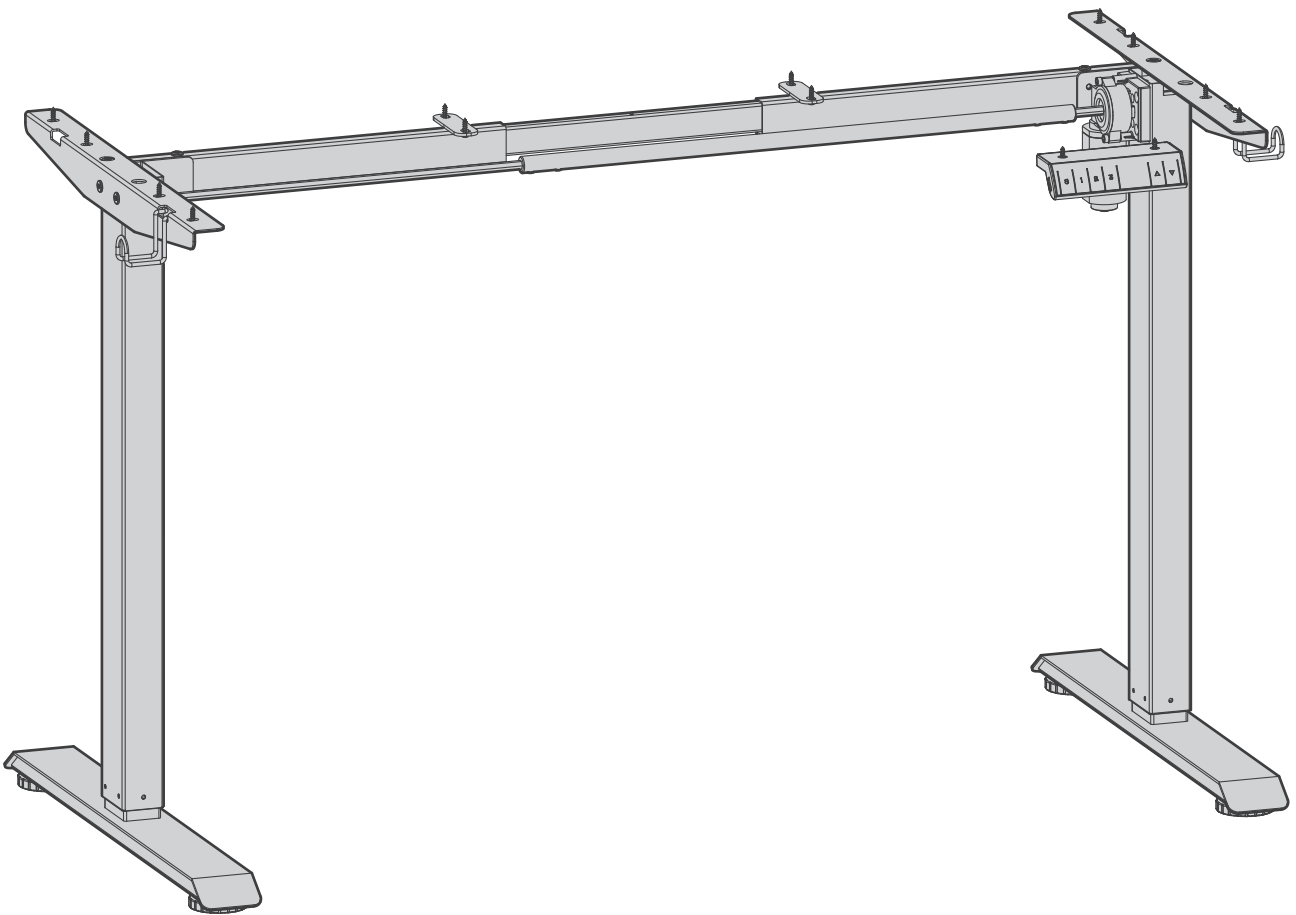


ASSEMBLY INSTRUCTIONS



▶ Scan QR code for
installation video



For assembly assistance,
✉ support@yfs.life 🌐 yfs.life/sde0192-r1



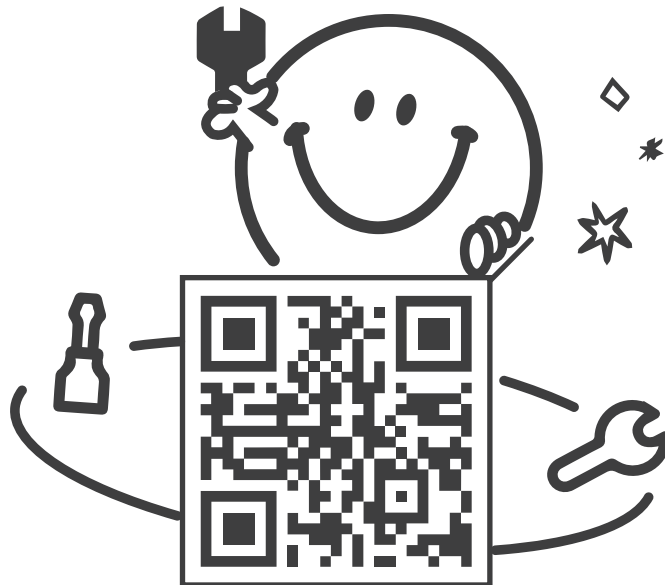
Caution

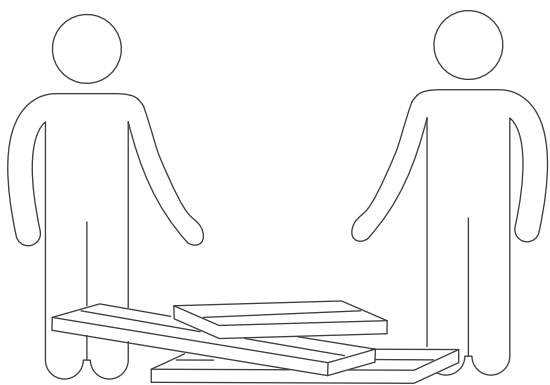
- Keep children and animals away from the desk during use. Ensure the desktop is not touching any walls.
- Remove obstacles taller than 20"/51 cm from underneath the desk.
- Operate only in a working environment temperature of 32°F-104°F/0°C-40°C.
- Keep product away from corrosive gases, liquids and dusty objects.
- Keep hands, feet and other body parts in a safe position during operation. Anti-collision is not automatically enabled during all resets.
- The company does not bear any warranty or liability for damage and human injury caused by any abnormal or un-intended operation of the equipment.
- It is necessary to perform a manual reset after the initial installation or power cycling the equipment.

Assembly Guide

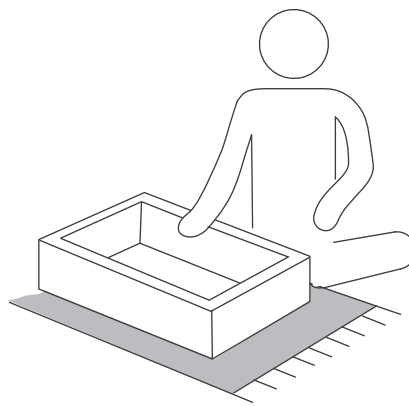


Scan the QR code for installation videos and detailed user instructions.

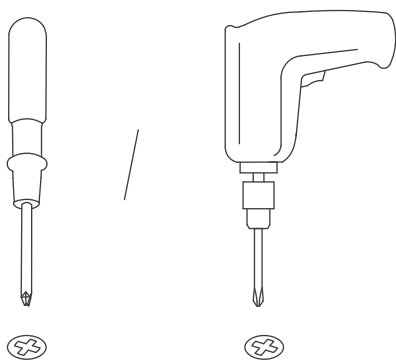




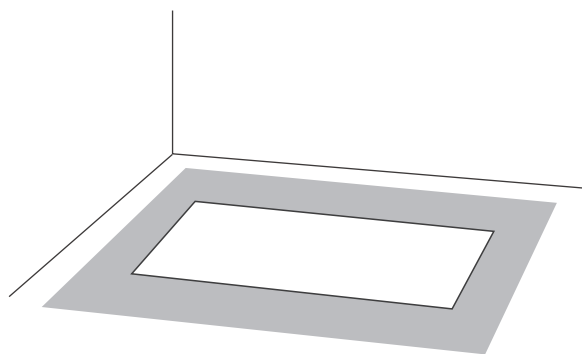
Complete through collaboration.



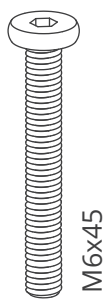
Assemble on a clean, flat, and protective surface.



Phillips screwdriver or drill required (not provided).



Allow an assembly area at least twice the desktop size.



M6x45

①x4



M6x14

②x8



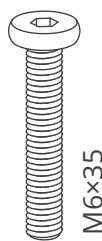
ST5x15

③x14



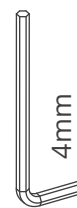
M8x6

④x4



M6x35

⑤x8

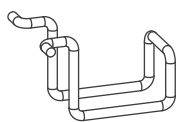


4mm

⑥x1



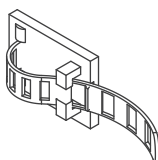
⑦x1



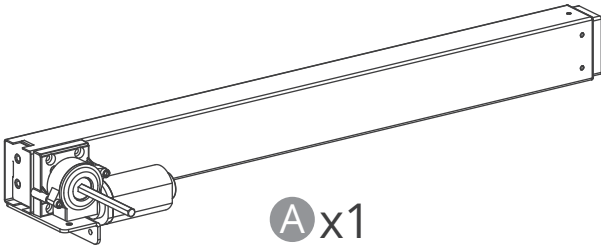
⑧x2



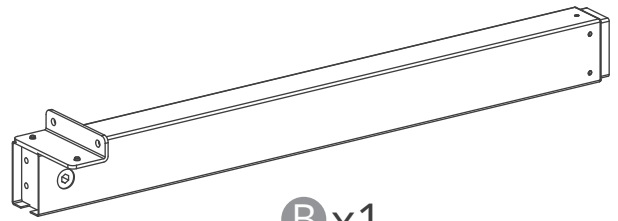
⑨x1



⑩x2



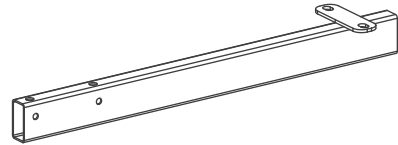
A x1



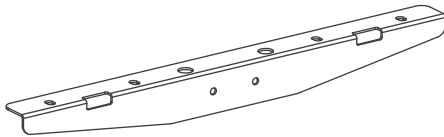
B x1



C x1



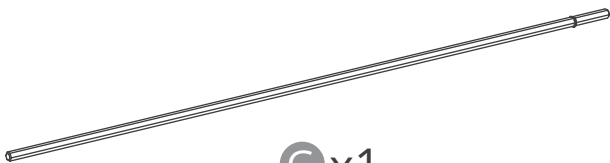
D x1



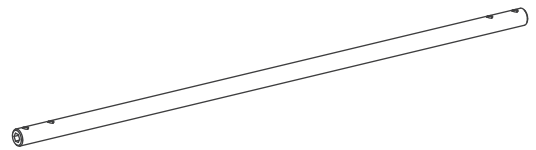
E x2



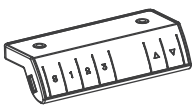
F x1



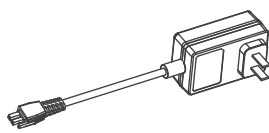
G x1



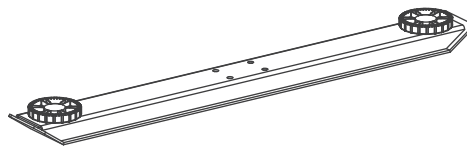
H x1



I x1



J x1

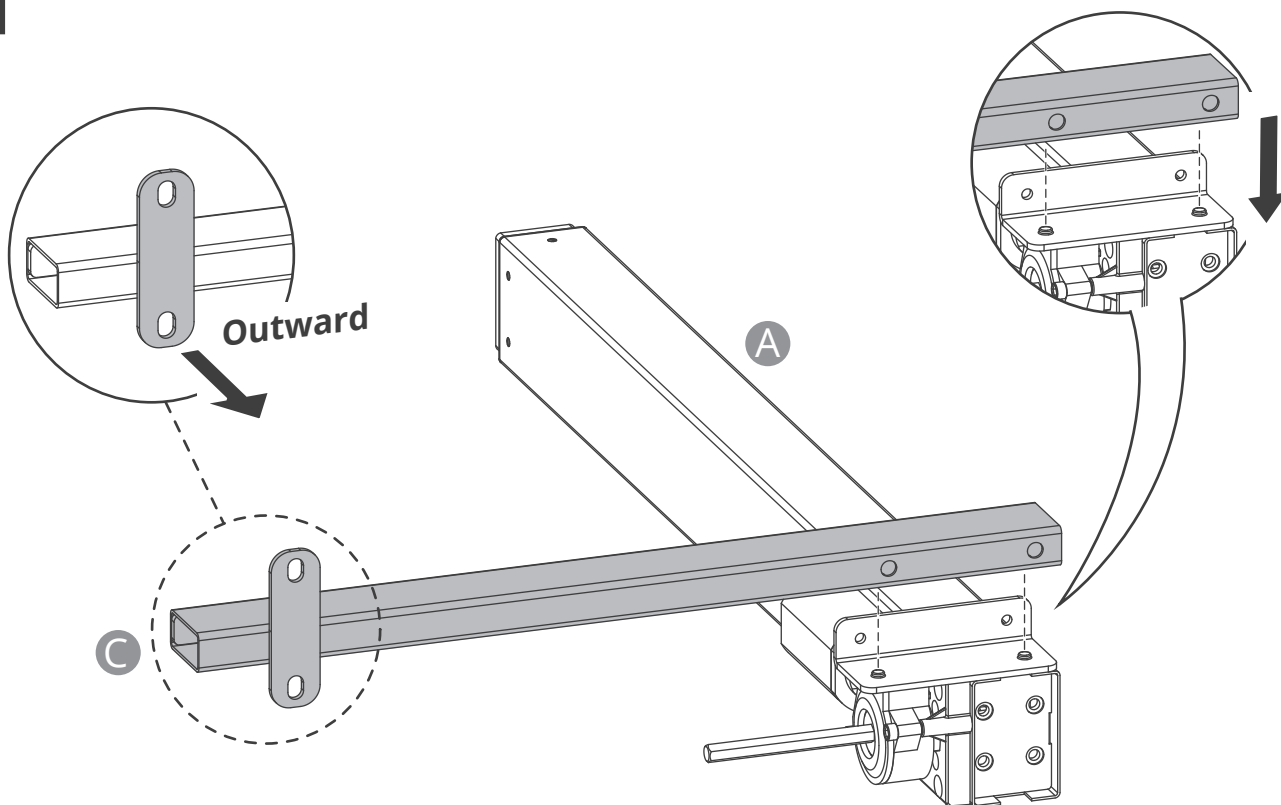


K x2

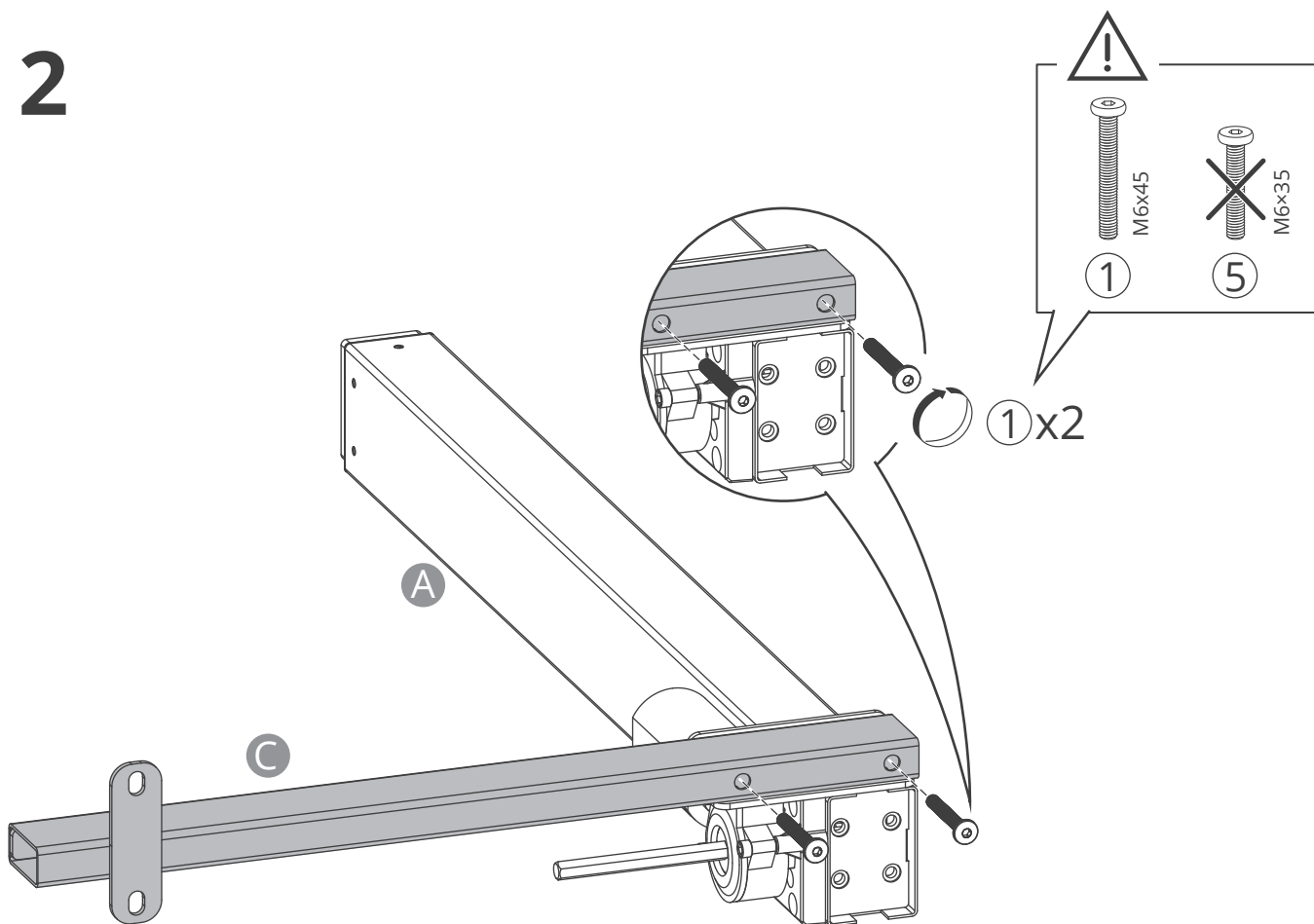


L x4

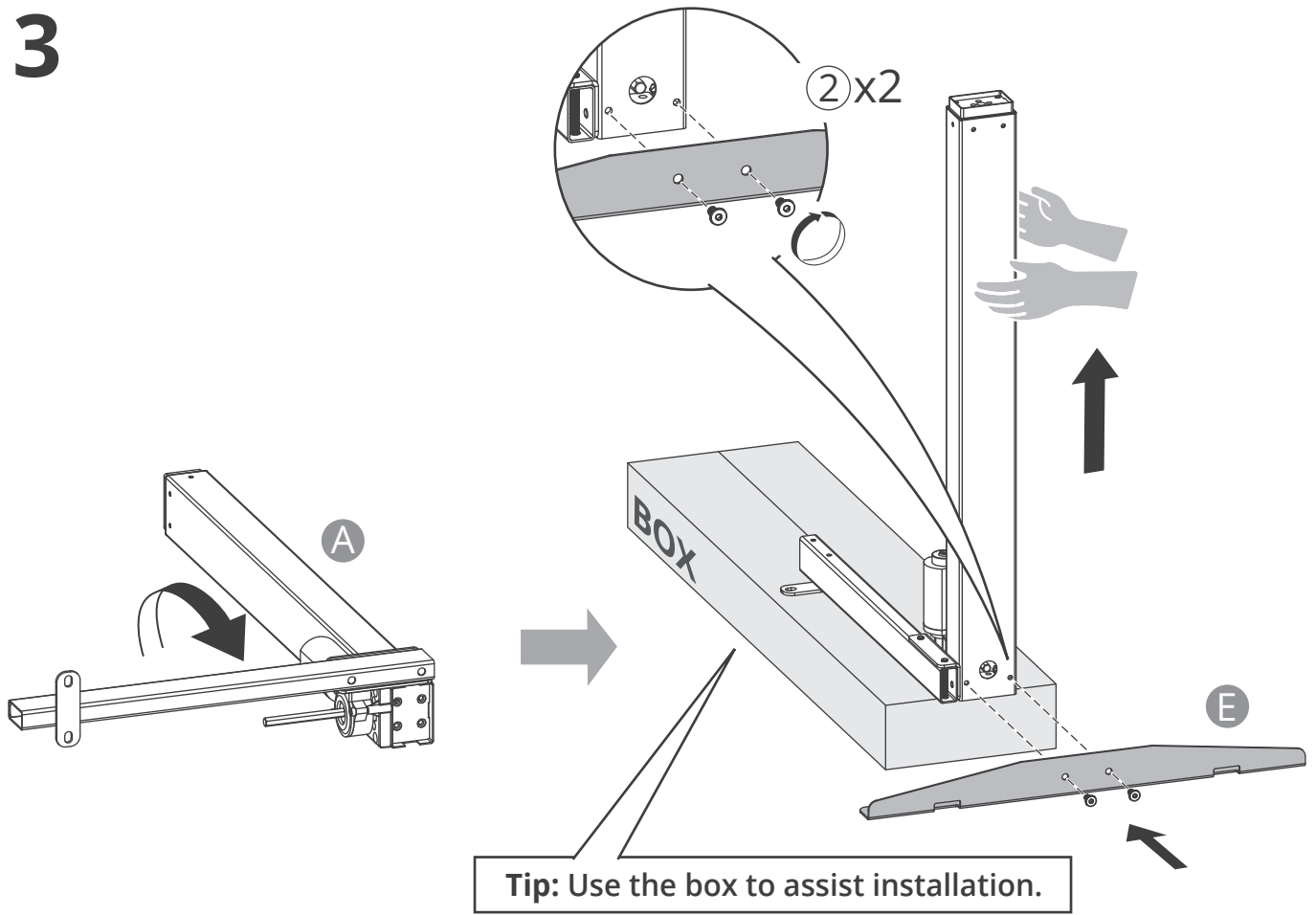
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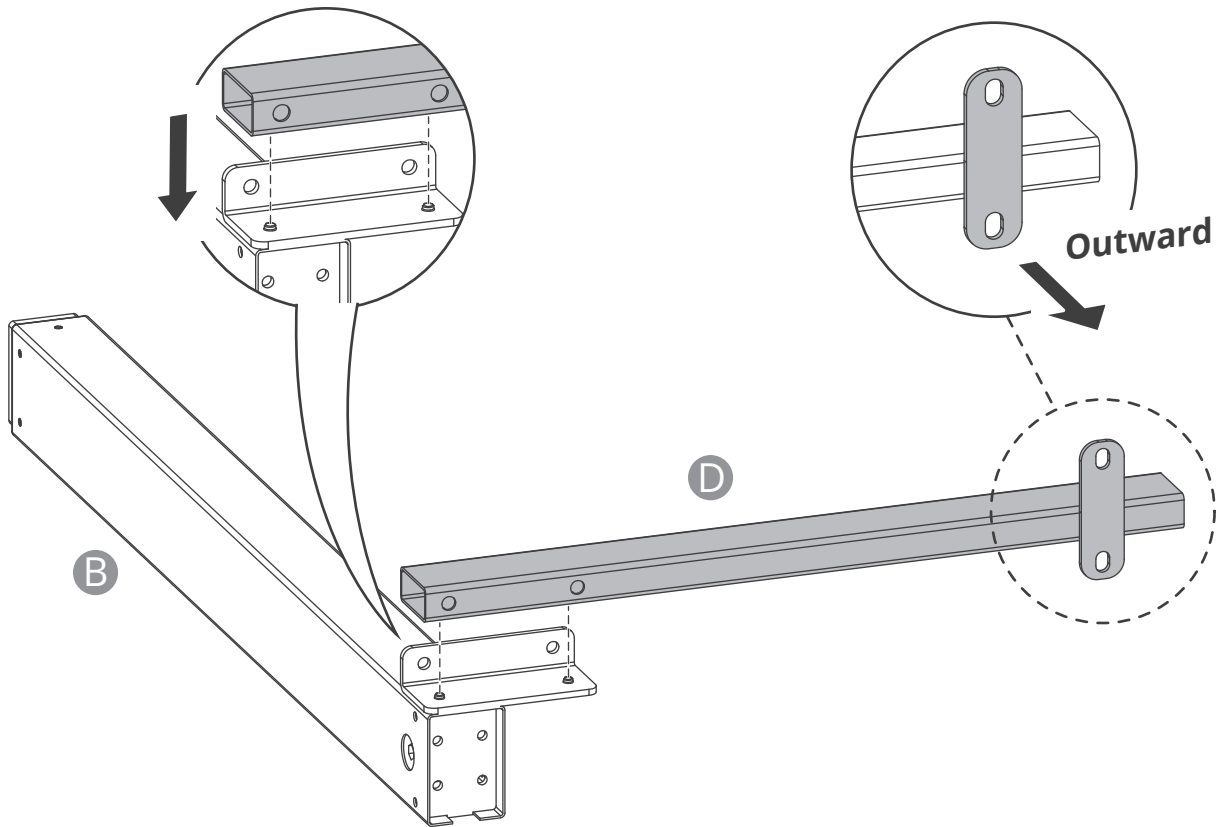
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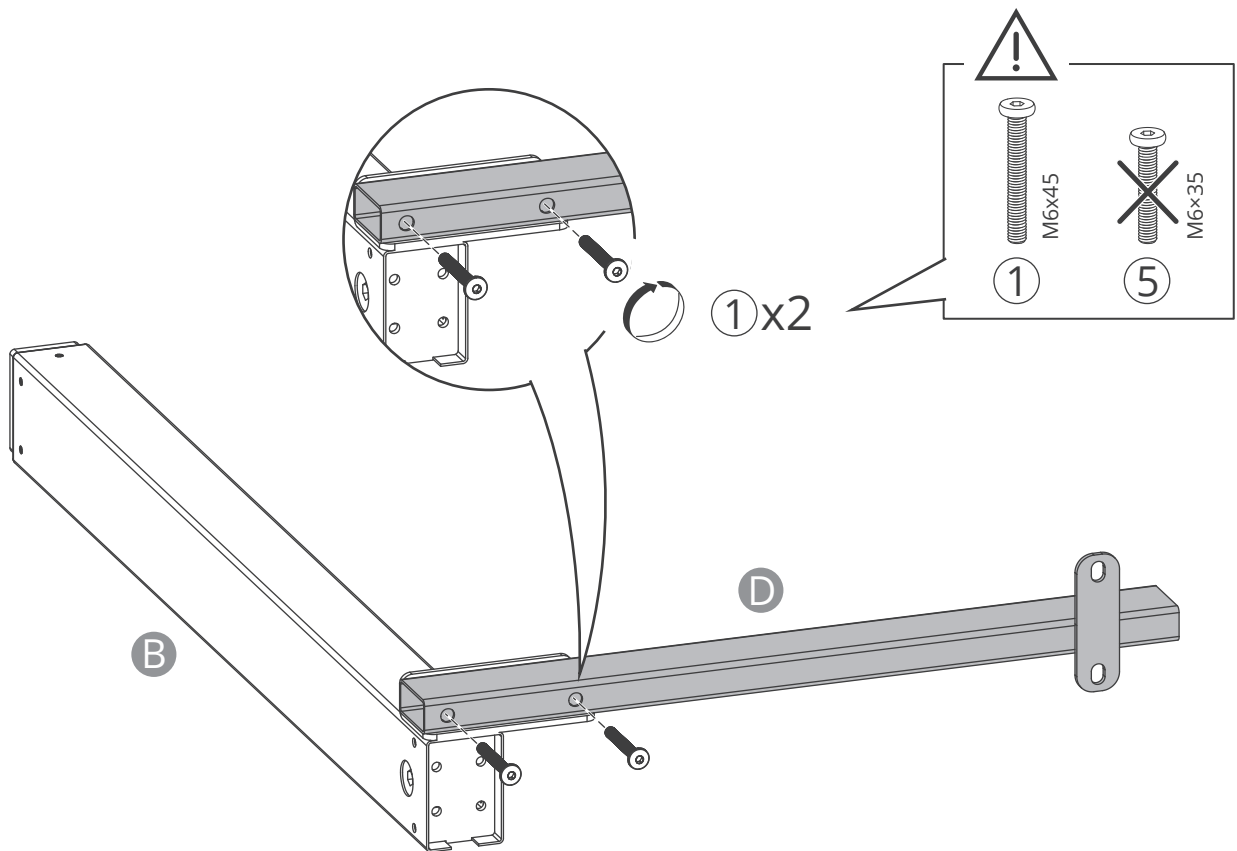
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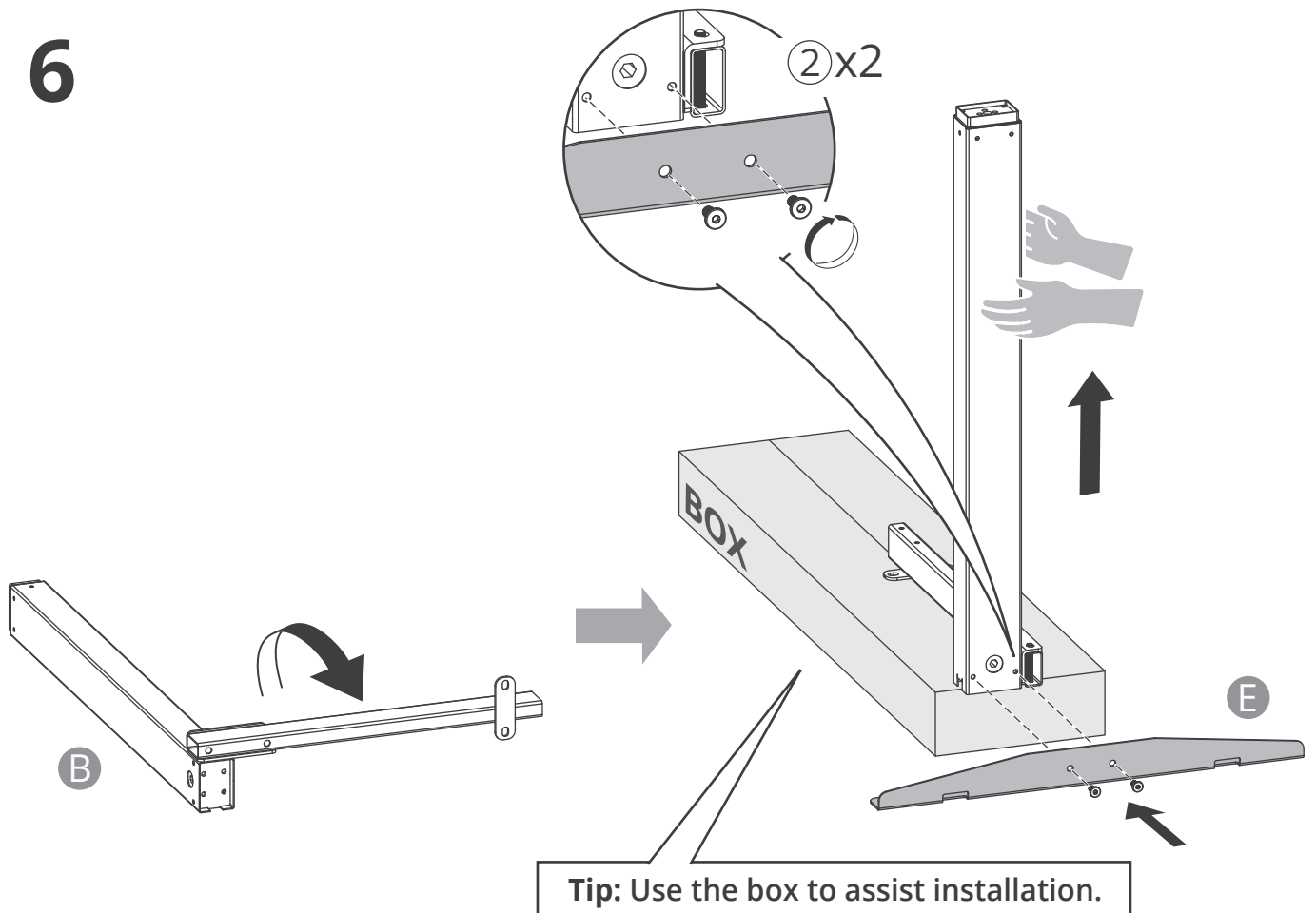
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5



6

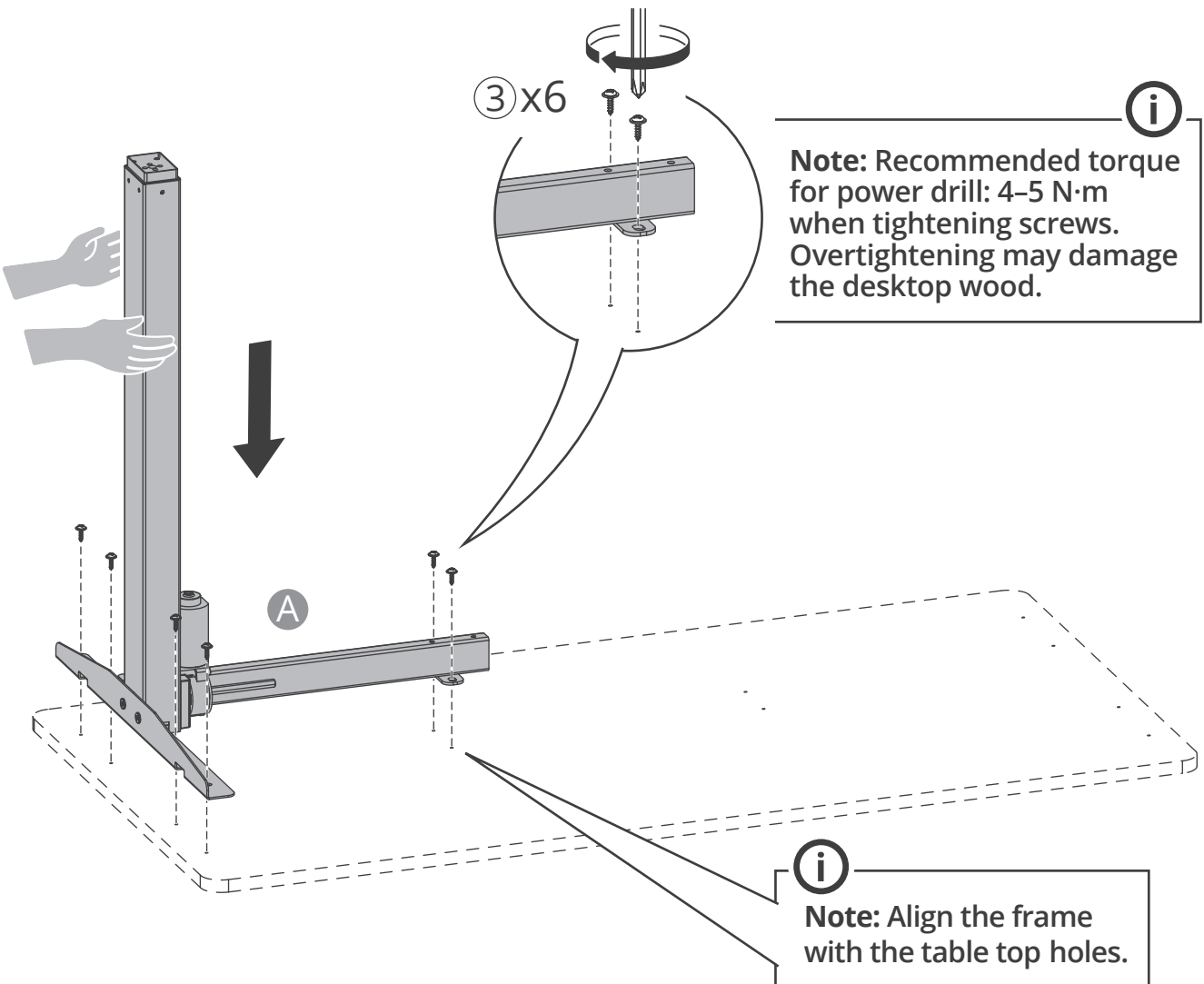
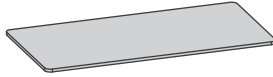


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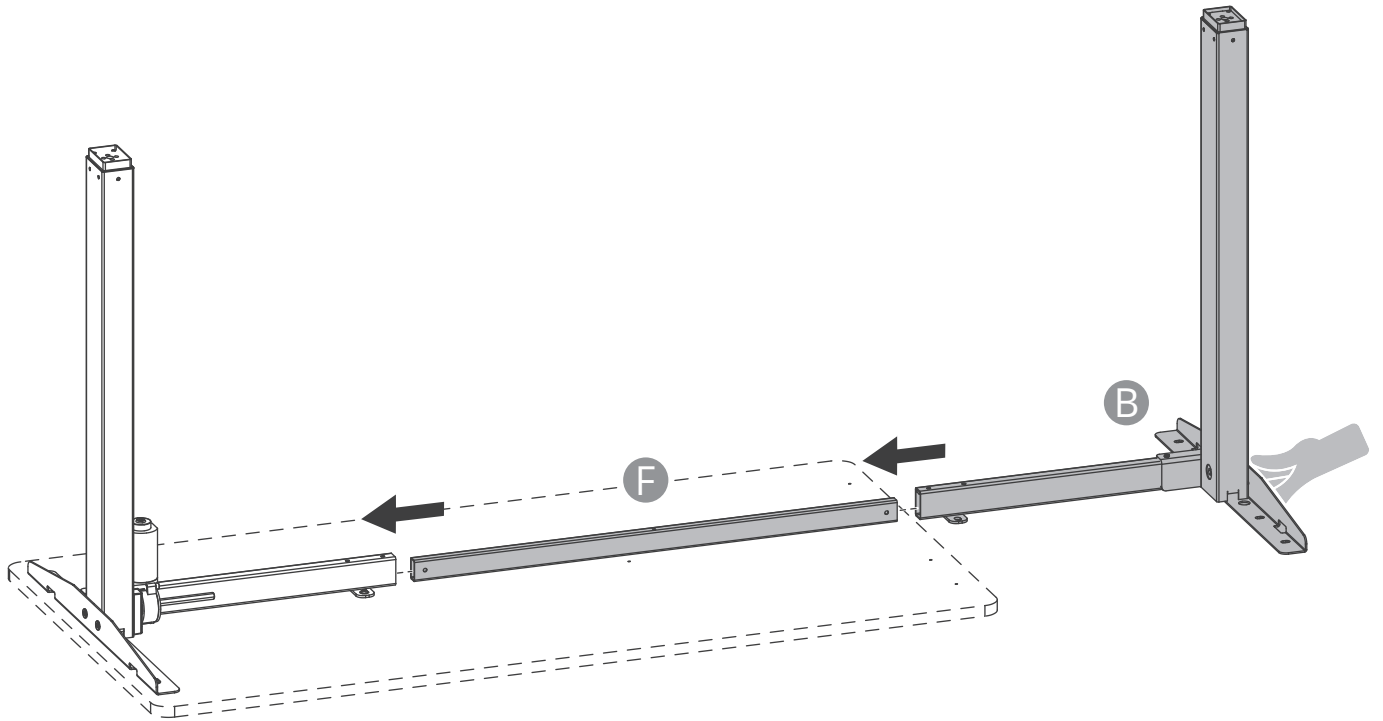


Note: This manual includes instructions for desk frame assembly only. To complete the full desk setup, please refer to the corresponding manual for desktop assembly.

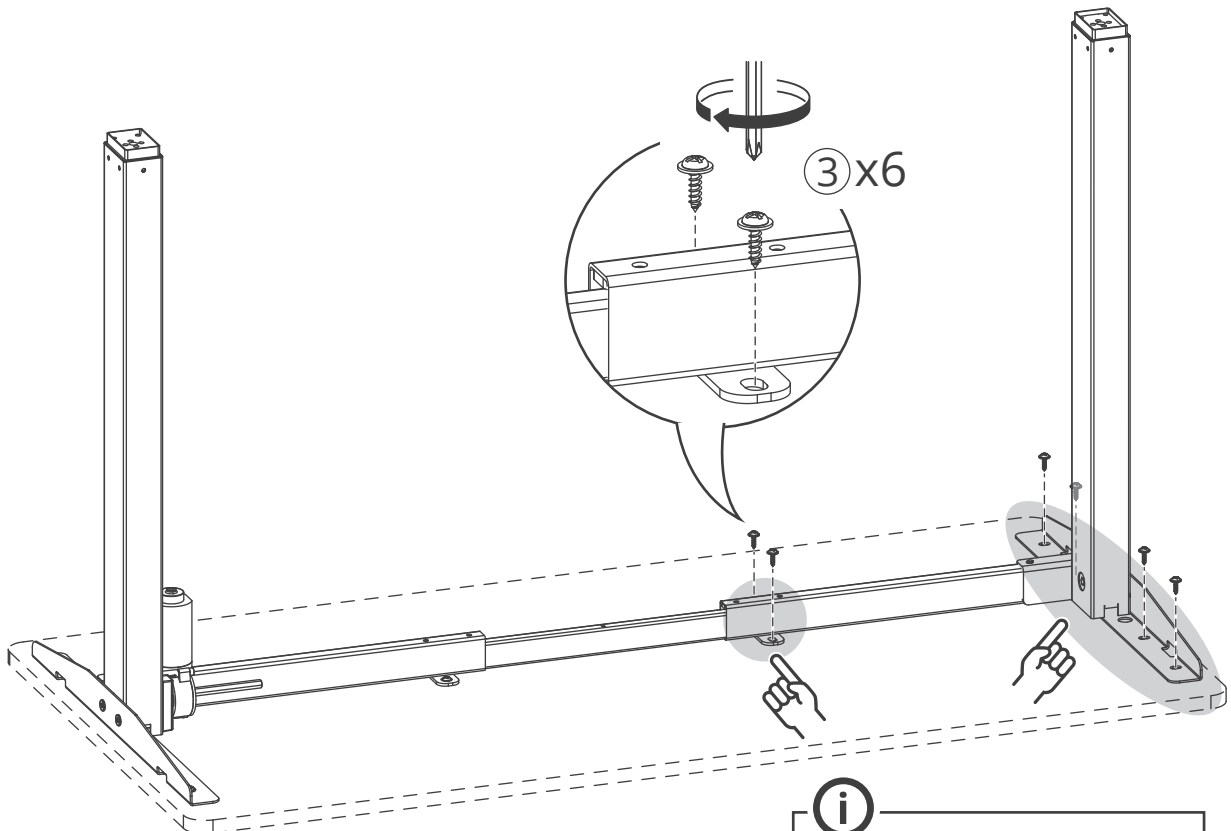
**ASSEMBLY
INSTRUCTIONS**



8

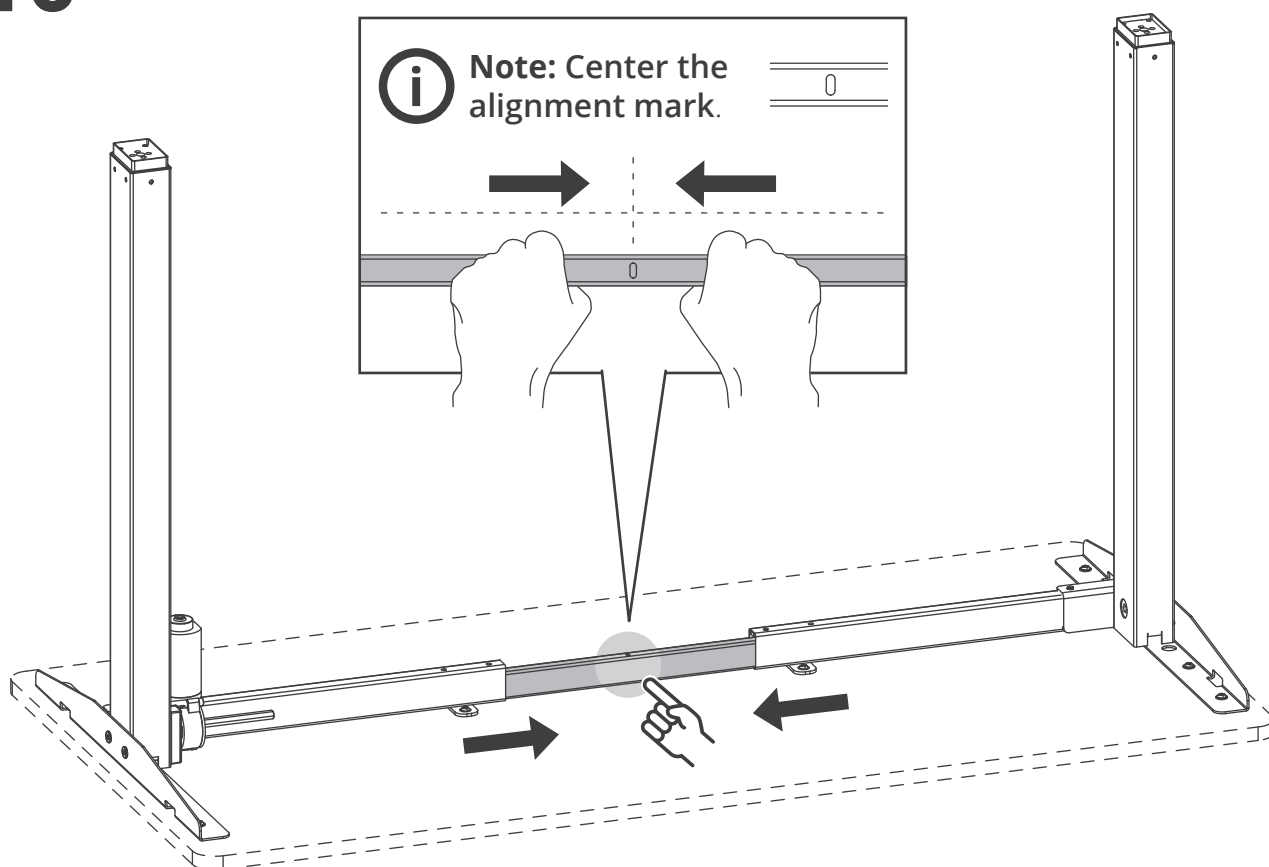


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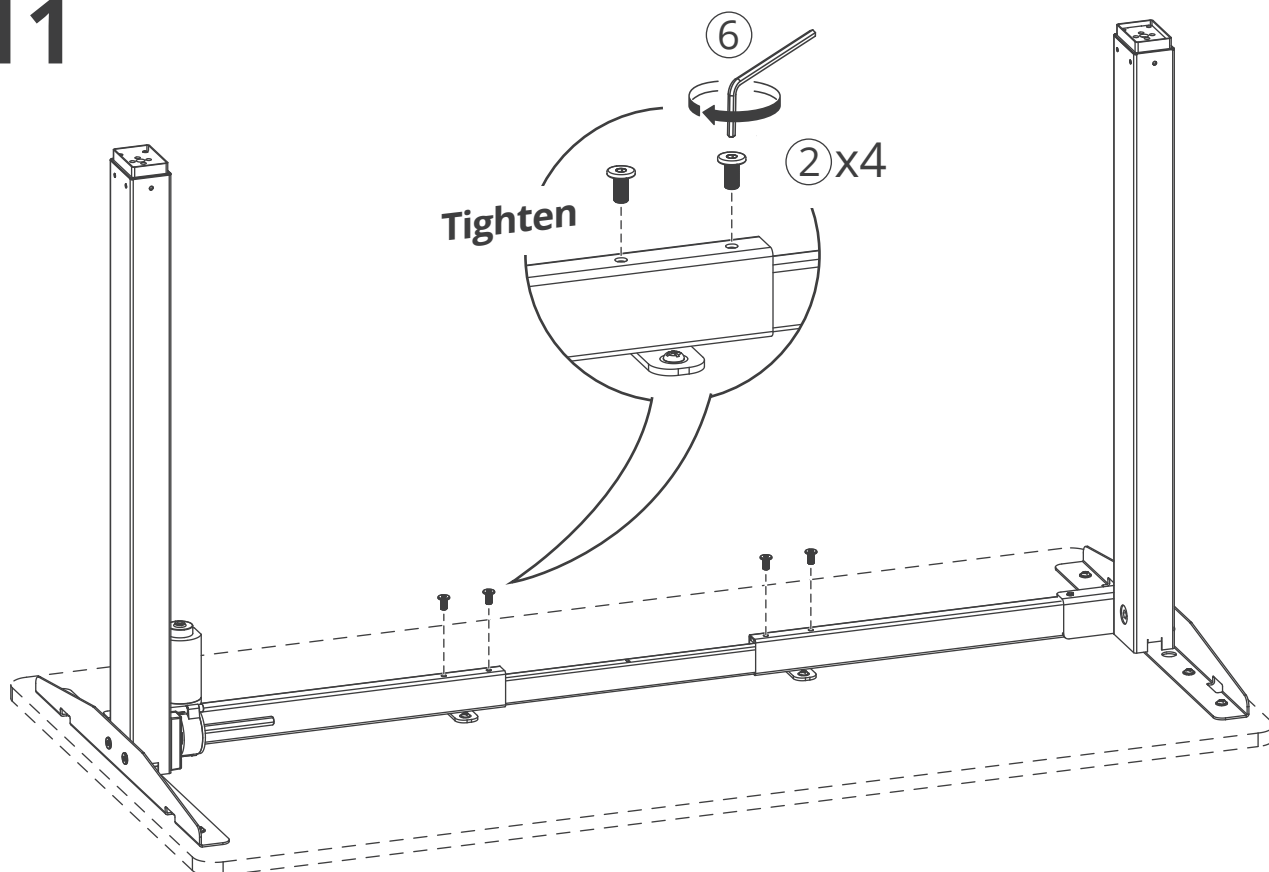


Note: Align the frame with the table top holes.

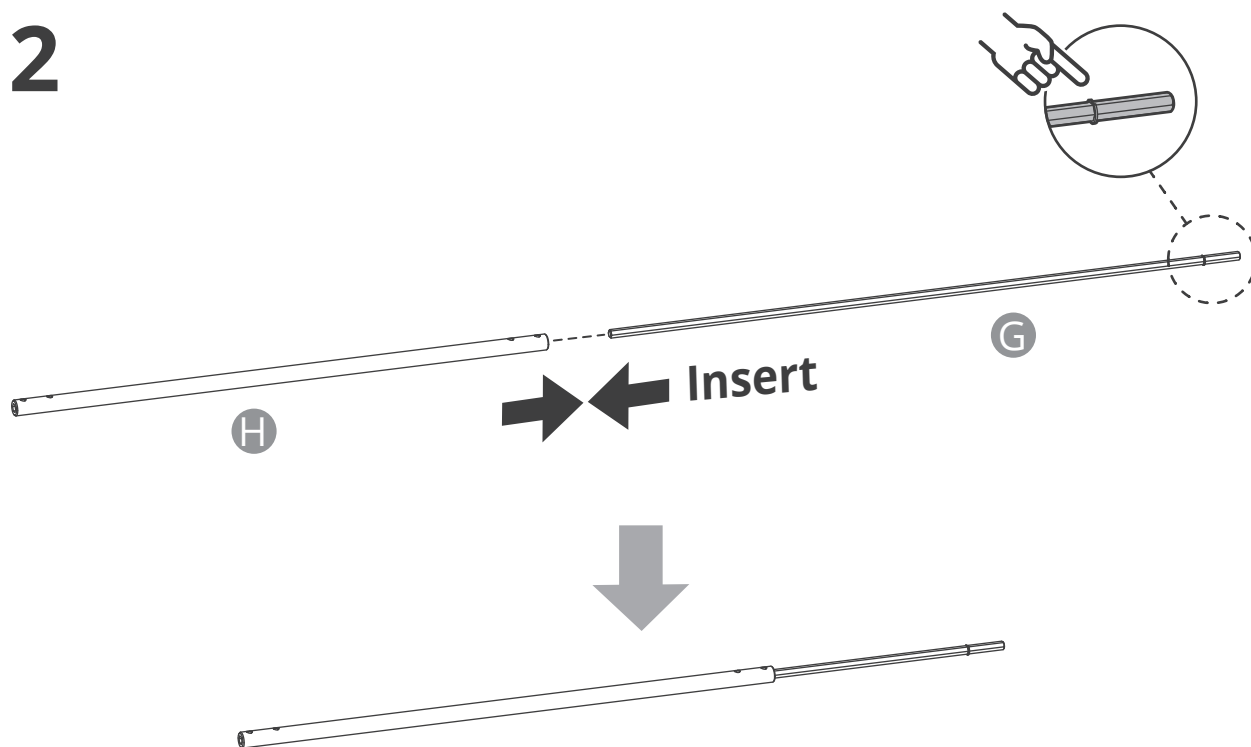
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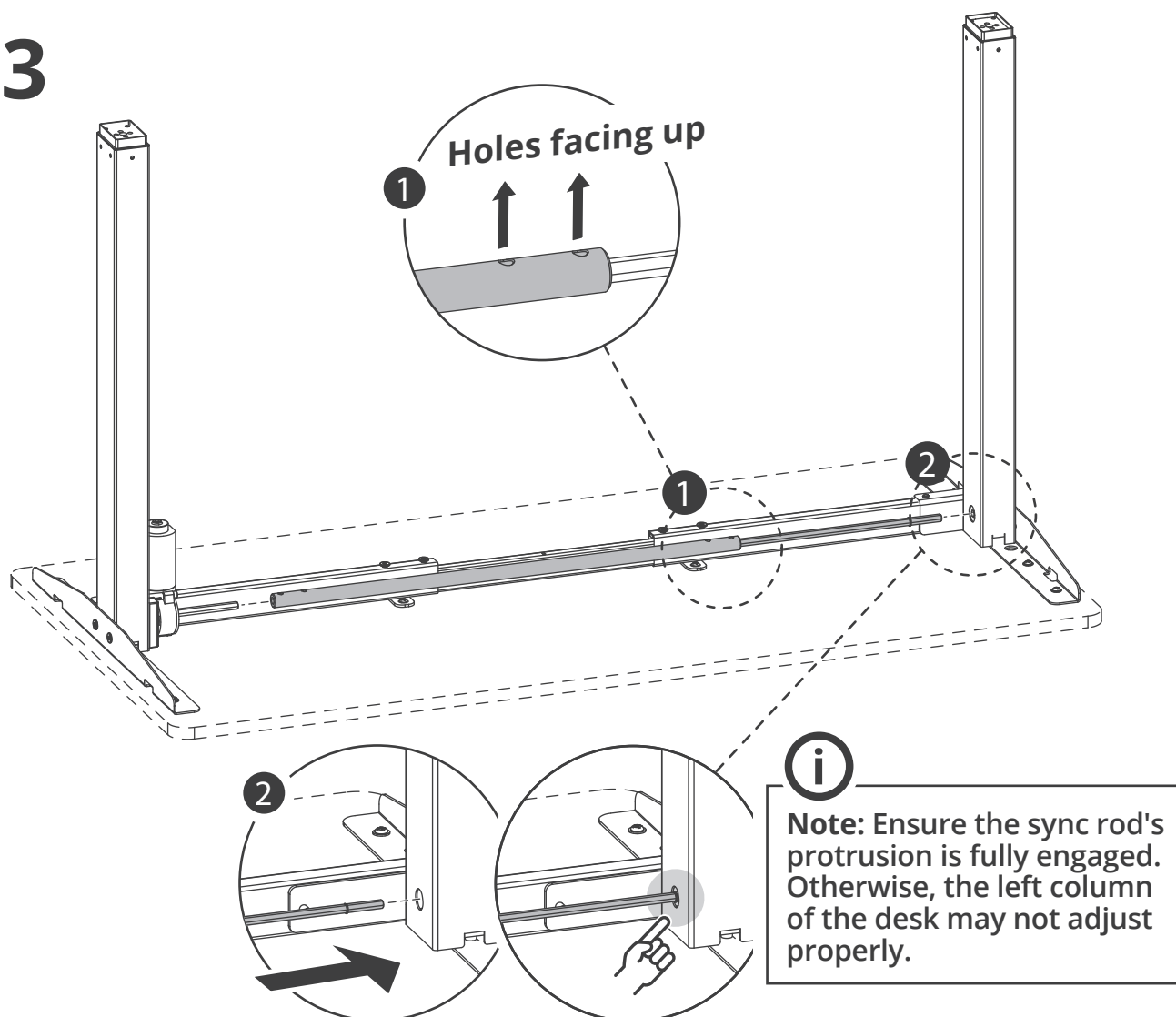
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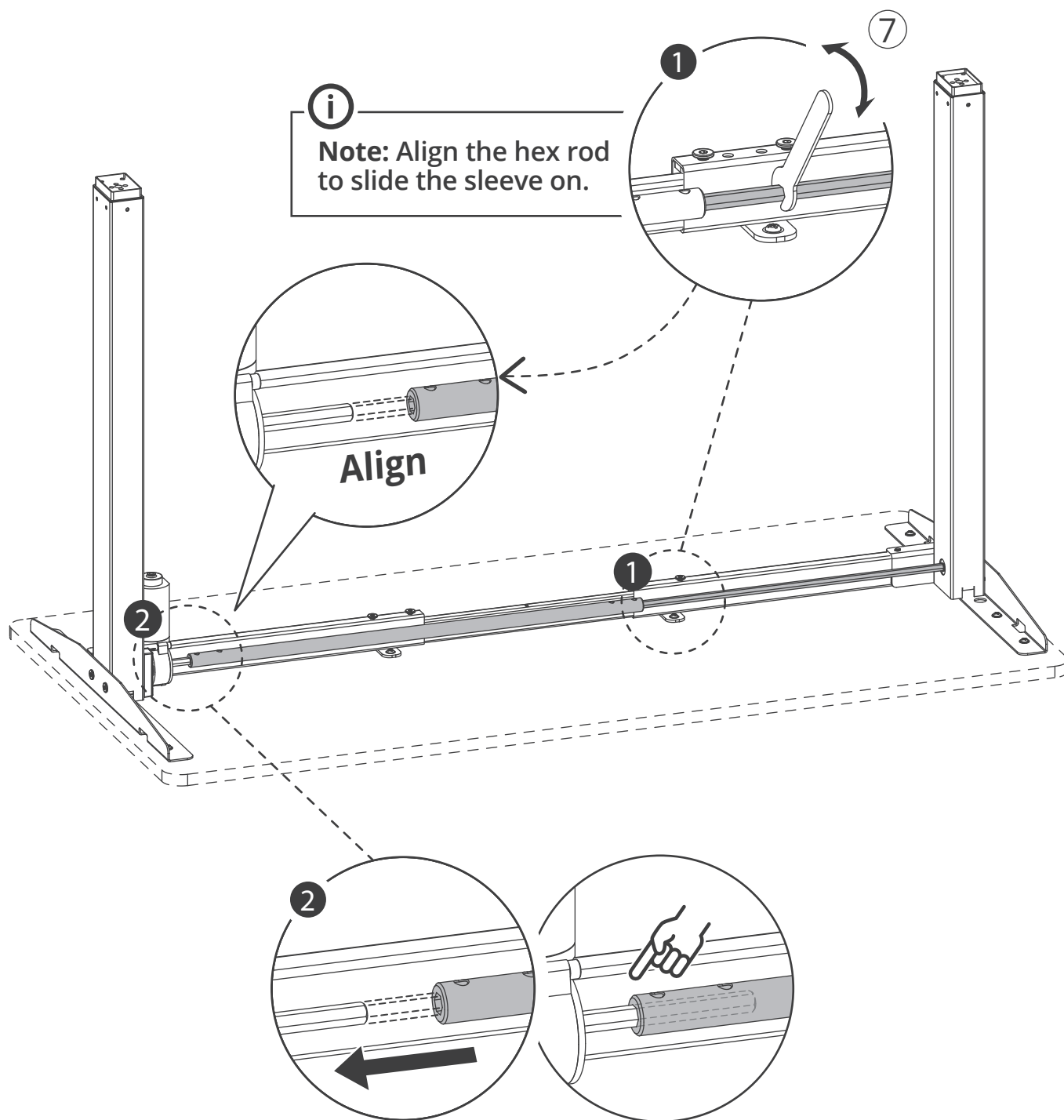


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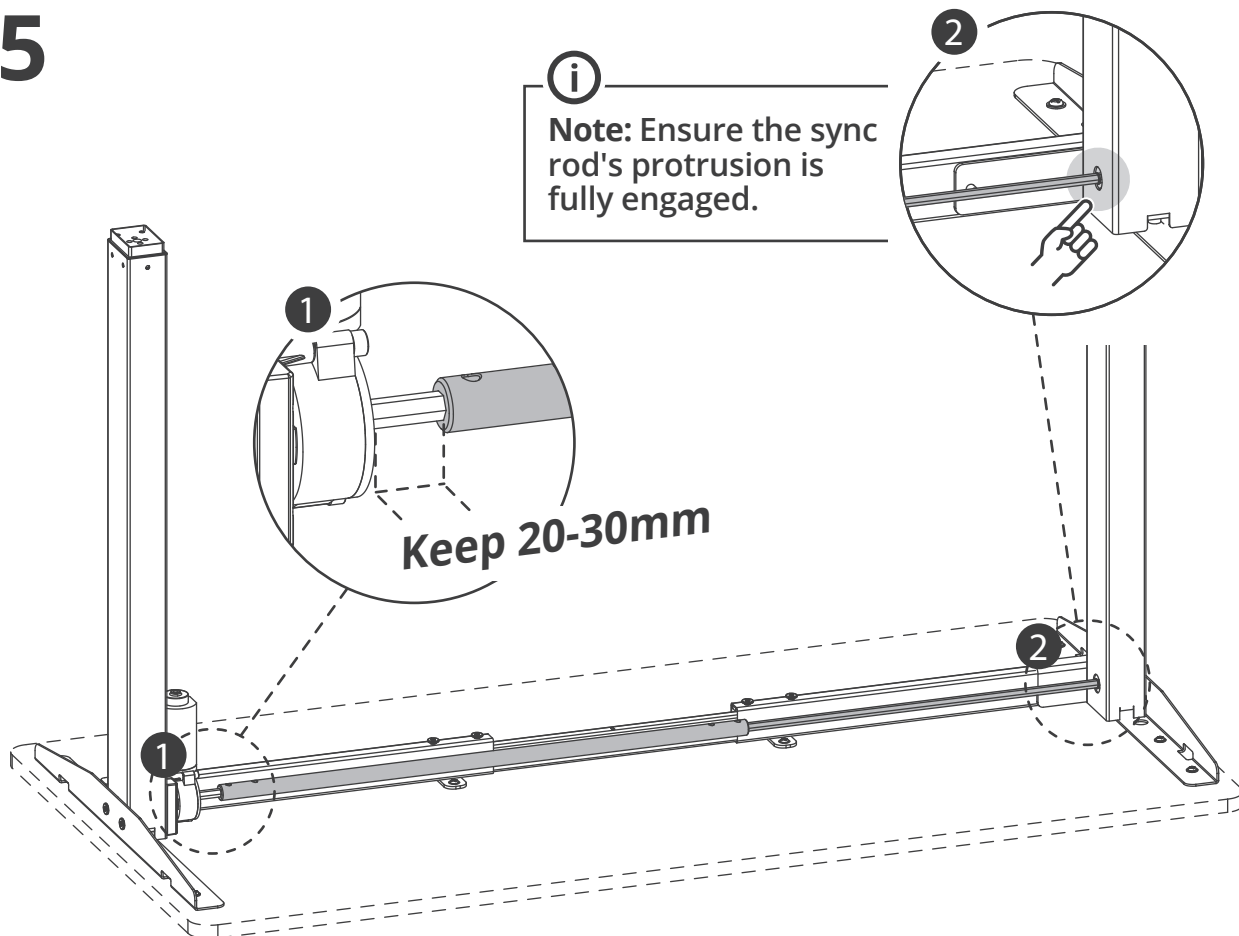


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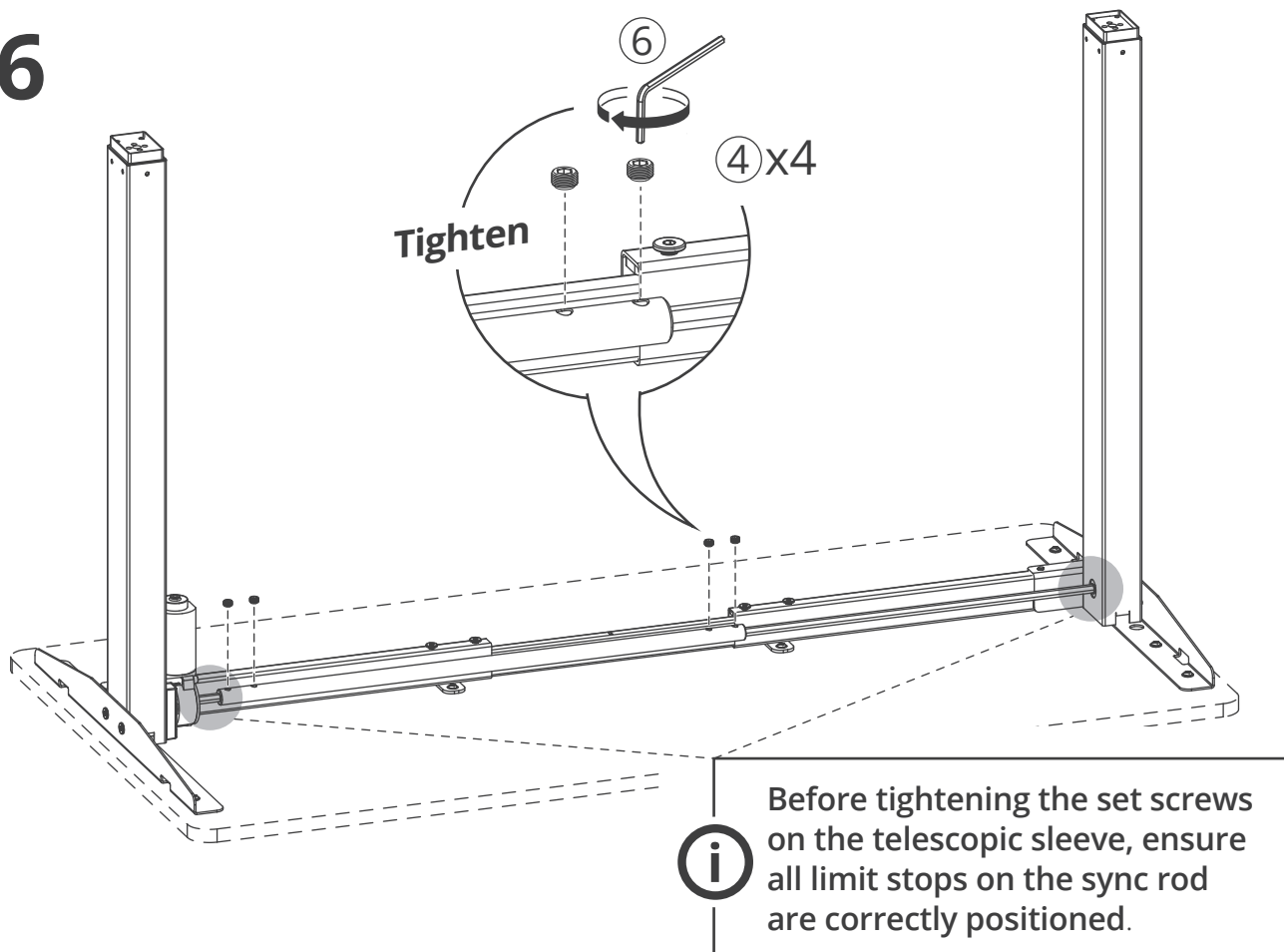


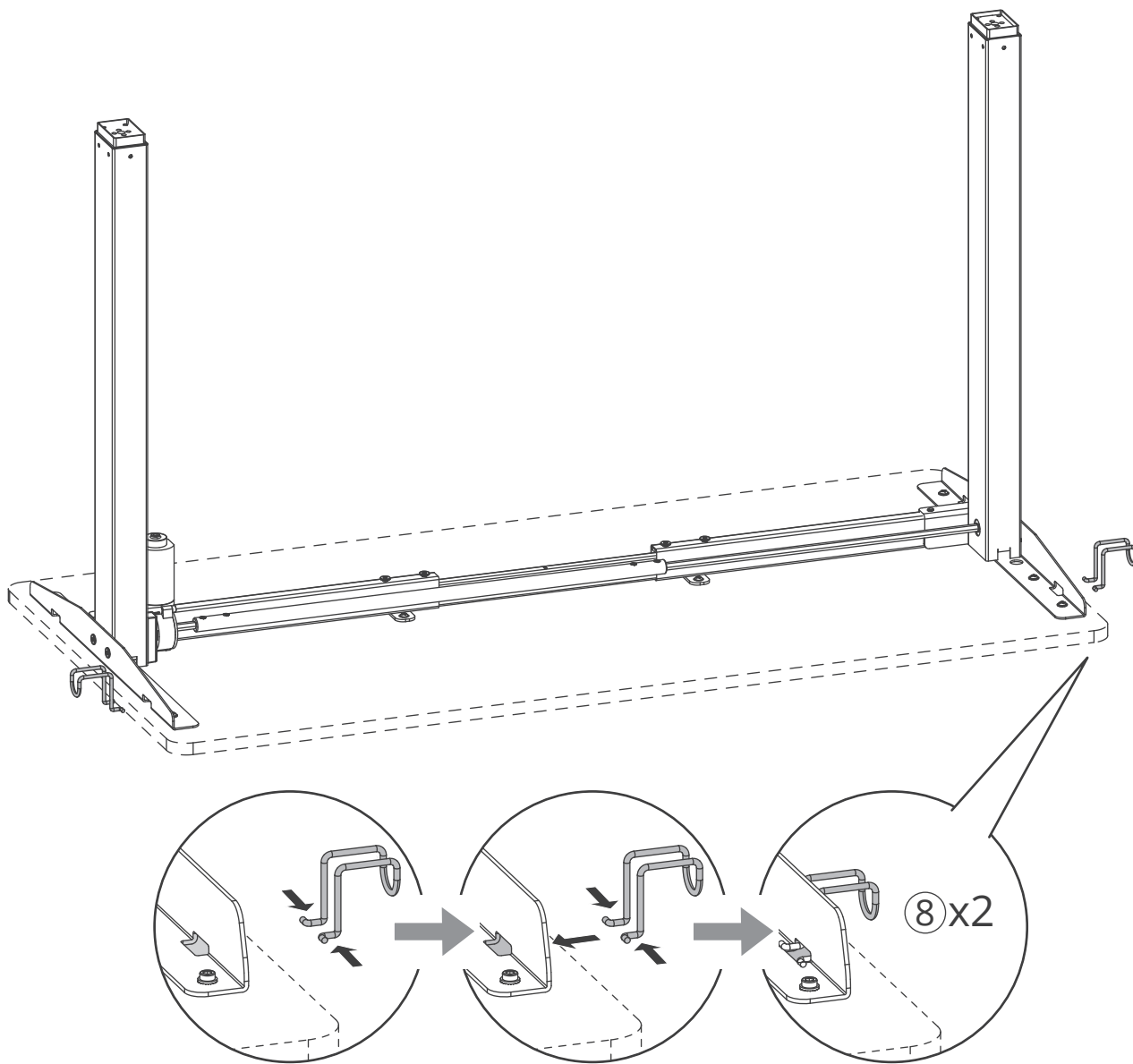


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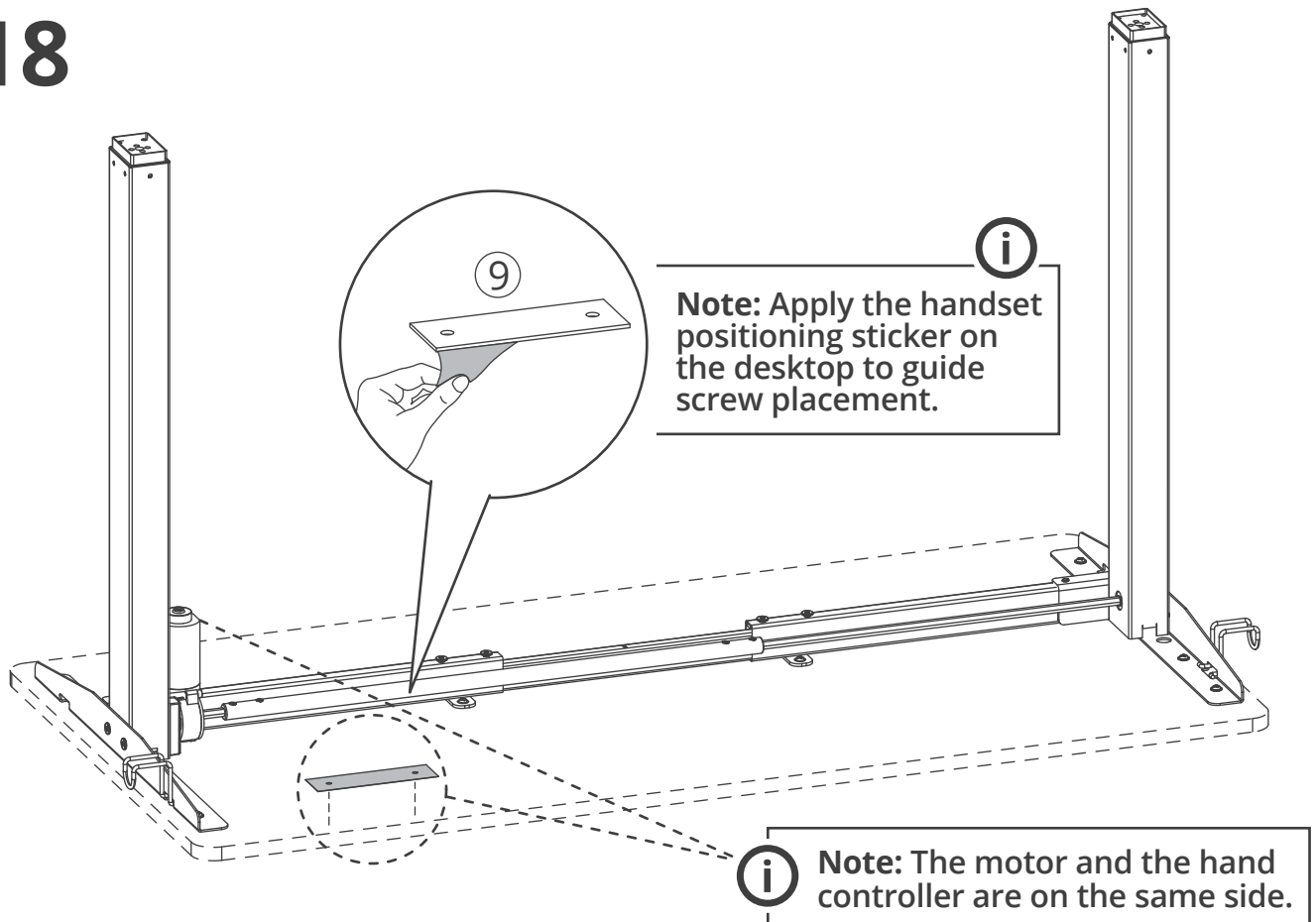
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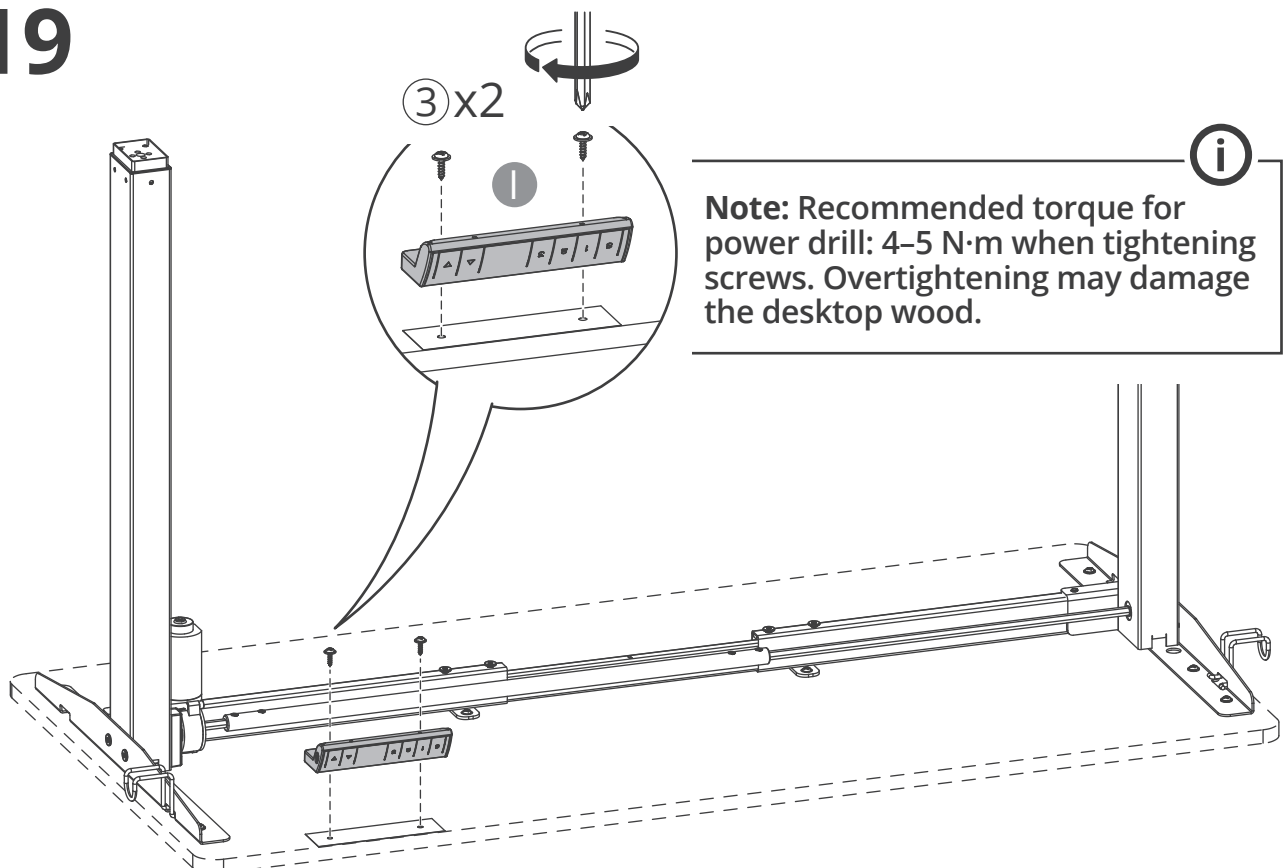


This accessory is a free gift and will not affect the use of the desk. The desk you receive may not be compatible with this accessory. If it cannot be installed, please disregard the accessory.

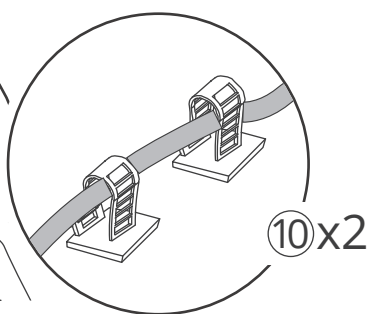
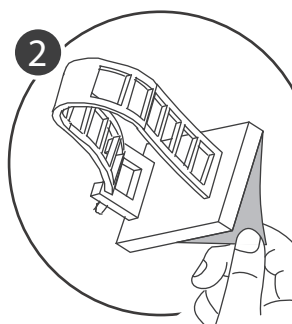
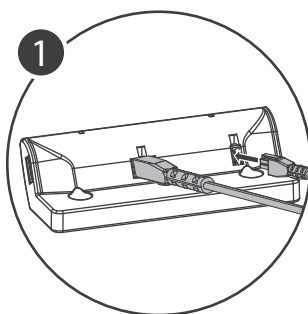
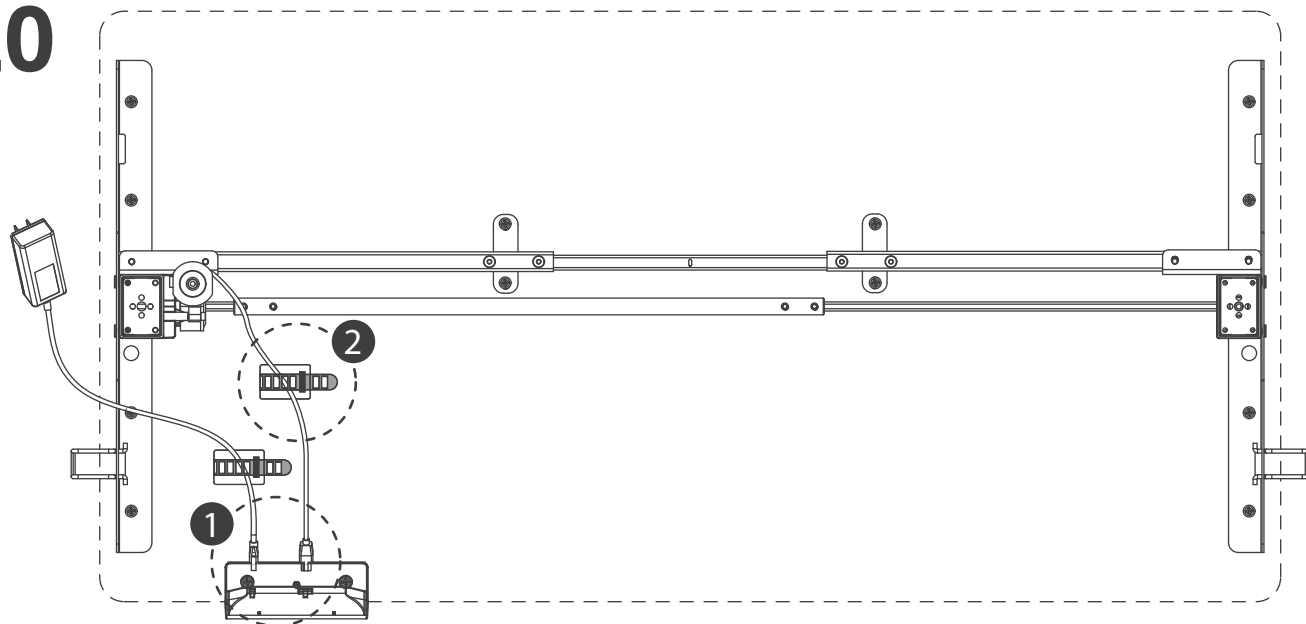
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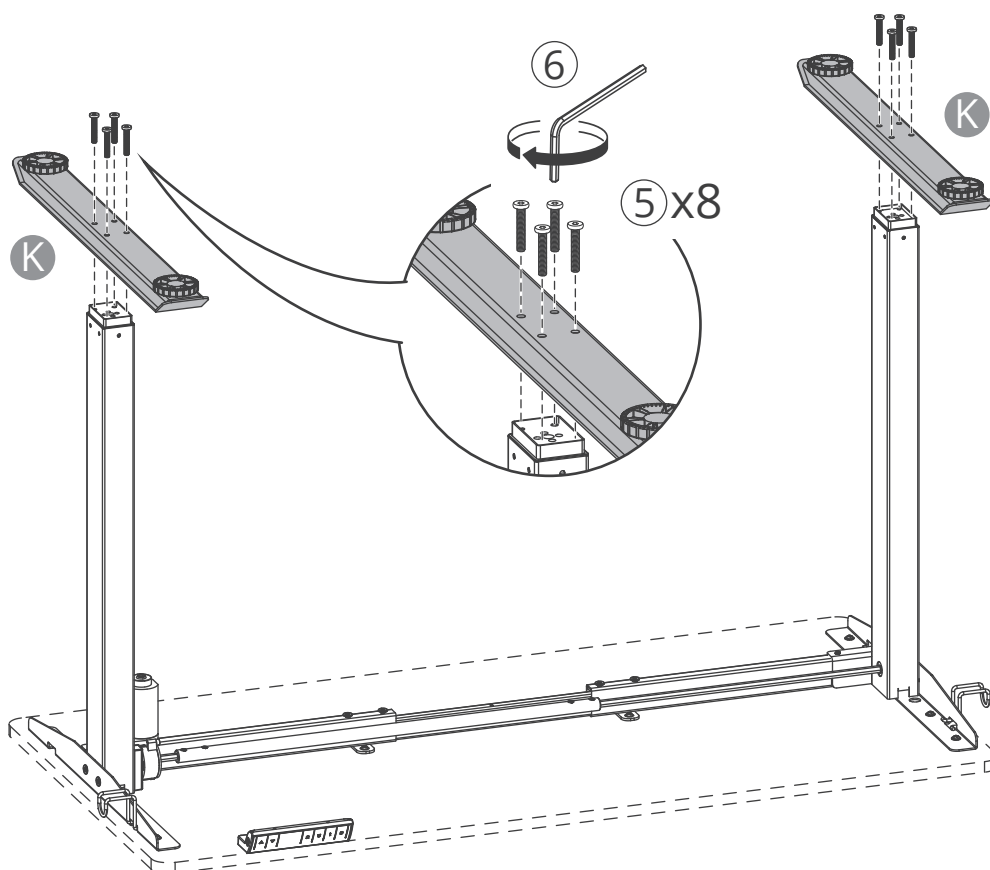
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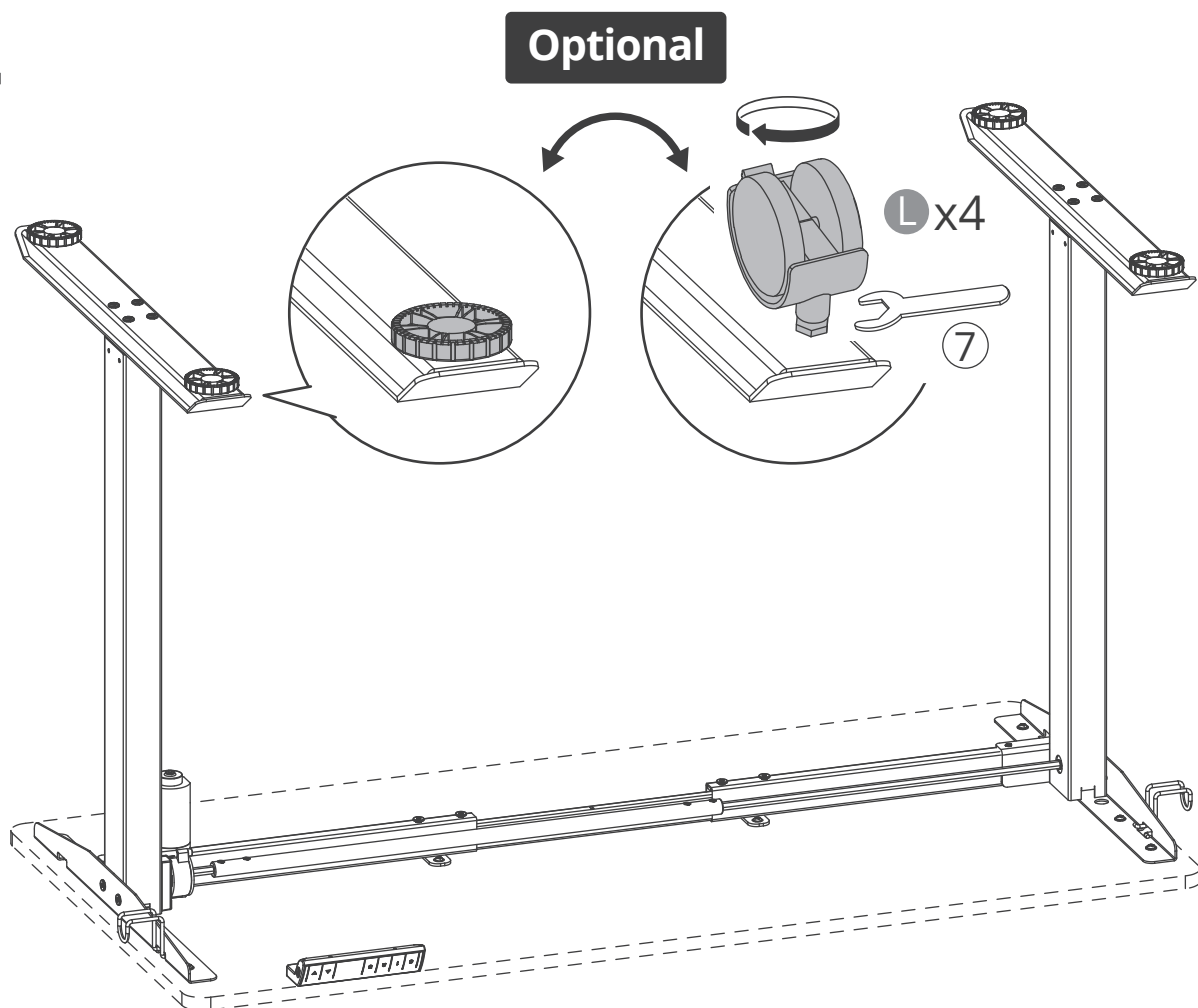
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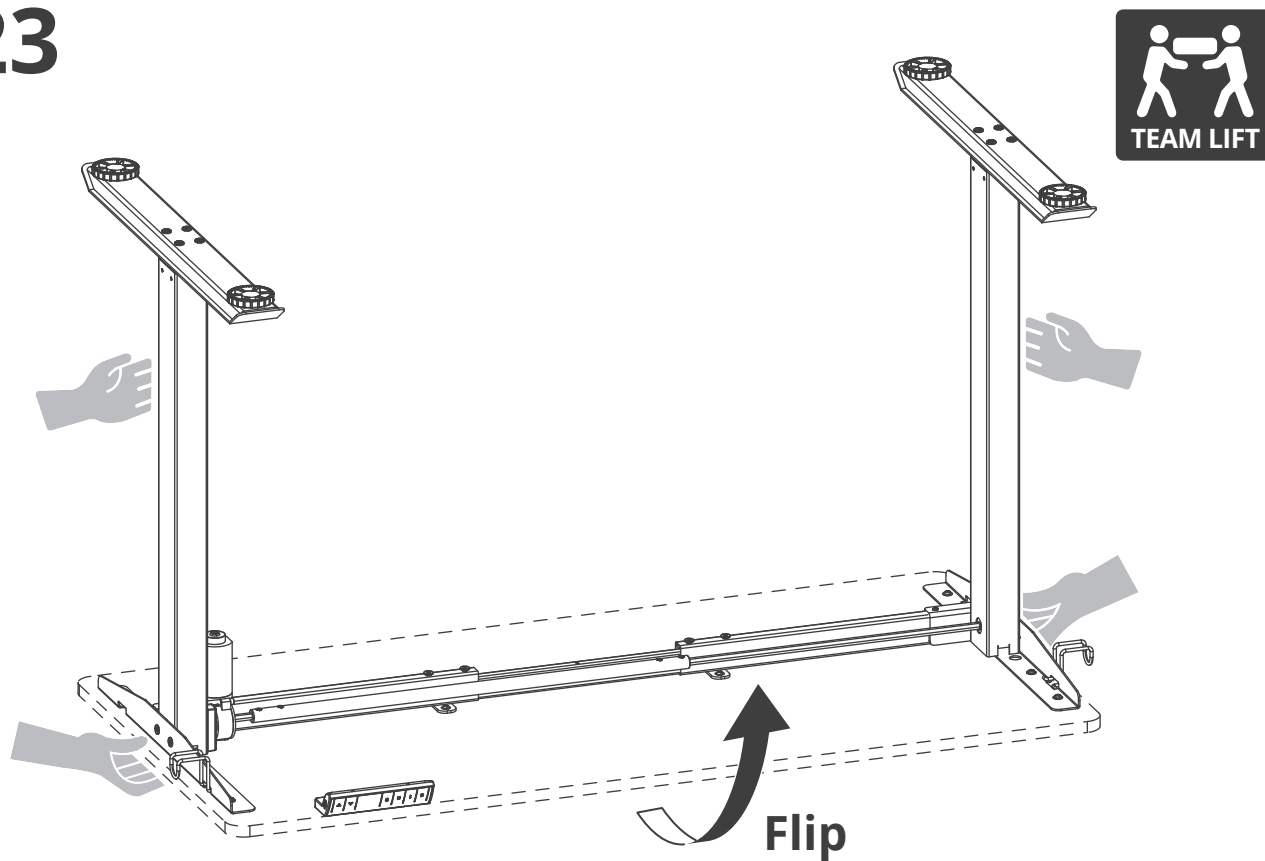
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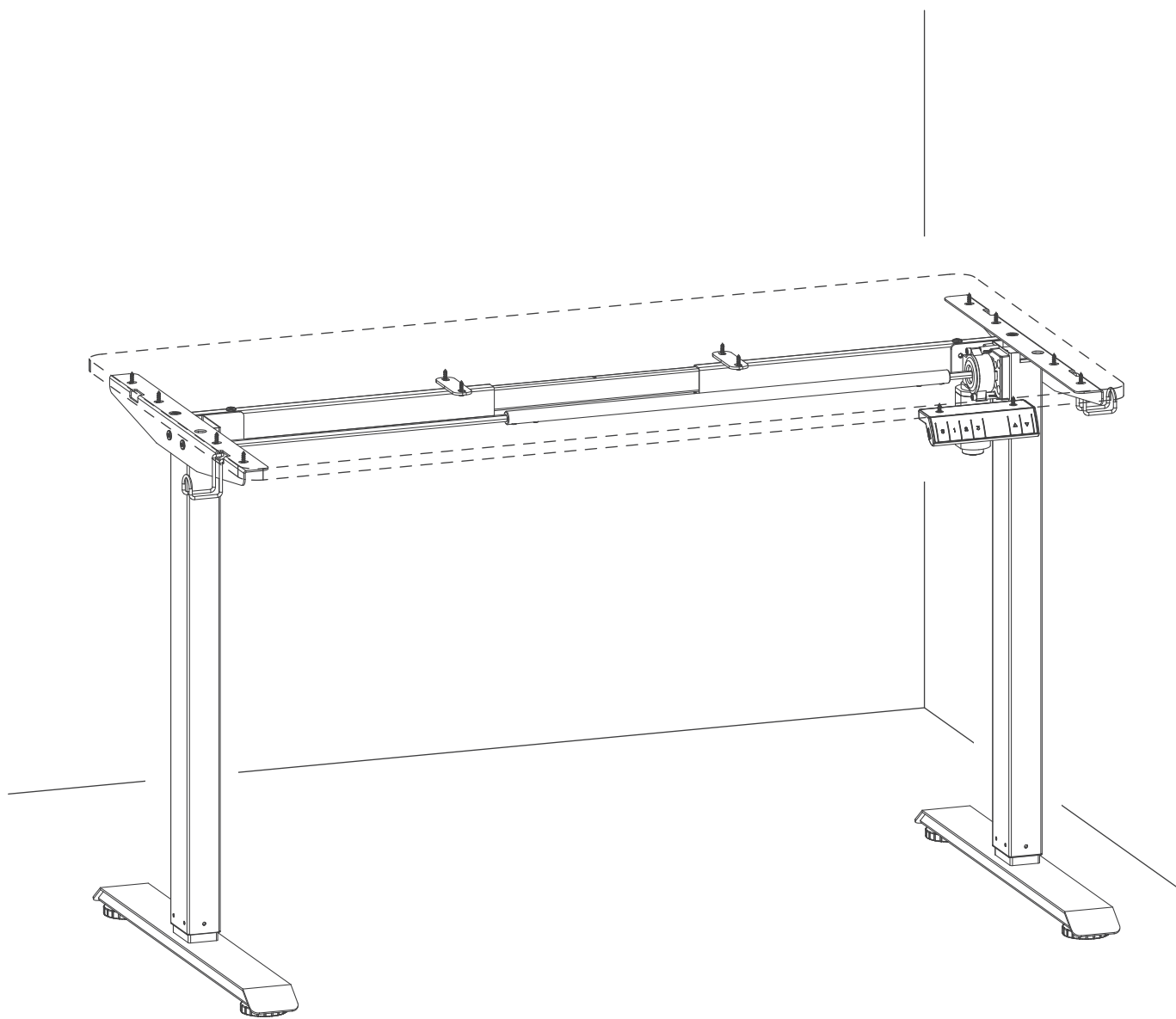


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23

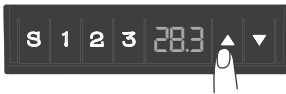




Handset Instructions & FAQ

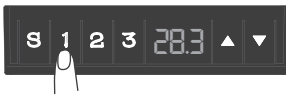


Keypad User Guide



Height Adjustment

Press and hold the ▲ or ▼ button to adjust the desk height.



Memory Heights

1. Short press memory button **1** / **2** / **3** to automatically move the desktop to the preset height.
2. Factory default memory heights: **1** : 72cm / 28.3in; **2** : 90cm / 35.4in; **3** : 118cm / 46.4in.



Memory Height Setting

To adjust to the desired height, press and hold the ▲ or ▼ button. Then, briefly press the **S** button until the display flashes with **5-** and **-**. Finally, press memory button **1** / **2** / **3** to save the current height.



Switch Display Unit

Press and hold buttons **1** and **3** simultaneously for 3 seconds to switch the displayed height unit (metric/imperial).



Child Lock

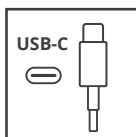
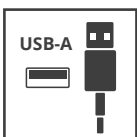
1. Lock: Simultaneously press and hold the **1** and **2** buttons for 3 seconds. When the display shows **Loc**, the desk is locked and cannot be adjusted.
2. Unlock: Simultaneously press and hold the **1** and **2** buttons for 3 seconds. When the display changes from **Loc** to showing the desk height, the child lock is released.



Reset

When desk's system malfunctions or the displays **rST**, the standing desk then needs to be reset. Please follow the steps below:

1. Press and hold ▼ for 5 seconds until **rST** appears, then release.
2. Press and hold ▼ again: The desktop will lower further and rebound, and the current height will be displayed. Release the button to complete the reset.



Charging Function

The USB-A and USB-C ports on the sides of the handset can charge devices with a maximum power of 18W. The handset may become warm during charging, which is normal. Avoid prolonged contact.

Frequently Asked Questions (FAQ)

<p>One-Sided Desk Lifting</p>	<p>Possible Cause</p> <p>The sync rod is not installed correctly.</p> <p>Solution</p> <ol style="list-style-type: none"> 1. Check if the sync rod is fully inserted into the leg column. If not, lower the desk to its lowest position and reinstall the sync rod referring to the leg installation sticker or the instruction manual. 2. If the above steps do not solve the problem, please take a video of the issue and contact after-sales support at support@yfs.life.
<p>Handset Malfunction or No Response</p>	<p>Possible Causes</p> <ol style="list-style-type: none"> 1. Power is not connected correctly. 2. Controller has poor contact or is malfunctioning. 3. Fuse is blown or the power module is faulty. <p>Solution</p> <ol style="list-style-type: none"> 1. Disconnect all cable connections and reconnect them. Check if all cables are connected correctly and tightly. Make sure the power plug is inserted into the power outlet. 2. If the above steps do not solve the problem, please take a video of the issue and contact after-sales support at support@yfs.life.
<p>Desk Tilting or Unbalanced</p>	<p>Possible Causes</p> <ol style="list-style-type: none"> 1. Improper installation causing imbalance. 2. One column or footpad is not level. <p>Solutions</p> <ol style="list-style-type: none"> 1. Review the installation steps to ensure each column is correctly installed and the desk is level. 2. Adjust the footpad height to level the desk. 3. If unresolved, record a video of the issue and contact customer support at support@yfs.life.
<p>Unusual Noise or Irregular Movement During Height Adjustment</p>	<p>Possible Causes</p> <ol style="list-style-type: none"> 1. The desktop load exceeds the recommended limit (not more than 50kg / 110lbs). 2. Loose connections in the desk—especially near the sync rod. 3. The motor may be faulty. <p>Solutions</p> <ol style="list-style-type: none"> 1. Check if the items on the desktop exceed the weight limit and reduce the load if necessary. 2. Inspect and tighten all screws and connectors to secure the desk structure. 3. If the issue persists after these steps, record a video of the problem and contact customer support at support@yfs.life.

Error Codes

<p>Handset displays "E02"</p>	<p>Possible Causes</p> <ol style="list-style-type: none"> 1. Incorrect desk assembly leading to imbalance. 2. One leg or foot of the desk is not level. <p>Solutions</p> <ol style="list-style-type: none"> 1. Review the desk assembly instructions to ensure each leg is installed correctly and the desk is placed on a level surface. 2. Adjust the height of the desk feet/foot pads to level the desktop. 3. Level the desk and perform a reset operation after assembly is complete. 4. If the issue persists, please record a video of the problem and contact customer support at support@yfs.life.
<p>Handset displays "E07"</p>	<p>Possible Causes</p> <ol style="list-style-type: none"> 1. Desktop load exceeds the 50 kg / 110 lbs rated capacity. 2. Poor motor connection or faulty motor. <p>Solutions</p> <ol style="list-style-type: none"> 1. Reduce the load on the desktop. 2. Verify all cable connections are correct and secure, and perform a reset operation. 3. If the issue persists after completing the above steps, please record a video of the problem and contact customer support at support@yfs.life.
<p>Handset displays "E10"</p>	<p>Possible Cause</p> <p>Handset or power supply malfunction.</p> <p>Solutions</p> <ol style="list-style-type: none"> 1. Verify that all cable connections are correct and secure, and then perform a reset. 2. If the problem persists, please take a video of the issue and contact after-sales support at support@yfs.life.
<p>Handset displays "H01"</p>	<p>Possible Cause</p> <p>The desk has entered overheat protection mode.</p> <p>Solution</p> <p>Wait 20 minutes before operating the desk. If the problem persists, please take a video of the issue and contact after-sales support at support@yfs.life.</p>

