible Cause	Solution
E02	Obstruction or Tilt Detected	Remove any obstacles in the desk's path. Ensure the desk is level and can move freely before operating it again.
HOT	Motor overheating	Please wait 15-18 minutes before operating the desk.
E10	Motor Fault	Unplug the power cord, check all wire connections, wait 30 seconds. Then, plug it back in and perform a reset.
E20	Overload	Please reduce the load on the desktop and plug the power cord back in.
E31	Insufficient Power	Disconnect the desk from power. Check that the connection between the power adapter and the control box is secure. Then, reconnect the power.
E32	Excessive Power	Disconnect the desk from power. Check that the connection between the power adapter and the control box is secure. Then, reconnect the power.